

**IME Medical Services
Clinical Advisory Committee
Activity Summary**

SFY 2007

October 2007

Submitted by IME Medical Services:

Thomas Kline, DO

Andi Dykstra, RN, CPHQ

Background

Objectives

The establishment and requirements of the Iowa Medicaid Enterprise (IME) Clinical Advisory Committee (CAC) are contained in House File 841. The CAC initiative is to: increase the efficiency, quality and effectiveness of the Medicaid health care system.

The legislation required IME Medical Services to assemble a clinical advisory panel to recommend to the Department clinically appropriate health care utilization management and coverage decisions for the medial assistance program and IowaCares population. Annually, a report summarizing the recommendations made by the CAC and adopted by rule will be prepared and submitted to the Department.

The CAC provides a process for physician/provider intervention to promote quality care, patient safety, cost effectiveness and positive physician/provider relations through discussion about Medicaid benefits and healthcare services.

The CAC performs:

- Member specific utilization review (over and under utilization)
- Problem focused utilization review (peer to peer review)
- Technology and therapeutics review (advanced therapy and new technology)
- Administrative support (review and recommendations regarding policy issues)
- Prior authorization criteria review and recommendations
- Member and provider education/information communication (brochures, letters, website)

The CAC meetings are subject to the open committee rules in Chapter 21 of the Iowa Code. The meetings are publicly announced in the Des Moines Register and the IME website at a minimum of seven days prior to the scheduled time. All meeting agendas, minutes, summary of the CAC responsibilities, CAC questions and answers are posted on the website.

Implementation

The CAC, administered by the IME Medical Services, became effective July 1, 2006. Letters of interest were mailed to 29 Medicaid providers (MD, DO, ARNP, PA) statewide in July 2006. Fifteen providers responded with an interest in participating on the IME CAC. A second letter and summary of CAC responsibilities was mailed to all interested providers requesting curriculum vitae.

Medical services conducted a “certification like” process for those providers who returned their curriculum vitae. The process included:

- Validating current licensure
- Verifying Medicaid provider status
- Verifying sanctions/disciplinary action

The Medical Services Medical Director conducted telephonic interviews with those providers with approved certification. Potential providers completed a conflict of interest disclosure for submission to the Iowa Department of Human Services (IDHS). A list of the potential providers and documentation was submitted to the IDHS Medicaid Director for final approval. The IDHS Medicaid Director and

DHS policy staff reviews the recommendations regarding clinical health care utilization and management to determine appropriateness. If IDHS Medicaid Director accepts the recommendation, the rule will be adopted pursuant to Chapter 17A.

The CAC was formed in 2006. The initial CAC consists of nine providers with term lengths of two, three, or four years. Thereafter, all appointments will be for three years and each member may be reappointed for one additional three-year term. All CAC members signed a confidentiality statement prior to the first meeting. Representatives from the nine IME units presented an orientation of functions to the CAC during the initial meeting.

The providers selected for the CAC are listed below. The participations bios are in attachment #2:

Provider	Specialty	Geographic Location	Term
Fredrick Aldrich, MD	Pediatrics	Des Moines	2 year
David Cranston, MD	Family Practice	Grinnell	3 year
Linda Gehrke, ARNP	Primary Care	Hubbard	4 year
Jean Lunde, PA-C	Primary Care	Oasage	4 year
Kirk Peterson, MD	Family Practice	Boone	4 year
Janet Schlechte, MD	Endocrinology Diabetes & Metabolism	Iowa City	3 year
Larry Serveridt, MD	Primary Care	Des Moines	2 year
Roger Skierka, MD	Family Practice	Shell Rock	2 year
James Whalen, MD	General Practice	Council Bluffs	2 year

Vision

The IME Medical Director, Thomas Kline, DO, chairs the CAC. The Medical Director and CAC determine the need to assemble an ad hoc committee to address activities listed above as it relates to specialty care. During SFY 07, there were no ad hoc committees convened.

The CAC provides administrative support on changing the vision of Medicaid members from recipient of an entitlement program to active partners with shared accountability for healthcare outcomes. In addition the CAC recommends interventions to engage Medicaid members in reducing healthcare cost, encouraging preventive health activities, as well as compliance with treatment plans.

