



ANNUAL SERVICE AND BUDGET PLAN

FISCAL YEAR 2015

(REVISED JULY 2014)

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LOCAL ACCESS POINTS

County Social Services has designated No Wrong Door access throughout the region directly linked through LifeLong Links 800 # and website that will provide: information, referral and access that include assistance with completion of eligibility application; access to scheduling of standardized assessments; enrollment into the applicable level of services; follow up to referred services including case management and/or health homes.

Access Point	Location
Allamakee County Social Services	Phone: (563) 568-6227 24/7: (855) 266-1257 Allamakee Courthouse 110 Allamakee Street Waukon, Iowa 52172
Black Hawk County Social Services	Phone: (319) 292-2272 24/7: (855) 266-1257 Pinecrest Building 1407 Independence Ave., 2 nd Floor Waterloo, Iowa 50703
Butler County Social Services	Phone: (319) 267-2663 24/7: (855) 266-1257 Butler County Resource Center 315 N. Main Street Allison, IA 5602
Cerro Gordo County Social Services	Phone: (641) 210-7044 24/7: (855) 266-1257 355 South Eisenhower Mason City, Iowa 50401
Chickasaw County Social Services	Phone: (641) 394-3426 24/7: (855) 266-1257 24 N. Chestnut New Hampton, Iowa 50659
Clayton County Social Services	Phone: (563) 245-1865 24/7: (855) 266-1257 600 Gunder Road NE, Suite 6 Elkader, IA 52043
Emmet County Social Services	Phone: (712) 362-2452 24/7: (855) 266-1257 Emmet County Courthouse 609 1st Ave. N, Suite 5 Estherville, IA 51334-2255

Fayette County Social Services	Phone: (563) 422-5047 24/7: (855) 266-1257 Fayette County Courthouse 114 N. Vine St., Box 269 West Union, IA 52175
Floyd County Social Services	Phone: (641) 257-6363 24/7: (855) 266-1257 County Human Services Building 1206 South Main St., Suite D Charles City, Iowa 50616
Grundy County Social Services	Phone: (319) 824-6779 24/7: (855) 266-1257 704 H Avenue Grundy Center, IA 50638
Howard County Social Services	Phone: (563) 547-9207 24/7: (855) 266-1257 Howard County Public Services Building 205 2nd Street East Cresco, IA 52136
Humboldt County Social Services	Phone: (515) 332-5205 24/7: (855) 266-1257 Humboldt County Courthouse 203 Main Street PO Box 100 Dakota City, Iowa 50529
Kossuth County Social Services	Phone: (515) 295-9595 24/7: (855) 266-1257 Kossuth County Annex 109 West State Algona, Iowa 50511
LifeLong Links	Phone: (866) 468-7887 This 800# will direct your concern to the nearest County Social Services physical location.
Mitchell County Social Services	Phone: (641) 832-2615 24/7: (855) 266-1257 Mitchell County Service Center 415 Pleasant St. Osage, Iowa 50461
Pocahontas County Social Services	Phone: (712) 335-3269 24/7: (855) 266-1257 Pocahontas County Annex 23 3 rd Ave NE Pocahontas, Iowa 50574

Tama County Social Services	Phone: (641) 484-4191 24/7: (855) 266-1257 211 W. State St. Toledo, Iowa 52342
Webster County Social Services	Phone: (515) 573-1485 24/7: (855) 266-1257 723 1st Ave. So. Fort Dodge, IA 50501
Winneshiek County Social Services	Phone: (563) 387-4144 24/7: (855) 266-1257 Courthouse Annex 204 W Broadway Street Decorah, Iowa 52101
WHW County Social Services (Worth, Winnebago, Hancock)	Phone: (641) 585-2340 24/7: (855) 266-1257 126 South Clark Forest City, Iowa 50436
Wright County Social Services	Phone: (515) 532-3309 24/7: (855) 266-1257 120 1 st Ave NW Clarion, IA 50525
Abbe Center for Community Mental Health	129 S. Vine St. West Union, IA 52175 (563) 422-5344
Berryhill Center for Mental Health	3251 West 9 th St. Fort Dodge, IA 50501 (800) 482-8305
Black Hawk Grundy Mental Health Center	3251 West 9 th St. Waterloo, Iowa 50702 (319) 234-2893
Center Associates	1309 S. Broadway Toledo, Iowa 52342 (800) 896-2055
Mental Health Center of North Iowa	235 S. Eisenhower Ave. Mason City, Iowa 50401 (800) 700-4692
Northeast Iowa Behavioral Health	905 Montgomery St. Decorah, IA (800) 400-8923
Pathways Behavioral Services	111 10 th St. SW Waverly, IA 50677-0114 (800) 879-1372
Seasons Center for Behavioral Health	201 East 11 th Street Spencer, Iowa 51301 (800) 242-5101

Case Management Access Points:

