

Cherokee Mental Health Institute



Purpose

Cherokee Mental Health Institute (MHI) is one of Iowa's two mental health institutes providing short term psychiatric treatment and care for individuals with severe symptoms of mental illness. Cherokee has 24 adult beds and 12 child/adolescent beds.

Who Is Helped

Cherokee provides inpatient psychiatric services to children, adolescents and adults.

96 percent of adult patients and 98 percent of the children and adolescent patients were involuntarily admitted in SFY16.

Individuals who are involuntarily committed for psychiatric treatment have been determined by the court to be a danger to themselves or others because of their symptoms of mental illness.

In SFY16:

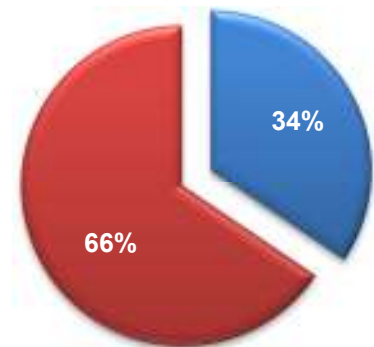
- 475 admissions
- 511 total served
 - 176 adult acute psychiatric
 - 335 children and adolescents

The average adult patient is a 39-year-old male who is involuntarily admitted. The average length of stay is 42 days.

The average child served in the inpatient program is a 14-year-old male who is involuntarily admitted. The average length of stay is 8 days.

Number Served in SFY16

- Adults Acute Psychiatric (34%)
- Children and Adolescents (66%)



- ✓ Cherokee has a total of 36 beds or 5 percent of the 731 inpatient community psychiatric beds in the state.
- ✓ Cherokee served 69 percent of the total adult admissions to the MHIs in SFY16.
- ✓ Cherokee served 78 percent of the total child/adolescent admissions to MHIs in SFY16.

Services

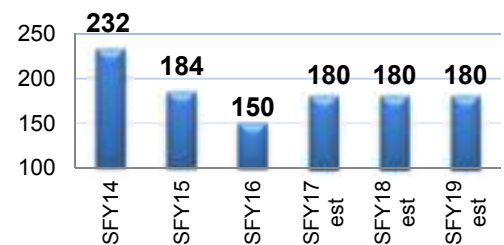
Adult Acute Psychiatric Services

- 24 inpatient beds.
- 24-hour psychiatric treatment and mental health habilitation.

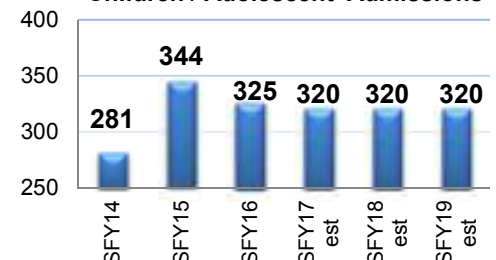
Inpatient Psychiatric Services for Children and Adolescents

- 12 inpatient beds.
- 24-hour psychiatric treatment and mental health habilitation.
- Education for children and adolescents provided by the MHI school.

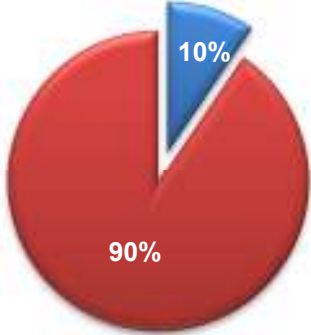
Adult Psychiatric Admissions



Children / Adolescent Admissions



	<ul style="list-style-type: none"> ✓ <i>Cherokee is accredited by The Joint Commission.</i> ✓ <i>32 percent (51 FTEs) of the staff are direct care, 24 percent (39.5 FTEs) are professional and treatment professionals, 1 percent (2 FTE) is educational, 12 percent (19.5 FTEs) are maintenance, 17 percent (27.5 FTEs) are other support staff, and 14 percent (22.5 FTEs) are administrative.</i> ✓ <i>In SFY17, 84.2 percent of the Cherokee MHI operating budget is for staffing costs and 15.8 percent is for the support costs.</i> ✓ <i>11 main buildings on 209 acres.</i> 	
Goals & Strategies	<p>Goal: Promote Iowa's Behavioral Health Status</p> <p>Strategy:</p> <ul style="list-style-type: none"> • Improve the level of functioning of individuals served. • Reduce the use of restraint and seclusion. • Provide quality discharge planning to reduce readmission rate. 	<p>Results in SFY16:</p> <ul style="list-style-type: none"> • 100 percent of adult and child/adolescent patients showed improvement in ability to function as measured by the Global Assessment of Functioning (GAF). • 97 percent of adults are not readmitted within 30 days of discharge. • 18 minutes of restraint are used per 1,000 hours of adult inpatient hours. • 1 hour 34 minutes of restraint are used per 1,000 hours of child/adolescent inpatient hours.
Cost of Services	<p>MHI per diems are defined in Iowa Code and based on cost of care in a calendar year. This means that SFY17 per diems are based on costs experienced January 1, 2015 through December 31, 2015.</p> <p>Daily per diem rate: Adult psychiatric, \$915 Child/adolescent psychiatric, \$701</p> <p>Cost per episode of care: Adult psychiatric, \$39,414 Child/adolescent psychiatric, \$10,837</p> <ul style="list-style-type: none"> ✓ <i>10 tenants operate programs on the Cherokee campus.</i> ✓ <i>The Civil Commitment Unit for Sexual Offenders pays Cherokee for support services such as meals and maintenance.</i> 	

Funding Sources	<p>The Cherokee Mental Health Institute is largely funded by state general funds with a small amount of funding from other sources.</p> <p>The total budget for SFY17 is \$16,419,331:</p> <ul style="list-style-type: none"> • \$14,854,041 (90.5 percent) is state general fund. • \$1,565,290 (9.5 percent) is from other funding sources. 	<p style="text-align: center;">SFY17 Funding</p> <ul style="list-style-type: none"> ■ Other Funding (10%) ■ State General Fund (90%)  <p>A pie chart titled 'SFY17 Funding' showing two segments: a large red segment representing 90% (State General Fund) and a smaller blue segment representing 10% (Other Funding). A legend above the chart identifies the colors: a blue square for 'Other Funding (10%)' and a red square for 'State General Fund (90%)'.</p>
	<ul style="list-style-type: none"> ✓ <i>The adult patient’s county of residence is required to pay 80 percent of the county capped per diem, minus any third party payments such as Medicaid, Medicare, or private insurance. County receipts are deposited in the state general fund.</i> ✓ <i>Medicaid pays for services for children under the age of 21.</i> ✓ <i>Cherokee receives an “upfront” appropriation from the general fund.</i> 	
Legal Basis	<p>State:</p> <ul style="list-style-type: none"> • Code of Iowa, Chapters 125, 217, 218, 225C, 226, 229, 230, 812 • Iowa Administrative Code, 441 IAC 28 and 29 	