

MENTAL HEALTH PLANNING AND ADVISORY COUNCIL
May 20, 2015 10:00 am to 12:00 pm
United Way Conference Center, Room F
1111 9th St Des Moines, IA
MEETING MINUTES

MENTAL HEALTH PLANNING AND ADVISORY COUNCIL MEMBERS PRESENT:

Teresa Bomhoff	Tammy Nyden
Kenneth Briggs Jr.	Donna Richard-Langer
Jackie Dieckmann	Brad Richardson (phone)
Jim Donoghue	Jim Rixner
Kathleen Goines	Christina Schark
Kris Graves	Dennis Sharp
Julie Hartman	Rhonda Shouse
Julie Kalambokidis	Kathy Stone (phone)
Gary Keller (phone)	DJ Swope (phone)
Anna Killpack	Jennifer Vitko
Amber Lewis (phone)	Kimberly Wilson
Sally Nadolsky	

MENTAL HEALTH PLANNING AND ADVISORY COUNCIL MEMBERS ABSENT:

Marlene Jessop	Lori Reynolds
Sharon Lambert	Lee Ann Russo
Todd Lange	Ann Wood
Craig Matzke	Lisa Wunn

OTHER ATTENDEES:

Kristi Dierking	Marion County, Mid-Iowa Behavioral Health Region
Peter Schumacher	DHS, MHDS, Community Services & Planning

Chair Teresa Bomhoff called the meeting to order at 10:00 a.m. and led introductions. Quorum was established with 18 members present and 4 participating by phone.

Approval of Minutes

Donna Richards-Langer made a motion to approve the minutes from the March 18, 2015 meeting. Jim Rixner seconded the motion. The motion passed unanimously.

Action Item

Theresa said that there is a letter of support for the Prevention of Disabilities Policy Council. Ken Briggs made a motion to sign onto the letter. Tammy Nyden seconded the motion. The vote passed unanimously with Kathy Stone abstaining.

Monitoring and Oversight Committee – by Jackie Dieckmann

Jackie said that the committee has not met since March as SAMHSA has not released further guidance yet. Jackie said she expected to have a meeting in mid-June. Teresa Bomhoff asked the Monitoring and Oversight Committee to ask MHDS how they plan to spend Mental Health Block Grant (MHBG) funds, and about any plans they have for the new fiscal year beginning October 1.

Tammy Nyden asked if this would be a good time to ask DHS about Home and Community Based Services (HCBS) Waiver Spending. Teresa answered that she would have to ask Iowa Medicaid Enterprise (IME) about waivers.

Teresa Bomhoff acknowledged the retirement of Sally Nadolsky. Sally is retiring from her position at IME, and with that will need to resign her position on the Mental Health Planning and Advisory Council (MHPC) effective June 30, 2015. Teresa thanked Sally for her service and years of work with the Council on behalf of the other members.

Workgroups

Teresa Bomhoff expressed a desire to realign the workgroups the Council has in order to better reflect the Council's priorities and to focus their efforts appropriately. Teresa said the workgroups normally meet in the hour before the full Planning Council meeting.

Legislative Workgroup: Ken Briggs, Anna Killpack, Craig Matzke, Sharon Lambert, Todd Lange, and Kim Wilson.

Corrections Workgroup: Jackie Dieckmann, Dr. Gary Keller, and Brad Richardson. Teresa asked the members of the workgroup if there is anything they are working on, or if there is anything of concern that they would like to work on. Teresa suggested that the workgroup could see how many regions are involved in jail diversion programs. Brad Richardson suggested that the workgroup meet before the July meeting and decide on priorities.

Jim Rixner, Kim Wilson, and Jennifer Vitko volunteered to join the Corrections Workgroup.

Bylaws Workgroup: This workgroup will exist without members until a need arises.

Integrated Health Homes Workgroup: Todd Lange and Jim Rixner. Jim suggested that the workgroup does not need to meet, but could report to the Planning Council as developments happen.

Veterans Workgroup: Ken Briggs, Jim Rixner, and Anne Wood. Ken Briggs expressed interest in the workgroup continuing. Jim Rixner said he would like to work with Senator Joni Ernst on her initiative to provide better access to mental health care to veterans.

Jim said he plans to work with Senator Ernst's staff in Sioux City to develop a relationship with her office.

Teresa asked Council Members to contact her if they would like to join the committee.

Children's Workgroup: Teresa Bomhoff, Jackie Dieckmann, Anna Killpack, Craig Matzke, and Tammy Nyden. Tammy said she has plans for the workgroup including monitoring children's mental health issues. Tammy said the workgroup is working with the Coalition for Children's Mental Health developing a redesign document for a children's mental health system.