Agency	Address	Contact	Designated Co.
Allamakee County Case Management	110 Allamakee St. Waukon, IA 52172	Kim Waters 563-568-6227 563-568-6417 Fax	Allamakee
DHS Case Management	1407 Independence Ave, 4th Floor Waterloo, IA 50703 600 Gunder Road N.E. Ste. 6 Elkader, IA 52043 22 N. Georgia Ave Suite 204 Mason City, Iowa 50401 515 Court PO 71 Rockwell City, IA 50579 204 W. Broadway St. Decorah, IA 52101	Kathy Jordan 319-232-0477 855-660-5910 Fax Sherri Ehlers 800-397-0477 Terri Kuntz 641-422-1217 855-660-5912 Fax 877-868-1188 Pam Moldovan 712-297-5163 Ann Bauer 563-557-2488 Ext 4683	Black Hawk, Clayton, Cerro Gordo, Pocahontas, Winneshiek
Cerro Gordo County Case Management	3 4 th St. NE Mason City, IA 50401	Mary Beth Nelson 641-421-3122 641-421-3132 Fax	Cerro Gordo
Chickasaw/Mitchell County Case Management	24 N. Chestnut New Hampton, IA 50659 415 Pleasant St. Osage, Iowa 50461	Sheila Kobliska Megan Taets 641-394-3426 641-394-4612 Fax Sheila Kobliska Megan Taets 641-832-2615 ext 30 641-832-2616 Fax	Chickasaw, Mitchell
Emmet County Case Management	609 1 st Ave. N. Esterville, IA 51334	Dorothy Christensen 712-362-2452	Emmet
Fayette County Case Management	114 N Vine St. West Union, IA 52175	Carol Keune Sheri Vierkant 563-422-5047 563-422-6330 Fax	Fayette
Floyd County Case Management	1206 South Main St., Ste D Charles City, Iowa 50616 315 N. Main St. Allison, Iowa 50602	Raina Kellogg 641-257-6363 641-228-2948 Fax Sarah Janssen 319-267-2663 319-267-2629 Fax	Butler, Floyd

Grundy County Case Management	704 H Avenue Grundy Center, IA 50638	Todd Rickert 319-824-6779 319-824-6921 Fax	Grundy
WHW County Case Management	216 South Clark Forest City, IA 50436	Sandra Mireles 641-582-3271 641-585-9027 Fax	Worth, Winnebago, Hancock
Howard County Case Management	205 2 nd Street East Cresco, IA 52136	Sue Morse 563-547-9205 563-547-9216 Fax	Howard
Kossuth County Case Management	109 West State St. Algona, IA 50511	Dona Nielsen 515-295-7007 515-295-3464 Fax	Kossuth
Tama County Case Management	211 West State Street Toledo, Iowa 52342	Todd Rickert 641-484-4194 641-484-8636 Fax	Tama
Webster County Case Management	723 1 st . Avenue North Fort Dodge, Iowa 50501	Joan Lara 515-573-1485	Webster
North Central Iowa Case Management	120 1 st Ave. NW Clarion, Iowa 50525	Melissa Hill 515-689-6012 515-532-3309 515-532-6064 Fax	Humboldt, Wright

CRISIS PLANNING

County Social Services provides an array of supports and services available to any resident in crisis who does not require medical emergency services. These services are intended to help individuals through an acute episode by developing a recovery plan and services that best meet their needs. County Social Services works with each individual on crisis planning and prevention.

PREVENTION

County Social Services will make an annual allocation available for agencies to apply for prevention dollars. The allocation will be equitably allocated across the region and target education and early interventions with schools, caregivers and families to reduce the impact of mental illness on individuals, families and communities.

Mental Health First Aid (MHFA) will be offered to any community in the region that organizes the participation of a cross section of community members. Instruction organized for the specific benefit of an agency or a deliverable through grant funding will be charged \$900 for the course. MHFA classes may be requested by calling 855-266-1257.

County Social Services contracts with National Alliance for Mentally Ill (NAMI) to ensure access to their Family to Family; Peer to Peer and Basics curriculum focused around disease management. This support will develop peer specialist capacity for the region and be a primary resource for caregiver support.

POSITIVE BEHAVIORAL SUPPORT INTERVENTIONS

County Social Services has identified a Coordinator for Positive Behavioral Support Interventions (PBSI). The Coordinator facilitates collaboration around behavioral crisis interventions. The Coordinator will accept referrals for individuals at risk for discharge and institutional care. The Coordinator will complete an assessment and offer options for training, environment modifications, referral and behavioral interventions. The Coordinator will lead stakeholder meetings throughout the year. PBSI services are available by calling 855-266-1257.

ACCESS

The following designated Mental Health Centers are committed to responding to individuals who present to their Center during regular business hours in crisis within one hour at the locations below.

