

HEART OF IOWA COMMUNITY SERVICES

ANNUAL SERVICE AND BUDGET PLAN



APRIL 1, 2016

Approved by HICS Region Governing Board
on March 21, 2016

Table of Contents

II. ANNUAL SERVICE AND BUDGET PLAN FOR FY 16/17

A. Access Points & Care Coordination Agencies.....	3
B. Targeted Case Management	3
C. Crisis Planning.....	4
D. Scope of Services & Budget	6
E. Budget.....	17
Revenue	17
F. Financial Forecasting Measures	17
G. Provider Reimbursement Provisions.....	18
Providers	19

II. ANNUAL SERVICE AND BUDGET PLAN FOR FY 16/17

Heart of Iowa Community Services exists to support improved access to health care and to promote full citizenship for people with mental illness, intellectual disabilities, or developmental disabilities. This plan assumes that the state will not mandate expansion of initial core services or creation of additional core services without additional funding. This plan covers the period from July 1, 2016 through June 30, 2017.

A. Access Points & Care Coordination Agencies

An access point is a part of the Heart of Iowa regional service system that is trained to complete the MH/DD regional applications and forward them to the local Community Services Office. HICS has designated the following access points:

Access Point	Address	Phone number
Adel Mental Health	309 S. 7 th Street, Suite C, Adel, IA 50003	(515) 993-1919
Audubon County Community Services	318 Leroy Street, Audubon, IA 50025	(641) 757-2106
Cherokee Mental Health Institute	1251 West Cedar Loop, Cherokee, IA	(712) 225-2594
Dallas County Community Services	902 Court Street, Suite 1, Adel, IA 50003	(515) 993-5869
Eyerly Ball Community Mental Health Services	211 S. 7th Street, Suite D, Adel, IA 50003	(515) 993-2158
Eyerly-Ball Mental Health	1301 Center Street, Des Moines, IA 50139	(515) 243-5181
Genesis Development	610-10 th Street, Perry, IA 50220	(515) 465-7541
Greene County Community Services	114 N. Chestnut, Jefferson, IA 50129	(641) 757-2106
Guthrie County Community Services	200 N. 5 th Street, Guthrie Center, IA 50115	(641) 757-2106

B. Targeted Case Management

HICS offers access to cost effective, evidenced based, conflict free Targeted Case Management as described in IAC 441-25.21(1)g.

Designated Case Management agencies serving the HICS must be accredited according to the rules of the Department of Human Services. Targeted Case Managers meet the qualifications as defined in IAC 441.

Targeted Case Management and Service Coordination Services meet the following expectations:

- Performance and outcome measures relating to the safety, work performance, and community residency of the individuals receiving the service.
- Standards including but not limited to social history, assessment, service planning, incident reporting, crisis planning, coordination, and monitoring for individuals receiving the services.
- Methodologies for complying with the requirements of sub rule 441-25.21 g, which may include the use of electronic recording keeping and remote or internet based training.
- The HICS Administrative Team evaluated interested agencies and made recommendations to the Regional Governance Board, who designated Targeted Case Management agencies to offer services to individuals enrolled in the Medicaid Program.

HICS has identified and designated the following providers for case management in the HICS region:

TCM Contact Information	Address	Phone number
Dallas County Community Services	25747 N Avenue, Suite D Adel, IA 50003	(515) 993-1736
DHS Case Management	116 N. Market Street Audubon, IA 50025	(712) 563-4600
DHS Case Management	200 N. 5 th Street Guthrie Center, IA 50115	(641) 747-8030
DHS Case Management	114 N. Chestnut Jefferson, IA 50129	(515) 386-4730

C. Crisis Planning

Crisis prevention, response, and resolution are embedded in the treatment and support plans that are prepared by Network Providers, Targeted Case Management, IPR, and Service Coordination. When these plans are developed, the goal is to figure out an environment and support structure that works for a person to mitigate the triggers that lead to crisis. Some agencies specifically use a Wellness Recovery Action Plan (WRAP) that complements the coordination plan. Much of the prevention, response, and resolution of crisis is handled through the normal services and supports people receive.

The Mobile Crisis Response Team is another option that is specifically designed to deal with mental health crises that are identified by law enforcement and can be dealt with through therapeutic intervention rather than a criminal justice intervention. The Mobile Crisis Response Team is currently available throughout the region. The region currently has a LISW to provide mental health evaluations at the Dallas County hospital to assist with stabilization and resource/referral after hours. The region is currently working with Genesis Mental Health to set up telehealth in county hospitals in Audubon, Greene, and Guthrie in order to have a LISW available on-call to the local hospitals to provide assessment of someone in crisis to assist with local health professionals with stabilization and resource/referral.

