

Civil Commitment Unit for Sexual Offenders



Purpose

Civil Commitment Unit for Sexual Offenders (CCUSO) provides secure, long term, highly structured inpatient treatment for violent sexual predators who have served their prison terms but in a separate civil trial have been found likely to commit further violent sexual offenses. CCUSO had 101 patients in-house as of June 30, 2014.

Who Is Helped

CCUSO provides secure treatment services to individuals who have been committed by the court for treatment purposes.

The department may not deny a court-ordered admission.

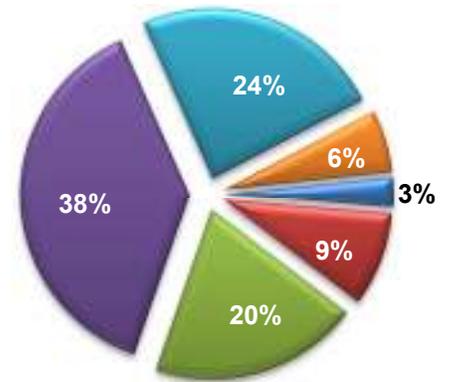
Annual court reviews of each individual's progress are required to determine if the commitment will continue.

All patients are male. There are 101 men in the program as of June 2014. In SFY14 there were 4 admissions. Ages range from 20 to 80 with the average age of 50.2.

The average patient has one or more chronic medical conditions and is on several prescribed medications.

Age of Patients Served in SFY14

- 25 & under (3%) ■ 26-35 (9%)
- 36-45 (20%) ■ 46-55 (38%)
- 56-65 (24%) ■ >65 (6%)



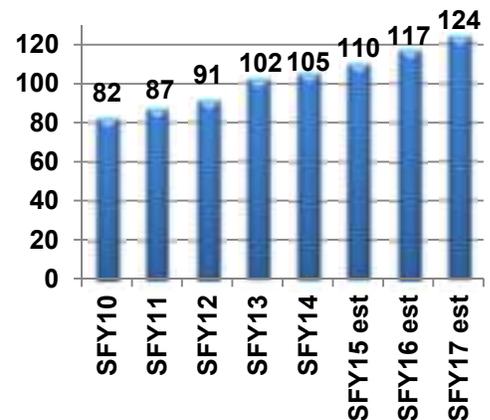
- ✓ *There are 21 states with inpatient treatment programs like CCUSO. One state operates as an outpatient treatment program for committed sexually violent offenders.*
- ✓ *Courts have determined that treatment programs like CCUSO are constitutional if they provide treatment services.*

Services

CCUSO has a five-phase treatment program that includes groups and individual therapy, educational programming, physiological assessments, and a transition program that:

- Assists individuals in developing cognitive and behavioral skills so their core needs can be met without sexual offending.
- Provides treatment based on the Risk-Need-Responsivity model.
- Measures progress using an 8-point scale in 10 treatment areas.
- Measure progress through structured risk assessments tools, psychological evaluations and various physiological measures of sexual deviancy and interest.

Trend of Number Served*



*Number served includes any individual served in the facility at any point during the SFY.

Prior to discharge, the court has the option to place a patient in transitional release, Phase 5. Patients begin to live and work more independently with the goal of eventually residing in the community. CCUSO staff maintain involvement with patients providing supervision, treatment and assessment as patients begin developing connections with community providers.

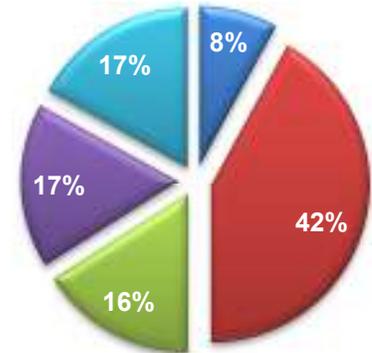
Patients are discharged only after the court has determined the patient is ready to reside in the community. However, patients can be discharged at any point in treatment, once the court has determined the patient no longer meets the legal criteria for commitment.