Location	Center
Black Hawk and Grundy County	Black Hawk Grundy Mental Health Center 3251 West 9 th St. Waterloo, Iowa 50702 24 hrs.: (800) 234-0354
Butler and Chickasaw County	Pathways Behavioral Services 111 10 th St. SW, PO Box 114 Waverly, IA 50677-0114 24hrs: (800) 879-1372
Emmet County	Seasons Center for Behavioral Health 201 East 11 th Street

	Spencer, Iowa 51301 24 hrs: (800) 242-5101
Cerro Gordo, Floyd, Hancock, Mitchell, Winnebago and Worth County	Mental Health Center of North Iowa 235 S. Eisenhower Ave. Mason City, Iowa 50401 24 hrs: (800) 700-4692
Howard, Winneshiek, Allamakee and Clayton County	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 24 hrs: (800) 400-8923
Tama County	Center Associates 1309 S. Broadway Toledo, Iowa 24 hrs: (800) 896-2055
Fayette County	Abbe Center for Community Mental Health 129 S. Vine St. West Union, IA 52175 24 hrs: (563) 422-5344
Webster, Wright, Humboldt, Pocahontas and Kossuth County	Berryhill Center for Mental Health 3251 West 9 th St. Fort Dodge, IA 50501 24 hrs: 800 482 8305

The Mental Health Centers listed above all have 24/7 answering services that will be able to take calls and connect an individual to a provider within one hour. The provider will complete a phone evaluation and arrange follow up assistance. In all cases of medical emergency, an individual should call 911.

If an individual over 18 years of age needs immediate access to crisis stabilization he/she may go to the nearest Crisis Stabilization Center:

Adult Crisis Stabilization Center (ACSC)	Phone: 319-291-2455 1440 W. Dunkerton Road Waterloo, Iowa 50703
Community and Family Resources (CFR)	Phone: 515-576-7261 726 S 17th St. Fort Dodge, IA 50501

COVERED SERVICES

Service	Description	Coverage
Crisis Prevention	Community education and interventions targeted to reduce stigma and increase community competence related to mental illness and reduce the time between onset and treatment.	Any County Social Services resident. Target population will be 11 to 21.
Crisis Evaluation	The process used with an individual to collect information related to the individual's history and needs, strengths, and abilities in order to determine appropriate services or referral during an acute crisis episode.	Any CSS resident who does not have third party coverage for the service when presenting to a designated agency. Limits: One unit per episode.
Crisis Care Coordination	A service provided during an acute crisis episode that facilitates working together to organize a plan and service transition programming, including working agreements with inpatient behavioral health units and other community programs. The service shall include referrals to mental health services and other supports necessary to maintain community-based living capacity, including case management	Any CSS resident who does not have third party coverage for the service when presenting to a designated agency. Limits: One unit per episode.
Crisis Stabilization Center	A program that provides 24/7 supports to assist individuals to stabilize from an acute crisis episode and to restore an individual and family to their pre-crisis level of functioning.	Any CSS resident who does not have third party coverage for the service when presenting to a designated agency. Limits: Up to 3 days per episode. Extended stays beyond 3 days must be requested through the prior approval process and eligibility criteria of the Mental Health Program.
Youth Shelter	Temporary care of a child in a physically unrestricting facility waiting to be reunited with family or access to other treatment and intervention.	Any child residing in the County Social Services region with a covered mental illness and at risk of out of home placement due to their mental illness and/or waiting for access to Medicaid waiver services.

Behavioral Health Intervention Services	Supportive, directive and teaching interventions provided in a community-based or residential group care environment designed to improve the individual's level of functioning (child and adult) as it relates to a mental illness, with a primary goal of assisting the individual and his or her family to learn age-appropriate skills to manage their behavior, and regain or retain self-control.	Any child residing in the County Social Services region with a covered mental illness and at risk of out of home placement due to their mental illness and/or waiting for access to Medicaid waiver services. Exclusion: Individuals covered by the Iowa Plan.
Medication	Medication necessary to assist an individual to stabilize from an acute crisis episode and to restore an individual and family to their pre-crisis level of functioning.	Any CSS resident who does not have third party coverage for the service when presenting to a designated agency. Limits: Up to 3 days per episode. Extended stays beyond 3 days must be requested through the prior approval process and eligibility criteria of the Mental Health Program.
Transportation	Transportation provided by a designated agency that is necessary to assist an individual to stabilize from an acute crisis episode and to restore an individual and family to their pre-crisis level of functioning.	Any CSS resident. Limits: Up to 3 days per episode. Extended stays beyond 3 days must be requested through the prior approval process and eligibility criteria of the Mental Health Program.

SCOPE OF SERVICES AND BUDGET

Through the annual budgeting process, County Social Services' partners, governing board and stakeholders identify core disability service needs in the region, as well as needs that may reach beyond the core services but are instrumental in providing effective and adequate services to individuals with disabilities. Based on historical data and taking into account the effect of the Iowa Wellness Plan, we have projected the level of need for each service by the number of individuals we expect to serve in FY2015. In anticipation of adequate funding for FY2015, County Social Services will allow an eligible individual's resources to exceed the resource guidelines set forth in Iowa Code. We will allow resources up to \$12,000 for an individual and \$13,000 for a multi-person household, which match the current resource limitations for the Iowa Medicaid for Employed Persons with Disabilities program.

