

Clarinda Mental Health Institute



Purpose

Clarinda Mental Health Institute (MHI) is one of Iowa's four mental health institutes providing short term psychiatric treatment and care for severe symptoms of mental illness. Clarinda has 15 adult psychiatric beds and 20 gero-psychiatric beds.

Who Is Helped

Clarinda provides inpatient psychiatric service to adults.

Clarinda also provides gero-psychiatric services and nursing level care to patients with serious cognitive loss or dementia with significant behavior problems.

67 percent of the adult patients were involuntarily admitted in SFY12. Individuals who are involuntarily committed for psychiatric treatment have been determined by the court to be a danger to themselves or others because of their symptoms of mental illness.

There were 207 adult psychiatric admissions in SFY12.

There were no new admissions to the gero-psychiatric program in SFY12.

A total of 243 people were served.

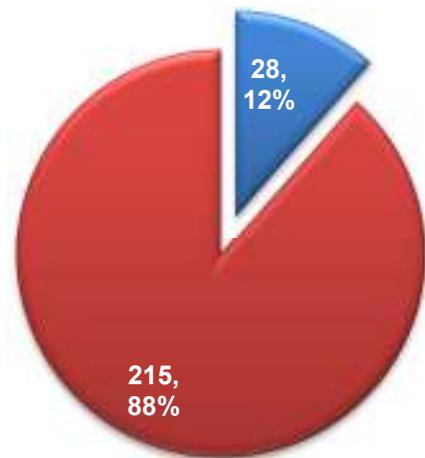
In the past several years the number of beds has decreased which has impacted admissions.

The average adult psychiatric patient is a 40-year-old male who is involuntarily admitted. The average length of stay is 26 days.

The average gero-psychiatric patient has had 15 placements prior to admission. Ages range from 40 to 68. The majority are male. Individuals served by in this program will likely need this level of care for the rest of their lives.

Number Served in SFY12

- Gero-psychiatric
- Adult Acute Psychiatric



- ✓ *Clarinda has a total of 15 adult psychiatric beds or 2 percent of the 765 inpatient licensed community psychiatric beds in the state.*
- ✓ *Clarinda has a total of 20 gero-psychiatric beds or 20 percent of the total 102 licensed nursing home beds that serve gero-psychiatric patients in the state.*
- ✓ *Clarinda served 34 percent of the total Mental Health Institute adult admissions in SFY12.*

<p>Services</p>	<p>Adult Acute Psychiatric Services</p> <ul style="list-style-type: none"> • 15 inpatient beds. • 24-hour psychiatric treatment and mental health habilitation. • Clarinda periodically has waiting lists for admission. <p>Gero-psychiatric Services</p> <ul style="list-style-type: none"> • 20 inpatient/nursing beds. • No new admissions in SFY12. 	<p>Adult Psychiatric Admissions</p> <table border="1"> <caption>Adult Psychiatric Admissions Data</caption> <thead> <tr> <th>SFY</th> <th>Admissions</th> </tr> </thead> <tbody> <tr> <td>SFY10</td> <td>208</td> </tr> <tr> <td>SFY11</td> <td>175</td> </tr> <tr> <td>SFY12</td> <td>207</td> </tr> <tr> <td>SFY13 est</td> <td>210</td> </tr> <tr> <td>SFY14 est</td> <td>210</td> </tr> <tr> <td>SFY15 est</td> <td>210</td> </tr> </tbody> </table>	SFY	Admissions	SFY10	208	SFY11	175	SFY12	207	SFY13 est	210	SFY14 est	210	SFY15 est	210
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<p>Goals & Strategies</p>	<p>Goal: Promote Iowa's Behavioral Health Status</p> <p>Strategy:</p> <ul style="list-style-type: none"> • Improve the level of functioning of individuals served. • Reduce the use of restraint and seclusion. • Provide quality discharge planning to reduce readmission rate. 	<p>Results SFY12:</p> <ul style="list-style-type: none"> • 18 hours of restraint are used per 1,000 hours of adult psychiatric inpatient hours. • Zero hours of restraint are used per 1,000 hours of gero-psychiatric inpatient hours. • 96 percent of adult acute psychiatric patients show improvement in ability to function as measured by the Global Assessment of Functioning (GAF). • 93 percent of acute psychiatric adult patients are not readmitted within 30 days of discharge. 														
<p>Cost of Services</p>	<p>MHI per diems are defined in Iowa Code and based on cost of care in a calendar year. This means that SFY12 per diems are based on costs experienced January 1, 2011 through December 31, 2011.</p> <p>Daily per diem rate:</p> <ul style="list-style-type: none"> Adult psychiatric, \$801 Gero-psychiatric, \$556 <p>Cost per episode:</p> <ul style="list-style-type: none"> Adult psychiatric, \$15,519 Gero-psychiatric, \$173,766 															

