

SAMHSA Good and Modern System for MH and Addictions	NAMI Services and Support Array	Core Services for CMHC's per SF 525	DOJ Cases	Acute Care Task Force	Medicaid Iowa Plan MH and SA Services	Medicaid Iowa Plan SA Services	Iowa Plan Not covered	Private Insurance
<p>Health Home/Physical Health Services</p> <ul style="list-style-type: none"> -general and specialized outpatient medical services -acute primary care -general health screens, tests and immunizations -comprehensive care management -care coordination and health promotion -comprehensive transitional care -individual and family support -referral to community services 	<p>Integrated mental health and primary care</p> <p>Case management and care coordination</p>				<p>Coverage from Medicaid – just not in the Iowa Plan</p>	<p>Coverage from Medicaid, just not in the Iowa Plan</p>	<p>Health care for medical (physical) needs. This could include dental and eye care.</p> <p>Medication (unless it is part of an Iowa Plan hospitalization) , x-rays, and most laboratory services.</p>	<p>Primary health care coverage</p>
<p>Prevention (including promotion)</p> <ul style="list-style-type: none"> -screening, brief intervention and referral to treatment -brief motivational interviews -screening and brief intervention for tobacco cessation -parent training -facilitated referrals -relapse prevention and wellness recovery support -warm line -suicide prevention 	<p>Prevention and Outreach services</p> <p>Screening,</p>	<p>Admission screening for voluntary patients - admission screening services shall be available for patients considered for voluntary admission to a state mental health institute to determine the patient's appropriateness for admission</p> <p>Education Services – may include information and referral services regarding available resources, information and training concerning, MH, MI, availability of services and other support, the promotion of mental health, and the prevention of mental illness. Education services may be made available to individuals, groups, organizations, and the community in general.</p>		<p>School based mental health services</p>	<p>Psychiatric or psychological screenings required subsequent to evaluations for persons applying for admission to nursing homes</p>	<p>Substance abuse services provided by a licensed substance abuse program</p>	<p>Assessment related to drinking and driving</p>	

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<p>Engagement Services</p> <ul style="list-style-type: none"> -assessment -specialized evaluations (psychological, neurological) -service planning (including crisis planning) -consumer/family education -outreach 	<p>assessment and evaluation</p> <p>Peer and caregiver education and supports</p>	<p>Outpatient Services</p> <ul style="list-style-type: none"> -evaluation and treatment services for target population -psychiatric evaluations -medication management -individual, family and group therapy -shall include specialized outpatient services directed to the following segments of the target population: children, elderly, individuals who have serious and persistent mental illness, and residents of the service area who have been discharged from inpatient treatment at a mental health facility. <p>Outpatient services shall provide elements of diagnosis, treatment and appropriate follow-up. Only screening or referral services are not outpatient services.</p>			<p>Services of a licensed psychologist for testing/evaluation and treatment of mental illness</p> <p>Mental health services through a community mental health center</p>	<p>Intake, assessment and diagnosis services</p> <p>Evaluation, treatment planning, and service coordination;</p> <p>IDPH - Assessment (except related to drinking and driving)</p>		
<p>Outpatient Services</p> <ul style="list-style-type: none"> -individual evidence based therapies -group therapy -family therapy -multi-family therapy -consultation to caregivers 	<p>Effective individual, group and family therapies</p>				<p>Outpatient services including certain mental health services provided by non-psychiatric physicians</p>	<p>Outpatient Treatment</p> <p>IDPH - Outpatient services</p>		<p>Outpatient services</p>
<p>Medication Services</p> <ul style="list-style-type: none"> -medication management -pharmacotherapy (including MAT) -laboratory services 	<p>Medications</p>	<p>-medication management</p>					<p>Medication (unless it is part of an Iowa Plan hospitalization) , x-rays, and most laboratory services.</p>	<p>Medication</p>

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<p>Community Support (rehabilitative)</p> <ul style="list-style-type: none"> -parent/caregiver support -skill building (social, daily living, cognitive) -case management -behavioral management -supported employment -permanent supported housing -recovery housing -therapeutic mentoring -traditional healing services 	<p>Employment and education supports</p> <p>Housing with supportive services</p>	<p>Community support services</p> <p>Community support services shall consist of support and treatment services focused on enhancing independent functioning and assisting persons in the target population who have a serious and persistent mental illness to live and work in their community setting by reducing or managing mental illness symptoms and the associated functional disabilities that negatively impact such persons' community integration and stability.</p>	<p>Case managers</p> <p>Housing supports</p> <p>Supported employment</p> <p>Rehabilitation services</p>		<p>Community support services</p> <p>Intensive psychiatric rehabilitation services</p> <p>Targeted Case Management services to Enrollees with chronic mental illness</p>			
<p>Other Support (habilitative)</p> <ul style="list-style-type: none"> -personal care -homemaker -respite -supported education -transportation -assisted living services -recreational services -interactive communication technology devices -trained behavioral health interpreters 	<p>Skill-building, recreation and daily living services</p> <p>Transportation services</p>	<p>Day treatment, partial hospitalization' or psychosocial rehabilitation services</p> <p>Such services shall be provided as structured day programs in segments of less than 24 hours using a multidisciplinary team approach to develop treatment plans that vary in intensity of services and the frequency and duration of services based on the needs of the patient. These services may be provided directly by the center or in collaboration or affiliation with other appropriately accredited providers.</p>			<p>Home health services</p>			
<p>Intensive Support Services</p> <ul style="list-style-type: none"> -substance abuse intensive outpatient services -partial hospital -assertive community treatment -intensive home based treatment -multi-systemic therapy -intensive case management 	<p>Integrated mental health and substance abuse treatment</p> <p>Intensive outpatient services</p> <p>Assertive community Treatment</p>		<p>Assertive Community Treatment Teams</p> <p>Community support teams- -</p> <p>Intensive case management</p>		<p>Programs of Assertive CommTreatment</p> <p>Intensive outpatient services</p> <p>Psychiatric nursing services by a home health agency</p>	<p>Intensive Outpatient</p> <p>Partial Hospitalization</p> <p>IDPH - Intensive outpatient services</p>		<p>Partial hospitalization</p>
<p>Out-of-Home Residential Services</p> <ul style="list-style-type: none"> -crisis residential/stabilization -clinically managed 24 hour care -clinically managed medium intensity care -adult mental health residential -children's mental health residential services -youth substance abuse residential services -therapeutic foster care 	<p>Crisis intervention and <u>stabilization</u></p> <p>Hospital and residential care</p>		<p>Crisis stabilization programs</p> <p>Crisis apartments</p>	<p>Crisis stabilization programs</p> <p>Subacute services</p>		<p>PMIC substance abuse services</p> <p>Residential Treatment</p> <p>IDPH - Residential Treatment</p> <p>IDPH - Halfway House</p>	<p>Ongoing, live-in care for a long period of time. This could take place in a mental health residential program, a halfway house or in a nursing home.</p>	