Access standards set forth in Iowa Administrative Code 441-25.3(331) are being met through the following Core and Additional Core service domains. Core service domains, and the services within these domains, are listed below and are also identified in the seven program definitions which follow. Additional Core service domains currently being funded are identified. Other services in this area will be implemented as funds and service providers are available. Additional services funded, which are not listed in the Core Service or Additional Core Domains are also identified in our program definitions. For all services, County Social Services is the funder of last resort. Additional funding sources are defined in each program below.

Core Service Domains

Treatment (Program #4, page 18)

- Assessment & evaluation
- Mental health outpatient therapy
- Medication prescribing & management
- Mental health inpatient therapy

Basic Crisis Response (Program #4, page 18)

- 24 hour access to crisis response
- Crisis evaluation
- Personal emergency response system

Support for Community Living (Program #3, page 18)

- Home health aide
- Home & vehicle modifications
- Respite
- Supportive community living

Support for Employment (Program #5, page 19)

- Day habilitation
- Job development
- Supportive employment
- Prevocational services

Recovery Services (Program #4, page 18)

- Family Support

Peer Support
Service Coordination (Program #2, page 16)
Case management
Health homes

Additional Core

Comprehensive facility & Community-based Crisis Services

24 hour crisis hotline (Currently provided by our mental health centers)
Crisis stabilization facility (Currently being provided-Program #4, page 18)

Justice system-involved services

Jail diversion (DCS Community Treatment Coordinator in Black Hawk County)
Crisis intervention training (Currently being provided-Program #1, page 14)

Evidenced based treatment

Positive behavior support (Currently being provided-Program #1, page 14)
Assertive community treatment (Currently being funded-Program #4, page 18)
Peer self-help drop-in centers (Currently being funded-Program #4, page 18)

1. INFORMATION & EDUCATION SERVICES PROGRAM

The purpose of information and public education services is to reduce stigma and increase access to information and assistance. All residents are eligible for free mental health information and referral services regardless of clinical or financial need. Individuals may call for an appointment or stop in their County Social Service Office or at any Community Mental Health Center.

MENTAL HEALTH FIRST AID

County Social Services will offer at least six 8-hour Mental Health First Aid classes in fiscal year 2015. This is an evidence-based curriculum designed to reduce stigma and empower individuals to better respond to their needs and those of their communities. County Social Services makes this program available to participants at no charge. Each session will have between 20 and 25 attendees. For the last three years Covenant Clinic has been underwriting our program with grant dollars.

CONSULTATION

County Social Services will utilize a regional Medical Director beginning in FY15 to lead an Interdisciplinary approach in service provision to the individuals we serve.

CONSUMER CONFERENCES

County Social Services will offer stipends to attend the 2015 conferences (Iowa Empowerment Conference, Mental Health Conference, Brain Injury Conference, Positive Behavioral Services Interventions). Stipends will go to individuals eligible under the MHD Management Plan who wish to support their recovery through education.

NAMI/BRAIN INJURY ALLIANCE

County Social Services will provide annual support to any established NAMI organization in the region that submits a request (max \$1,000 per year). These are active groups that provide support to individuals with mental illness and families that support their loved ones with mental illness. The region will also provide annual support to the Brain Injury Alliance of Iowa. Historically we have viewed this support as community education. However, it really is in support of recovery and the budget for support of these organizations will be moved to Treatment/Recovery in FY2016.

POSITIVE BEHAVIORAL SUPPORT INTERVENTION/ WELLNESS RECOVERY ACTION PLAN/ CRISIS PREVENTION INSTITUTE

County Social Services will continue to fund training of direct support workers that will enhance the quality and safety of our MHD provider network. This will involve direct interventions from our Positive Behavioral Services Coordinator and nationally recognized trainers. This will also increase our communities' capacity, confidence and competence to support individuals with significant interfering behavior. These educational efforts are critical in the initiative surrounding crisis and prevention services and the budget for these will most likely be moved to the area of Treatment/Recovery in FY2016.

MARKETING

County Social Services, under the direction of the Communication Coordinator will host a website, release public service announcements, distribute brochures and conduct ongoing stakeholder meetings to solicit input on ongoing needs and ensure effective access to assistance. Our marketing efforts will focus on prevention through early intervention and 24/7 access to needed assistance.

	FY15 Request	People Served	Annual Cost/ Person
Mental Health First Aide	\$5,000	100	\$50.00
Consultation	\$15,000	150	\$100.00
Public Education Events	\$40,000	160	\$250.00
Consumer Conferences	\$8,000	30	\$266.67
NAMI/Brain Injury Alliance	\$8,000	2000	\$4.00
Life Long Links	\$75,000	7500	\$10.00
Peer/Family Support Training	\$10,000	20	\$500.00
Social Marketing	\$10,000	100	\$100.00
Website	\$5,000	1,000	\$5.00
Education & Info. Total	\$176,000		

Additional funding sources for some of these initiatives may be available through Medicaid, private insurance or non-profit local, state or national agencies.

2. COORDINATION SERVICES PROGRAM

Service Coordination helps individuals and families identify service needs and coordinate service delivery.