Since the program began in 1999 and through June 30, 2014, 27 patients have left CCUSO:

- 7 died
- 20 releases when court determined no longer met commitment criteria

Patient Treatment Phase SFY14

- Phase 1 (8%)
- Phase 2 (42%)
- Phase 3 (16%)
- Phase 4 (17%)
- Phase 5 (17%)



- ✓ *In addition to an annual court evaluation, each patient receives a progress evaluation every 90 days, an assessment of participation and treatment engagement after each group therapy session, and periodic risk assessments, including risk of sexual acting out, suicide, and assault.*
- ✓ *Each medical appointment or stay at the University of Iowa necessitates at least two CCUSO staff to travel with the patient for safety purposes. This takes staff "off line" for that period of time. In SFY14 there were 136 such visits.*
- ✓ *78 percent (103 FTEs) of the staff are direct care, 14 percent (19 FTEs) are professional and treatment professionals, 3 percent (4 FTEs) are other support staff, and 5 percent (6.5 FTEs) are administrative.*
- ✓ *In SFY15, 82 percent of the CCUSO operating budget is for staffing costs and 18 percent is for support costs.*
- ✓ *The SFY16 and SFY17 budget requests assume a modest increase in overall in-house census. Staying within this modest estimated census growth will require that the number of discharges from the program must nearly equal the number of new admissions. Given the uncertainties in accurately projecting court decisions both into and out of CCUSO, this cannot be guaranteed. If the in-house census rises more quickly than what is budgeted for, additional funding will be needed to hire more staff to keep the program safe for patients and staff and to meet the constitutional treatment requirements.*

Goals & Strategies

Goal: Effectively Manage Resources

Strategy:

- Provide effective treatment allowing patients to meet discharge criteria.
- Avoid restraints for behavior management.

Results in SFY14:

- As of June 30, 2014, there were 16 patients in transitional release, and six patients in release with supervision.
- Fifteen seconds of restraint is used per 1,000 hours of inpatient hours.

- ✓ *CCUSO emphasizes work skills and employment as a key treatment modality.*

Cost of Services	<p>Daily per diem rate: \$249</p> <p>Annual cost of care per person: \$89,905</p> <ul style="list-style-type: none"> ✓ <i>CCUSO is estimated to have a \$4.4 million economic impact on the community.</i> ✓ <i>CCUSO is one of the largest employers in Cherokee County. The economic impact is spread across several surrounding counties and is vital to the area's economic activity.</i> ✓ <i>CCUSO co-campuses with Cherokee MHI and purchases support services from Cherokee MHI.</i> 												
Funding Sources	<p>CCUSO is funded by state general funds.</p> <p>The total budget for SFY16 is \$9,942,507:</p> <ul style="list-style-type: none"> • \$9,937,467 (99.99 percent) is state general fund. • A nominal \$5,040 is collected through room rentals. <p>✓ <i>When patients in transitional release are employed, they pay housing rental.</i></p>												
SFY16 & SFY17 Budget Drivers	<div style="display: flex; justify-content: space-between;"> <div style="width: 60%;"> <p>The total SFY16 CCUSO budget request reflects a \$13,904 (less than 1 percent) general fund increase from the SFY15 Enacted Appropriation.</p> <p>The total SFY17 CCUSO budget request reflects a \$98,128 (1.0 percent) general fund increase from the SFY15 Enacted Appropriation.</p> <p>The key budget drivers of the increases are:</p> <ul style="list-style-type: none"> • Reallocate State Employee Retirement Incentive Program (SERIP) funds to Medical Assistance. • Increased costs of food, pharmaceuticals, utilities, and other items is \$44,388 in SFY16 and \$45,383 in SFY17. • Decreased costs for patient support and associated per diem is \$18,084 in SFY16 and \$38,841 increase in SFY17. </div> <div style="width: 35%; text-align: center;"> <p>Total Budget</p> <table border="1" style="margin-top: 10px;"> <caption>Total Budget Data (Millions)</caption> <thead> <tr> <th>Year</th> <th>State General Fund</th> <th>Other Funds*</th> </tr> </thead> <tbody> <tr> <td>SFY15</td> <td>~\$10.0</td> <td>~\$0.0</td> </tr> <tr> <td>SFY16 est</td> <td>~\$10.0</td> <td>~\$0.0</td> </tr> <tr> <td>SFY17 est</td> <td>~\$10.0</td> <td>~\$0.0</td> </tr> </tbody> </table> <p><small>*Includes \$5,040 in Other Funds, SFY15-SFY17.</small></p> </div> </div> <p>✓ <i>The impact of not funding the increased in cost of services will be an estimated loss of 0.3 FTEs in SFY16 and 1.7 FTEs in SFY17.</i></p>	Year	State General Fund	Other Funds*	SFY15	~\$10.0	~\$0.0	SFY16 est	~\$10.0	~\$0.0	SFY17 est	~\$10.0	~\$0.0
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Legal Basis	<p>State:</p> <ul style="list-style-type: none"> • Iowa Code, Chapter 229A • Iowa Administrative Code, 441 IAC 31 												