The CAC initiated quarterly meetings in September 2006. Subsequent meetings were held in January 2007 and April 2007. Each meeting was approximately three hours in length.

The CAC SFY 07 Activity Summary table is attached.

**CAC SFY 07
Activity Summary Table**

Activity	Recommendations	Responsible Party	Outcome
Review of Prior Authorization (PA) Criteria			
Panniculectomy	No change	Medical Services	Approved
Blepharoplasty	No change	Medical Services	Approved
Vagus Nerve Stimulators	No change	Medical Services	Approved
Cochlear Implants	Requires PA	Medical Services	Approved
Synagis	The first dose of synagis is not to occur prior to October and the last dose prior to March/	DHS Policy	Pending
Bariatric Surgery	Changes to PA criteria regarding documentation required as it relates to previous weight-loss attempts and to restrict each member to two bariatric procedures per lifetime.	DHS Policy	Pending
Cosmetic, Reconstructive and Plastic Surgery	Remove “cosmetic” since procedures to improve appearance which would be considered acceptable for age, ethnic, or racial background are not covered benefits. Change language regarding “large pendulous breasts” to more appropriate verbiage.	DHS Policy	Pending
Enuresis Alarm Systems	Changes to PA criteria regarding age and incidents/occurrences	DHS Policy	Pending

**CAC SFY 07
Activity Summary Table**

Activity	Recommendations	Responsible Party	Outcome
Review of Prior Authorization (PA) Criteria			
Smoking Cessation	Allow more than one 12-week course of nicotine replacement therapy products during a calendar year. Allow Chantrix as part of step therapy program to continue after nicotine replacement failure	DHS Policy	Pending
Mammoplasty	No change	Medical Services	Approved
Rhinoplasty	No change	Medical Services	Approved
Septoplasty	No change	Medical Services	Approved
Generic Testing	No change	Medical Services	Approved
Enclosed beds	Add criteria to include treatment plan for home visits to monitor use of device.	DHS Policy	Pending
Wound Vac	Continuing Review		
Plagiocephaly	Continuing Review		
Coronary Computed Tonography Angiography	Continuing Review		
Care Management member Selection Criteria	Selection criteria, level of intervention intensity criteria and graduation criteria reviewed	Medical Services	Approved
	No changes		

**Clinical Advisory Committee
Committee Member Bios**

Fredrick C. Aldrich, MD

Dr. Aldrich completed his undergraduate degree at Drake University graduating in 1968 with a BA degree. Dr. Aldrich attended medical school at the University of Michigan, graduating in 1973 with a Medical Degree. Dr. Aldrich completed his Pediatric internship and residency at the Raymond Blank Memorial Hospital for Children in Des Moines. During Dr. Aldrich final year in 1973, he was appointed chief resident in pediatrics. Dr. is a Pediatrician practicing in the Des Moines area for over 29 years. Dr. Aldrich has extensive experience in peer review, technology review and investigative review. Dr. Aldrich has been appointed to the Clinical Advisory Clinic (CAC) for a two-year term.

David C. Cranston, MD

Dr. Cranston attended undergraduate school at Iowa State University, graduating in 1968 with a Bachelor of Science degree in zoology. Dr. Cranston attended graduate school at both Iowa State University and University of Iowa. After completing his medical training in 1977, Dr. Cranston entered the family practice residency program at the University of Iowa hospital and clinics. Following his family practice residency he completed education training in medical acupuncture at UCLA School of medicine. Presently Dr. Cranston divides his time between being the vice president for medical affairs at the Grinnell Regional Medical center and Practice Family medicine at a number of the hospital affiliated clinics. Dr. Cranston has been appointed to the CAC for a three-year term.

Linda K. Gehrke, RN, ARNP

Ms. Gehrke completed her RN training at Evangelical Hospital of Nursing in Marshalltown Iowa. Afterwards Ms. Gehrke attended the University of North Dakota School of Medicine - Family Nurse Practitioner Program graduating in 1991 with her family nurse practitioner certification. Presently Ms. Gehrke is a primary care practitioner at the Ellsworth Family Municipal Hospital in Ellsworth, Iowa. Ms. Gehrke has been appointed to the CAC for a four-year term.