TARGETED CASE MANAGEMENT

This is a Medicaid funded service for individuals that meet the diagnostic criteria for intellectual disabilities, developmental disabilities, and persistent mental illness. County Social Services pays the cost of this service for those individuals who are not Medicaid eligible or do not have access to service coordination.

HEALTH AND SUPPORT HOME COORDINATION

In 2013 County Social Services launched the Support Home Project that is bringing community-based providers and case managers onto a shared electronic medical record. This project will increase caseloads to reduce cost while enhancing the accountability of sharing one record. This project will also incorporate standardized assessments and plans for an effective medical necessity based managed care coordination of community based services. County Social Services has contracted with Therap, a nationally recognized medical record for individuals with developmental disabilities, to provide a reliable platform for this project. County Social Services will pay the contractor and then assess dues to participating TCM agencies based on their caseload and a 5% administrative fee. This platform is then available to any participating community provider at no cost. This encourages region-wide participation and the opportunity to manage the region's population in a research based manner.

CRISIS CARE COORDINATION

This service is provided to individuals during an acute crisis episode that facilitates working together to organize a plan and service transition programming, including working with inpatient behavioral health units, as well as the Adult Crisis Stabilization Center. This service includes referrals to outpatient mental health and substance abuse services, as well as other supports which may be necessary to maintain an individual's ability for community-based living.

SERVICE COORDINATION

This service is for individuals that require case management but are not eligible for the Medicaid service. Service coordination also provides information and referral assistance to the community; and enrolls individuals in the Disability Program. Service Coordinators also perform standardized assessments.

BUDGET PLAN

Our goal is to provide a minimum of one FTE of service coordination per 30-40,000 population. This investment will produce the following returns:

- save service charges by moving individuals to the most appropriate level of care,
- target opportunities to use Money Follows the Person dollars,
- provide good access to enrollment into the Iowa Health & Wellness Plan, information and referral.

As the region continues to assess the role of TCM in the new organization of care under redesign and health care reform we will look at opportunities to consolidate overhead costs, increase specialty TCM and fully integrate with our area agency on aging partners.

We will also explore the opportunity to effectively incorporate TCM into the service coordination process so we do not have to refer individuals in and out of TCM to be more efficient and provide continuity to our clients.

	FY2015 Request	# people	Annual Cost/ Person
100% County Case Management-MI	\$28,000.00	24	\$1,167
100% County Case Management-ID	\$1,000.00	2	\$500
100% County Case Management-DD	\$10,000.00	8	\$1,250
100% County Case Management-BI	\$1,000.00	2	\$500
Service Coordination-MI	\$585,000.00	1475	\$397
Service Coordination-ID	\$115,000.00	187	\$615
Service Coordination-DD	\$62,000.00	115	\$539
Service Coordination-BI	\$11,000.00	23	\$478
Crisis Care Coordination - MI	\$100,000.00	250	\$400
Health/Support Homes Coordination-DD	\$300,000.00	1067	\$281
Coordination Total	\$1,213,000.00		

3. PERSONAL & ENVIRONMENTAL SUPPORT PROGRAM

This is an array of services that support an individual’s basic needs while living independently in the community. This includes transportation, payee, guardianship, respite, less than 24 hour supported community living, home health aides, utilities, rent etc. Many of the services in this category may be funded through Medicaid waivers, HCBS Habilitation or Health Homes for qualified individuals.

County Social Services intentionally leverages our funding before accessing General Assistance dollars out of our member counties’ general fund. This has the added benefit of care coordination and is a more comprehensive approach to providing assistance to our individuals, most of which have co-occurring issues.

We recover basic need expenditures paid for individuals who later qualify for a Social Security Disability back payment through the Interim Assistance Reimbursement Program.

	FY15 Request	People Served	Annual Cost/ Person
Transportation - General	\$200,000.00	350	\$571
Homemaker/Home Health Aides	\$43,000.00	30	\$1,433
Home Management Services (including Personal Emergency Response System)	\$3,000.00	10	\$300
Respite	\$24,000.00	20	\$1,200
Guardian/Conservator	\$128,000.00	400	\$320
Representative Payee	\$272,000.00	350	\$777
Supported Community Living	\$1,695,000.00	530	\$3,198
Support Services - Other (including Home/Vehicle Modification)	\$10,000.00	5	\$2,000
Rent Subsidy	\$250,000.00	200	\$1,250
Basic Needs - Other	\$100,000.00	100	\$1,000
Support Total	\$2,725,000.00		

4. MENTAL HEALTH TREATMENT

These are services for the treatment and support of symptoms related to mental illness. Our Mental Health Centers are the primary provider for these services, although we do contract with some private mental health providers at a standard rate, as well.

BUDGET PLAN

County Social Services is ending all per capita block grant funding to Mental Health Centers July 1, 2014. We have budgeted Community Reinvestment Funds to assist our Mental Health Centers in providing innovative services and crisis prevention initiatives. With the Affordable Care Act, it is still uncertain the role County Social Services will play in the fee-for-service operation of our MHCs. We will look at standard reimbursement rates available across the region on a market basis. We will continue to make crisis intervention a priority and provide the resources to ensure access across the region to all residents 24/7. This includes access to all crisis services as defined in our Crisis Response Policy. We continue to work with our Mental

Health Centers on Open Access options and availability for timely assessment & evaluation for individuals. We support our Mental Health Centers in their new mission of serving individuals through the Integrated Health Homes initiative.