The Region also provides a 24 hour crisis phone line available in each community to assist consumers and residents with their immediate needs.

In August, 2015 the region, in collaboration with Genesis Mental Health, opened Hope Wellness Center (HWC). HWC has a 9 bed crisis stabilization unit available 24 hours a day. The goal of HWC is to engage

people at an earlier stage of crisis to avoid more intensive services. We believe it will also help with preventing law enforcement intervention. The HWC is specifically targeted as a diversion service from inpatient hospitalization and jail.

Also available at HWC is a transitional housing unit that houses 7 studio apartments with onsite kitchen and laundry. The goal of this housing unit is to assist people in transitional phases of their lives by providing stabilization, assessment, intensive outpatient treatment, skill building and planning, to prepare that person for reintegration into the community.

The chart below is a listing of current Heart of Iowa Regional crisis services.

Service	Crisis Function	Provider	Contact Information
Emergency Crisis Line	Provide support during a crisis from a licensed mental health practitioner	Genesis Mental Health	(855) 339-2468
Mobile Crisis Response Team	Police based mental health support for diversion from hospital and jail	Eyerly Ball Community Mental Health Services	911
Hope Wellness Center – Crisis Stabilization/Residential	Crisis assessment, stabilization and referral	Genesis Mental Health	(515) 438-2331
Hope Wellness Center – Transitional stabilization and community based assessment, readiness and treatment unit	Up to 90 day center for continued crisis stabilization, treatment engagement and preparation for permanent housing and support solutions	Genesis Development	(515) 438-2331

D. Scope of Services and Budget

The annual budget and planning process is utilized to identify and implement core disability service improvements. The Heart of Iowa Region collaborates with stakeholders to assess need and to advocate adequate funding for services and supports in the initial core and additional core service domains. The Heart of Iowa Region funds services not otherwise provided by insurance and Medicaid programs. By combining regional (pooled county dollars), state and federal dollars, individuals can be empowered to reach their fullest potential by accessing a combination of supports. The Heart of Iowa Region is responsible for services that are authorized in accordance with the Regional Management Plan and within the constraints of budgeted dollars. Services funded by HICS are subject to change or termination with the development of the annual budget each fiscal year. The Regional Management Plan Policy & Procedure Manual addresses mandated services access standards.

Annually, the Heart of Iowa Region reviews actual expenditures and services provided, stakeholder input and participation, quality assurance implementation findings, waitlist information, progress toward goals and objectives, and, if any, appeal type and resolution to determine if gaps in services or barriers to services exist. In December of each year, this review is submitted to the Department of Human Services.

The chart below represents the core services as described in 441-25.1(331) and additional services offered in HICS. A description of the service is included as well as the projected funding need for Fiscal Year 2017. When there is a "\$0" projection, this indicates that the region does not expect any expenses in this area since they are covered by other funding sources, however should a need arise in these service domains, funding will be made available for those core services not covered. Access standards in IAC 441-25.3(331) have been considered in the formation of the budget and are based on the projected need in the region. It is felt that access standard will be met based on the number of providers, their locations, historical data and input from stakeholders. HICS is the funder of last resort. An individual is expected to utilize all other federal, state, and private insurance coverage before the region will be considered as a funder for any available service. By utilizing all available funding sources, it is the intention of HICS to effectively, responsibly and efficiently utilize its resources in order to cover as many individuals as possible and provide a wide range of MH/DS services.

Funding for the disability category of Developmental Disabilities and Brain Injury will be provided based on the past provision of services for member counties in the newly formed HICS that previously funded individuals in this disability category.