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<p>Acute Intensive Services</p> <ul style="list-style-type: none"> -mobile crisis services -medically monitored intensive inpatient -peer based crisis services -urgent care services -23 hour crisis stabilization service -24/7 crisis hotline services 	<p>Crisis intervention and stabilization</p>	<p>24 hour emergency services</p> <p>through a system that provides access to a clinician and appropriate disposition with follow up documentation of the emergency service provided. A patient shall have access to evaluation and stabilization services after normal business hours. The range of emergency services that shall be available to a patient may include but are not limited to direct contact with a clinician, medication evaluation, and hospitalization. The emergency services may be provided directly by the center or in collaboration or affiliation with other appropriately accredited providers.</p>	<p>Crisis service Centers</p> <p>Crisis call center</p> <p>Hospital beds</p> <p>Mobile crisis services</p>	<p>Psychiatric ER screening</p> <p>Mobile crisis services</p>	<p>Ambulance services for psychiatric conditions</p> <p>Emergency services for psychiatric conditions, available 24 hours per day, 365 days per year</p> <p>Inpatient hospital care for psychiatric conditions</p> <p>Mobile crisis and counseling services</p>	<p>Ambulance services for substance abuse conditions</p> <p>Ambulatory Detoxification</p> <p>Emergency services for substance abuse conditions available 24 hours a day, seven days a week</p> <p>Inpatient</p>	<p>Detoxification</p> <p>SA Inpatient hospitalization</p> <p>SA Emergency room care</p>	<p>Inpatient</p>
<p>Recovery Supports</p> <ul style="list-style-type: none"> -peer support -recovery support coaching -recovery support center services -supports for self directed care -continuing care for substance use disorders 	<p>Peer and caregiver education and supports</p>		<p>Peer and family support services</p>		<p>Peer Support Services - Consumer-run services, warm line and peer support</p>			
	<p>Jail diversion and reentry services</p>			<p>Commitment diversion/chapter 229 revisions - - - Jail diversion</p>				
		<p>Consultation services</p> <p>Consultation services may include provision of professional assistance and information about mental health and mental illness to individuals, service providers, or groups to increase such persons' effectiveness in carrying out their responsibilities for providing services. Consultations may be case-specific or program-specific</p>						
<p>9/15/11 TVB</p>				<p>Expanded role of designated community mental health centers</p>			<p>Mental health and substance abuse services the Iowa Plan determines are not necessary.</p>	

IDPH has completed Iowa's 5 year health assessment and improvement plan.

Healthy Iowans Topic Areas and Critical Needs

Assessment of Iowa's health needs utilizing input of residents, health partners and stakeholders, as well as data analysis resulted in this list of the most critical health needs. This list will be the basis for *Healthy Iowans*, Iowa's state health improvement plan. Here are 3 of the 9 topic areas.

Access to Quality Health Services & Support

Affordability (economic barriers to health access)
Availability and Quality of the Health Workforce
Healthcare Quality
Insurance
Transportation

Addictive Behaviors

Alcohol and Binge Drinking
Drugs (legal and illicit)
Tobacco

Mental Health & Mental Disorders

Co-occurring Disorders
Mental & Emotional Well Being
Mental Illnesses (depression, anxiety, PTSD, Anorexia)
Neurological Disorders (autism, dementia, epilepsy, Alzheimer's)
Suicide

Please see the IDPH newsletter at:

<http://www.idph.state.ia.us/IdphArchive/Archive.aspx?channel=Focus>

Veterans Mental Health Task Force Report recommendations:

Priority Issue Recommendations

1. Provide mental health first aid training to county veterans service officers, veterans service organizations, the state Family Readiness Group, first responders, and other veterans stakeholders.
2. Enhance the veterans database by capturing veterans' information through existing state data collection systems.
3. Develop a social marketing and outreach strategy for veterans' behavioral health issues.
4. Advise the law enforcement academy to integrate crisis intervention team training with an emphasis on veterans' issues.
5. Create community-based peer support pilot programs for veterans and their families.
6. Initiate a process to create a jail diversion program for veterans in Iowa.
7. Support efforts to secure a mobile outreach vehicle to serve veterans in Iowa.
8. Establish a state fee basis program for mental health services to serve veterans in their local communities.
9. Develop a veterans screening process that will enable non-VA providers to screen and refer patients as appropriate for military service, substance abuse, mental health issues, traumatic brain injury, and post-traumatic stress disorder.