We continue to review funding for peer-run drop-in centers and all peer services. Although they offer a valued service to some, to others it is another segregated setting that does not always support positive inclusion in the community. Peer support will receive additional investment as a more cost effective way to support recovery. Peer Specialists providing family support will be funded, as well, through our Peer support budget. We will also provide resources to any support group that wishes to form to address a MHD need in the community. We will advocate for more group therapy as cost effective pathways to recovery for a larger population. We will also support a plan to provide more focused support to individuals under a mental impairment civil commitment to the MHCs.

Children’s mental health services are by definition preventive mental health. We will look for ways to increase capacity to respond and serve the needs of children in the schools and community. We will cost out a strategy to assist our schools to increase access to school-based mental health services. With difficult choices to make, we must focus first on those children in crisis.

Most of these services have alternate funding sources, as well, for individuals who have private insurance or a Medicaid plan.

	FY15 Request	People Served	Annual Cost/ Person
Medical Treatment	\$8,000	50	\$160
Prescription Medication	\$100,000	510	\$196
In-Home Nursing	\$30,000	50	\$600
Crisis Services (includes 24/7)	\$1,000,000	275	\$3,636
Outpatient Mental Health Treatment	\$1,000,000	1550	\$645
Jail Mental Health & Medication	\$415,000	300	\$1,383
Community Support Program	\$160,000	160	\$1,000
Social/Peer Support Programs	\$150,000	100	\$1,500
Family Support	\$75,000	100	\$750
Psychiatric Rehabilitation (ACT)	\$50,000	5	\$10,000
Telehealth Care Coordination	\$82,000	140	\$586
Community Reinvestment	\$300,000		
Treatment Total	\$3,370,000		

5. WORK

Work services include job training, enclaves, supported employment, competitive employment and organizational employment. It also includes services for congregate day activities.

BUDGET PLAN

Medicaid’s decision to restrict funding for pre-vocational services continues to challenge us to review the role of organizational employment. National advocates tell us that the days of segregated, subminimum wage sheltered employment are over. This is a difficult message for

lowans to hear. lowans value hard work and believe that everyone should work. That is why for generations we had county farms and more recently, our counties have invested, and been proud of, our sheltered work centers.

Sheltered work does provide an opportunity to earn money. It does provide an opportunity to engage with peers and offers a safe and secure environment. But this is most likely not what our younger individuals will expect when we have invested so much to mainstream them into the school system and out of segregated classrooms.

Our challenge going forward will be to redeploy our sheltered workshops to create business centers that will give individuals all the opportunities we would expect for ourselves. We must challenge our providers and ourselves to model the employment opportunities we expect of the community.

County Social Services will create real options outside of sheltered workshops. We have budgeted Community Reinvestment funds in this category to assist in creating capacity for job development opportunities.

Many of the services in this category may be funded through Medicaid waivers, HCBS Habilitation or Health Homes for qualified individuals.

	FY15 Request	People Served	Annual Cost/ Person
Sheltered/Prevocational Work Services	\$1,800,000	350	\$5,143
Adult Day Care	\$30,000	14	\$2,143
Day Habilitation	\$1,200,000	115	\$10,435
Supported Employment Services	\$403,000	168	\$2,399
NIVC Bundled Rate for Employment Svcs	\$360,000	165	\$2,182
Enclave	\$50,000	30	\$1,667
Community Reinvestment/Job Development	\$300,000		
Work Total	\$4,143,000		

6. RESIDENTIAL

Residential is an array of services that offer 24-hour support to individuals with disabilities. Historically most of our 24-hour support has provided in large congregate settings. Providers are working diligently to restructure most settings to provide a more home-like setting for individuals with disabilities.

BUDGET PLAN

This is a high percentage of our overall budget and requires the most intense service coordination to allocate this costly intervention. We will continue to collaborate with Country View and Mitchell County Care Facilities to increase their capacity to draw additional Medicaid funding to support their mission and serve as our regional public safety net. Country View has ICF-PMI funding, off-setting some of the support we have historically budgeted. We are now

budgeting for three levels of additional support in order for Country View to serve the most challenging individuals when ICF-PMI funding levels do not allow them to meet the individuals' needs. Likewise, Mitchell County Care Facility will add certification for HCBS Habilitation Services to their program in FY15 that could mean another \$100,000 in Medicaid support.

One of the strongest refrains from stakeholders was not to force rate reductions. County Social Services understands the narrow margins of our provider network and the pressure we have already placed on poorly compensated direct support workers. Therefore, our focus will be on effective utilization review and working hard to have effective discharge plans that move individuals to their most optimum level of support.

