



Iowa Department of Human Services

Terry E. Branstad
Governor

Kim Reynolds
Lt. Governor

Charles M. Palmer
Director

You have been approved for Medicaid because you have set up a Medical Assistance Income Trust (MAIT). This letter explains how a MAIT is used when determining your eligibility and benefits for Medicaid.

A MAIT (also referred to as a Miller Trust) is a trust set up by a person who has income that exceeds the eligibility limit for Medicaid long-term care assistance. By establishing a MAIT, your countable income is reduced when you divert all or some of your income into the trust. Income assigned and paid to the trust is not countable income to you when determining your Medicaid eligibility. However, any money available to you from the trust for basic needs is countable as unearned income in the month it is available to you. This does not include money paid from the trust for your medical expenses or facility care.

Iowa Code section 633C.3(1) requires trustees of MAITs to make specific payments from any income received or held by the trust. As long as your total countable monthly income (including income paid to the trust) is less than 125 percent of the statewide average charge for _____ services for a private pay resident, currently \$_____, the trustee may make monthly payments from the trust in the following order:

1. A reasonable amount not to exceed \$10.00 (without court order) for necessary expenses of the trust.
2. An amount for the personal needs allowance of the trust beneficiary.
3. An amount for the maintenance needs allowance of a spouse and/or dependents.
4. An amount for unmet medical needs.
5. Any remaining amount, up to the Medicaid rate, is paid directly to the provider of medical services.
6. At the trustee's option, any remainder may be paid directly to:
 - a. Other medical providers that would otherwise be covered by medical assistance,
 - b. The state as reimbursement for medical assistance paid on behalf of the beneficiary, or
 - c. Kept in the trust.

Based on your countable income and the allowable payments from the MAIT, we have determined that your trustee is to pay:

- \$ _____ to the trustee for trust administration
- \$ _____ to you for your personal needs
- \$ _____ to your spouse and/or dependents for their maintenance needs
- \$ _____ for payments of your unmet medical needs
- \$ _____ to _____ for your medical services

Any income that remains in the MAIT each month must be retained in the trust. Upon your death, the state will receive all amounts remaining in the trust, up to the amount equal to the total medical assistance paid on your behalf.

If you have any questions regarding any of these instructions, please let me know. I may be reached by phone at _____ or by e-mail at _____.

Sincerely,

cc: Trustee

* 125 percent of the average statewide charge for services to a private pay resident is adjusted annually on July 1st.



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You have set up a Medical Assistance Income Trust (MAIT) in order for the Department of Human Services to determine your eligibility for Medicaid. This letter explains how a MAIT is used when determining your eligibility and benefits for Medicaid.

A MAIT (also referred to as a Miller Trust) is a trust set up by a person who has income that exceeds the eligibility limit for Medicaid long-term care assistance. By establishing a MAIT, your countable income is reduced when you divert all or some of your income into the trust. Income assigned and paid to the trust is not countable income to you when determining your Medicaid eligibility. However, any money available to you from the trust for basic needs is countable as unearned income in the month it is available to you. This does not include money paid from the trust for your medical expenses or facility care.

Iowa Code section 633C.3(2) requires trustees of MAITs to make specific payments from any property received or held by the trust. Your total countable monthly income (including income paid to the trust) is equal to or greater than 125 percent of the statewide average charge for _____ services for a private pay resident, currently \$_____. Therefore, the trustee may make monthly payments from the trust in the following order:

1. A reasonable amount not to exceed \$10.00 (without court order) for necessary expenses of the trust.
2. All remaining amounts paid into the trust or retained from prior months must be paid to the beneficiary. This payment is considered as income to the beneficiary when determining Medicaid eligibility.

Based on your countable income and the allowable payment from the MAIT, we have determined that your trustee is to pay:

\$_____to the trustee for trust administration
\$_____to you

Based on these payments, the amount to be paid to you puts you over the income limit and ineligible for Medicaid.

If you have any questions regarding any of these instructions, please let me know. I may be reached by phone at _____ or by e-mail at _____.

Sincerely,

cc: Trustee

* 125 percent of the average statewide charge for services to a private pay resident is adjusted annually on July 1st.