FY 16/17 Budget	HEART OF IOWA MHDS Region			MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total	State OR Other Funding Sources to be Used to Meet Service Need *
CORE DOMAINS										
COA	Treatment	Description								
43301	Assessment & evaluation	<i>Screening, diagnosis and assessment of individual and family functioning, needs, abilities, and disabilities, and determining current status and functioning, recommendations for services and need for further evaluations.</i>	7,500						7,500	Medicaid Insurance
42305	Mental health outpatient therapy	<i>Services will consist of evaluation and treatment services provided on an ambulatory basis for the target population including psychiatric evaluation, medication management and individual, family, and group therapy.</i>	53,000						53,000	Medicaid Insurance
42306	Medication prescribing & management	<i>Services with the individual present to determine how the medication is affecting the individual; determining any adverse drug effect, proper dosage; monitoring effectiveness; reviewing lab reports and activities pursuant to prescriber orders.</i>	53,000						53,000	Medicaid Insurance
71319	Mental health inpatient therapy-MHI	<i>Acute inpatient mental health services are 24-hour settings that provide services to treat acute psychiatric conditions. Primary goal is to provide a comprehensive evaluation, rapidly stabilize symptoms, address health and safety needs and develop a comprehensive and appropriate discharge plan.</i>	115,000						115,000	Medicare
73319	Mental health inpatient therapy	<i>Inpatient expenses incurred in a community based hospital, either public or private.</i>	60,000						60,000	Medicaid Insurance
Basic Crisis Response										
32322	Personal emergency response system	<i>An electronic device connected to a 24-hour staffed system which allows the individual to access assistance in the event of an emergency.</i>	4,606	2,029	96	269			7,000	Medicaid Insurance
44301	Crisis evaluation	<i>The process used with an individual to collect information related to the individual's history and needs, strengths, and abilities in order to determine appropriate services or referral during an acute crisis episode.</i>	46,000						46,000	Medicaid Insurance
44305	24 hour access to crisis response	<i>Short term individualized mental health services following a crisis screening or assessment, which are designed to return the individual to prior functioning level.</i>	12,000						12,000	Medicaid

FY 16/17 Budget	HEART OF IOWA MHDS Region		MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total	State OR Other Funding Sources to be Used to Meet Service Need *
Support for Community Living									
32320	Home health aide	<i>Unskilled medical services which provide direct personal care. This service may include assistance with activities of daily living, such as helping the recipient to bathe, get in and out of bed, care for hair and teeth, exercise, and take medications specifically ordered by the physician.</i>	700					700	Medicaid Insurance
32325	Respite	<i>A temporary period of relief and support for individuals and their families provided in a variety of settings. The intent is to provide a safe environment with staff assistance for individuals who lack an adequate support system to address current issues related to a disability. Respite may be provided for a defined period of time; respite is either planned or provided in response to a crisis.</i>		300				300	Medicaid
32328	Home & vehicle modifications	<i>A service that provides physical modifications to the home or vehicle that directly address the medical health or remedial needs of the individual that are necessary to provide for the health, welfare, and safety of the member and to increase or maintain independence.</i>						0	Medicaid
32329	Supported community living	<i>Services provided in a non-institutional setting to adult persons with mental illness, intellectual, or developmental disabilities to meet the persons' daily living needs.</i>	59,850	22,735	1,028	2,887		86,500	Medicaid
Support for Employment									
50362	Prevocational services	<i>Services that focus on developing generalized skills that prepare an individual for employment. Prevocational training topics include but are not limited to attendance, safety skills, following directions, and staying on task.</i>	19,000	10,000				29,000	Medicaid
50367	Day habilitation	<i>Services that assist or support the individual in developing or maintaining life skills and community integration. Services will enable or enhance the individual's functioning, physical and emotional health and development, language and communication development, cognitive functioning, socialization and community integration, functional skill development, behavior management, responsibility and self-direction, daily living activities, self-advocacy skills, or mobility.</i>	9,165	4,835				14,000	Medicaid

FY 16/17 Budget	HEART OF IOWA MHDS Region		MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total	State OR Other Funding Sources to be Used to Meet Service Need *
50364	Job development	<i>Services that assist individuals in preparing for, securing and maintaining gainful, competitive employment. Employment will be integrated into normalized work settings, will provide pay of at least minimum wage, and will be based on the individual's skills, preferences, abilities, and talents.</i>	22,000					22,000	Medicaid
50368	Supported employment	<i>Services include ongoing supports needed by an individual to acquire and maintain a job I the integrated workforce at or above the state's minimum wage. The outcome of this service is sustained paid employment that meets personal and career goals.</i>	51,500	4,500				56,000	Medicaid
50369	Group Supported employment-enclave	<i>Job and training activities in business and industry settings for groups of no more than eight workers with disabilities. Group settings employ in integrated, sustained, paid employment.</i>						0	Medicaid
Recovery Services									
45323	Family support	<i>Services provided by a family support peer specialist that assists the family of an individual to live successfully in the family home or community including but not limited to, education and information, individual advocacy, family support group, and crisis response.</i>						0	Medicaid
45366	Peer support	<i>A program provided by a peer support specialist including but not limited to education and information, individual advocacy, family support groups, crisis response, and respite to assist individuals in achieving stability in the community.</i>						0	Medicaid Insurance
Service Coordination									
21375	Case management	<i>Service provided by a case manager who assists individuals in gaining access to needed medical, social, educational, and other services through assessment, development of a care plan, referral, monitoring and follow-up using a strengths-based service approach that helps individuals achieve specific desired outcomes leading to a healthy self-reliance and interdependence with their community.</i>	77,675	50,088				127,763	Medicaid