We will review all individuals in ICF/ID settings and charge our PBSI Committee with a strategy to identify those that could be successful with the program Money Follows the Person. A study was completed on Country View's ICF/ID unit that recommended integrating support service for these individuals into the community. The Black Hawk County Board of Supervisors has received and reviewed this final report. No formal decision has been made regarding community integration for these individuals.

RCFs over 16 beds will continue to struggle with exclusion from Medicaid reimbursement. County Social Services will continue to support efforts to downsize. This will enhance services to individuals with mental illness by providing private rooms and more intense staffing to support challenging behavior. County Social Services will leverage assertive community treatment teams and habilitation services to increase community capacity that will support people where they want to live.

County Social Services continues to support Active Treatment for Brain Injury for individuals in recovery through the program at Harmony House Health Care Center in Waterloo.

Many of the services in this category may also be funded through Medicaid programs.

	FY15 Request	People Served	Annual Cost/ Person	Avg/ per diem
Supported Community Living-Daily	\$257,000	19	\$13,526	\$37.06
Residential Care Facilities	\$6,062,000	400	\$15,155	\$41.52
ICF/PMI (Country View)	\$600,000	15	\$40,000	\$109.59
Active Treatment - Brain Injury	\$170,000	5	\$34,000	\$93.15
Residential Total	\$7,089,000			

7. INSTITUTIONS

This includes all of our state institutions, local psychiatric inpatient units and services associated with the civil commitment process.

BUDGET PLAN

Hospital Referees are a service that expands the boundaries of our mandate. However, because these are complex situations and we lack the institutional capacity to serve individuals who are dangerous to themselves and others we will continue to fund the Black Hawk County and Cerro Gordo County Judicial Hospital Referees.

We continue to struggle with the cost and distraction of Sheriff transport of mentally impaired individuals across the state to access available beds. We will continue to offer funding if alternative agents can be contracted to provide this service. Our crisis services will focus on building a network of 24/7 first responders with access to regional crisis centers with dual capacity to provide social detox and mental health stabilization. Social detox is another opportunity to keep our limited psychiatric beds available to those most acute. We will also work with MHC to provide outpatient urgent care to redirect non-medical needs from our local ERs.

We will continue to work with the Positive Behavioral Supports Intervention Committee to develop alternative respite settings for individuals with severe interfering behaviors. We know these individuals are better served outside of inpatient psychiatric units.

This budget expands coverage to fund shelter care for youth, relieving this pressure on general fund dollars. Early intervention by service coordination into the chaotic lives of these teenagers may assist in creating a support network to assist in successful transition into adulthood.

Our budget also proposes expanding coverage to include court ordered detox services for eligible individuals. This again will relieve member counties of the general fund cost and apply the care coordination of County Social Services to most effectively move individuals into recovery.

Inpatient hospitalization would be the only service in this category that may have alternate funding through Medicaid or other private insurance.

	FY15 Request	People Served	Annual Cost/ Person
Shelter Care for Youth	\$600,000		
Mental Health Institute	\$600,000	50	\$12,000
IMCC/Oakdale	\$220,000	9	\$24,444
Private Hospital	\$750,000	275	\$2,727
Private Hospital/Detox	\$125,000	50	\$2,500
Sheriff Transportation	\$140,000	500	\$280
Committal Attorney Fees	\$100,000	450	\$222
Judicial Hospital Referees	\$80,000		
Commitment Testimony/Evals	\$15,000	50	\$300
Mental Health Advocates	\$410,000	1200	\$342
Institution Total	\$3,040,000		

8. ADMINISTRATION

These are the services that enroll, track expenditures, process claims and provide reporting to stakeholders.

BUDGET PLAN

We will continue to work on streamlining our process to reduce administrative costs if possible. We will continue our successful fiscal agent contract with Butler County Auditor. We will also continue increasing our capacity to electronically process claims and reduce data entry and paper. Our contract with Next Generation Technologies continues to expand and now includes our HIPAA Security Officer, website hosting and the majority of the Information Technology functions for our local offices and regional needs.

Direct Administration	FY15 Request
Claims Processing	\$211,722
Funding Approval	\$200,000
Provider Network Management	\$238,000
Stakeholder Relations	\$237,000
Office Administration	\$225,000
Utilization Review	\$70,000
Quality Assurance	\$68,000
HIPAA Privacy Compliance	\$68,000
DIRECT ADMIN TOTAL	\$1,317,722
Purchased Administration	FY15 Request
Fiscal Agent	\$60,000.00
Contracted Work	\$50,000.00
Next Generation Technologies	\$50,000.00
PURCHASED ADMIN TOTAL	\$160,000.00

9. REVENUE

Equalization dollars for our region means property tax reduction. Eleven of our member counties are able to significantly lower property tax while the other eleven members are held harmless at a property tax dollar amount below the established \$47.28 per capita equalization level.

Our region has been able to absorb the shift from legal settlement to residency as a basis for financial obligation for services with no significant impact. Service intense counties that have not moved into a region have seen significant stress on their resources.

The Board has decided to set 35% of our operating budget aside for risk management and cash flow. At our current allocation that would be approximately \$8 million.

