

**IME Medical Services
Clinical Advisory Committee
Activity Summary
SFY11**

October 2011

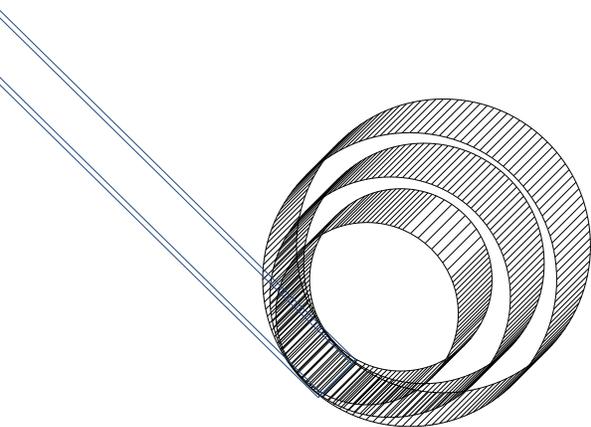


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Background Objectives

The establishment and requirements of the Iowa Medicaid Enterprise (IME) Clinical Advisory Committee (CAC) are contained in House File 841. The purpose of the CAC is to increase the efficiency, quality and effectiveness of the Medicaid healthcare system. The CAC provides a process for physician and/or provider intervention to promote quality care, member safety, cost effectiveness and positive physician/provider relations through discussion about Medicaid benefits and healthcare services.

The IME Medical Services unit assembled the CAC. The CAC is charged with recommending clinically appropriate healthcare utilization management and coverage decisions for the medial assistance program and IowaCares population to the Department of Human Services (DHS). An annual report summarizing the recommendations made by the CAC and those adopted by rule is prepared and submitted to the DHS.

The CAC performs:

- Member specific utilization review (over and under utilization)
- Problem focused utilization review (peer to peer review)
- Technology and therapeutics review (advanced therapy and new technology)
- Administrative support (review and recommendations regarding policy issues)
- Criteria review and recommendations
- Member and provider education/information communication (brochures, letters, website)

The CAC meetings are subject to the open committee rules in Chapter 21 of the Iowa Code. The meetings are publicly announced in the Des Moines Register and on the IME website at a minimum of 10 days prior to the scheduled time. All meeting agendas, minutes, summary of the CAC responsibilities, CAC questions and answers are posted on the website.

The CAC was formed in 2006. The initial CAC consisted of nine providers with term lengths of two, three, or four years. Thereafter, all appointments have been for three years and each member may be reappointed for one additional three-year term.

Committee Member Bios

Linda K. Gehrke, RN, ARNP (Term expiration 2014)

Ms. Gehrke completed her RN training at Evangelical Hospital of Nursing in Marshalltown, Iowa. Ms. Gehrke then attended the University of North Dakota School of Medicine - Family Nurse Practitioner Program graduating in 1991 with her family nurse practitioner certification. Presently, Ms. Gehrke is a primary care practitioner at the Ellsworth Family Municipal Hospital in Ellsworth, Iowa. Ms. Gehrke has been appointed to the CAC for a four-year term.

Kirk Peterson, MD (term expiration 2014)

Dr. Peterson completed his undergraduate degree at Iowa State University graduating with a Bachelor of Science degree in 1988. Dr. Peterson attended medical school at the University of Iowa College of Medicine in Iowa City. After medical school, Dr. Peterson completed a family practice training program in 1977 at the Iowa Lutheran Hospital in Des Moines. Dr. Peterson is very active in many community and professional groups while practicing family medicine with the Huxley Family Physicians in Huxley, Iowa. Dr. Peterson has been appointed to the CAC for a four-year term.

Ron McHose, DO (term expiration 2013)

Dr. McHose completed his undergraduate degree at Drake University graduating with a Bachelor of Science degree in 1977. Dr. McHose completed his medical training through Des Moines University in 1981. Dr. McHose completed residency in internal medicine at the University of Iowa Hospitals and Clinics and Iowa Lutheran Hospital. Dr. McHose is very active in many community, professional, and educational programs while practicing family medicine at the Dallas Center Medical Associates in Dallas Center, Iowa for more than 23 years. Dr. McHose has been appointed to the CAC for a three-year term.

Janet A. Schlechte, MD (term expiration 2012)

Dr. Schlechte attended undergraduate school at the University of Nebraska where she attained a Bachelor of Science degree in zoology. Dr. Schlechte then pursued graduate training at the University of California in Santa Barbara, graduating with an MA in biology. Dr. Schlechte's medical training was completed at the University of Nebraska in Omaha in 1975. Dr. Schlechte completed an internship and residency in internal medicine at the University of Iowa Hospitals and Clinics. Dr. Schlechte's then completed a three-year fellowship in endocrinology also at the University of Iowa Hospitals and Clinics. After Dr. Schlechte's fellowship she held many academic positions at the College of Medicine. Presently Dr. Schlechte is the medical director of Continuum of Care Management, a clinical program of the University of Iowa Hospitals and Clinics. Dr. Schlechte has been appointed to the CAC for a three-year term.