FY 16/17 Budget	HEART OF IOWA MHDS Region		MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total	State OR Other Funding Sources to be Used to Meet Service Need *
24376	Health homes	<i>A service model that facilitates access to an interdisciplinary array of medical care, behavioral health care, and community-based social services and supports for both children and adults with chronic conditions. Services may include comprehensive care management; care coordination and health promotion; comprehensive transitional care from inpatient to other settings; individual and family support; referral to community and social support services; and the use of health information technology to link services.</i>						0	Medicaid
Core Evidenced Based Treatment									
04422	Education & Training Services - provider competency	<i>Training related to provider competency in delivering co-occurring integrated services, trauma-informed services and evidenced-based practices.</i>						0	
32396	Supported housing	<i>A combination of housing and services intended as a cost-effective way to help people live more stable, productive lives.</i>						0	
42398	Assertive community treatment (ACT)	<i>ACT programs.</i>						0	Medicaid
45373	Family psychoeducation	<i>Services including the provision of emotional support, education, resources during periods of crisis, and problem-solving skills consistent with evidence-based practice standards published by the Substance Abuse and Mental Health Services Administration.</i>						0	Medicaid
Core Domains Total			590,996	94,487	1,124	3,156		689,763	
MANDATED SERVICES									
46319	Oakdale	<i>Hospital services performed at Iowa Medical & Classification Center.</i>						0	
72319	State resource centers	<i>Inpatient; Glenwood & Woodward</i>						0	
74XXX	Commitment related (except 301)	<i>Commitment expenses, i.e. sheriff transports, legal representation.</i>	68,000					68,000	Medicaid Insurance
75XXX	Mental health advocate	<i>Administrative expenses of the MHA.</i>	35,396					35,396	
Mandated Services Total			103,396	0	0	0		103,396	

FY 16/17 Budget	HEART OF IOWA MHDS Region		MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total	State OR Other Funding Sources to be Used to Meet Service Need *
ADDITIONAL CORE DOMAINS									
Comprehensive Facility & Community Based Crisis Services									
44346	24 hour crisis line	<i>Program that operates a crisis hotline to relieve distress in pre-crisis and crisis situations, reduce the risk of escalation, arrange for emergency on-site responses, and refer callers to appropriate services.</i>	3,000					3,000	
44366	Warm line	<i>A line staffed by peer counselors, who provide nonjudgmental, nondirective support to an individual who is experiencing a personal crisis.</i>						0	
44307	Mobile response	<i>Crisis evaluation and treatment services provided by a team of professionals deployed into the community.</i>	30,000					30,000	Medicaid
44302	23 hour crisis observation & holding	<i>A level of care provided up to 23 hours in a secure and protected, medically staffed, psychiatrically supervised treatment environment.</i>						0	Medicaid Insurance
44312	Crisis Stabilization community-based services	<i>Services provided in a community-based setting to de-escalate and stabilize an individual following a mental health crisis.</i>						0	Medicaid
44313	Crisis Stabilization Residential Services	<i>Services provided in short-term non-community-based residential settings to de-escalate and stabilize a mental health crisis.</i>	438,079					438,079	Medicaid
Sub-Acute Services									
63309	Subacute services-1-5 beds – Partial Hospitalization	<i>A comprehensive set of wraparound services for persons who have had or are at imminent risk of having acute or crisis mental health symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional not to need inpatient acute hospital services.</i>						0	Medicaid
64309	Subacute services-6 and over beds – Partial hospitalization							0	Medicaid
Justice system-involved services									
46305	Mental health services in jails	<i>Outpatient mental health services provided to individuals in criminal justice settings.</i>	35,000					35,000	
25xxx	Coordination services	<i>Service coordination provided to individuals in criminal justice setting.</i>	20,000					20,000	
46422	Crisis prevention training	<i>Safety training for law enforcement, first responders, etc., regarding mental health awareness.</i>	500					500	
46425	Mental Health Court related costs	<i>Legal and court-related services.</i>						0	

