

## Purpose

Woodward Resource Center (WRC) is one of two State Resource Centers that provide a full range of active treatment and habilitation services to individuals with severe intellectual disabilities and it serves to support them to live safe and successful lives in the home and community of their choice.

## Who Is Helped

Individuals who live at WRC have an intellectual or other developmental disability that require treatment and support services at level of care provided by an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/ID).

Today, and in the past 20 years, most individuals are admitted because of significant behavioral challenges or medical issues requiring intensive and complex active treatment.

In SFY16, four individuals were admitted and 14 were discharged. At the end of SFY16, 143 individuals resided at WRC. Of these, 138 (97 percent) are voluntary and five (3 percent) are involuntarily committed by courts.

- One is a child 17 or younger.
- 121 are adults 18 to 64.
- 21 are adults 65 or older.

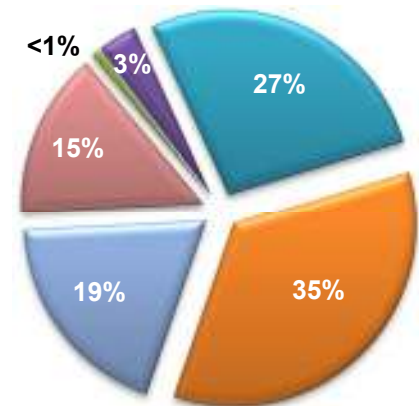
Of these individuals:

- 93 percent have a dual diagnosis of mental illness and intellectual disability.
- 65 percent have a life-threatening eating and chewing disorder (dysphagia) that makes it difficult to take in enough food and fluids.
- 50 percent are at high risk for sustaining injuries due to challenging behaviors.
- 32 percent have a seizure disorder.
- 19 percent are at high risk of food or liquid entering the airway and lungs, causing respiratory problems or infections, such as frequent bouts of pneumonia (i.e., aspiration).

A typical individual has an intellectual disability and an additional co-occurring condition such as eating and chewing disorders (dysphagia), ingesting inedible objects (PICA), self-injurious or assaultive behaviors and other severe health and behavioral difficulties, including sexual offending.

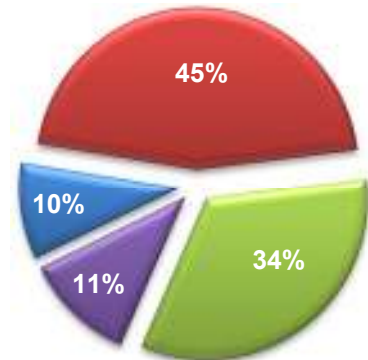
### WRC Individuals Served by Age at SFY16 Year-End

- 0-5 (0%)    ■ 6-12 (0%)    ■ 13-17 (<1%)
- 18-21 (3%)    ■ 22-34 (27%)    ■ 35-54 (35%)
- 55-64 (19%)    ■ 65+ (15%)



### Intellectual Functioning Level at SFY16 Year-End

- Profound - IQ below 20 (10%)
- Severe - 20 to 34 (45%)
- Moderate - 35 to 49 (34%)
- Mild - 50 to 69 (11%)



- ✓ *An individual is admitted after no community-based provider has been found that can meet the individual's service needs and if the Resource Center has the appropriate program and adequate capacity for the admission.*

## Services

WRC maintains federal Medicaid certification as an ICF/ID.

- WRC provides active treatment and support services for individuals with intellectual disabilities.
- WRC actively supports individuals to move into appropriate community-based living and to be contributing members of their community.

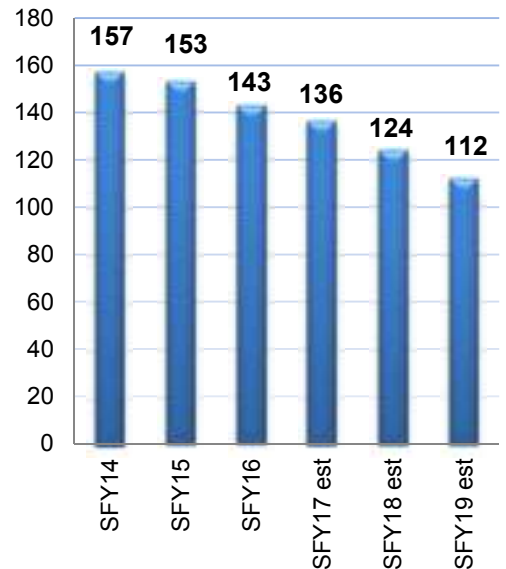
WRC Home & Community-Based Services (HCBS)

- WRC is also a Medicaid-funded Home and Community Based Services provider.
- In SFY16, WRC provided daily HCBS supported community living services to 41 individuals at 12 locations throughout central Iowa.

