



## Purpose

Glenwood Resource Center (GRC) is one of two State Resource Centers that provide a full range of active treatment and habilitation services to individuals with severe intellectual disabilities and it serves to support them to live safe and successful lives in the home and community of their choice.

## Who Is Helped

Individuals who live at GRC have an intellectual or other developmental disability that require treatment and support at the level of care provided by an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/ID).

Today, and in the past 20 years, most individuals are admitted because of significant behavioral challenges or medical issues requiring intensive and complex active treatment.

In SFY16, three individuals were admitted and ten were discharged. At the end of SFY16, 231 individuals resided at GRC. Of these, 228 (98.7 percent) are voluntary and three were involuntarily committed by courts.

- One is a child 17 or younger.
- 196 are adults 18 to 64.
- 34 are adults 65 or older.

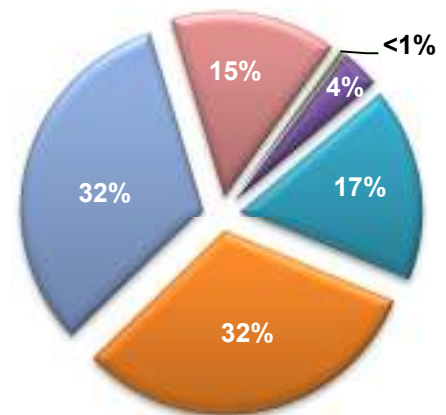
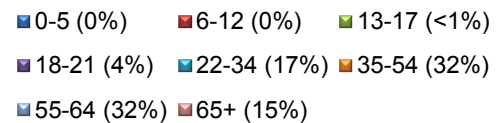
Of these individuals:

- 77 percent have a dual diagnosis of mental illness and intellectual disability.
- 79 percent have life-threatening eating and chewing disorders (dysphagia) that make it difficult to take in enough food and fluids.
- 64 percent are at high risk for sustaining injuries due to challenging behaviors.
- 59 percent have a seizure disorder.
- 34 percent are at high risk of food or liquid entering the airway and lungs, causing respiratory problems or infections, such as frequent bouts of pneumonia (i.e., aspiration).

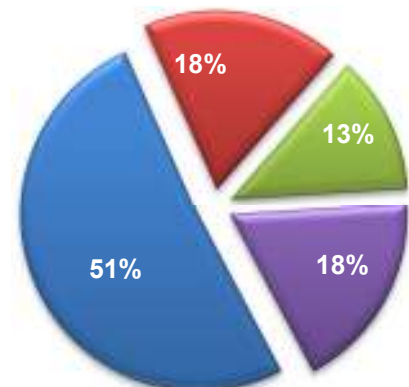
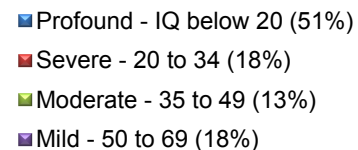
A typical individual has an intellectual disability and an additional co-occurring condition such as eating and chewing disorders (dysphagia), ingesting inedible objects (PICA), self-injurious or assaultive behaviors and other severe health and behavioral difficulties.

- ✓ *An individual is admitted after no community-based provider has been found that can meet the individual's service needs and if the Resource Center has the appropriate program and adequate capacity for the admission.*