FY 16/17 Budget	HEART OF IOWA MHDS Region		MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total	State OR Other Funding Sources to be Used to Meet Service Need *
74301	Civil commitment prescreening evaluation	<i>Diagnosis evaluation related to commitment. Used when an eval is performed related to a commitment under Iowa Code Section 229.</i>	1,000					1,000	
46399	Justice system-involved services-other	<i>Other justice system services not covered above.</i>						0	
Additional Core Evidenced based treatment									
42397	Psychiatric rehabilitation (IPR)	<i>For individualized services designed to increase the consumer's ability to function independently to prevent or reduce the need for services in a hospital or residential setting, and to promote the consumer's recovery of the ability to perform a valued role in society.</i>	11,000					11,000	Medicaid
42366	Peer self-help drop-in centers	<i>Drop in centers and Clubhouse centers.</i>	1,000					1,000	Medicaid
Additional Core Domains Total			539,579	0	0	0		539,579	
OTHER INFORMATIONAL SERVICES									
03XXX	Information & referral	<i>Activities designed to provide facts about resources that are available and help to access those resources.</i>						0	
04XXX	Consultation (except 422)	<i>Advisory activities directed to a service provider to assist the provider in delivering services to a specific person, planning, developing, or implementing programs, or in solving management or administrative problems, or other concerns in the provider's own organization.</i>	3,474	869		976		5,319	
05XXX	Public education	<i>Activities provided to increase awareness and understanding of the causes and nature of conditions or situations which affect a person's functioning in society including prevention activities, and public awareness activities.</i>	5,000					5,000	
Other Informational Services Total			8,474	869	0	976		10,319	
OTHER COMMUNITY LIVING SUPPORT SERVICES									
06399	Academic services	<i>GED classes, literacy classes, language classes</i>						0	
22XXX	Services Management	<i>Used for activities to help individuals and families identify service needs and coordinate service delivery but which do not constitute case management as defined by the MHDD Commission.</i>	247,282					247,282	

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23376	Crisis Care coordination	<i>Service provided during an acute crisis episode that facilitates working together to organize a plan and service transition programing, working agreements with inpatient behavioral health unit and other community programs.</i>						0	
23399	Crisis Care coordination - other							0	
24399	Health Home coordination - other	<i>Service model that facilitates access to an interdisciplinary array of medical care, behavioral health care, and community-based social services and supports with chronic conditions.</i>						0	Medicaid
31XXX	Transportation	<i>Used for consumers to conduct business errands or essential shopping, to receive medical services not reimbursed through Title XIX, to go to and from work, recreation, education or day programs, and to reduce social isolation.</i>	33,820	13,092	548	1,540		49,000	
32321	Chore services	<i>Services such as window and door maintenance; minor repairs to walls, floors, stairs, railings and handles; heavy cleaning and yard work.</i>						0	
32326	Guardian/conservator	<i>Activities provided as required by the court system to handle the personal business of the individual.</i>	3,333	1,667				5,000	
32327	Representative payee	<i>Activities provided to manage an individual's finances.</i>	1,500	800				2,300	
32399	Other support	<i>Other activities not described above.</i>	2,500					2,500	
32335	CDAC	<i>Consumer directed attendant care. Activities performed by a person to help an individual with self-care tasks. CDAC services must be cost effective and necessary to prevent the individual from institutionalization.</i>						0	Medicaid
33330	Mobile meals	<i>Mobile meals.</i>	1,750	1,750	1,750	1,750		7,000	
33340	Rent payments (time limited)	<i>Initial rent payments with defined time limits.</i>	15,000	8,694	411	1,155		25,260	
33345	Ongoing rent subsidy	<i>Used for on-going rent support provided through an organized program to allow the person to maintain an affordable home in the community , or any payment of rental assistance including General Assistance.</i>						0	
33399	Other basic needs	<i>Used for basic needs, such as utilities, personal hygiene, cleaning supplies, personal needs allowances.</i>	2,500					2,500	