Iowa Technical Assistance and Behavioral Supports (I-TABS)

- Funded by the Iowa Medicaid Enterprise, WRC's I-TABS provides specialized training and programmatic technical assistance to Medicaid provider agencies and others. I-TABS builds community capacity to appropriately meet the serious behavioral needs of individuals with disabilities to avoid or reduce more restrictive facility placement.

### WRC ICF/ID Year-End Census



- ✓ *64 percent (376 FTEs) of the staff are direct care, 13 percent (73.6 FTEs) are treatment professionals, 7 percent (38 FTEs) are maintenance, 8 percent (46.9 FTEs) are other support staff, and 8 percent (49.1 FTEs) are administrative.*
- ✓ *In SFY17, 85 percent of the Woodward Resource Center operating budget is for staffing costs and 15 percent is for support costs.*
- ✓ *WRC has 143 operational beds and is the second largest ICF/ID in the state.*
- ✓ *Two tenants lease space and operate programs on the WRC campus.*
- ✓ *WRC maintains 92 buildings on 1,144.4 total acreage (460.8 acres managed by WRC and 683.6 acres managed by Iowa Prison Industries as rented farmland.)*

## Goals & Strategies

Goal: Promote choice for persons with disabilities.

Strategy:

- Promote access to community-based options for persons with disabilities.
- Prepare and support individuals discharged from WRC to remain in the community.

Results in SFY16

- WRC had a net decrease in population of 10. In the past five years, WRC reduced its population by 27 percent.
- 81 percent of WRC individuals earned wages through employment.
- 92 percent of WRC discharged individuals remained in the community at least 180 days after discharge.

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| <p><b>Cost of Services</b></p> | <p>Daily per diem rate is \$995.01.<br/>Total annual cost of care per person served is \$363,177.</p> <p>✓ <i>The State Resource Center per diem is bundled and covers the total cost of service, including physician, medication, dental, adaptive equipment and other medical costs.</i></p> <p>✓ <i>Private ICFs/ID do not include these costs in their per diem and community medical providers separately bill for individuals served by private ICFs/ID.</i></p>   |  |
| <p><b>Funding Sources</b></p>  | <p>The Woodward Resource Center is funded by state general funds and federal Medicaid funds with a small amount of funding from other sources.</p> <p>The total budget for SFY17 is \$55,180,616:</p> <ul style="list-style-type: none"> <li>• \$20,273,298 (36.7 percent) is state general fund, including a \$6.1 million transfer from the Medical Assistance appropriation.</li> <li>• \$24,908,608 (45.1 percent) is federal funding.</li> <li>• \$8,678,969 (15.7 percent) is other funding.</li> <li>• \$1,319,741 (2.4 percent) is client participation.</li> </ul> <p>Other funding includes rental and lease receipts, Medicare part D, Iowa’s Technical Assistance and Behavior Supports (I-TABS), and HCBS revenues. Client participation reflects an assessed amount the individual clients pay towards the cost of care.</p>   | <p style="text-align: center;"><b>SFY17 Funding</b></p> <p>■ State General Fund (37%)*<br/>■ Federal (45%)<br/>■ Client Participation (2%)<br/>■ Other Funds (16%)</p> <p style="text-align: center;">*Includes Medical Assistance</p> |
| <p><b>Legal Basis</b></p>      | <p><b>Federal:</b></p> <ul style="list-style-type: none"> <li>• Code of Federal Regulations, CFR 483.400 to 483.480</li> <li>• The State Resource Center must comply with the Conner Consent Decree and the United States Department of Justice Consent Decree</li> </ul> <p><b>State:</b></p> <ul style="list-style-type: none"> <li>• Iowa Code, Chapters 222 and 135C</li> <li>• Iowa Administrative Code, 441 IAC 28 and 30 and 481 IAC 50, 52, and 64.</li> </ul> <p>✓ <i>Federal Medical Assistance Percentage is projected to increase from 56.28 percent in SFY17 to 57.60 percent in SFY18. The resulting reduction in state funds is expected to be offset by cost increases in other areas.</i></p> <p>✓ <i>As the revenues and census continue to decline at both resource centers, each will continue to “right size” to match the needs and numbers of individuals served.</i></p> |  |