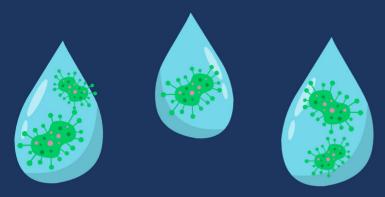
Respiratory Droplets



- Some germs spread through respiratory droplets - tiny drops of water in our breath
- Sick people breathe out germs when they do things like cough, talk, sing, or sneeze

People spread germ-carrying droplets by...

- Breathing out droplets which are breathed in by other people
- Breathing out droplets which land on surfaces leaving germs behind
- Getting droplets on their hands then touching surfaces leaving germs behind



Hand Sanitizer

Clean Hands

Healthy people pick up germ-carrying droplets by...



- Breathing in germ-carrying droplets
- droplets land then touching their eyes, mouth, or nose

How to Stop the Spread of Germs

Wear Mask



Physical Distancing

Iowa HHS







Sneeze in Tissue