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41305	Physiological outpatient treatment	<i>Activities designed to prevent, halt, control, relieve or reverse symptoms or conditions which interfere with the normal physiological functioning of the human body.</i>	2,250					2,250	Medicaid Insurance
41306	Prescription meds	<i>Used for all costs for prescription medicines, including medication prescribed for psychiatric conditions. This does not include psychotropic medications.</i>	4,500					4,500	Medicaid Insurance
41307	In-home nursing	<i>Includes nursing services provided in the person's home.</i>						0	Medicaid Insurance
41308	Health supplies	<i>Medical supplies, glasses, hearing aids, etc.</i>						0	Medicaid Insurance
41399	Other physiological treatment	<i>Activities not included above.</i>						0	Medicaid Insurance
42309	Partial hospitalization	<i>An active treatment program providing intensive group and clinical services within a structured therapeutic environment for those persons who are exhibiting psychiatric symptoms of sufficient severity to cause significant impairment in day-to-day functioning.</i>	5,000					5,000	Medicaid Insurance
42310	Transitional living program	<i>Any type of living situation that is transition with the primary purpose or mission to help the person become a productive member of society; length of stay may vary but is not permanent housing.</i>	438,079					438,079	
42363	Day treatment	<i>Individualized services emphasizing mental health treatment and intensive psychiatric rehabilitation activities designed to increase the person's ability to function independently or facilitate transition from a residential placement.</i>						0	Medicaid
42396	Community support programs	<i>Comprehensive programs to meet individual treatment and support needs of consumers, which enable persons with a mental illness, intellectual disability, or a developmental disability to live and work in a community setting.</i>	7,000					7,000	
42399	Other psychotherapeutic treatment	<i>Includes any such treatment not provided in the setting identified above.</i>						0	
43399	Other non-crisis evaluation	<i>Screening, diagnosis and assessment to determine current status and functioning.</i>						0	

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44304	Emergency care	<i>Medical care rendered under unforeseen conditions which require hospitalization for the treatment of accidental injury and relief of acute pain, which if not immediately diagnosed and treated, would result in risk of permanent danger to the patient's health.</i>						0	
44399	Other crisis services	<i>Other crisis services not previously described.</i>						0	
45399	Other family & peer support	<i>Other family/peer support not previously described.</i>						0	
50361	Vocational skills training	<i>Training for specific skills related to specific job or position and/or customized employment.</i>						0	
50365	Supported education	<i>Services that assist or support the person in career planning, academic survival skills, direct assistance or outreach in an educational setting. (School/AEA Services).</i>						0	
50399	Other vocational & day services	<i>Other vocational/day services not previously described.</i>						0	
63XXX	RCF 1-5 beds	<i>Residential Care Facility license, 1-5 beds.</i>						0	
63XXX	ICF 1-5 beds	<i>Intermediate Care Facility license, 1-5 beds</i>						0	
63329	SCL 1-5 beds	<i>For services and supports deemed necessary to enable persons to live and work in a community, and is provided in a Licensed RCF facility. Services are directed to enhancing the person's ability to regain levels of independence, or to maximize current levels of functioning.</i>	82,250	36,225	6,525			125,000	
63399	Other 1-5 beds	<i>Detoxification units, halfway house, or any setting 1-5 bed not identified above.</i>						0	
Other Community Living Support Services Total			846,764	62,228	9,234	4,445		922,671	
OTHER CONGREGATE SERVICES									
50360	Work services (work activity/sheltered work)	<i>Services provided by a facility carrying out a recognized program of rehabilitation, habilitation, or education for persons with disabilities, designed to lead to competitive employment, or provision of long-term, remunerative employment</i>						0	
64XXX	RCF - 6 and over beds	<i>Residential Care Facility license, 6 & over beds.</i>	270,000	40,000				310,000	
64XXX	ICF - 6 and over beds	<i>Intermediate Care Facility license, 6 & over beds</i>						0	

FY 16/17 Budget	HEART OF IOWA MHDS Region		MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total	State OR Other Funding Sources to be Used to Meet Service Need *
64329	SCL - 6 and over beds	<i>For services and supports deemed necessary to enable persons to live and work in a community, and is provided in a Licensed RCF facility. Services are directed to enhancing the person's ability to regain levels of independence, or to maximize current levels of functioning.</i>						0	
64399	Other 6 and over beds	<i>Detoxification units, halfway house, or any setting 6 & over bed not identified above.</i>	6,000					6,000	
Other Congregate Services Total			276,000	40,000	0	0		316,000	
ADMINISTRATION									
11XXX	Direct Administration	<i>Expenses necessary to manage the service system.</i>					308,495	308,495	
12XXX	Purchased Administration	<i>Used if administrative functions are purchased from another entity.</i>						0	
Administration Total							308,495	308,495	
Regional Totals			2,365,209	197,584	10,358	8,577	308,495	2,890,223	
(45XX-XXX) County Provided Case Management								0	
(46XX-XXX) County Provided Services								0	
Regional GRAND Total								2,890,223	

* There will be a need of \$859,160 beyond projected FY17 revenue. This shortfall will be absorbed by the fund balance.

