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## **MONEY FOLLOWS THE PERSON**

# Behavior Support Services

Money Follows the Person (MFP)
offers Behavior Support Services that use
applied behavior analysis principles
and positive behavior support measures
to support people with complex
behavior needs to live, learn, work, and play
in their communities of choice.



Behavior Support Services are offered to any person who is a current or past MFP participant, their family, and the agency or agencies providing services to the individual. Behavior Support Services can be accessed by contacting the MFP Transition Specialist while the person is in the program, or the MFP Behavior Specialist or Project Director if the person is no longer participating in MFP.

Once someone has been referred to the Behavior Specialist, they can expect to be contacted within 3 business days for further information and to schedule an initial appointment.

## Services Provided:

Functional Behavior Assessment (FBA): A comprehensive assessment completed through reviewing past records, in-person interviews with the person and others with knowledge of their behavior(s), and information surrounding those behaviors.

Behavior Support Plans (BSP): Comprehensive plans created to give the person, their family, and staff the knowledge and tools to prevent and respond to challenging behaviors. The goal is to reduce frequency, intensity, and/or rate of occurrence. Also, within the BSP are strategies to teach functionally equivalent replacement behaviors for the person to learn how to meet their wants and needs without the use of challenging behaviors.

**Data Collection and Monitoring:** Using tools provided by the Behavior Specialist, those providing care for individuals with BSPs through MFP are asked to collect and share relevant data. The Behavior Specialist will use this information to monitor the effectiveness of the BSP. This information helps to identify when retraining may be appropriate, changes to the plan may be needed, or additional strategies may need to be considered.

**Behavior Support Training:** Training is provided to those providing supports and services for the individual on the BSP and how to implement it. This can be initial training for a new BSP, and/or retraining for staff after time has passed. It also can be for newly hired staff who begin working with a person.

Behavior support training is available to each service provider/agency or family unit providing supports and services to an individual, who is, or was, an MFP participant. This can be general training on universal behavior support strategies, or specific and personalized training for a single individual.

Behavior Support Plan Maintenance and Revision: At least quarterly, the Behavior Specialist will conduct review of documentation and observations (either in person or via Zoom) for proper use and implementation of the BSP and to evaluate effectiveness of the BSP. If changes are needed, including but not limited to procedural changes or discontinuation of some or all parts of the BSP, a new FBA may be warranted. Once the revised BSP is completed, new training will be provided to those providing supports and services to the individuals.

Collaborative Partnerships: Individuals may have support teams in place that meet their current needs, but may benefit from partnering with the MFP Behavior Specialist, who can provide additional consultation and collaboration. Individuals served in the State Resource Centers, Glenwood and Woodward, often benefit from this collaboration to adapt plans for transitioning to living in the community, or working with the Provider Prevention and Support program (previously I-START). This includes support from the University of Iowa ID/MI program, and/or access to behavior specialists within established provider relationships.