Mark Davis, PA-C (term expiration 2013)

Rex Rundquist, MD (term expiration 2013)

Joe Kimball, DO (term expiration 2015)

Dr. Kimball attended Des Moines University graduating in 2000 with a professional doctoral degree. Dr. Kimball completed his residency program at Broadlawns Medical Center in 2003. Presently Dr. Kimball is the medical director of Winterset Care Centers North and South. Dr. Kimball has been appointed to the CAC for a four-year term.

Dawn Schissel, MD (term expiration 2013)

Dr. Schissel graduated from the University of Minnesota in 1988 and completed her residency at Broadlawns Medical Center in 1991. Dr Schissel actively participates in several professional affiliations and memberships. Dr. Schissel has been in private practice since 2006. Dr. Schissel has been appointed to the CAC for a two-year term

Lisa Soldat, MD (term expiration 2013)

Dr. Soldat completed her undergraduate degree at the University of Minnesota with a Master of Science in Genetics in 1983. Dr. Soldat completed her medical training in 1995 at the University of Minnesota. Dr. Soldat actively participates in several professional memberships, activities and well as conducts clinical teachings. Dr. Soldat currently practices at Broadlawns Medical Center as a Faculty Physician since 2009. . Dr. Soldat has been appointed to the CAC for a two-year term

Vision

The IME Medical Services is responsible for the administration of the CAC. The IME Medical Director, Jason Kessler, MD, chairs the CAC. The CAC evaluates the clinical aspects of DHS coverage policy and medical management strategies to maximize both quality healthcare and cost effectiveness. The CAC provides recommendations in the early stages of policy development and change, through interactions with the policy unit, which strengthens the buy-in of the Medicaid network providers.

Quarterly Project Reviewed

During review of new technology and/or criteria, information (i.e., randomized controlled clinical trials, clinical practice guidelines, disease prevention and health promotion guidelines) is provided by the Medical Services staff to the committee members. Evidence-based literature is gathered to assist in ensuring the evaluation process is as consistent and understandable as possible. The gathered information is prepared in a report and presented to the committee by Medical Services professional staff or the Medical Director. Making the reasoning behind the committee's recommendations more explicit, it allows DHS's decision to be more transparent to the Medicaid providers and members. The committee's recommendations are provided to DHS in writing to ensure the integrity of the procedures and judgments.

Review of Medical Services Criteria

Another function of the CAC is to provide the Medicaid agency with a timely scheduled review of the criteria utilized for medical review. While reviewing criteria the CAC takes into consideration the standards of practice, the effect of treatment on quality of life, functional status and other relevant aspects of the health of our Medicaid members.

Activity	Recommendations	Responsible Party
Alcoholism or Substance Abuse Program	Approved	Medical Services
Automated Medication Dispenser	Revised and Approved	Medical Services
Blephoplasty	Revised and Approved	Medical Services
Bone Marrow/Peripheral Blood Stem Cell Transplant	Approved	Medical Services
Botulinum Toxins	Revised and Approved	Medical Services
BRCA I/II testing	Approved	Medical Services
Cardiac Rehabilitation	Approved	Medical Services
Consumer Directed Attendant Care	Approved	Medical Services
Cochlear Implant	Revised and Approved	Medical Services
Diabetes Education	Approved	Medical Services
Eating Disorders	Approved	Medical Services
Elaprase	Approved	Medical Services
Enclosed Bed	Approved	Medical Services
Enteral Products and Supplies	Approved	Medical Services
Gait Trainer	Revised and Approved	Medical Services
Genetic Testing	Approved	Medical Services
Habilitation Level of Care	Approved	Medical Services
Linear Accelerator Based Sterotactic Radiosurgery (LASBR)	Approved	Medical Services
Mental Health Services	Revised and Approved	Medical Services
Namenda	Revised and Approved	Medical Services
Natalizumab (Tysabri)	Revised and Approved	Medical Services
Nursing Facility and Skilled Nursing Facility Adult Level of Care	Approved	Medical Services
Nipple Tattooing	Approved	Medical Services
Non-Elastic Binders	Revised and Approved	Medical Services
Percussors	Revised and Approved	Medical Services

Activity	Recommendations	Responsible Party
Pain Management	Revised and Approved	Medical Services
Personal Care Services for Children	Approved	Medical Services
PMIC Admission and CSR Level of Care	Approved	Medical Services
Private Duty Nursing for Children	Approved	Medical Services
Prophylactic Mastectomy	Approved	Medical Services
Pulmonary Rehabilitation	Approved	Medical Services
Remicade	Approved	Medical Services
Rhinoplasty	Approved	Medical Services
Selective Internal Radiation Treatment (SIRT)	Approved	Medical Services
Septoplasty	Approved	Medical Services
Shower and/or Commode Chair	Approved	Medical Services
Standing Frame System	Approved	Medical Services
Vagus Nerve Stimulator	Approved	Medical Services
Varicose Vein Treatment	Approved	Medical Services
Vitamin, Mineral, Amino Acid Supplement	Approved	Medical Services
Wound Vacuum	Revised and Approved	Medical Services

Medical services recruit providers throughout Iowa to review these criteria annually:

- Intellectual Disability Waiver (IDW) and ICF/MR Facility ICF/MR Admission and CSR LOC
- Prior Authorization Endodontic Procedures
- Prior Authorization Orthodontic procedures
- Prior Authorization Periodontic Procedures
- Children's Mental Health Waiver CMH LOC
- Prior Authorization, Claims Pre-pay Hemangioma Removal