FY 2017 Budget	<u>HEART OF IOWA</u> MHDS Region		
REVENUES			
	Projected Fund Balance as of 6/30/16		5,940,717
	Local/Regional Funds		\$ 2,031,063
10XX	Property Tax Levied	2,031,063	
5310	Client Fees		
	State Funds		\$ -
2250	MHDS Equalization		
2645	State Payment Program		
	Federal Funds		\$ -
2344	Social services block grant		
2345	Medicaid		
	Total Revenues		\$ 2,031,063

Total Funds Available for FY17	\$ 7,971,780
FY17 Projected Regional Expenditures	\$ 2,890,223
Projected Accrual Fund Balance as of 6/30/17	\$ 5,081,557

E. Financial Forecasting Measures

Throughout the year, HICS staff and stakeholders identify unmet needs and areas for service development, which are incorporated into subsequent strategic plans and budgets. Strategic plan priorities are identified in the areas of system infrastructure, community living, employment, and treatment. The HICS Region will continue to work with stakeholders to enhance the system with the development of the following programs which have been identified as needs. It is projected that these enhancements would take place over the next years. These expenses are not projected in the included budget, however, the projected fund balance of \$5,081,557 will allow for the addition of such expenditures.

Strategic Plan Priority Area	FY16 Strategy	Projected Cost
Education and Resource	Implement education and resource strategies regarding regionalization	\$ 5,000
Community Living	Implement incentive payments for Community Living Providers	\$ 50,000
Treatment	Pre-Commitment Screening	\$ 30,000

F. Provider Reimbursement Provisions

Heart of Iowa Community Services will contract with MHDS providers whose base of operation is in the region. Heart of Iowa Community Services may also honor contracts that other regions have with their local providers, or may choose to contract with providers outside of the Region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs. As described above in Scope of Service and Budget Financing Provisions, HICS provides funding by incorporating all available funding and insurance resources in its system of care.

The region may also utilize block grant payments when a service does not fit the traditional methods of payment based on a pre-approved individual service request. Requests for grant funding opportunities may also be offered by HICS based on an assessed community need in order to engage providers in Evidence Based Practices.

When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, Service Coordinators will work with the region's CEO to request such arrangements. These arrangements will be based on a fee according to the individual's need with written expectations of goals and outcomes for the individual.

Each service provider shall provide monthly billing invoices within 60 days of service provision, and other information requested of the provider for utilization review. The monthly billings shall include the following information:

- Name and unique identifier of each individual served during the reporting period.
- Dates of service.
- Number of units of service delivered to each individual served.
- When requested, attendance records.
- Unit rate and total cost of the units provided to each individual. Copayments or other charges billed to other sources shown as deductions on the billing.
- Actual amount to be charged to the Region for each individual for the period.

HICS staff shall review the billings and additional utilization information in comparison with service funding authorizations in place. Non-emergency services delivered without service funding authorization shall be deducted from the billing.

All eligible bills shall be paid within 60 days of receipt of required documentation unless unforeseen circumstances exist.

No billings received more than 60 days after the close of the fiscal year in which the service was provided shall be considered for payment by HICS unless there is a statutory obligation. Fiscal year for HICS is July 1 – June 30.

Heart of Iowa Community service contracts require that all providers meet all applicable licensure, accreditation or certification standards; however HICS makes serious efforts to stimulate access to more natural supports in its service provider network. Successful attainment of positive outcomes, consumer and family satisfaction, and cost effectiveness measures are the most important factors in continued network participation. HICS has identified access points within the provider network to assist individuals or their representatives to apply for services.

*Core services underlined.