County	2012 Est. Population	Maximum Allowable Levy	State 47.28 Per Capita	FY15 Levy Request	Equalization
Allamakee	14,237	\$ 786,775	\$ 673,125	\$ 673,125	\$ -
Black Hawk	131,820	\$ 5,779,837	\$ 6,232,450	\$ 5,779,837	\$ 452,613
Butler	14,986	\$ 389,899	\$ 708,538	\$ 389,899	\$ 318,639
Cerro Gordo	43,788	\$ 2,284,794	\$ 2,070,297	\$ 2,070,297	\$ -
Chickasaw	12,276	\$ 572,250	\$ 580,409	\$ 572,250	\$ 8,159
Clayton	17,835	\$ 868,795	\$ 843,239	\$ 843,239	\$ -
Emmet	10,120	\$ 820,900	\$ 478,474	\$ 478,474	\$ -
Fayette	20,793	\$ 773,024	\$ 983,093	\$ 773,024	\$ 210,069
Floyd	16,056	\$ 610,064	\$ 759,128	\$ 610,064	\$ 149,064
Grundy	12,448	\$ 530,188	\$ 588,541	\$ 530,188	\$ 58,353
Hancock	11,134	\$ 629,221	\$ 526,416	\$ 526,416	\$ -
Howard	9,563	\$ 364,201	\$ 452,139	\$ 364,201	\$ 87,938
Humboldt	9,729	\$ 473,531	\$ 459,987	\$ 459,987	\$ -
Kossuth	15,346	\$ 1,140,780	\$ 725,559	\$ 725,559	\$ -
Mitchell	10,725	\$ 610,215	\$ 507,078	\$ 507,078	\$ -
Pocahontas	7,150	\$ 440,242	\$ 338,052	\$ 338,052	\$ -
Tama	17,536	\$ 568,799	\$ 829,102	\$ 568,799	\$ 260,303
Webster	37,273	\$ 2,146,797	\$ 1,762,267	\$ 1,762,267	\$ -
Winnebago	10,600	\$ 433,910	\$ 501,168	\$ 433,910	\$ 67,258
Winneshiek	21,061	\$ 1,428,756	\$ 995,764	\$ 995,764	\$ -
Worth	7,519	\$ 441,512	\$ 355,498	\$ 355,498	\$ -
Wright	12,991	\$ 554,967	\$ 614,214	\$ 554,967	\$ 59,247
Total	464,986	\$ 22,649,457	\$ 21,984,538	\$ 20,312,895	\$ 1,671,644

FY2015 Levy Request	\$ 20,312,895
Equalization	\$ 1,671,644
State Payment Program	\$ 1,988,042
Miscellaneous Revenue	\$ 15,000
TOTAL FY2015 Revenue	\$ 23,987,581

FINANCIAL FORECASTING MEASURES

Listed within each service category above are the numbers of individuals we project to serve based on historical service utilization. This is our starting point for budgeting each year. With the changing landscape due to Healthcare Reform, these numbers will be adjusted throughout the fiscal year. While we budgeted for a decrease in utilization and funding for services covered by the Iowa Health & Wellness Plan and Integrated Health Homes, we will continue to adjust our figures as we receive actual utilization information. Funds may be reallocated to areas of unmet need as the rollout of core and access standards will require reinvestment in these areas. We will also need to be mindful of funds needing to be returned to the state due to the effects of the Iowa Health & Wellness Plan so we do not reallocate these funds to serve individuals.

Assumption of the \$47.28 reliable per capita has been made when figuring the revenue we would have to fund these services. Should reliability in our allocation be rescinded, we would need to consider which non-core services we would no longer be able to fund.

FY2015 TOTAL PROJECTED ALLOCATION	\$23,987,580.76	
FY2014 EXPENDITURES BY CATEGORY		
Education & Information	\$176,000	0.8%
Service Coordination	\$1,213,000	5.2%
Personal & Environmental Supports	\$2,725,000	11.7%
Treatment Services	\$3,370,000	14.5%
Work/Other Day Services	\$4,143,000	17.8%
Residential	\$7,089,000	30.5%
Institutional	\$3,040,000	13.1%
Administrative	\$1,477,722	6.4%
FY15 TOTAL PROJECTED EXPENDITURES	\$23,233,722	
PROJECTED REVENUE OVER (UNDER) EXPENDITURES		
	\$753,859	

PROVIDER REIMBURSEMENT PROVISIONS

County Social Services strives to build a welcoming, multi-occurring, trauma informed provider network that exceeds national standards for excellence and meets the needs of all individuals within the region.

Rates will be negotiated with the CEO, or matched to current Medicaid rates, who will then make recommendations to the CSS Board at the next regular scheduled board meeting. County Social Services will not reimburse new rates until the effective date on the signed rate schedule and approved by the CSS Board.

County Social Services will match Medicaid approved rates for the same service offered to non-Medicaid individuals.

County Social Services will leverage current Medicaid costing strategies; outcome based contracting; market based purchasing; vouchers; request for proposal and bid contracting; nontraditional and natural support service purchasing and honor host county provider pricing agreements.