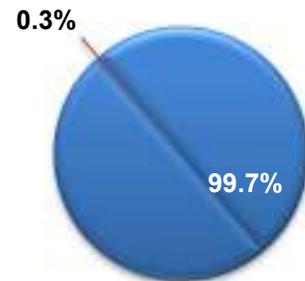
- ✓ *Clarinda employee spending in the local economy induces \$3.54 million in county industrial output, which supports 42 jobs earning \$.950 million in labor incomes. In all, MHI accounts either directly or indirectly for \$12.3 million in area industrial output, \$9.43 million in value added, \$8.52 million in labor income, and 226 jobs. (Swenson, D. and Eathington, L., Iowa Mental Health Facility Economic, Fiscal, and Community Impact Analysis, 30 November 2009:17.)*
- ✓ *Clarinda is co-campused with a 795-bed prison and a 147-bed minimum security unit. The campus shares services with the Department of Corrections for maintenance and business office functions.*
- ✓ *Five tenants operate programs on the Clarinda campus.*

Funding Sources

The Clarinda Mental Health Institute is largely funded by state general funds with a small amount of funding from other sources.

- The total budget for SFY14 is \$8,755,173:
- \$8,729,173 (99.7 percent) is state general fund, including a \$1.98 million transfer from the Medical Assistance appropriation.
 - \$26,000 (0.3 percent) is from other funding sources.

SFY14 Funding
 ■ State General Fund* ■ Other Funding



*Includes General Fund Transfer for

- ✓ *Clarinda receives an “upfront” appropriation from the state general fund.*
- ✓ *Counties are required to pay 80 percent of the county capped per diem for individuals with legal settlement who are not Medicaid eligible. Counties are billed the per diem minus any third party payments. County receipts are deposited in the state general fund.*
- ✓ *Gero-psychiatric services are billed to the county at 80 percent of the capped per diem for patients not covered by other payor sources such as private insurance, Medicaid or Medicare.*

**SFY 2014
& 2015
Budget
Drivers**

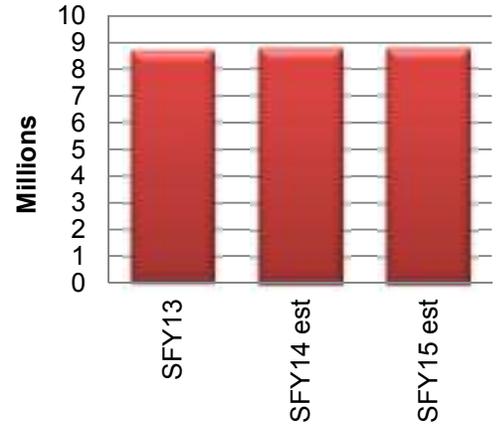
The SFY14 budget reflects a \$236,520 (3.6 percent) general fund increase from SFY13. There is no increase in SFY15 over SFY14.

The key budget drivers of the SFY14 increase are:

- Sustaining the funding level approved in SFY13 via carryforward authorization to maintain bed service level.
- The Clarinda MHI receives a \$1.98 million dollar transfer from the Medical Assistance appropriation. The total SFY14 budget reflects an overall \$36,123 increase (less than 1 percent) from SFY13.

Total Budget Funding Mix

■ State General Fund ■ Other Funding*



* Includes \$26,000 in Other Funding for each year.

✓ *The impact of not funding the current service level request will be an estimated loss of 3.6 FTEs in SFY14 and 3.5 FTEs in SFY15.*

**Legal
Basis**

State:

- Code of Iowa, Chapters 125, 217, 218, 225C, 226, 229, 230, 812
- Iowa Administrative Code 441 IAC 28 and 29