First Responder Mental Health Workgroup: Julie Hartman and Craig Matzke. Julie Hartman said there have been many developments with mental health first aid and training first responders to recognize people with mental illness and their needs. Teresa Bomhoff suggested merging the First Responder Mental Health Workgroup, the Corrections Workgroup, and the Veterans Workgroup into a Public Safety Workgroup.

Rhonda Shouse suggested the formation of a media workgroup that would focus on assisting the press developing stories on mental health issues and finding people with mental health experience who are willing to share their stories. Teresa expressed support. Tammy Nyden, Julie Kalambokidis, and Kris Graves volunteered to serve on the workgroup. Rhonda Shouse asked the members of the Planning Council to email her if they know of someone who would be willing to speak to the press about their experiences with mental health and Iowa's mental health system.

State Agency Reports:

Corrections – by Dr. Gary Keller

Dr. Keller says the Department of Corrections has started a community-based corrections program with doctors going to several locations in the state in person and through telemedicine to meet with inmates and people who are on parole. Dr. Keller said Corrections is focused on getting inmates through prison, and out as successfully as possible. There are currently six fulltime psychiatrists working for Corrections, as well as three part time psychiatrists. There will be two more recent graduates joining the department as well as fulltime staff.

Education- Jim Donoghue

Education is continuing to implement the AWARE (Advancing Wellness and Resilience in Education) grant in schools. Project AWARE is mental health first aid training for school staff on a grant through the United States Department of Education and SAMHSA. Rhonda Shouse asked if the training is required. Jim Donoghue answered that he did not know. Jim Rixner asked if it is being expanded. Jim Donoghue answered that it will not be expanded during the current three-year period. Anna Killpack asked if the training was for youth mental health first aid, or the adult version. Jim Donoghue answered that the AWARE training is for youth mental health first aid. There was

discussion about whether youth or adult mental health first aid would be more appropriate in schools.

IME- Sally Nadolsky

Sally Nadolsky said that a new Medicaid Director, Mikki Stier, will be starting next week. IME has made its fifth amendment to the Medicaid Modernization RFP and moved the due date until after Memorial Day. Sally said contracts should be signed after Labor Day.

Jim Rixner asked what the substance of the amendment was. Sally answered that it was focused on technical issues on compliance with existing insurance laws.

Providers of Medicaid services will continue to receive information on ICD 10 (the tenth revision of the International Statistical Classification of Diseases). ICD 10 will go into effect on October 1, and IME is currently testing it with all provider types. The new diagnosis codes are much more specific than in ICD 9, and Sally says there are approximately forty times as many of them.

Sally is serving on a juvenile justice workgroup that has a three year grant through juvenile courts. One component of the grant is testing pregnant women for substance abuse, which includes testing women who may not yet be aware that they are pregnant. Exposing a fetus to certain substances can have lasting effects on the development of the fetus, and this initiative is working to identify substance exposure early. Jackie Dieckmann asked if there is anything that can be done after an exposure has been identified. Sally answered that if a fetus has been exposed and the exposure is detected early enough, doctors can treat the fetus appropriately.

Tammy Nyden asked if a representative from the group involved in this project could speak to the Coalition for Children's Mental Health about the project. Sally asked Tammy to send her an email making that request.

Public Comment:

Teresa Bomhoff said the Governor does not intend to include regional equalization dollars in the state budget. There is a line in the budget to allocate \$4.8 million to MHDS Regions. Approximately \$4 million would go to Polk County, and the rest would be allocated to Southern Hills Regional Mental Health.

There is a non-profit organization that provides prescription assistance for people who have been released from Polk County Jail. They gave a report to the last Criminal Justice Board Meeting on how much money their organization has saved the state.

Planning for the July Meeting

Teresa Bomhoff expressed interest in hearing a report from Iowa Medicaid Enterprise on the Medicaid Modernization Initiative and Home and Community Based Services Waivers. Teresa said she would invite the Iowa Prescription Drug Corporation, which is

the non-profit providing prescription assistance to individuals who have been recently released from jail.

There was interest in a Legislative primer to educate members of the Planning Council on how to interact with legislators. Jim Rixner asked if a legislator from the Des Moines Metro Area could come and speak to the Planning Council on their perspective with regards to hearing from groups like the Planning Council.

Meeting Adjourned at 11:50 am

Minutes respectfully submitted by Peter Schumacher