### GRC Individuals Served by Age SFY16 Year-End



### Intellectual Functioning Level SFY16 Year-End



<p><b>Services</b></p>	<p>GRC maintains federal Medicaid certification as an ICF/ID.</p> <ul style="list-style-type: none"> <li>GRC provides active treatment and support services for individuals with intellectual disabilities.</li> <li>GRC actively supports individuals to move into appropriate community-based living and to be contributing members of their community.</li> </ul> <p>GRC Home &amp; Community-Based Services (HCBS)</p> <ul style="list-style-type: none"> <li>GRC is also a Medicaid-funded Home and Community Based Services provider.</li> <li>In SFY16, GRC provided daily HCBS supported community living services to 19 individuals at five locations in Glenwood.</li> </ul>	<p><b>GRC ICF/ID Year-End Census</b></p> <table border="1"> <caption>GRC ICF/ID Year-End Census Data</caption> <thead> <tr> <th>SFY</th> <th>Census</th> </tr> </thead> <tbody> <tr> <td>SFY14</td> <td>248</td> </tr> <tr> <td>SFY15</td> <td>238</td> </tr> <tr> <td>SFY16</td> <td>231</td> </tr> <tr> <td>SFY17 est</td> <td>222</td> </tr> <tr> <td>SFY18 est</td> <td>210</td> </tr> <tr> <td>SFY19 est</td> <td>198</td> </tr> </tbody> </table>	SFY	Census	SFY14	248	SFY15	238	SFY16	231	SFY17 est	222	SFY18 est	210	SFY19 est	198
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	<ul style="list-style-type: none"> <li>✓ 68 percent (555 FTEs) of the staff are direct care, 11 percent (91 FTEs) are treatment professionals, 5.5 percent (37 FTEs) are maintenance, 9 percent (69 FTEs) are other support staff, and 7.0 percent (58.62 FTEs) are administrative.</li> <li>✓ In SFY17, 85.1 percent of the Glenwood Resource Center operating budget is for staffing costs and 14.9 percent is for support costs.</li> <li>✓ GRC has 231 operational beds and is the largest ICF/ID in the state.</li> <li>✓ Twelve tenants lease space and operate programs on the GRC campus.</li> <li>✓ GRC maintains 95 buildings and 231.48 acres on campus.</li> </ul>															
<p><b>Goals &amp; Strategies</b></p>	<p>Goal: Promote choice for people with disabilities.</p> <p>Strategy:</p> <ul style="list-style-type: none"> <li>Promote access to community-based options for persons with disabilities.</li> <li>Prepare and support individuals discharged from GRC to remain in the community.</li> </ul>	<p>Results in SFY16:</p> <ul style="list-style-type: none"> <li>GRC had a net decrease in population of seven. In the past five years, GRC has reduced its population by 18 percent.</li> <li>50 percent of GRC individuals earned wages through employment.</li> <li>100 percent of GRC discharged individuals remained in the community at least 180 days after discharge.</li> </ul>														
<p><b>Cost of Services</b></p>	<p>The daily per diem rate is \$897.30. The total annual cost of care per person served is \$327,515.</p> <ul style="list-style-type: none"> <li>✓ The State Resource Center per diem is bundled and covers the total cost of service, including physician, medication, dental, adaptive equipment and other medical costs.</li> <li>✓ Private ICFs/ID do not include these costs in their per diem and community medical providers separately bill for individuals served by private ICFs/ID</li> </ul>															

<p><b>Funding Sources</b></p>	<p>The Glenwood Resource Center is funded by state general funds and federal Medicaid funds with a small amount of funding from other sources.</p> <p>The total budget for SFY17 is \$75,898,397:</p> <ul style="list-style-type: none"> <li>• \$28,757,949 (37.9 percent) is state general fund, including an \$8.0 million transfer from the Medical Assistance appropriation.</li> <li>• \$39,228,682 (51.7 percent) is federal funding.</li> <li>• \$5,854,582 (7.7 percent) is other funding.</li> <li>• \$2,057,184 (2.7 percent) is client participation.</li> </ul> <p>Other funding includes rental and lease receipts, Medicare Part D, and HCBS revenues. Client participation reflects an assessed amount the individual clients pay towards the cost of care.</p>	<p><b>SFY17 Funding</b></p> <ul style="list-style-type: none"> <li>■ State General Fund (38%)*</li> <li>■ Federal (52%)</li> <li>■ Client Participation (3%)</li> <li>■ Other Funds (8%)</li> </ul> <p>* Includes Medical Assistance Appropriation</p>
<p><b>Legal Basis</b></p>	<ul style="list-style-type: none"> <li>✓ <i>Federal Medical Assistance Percent is projected to increase from 56.28 percent in SFY17 to 57.60 percent in SFY18. The resulting reduction in state funds is expected to be offset by cost increases in other areas.</i></li> <li>✓ <i>As the revenues and census continue to decline at both resource centers, each will continue to “right size” to match the needs and number of individuals served.</i></li> </ul> <p><b>Federal:</b></p> <ul style="list-style-type: none"> <li>• Code of Federal Regulations, CFR 483.400 to 483.480</li> <li>• The State Resource Center must comply with the Conner Consent Decree and the United States Department of Justice Consent Decree</li> </ul> <p><b>State:</b></p> <ul style="list-style-type: none"> <li>• Iowa Code, Chapters 222 and 135C</li> <li>• Iowa Administrative Code, 441 IAC 28 and 30 and 481 IAC 50, 52, and 64.</li> </ul>	