Jean Lunde, PA-C

Ms. Lunde attended the Methodist-Kahler School of Nursing in Rochester Minnesota graduating with an RN degree in 1967. Ms. Lunde was a staff nurse working for the Osage medical Group until 1992. At that time Ms. Lunde attended the Physician's Assistant Program at the University of North Dakota completing her training in 1993. At this time Ms. Lunde is practicing primary care at the Mitchell County Regional health Center in Osage, Iowa. Ms. Lunde is active in many community and professional organizations. Ms. Lunde has been appointed to the CAC for a four-year term.

Clinical Advisory Committee Committee Member Bios

Kick Peterson, MD

Dr. Peterson completed his undergraduate degree at the Iowa State University graduating with a Bachelor of Science degree in 1988. Dr. Peterson attended medical school at the University of Iowa College of medicine in Iowa City. After medical school Dr. Peterson completed family practice training program in 1977 at the Iowa Lutheran Hospital in De Moines. Dr. Peterson is very active in many community and professional groups while practicing family medicine with the Huxley Family Physicians in Huxley, Iowa. Dr. Peterson has been appointed to the CAC for a four-year term.

Janet A. Schlechte, MD

Dr. Schlechte attended undergraduate school at the University of Nebraska where she attained a Bachelor of Science degree in Zoology. Dr. Schlechte then pursued graduate training at University of California in Santa Barbara after she graduated with a MA in biology. Dr. Schlechte's medical training was completed at the University of Nebraska in Omaha where she received a Medical Degree in 1975. Dr. Schlechte completed an internship and residency in internal medicine at the University of Iowa Hospitals and Clinics. After Dr. Schlechte internal medicine training she completed a three year fellowship in Endocrinology also at the University of Iowa Hospitals and Clinics. After Dr. Schlechte fellowship she held many academic positions at the College of Medicine. Presently Dr. Schlechte is the Medical Director at Continuum of Care Management, a clinical program of the University of Iowa Hospitals and Clinics. Dr. Schlechte has been appointed to the CAC for a three-year term.

Larry Severidt, MD

Dr. Severidt received a Bachelor of Science degree from the Iowa State University in 1972. Dr. Severidt then completed medical school at the University of Iowa graduating with a Medical Degree in 1977. After medical school Dr. Severidt completed a three year family practice residency at Mercy St. Luke's Hospitals in Davenport, Iowa. Since entering his family practice training Dr. Severidt has practices in a number of clinical settings, including the towns of Manchester and Pella. At this time Dr. Severidt is Section Chief of Urgent Care/Walk in Clinics at Broadlawns Medical Center in Des Moines, Iowa. Dr. Severidt is very active in many community, professional, and educational programs. Dr. Severidt has been appointed to the CAC for a three year term.

Roger L. Skierka, MD

Dr. Skierka received his Bachelor of Arts degree in Psychology from the State University of New York at Purchase, New York in 1992. Dr. Skierka then attended Creighton University School of medicine in Omaha, Nebraska. After receiving his medical degree in 1996 he completed a family practice residency program at Waterloo, Iowa. Dr. Skierka is currently attending the Institute of Theology at the Open bible Church in Waverly, Iowa. Dr. Skierka also practices Family medicine at the Shell Rock Family Health Clinic. Dr. Skierka is very active in his church and other community and professional programs. Dr. Skierka has been appointed to the CAC for a two-year term.

**Clinical Advisory Committee
Committee Member Bios**

James L. Whalen, MD

Dr. Whalen received a Bachelors of Medical Science from the Memorial University of Newfoundland, May 1976. Dr. Whalen also completed his medical training at the same institution and graduated with his medical degree in 1976. Dr. Whalen completed his internship at Dalhousie Affiliated hospitals in Halifax, Nova Scotia, Canada. Presently Dr. Whalen practices family medicine and is the medical Director of the Alegent health Clinic in Council Bluffs, Iowa. Dr. Whalen is active in several professional organizations. Dr. Whalen has been appointed to the CAC for a two-year term.