HICS Regional Network of Providers	Provider Contact Information	Funded Programs in the HICS Region
Advantages In Life	710 Prairie St Adel, IA 50003 (515) 993-4699	<u>Supported Community Living</u>
ChildServe Community Options	5406 Merle Hay Rd Johnston, IA 50131 (515) 727-8750	CDAC, <u>Supported Community Living</u> , Home and Vehicle Modification, Respite, Child Care Center, Interim Medical Monitoring & Treatment – HHA, Nurse, Nursing Care Service, Day hab, Day Health Program, TCU and CCU
Dallas County Hospital	610 – 10th Street Perry, IA 50220 (800) 543-3546 ext. 3050	<u>Personal Emergency Response</u>
Children & Families of Iowa	1111 University Avenue Des Moines, IA 50314 (515) 288-1981	Representative Payee
Cross County Transportation	15668 Quilan Avenue Bouton, IA 50039 (515) 868-2997	Transportation
Country View Estates	1507 State Street Guthrie Center, IA 50115 (641) 755-2125	<u>Supported Community Living</u>
Easter Seal Society of Iowa	PO Box 4002 Des Moines, IA 50333 (515) 274-1529	<u>Day Habilitation, Supported Community Living, Pre-Vocational services, Supported Employment, Respite, Interim Medical Monitoring & Treatment, Assistive Technology</u>
Eyerly-Ball Community Mental Health Services	211 S. 7th Street, Suite D Adel, IA 50003 (515) 993-2158	<u>Outpatient Psychiatric and In-Office Clinical Treatment & Evaluation, Senior Outreach Counseling</u> Mobile Crisis Team, Mental Health Jail Diversion <u>Integrated Health Home - Intensive Care Coordination</u>
Family Resource Center	502 West 7th Street Carroll, IA 51401 (515) 523-1611	<u>Supported Community Living</u> CDAC, Home and Vehicle Modification, IMMT, Respite
Genesis Development	2111 West Greene St. Adel, IA 50003 (515) 993-5986 401 West McKinley Street Jefferson, IA 50135	<u>Supported Community Living, Supported Employment, Adult Day Care, Day Hab, Pre Voc, RCF/ID, Payee</u>
Genesis Mental Health	610 10th St Perry, IA 50220 (515) 465-7541	<u>Outpatient Therapy, Medication Management, Psychiatry</u>
Greene County Public Health	1000 W. Lincolnway Street Jefferson, IA 50129	Homemaker, Home Health Aid Nursing services
Home Care Services, Inc.	101 North 9th Street Adel, IA 50003 (515) 993-4531	CDAC, Transportation <u>Respite</u>

HICS Regional Network of Providers	Provider Contact Information	Funded Programs in the HICS Region
Home Instead Senior Care	214 N. Warrior Lane, Suite B Waukee, IA 50263 (515) 978-7991	Transportation, <u>CDAC, Supported Community Living Respite</u>
Joy Ride	3000 Justin Drive Urbandale, IA 50322 (515) 331-1100	Transportation
Mainstream Living	2101 Lucinda Perry, IA 50220 (515) 465-8199	<u>Day Habilitation, Supported Community Living, Home and Vehicle Modifications, Transportation, Pre-Vocational Services, Supported Employment, Respite</u>
Optimae	516 Nile Kinnick Drive South, Suite B Adel, Iowa 50010 (515) 993-4974	<u>Supported Community Living, Home and Vehicle Modification, Supported Employment, Respite, Adult Day Care, Day Hab</u>
Plains Area Mental Health	1002 W. Lincolnway Jefferson, IA 50129	<u>Outpatient Therapy, Medication Management, Psychiatry</u>
Region 12/Western Iowa Transit System	1009 E. Anthony Street Carroll, IA 51401 (712) 792-9914	Transportation
REM Iowa Community Services	4436 114th St Urbandale, IA 50322 (515) 278-4914	<u>Day Habilitation, Pre-Vocational Services, School Transition Services Supported Community Living-Daily</u>
The Respite Connection	2469 – 106th Street Urbandale, IA 50322 (515) 277-1050	<u>Supported Community Living, Home and Vehicle Modifications, Respite</u>
Sisters Transportation	110 5th St Ste. A West Des Moines, IA 50265 (515) 277-6096	Transportation
Southwest Iowa Mental Health System	1501 East 10 th street Atlantic, IA 50022 (712) 243-3250	<u>Outpatient Therapy, Medication Management, Psychiatry</u>
Universal Nursing Service Of Iowa	115 North Warrior Lane Waukee, IA 50263-8197 (515) 987-7717	<u>Home Health Aide, Respite, Interim Medical Monitoring and Treatment, Nursing</u>
xlst, LLC.	707 Main St Adel, IA 50003 (515) 993-2123	<u>Day Hab, Supported Community Living</u>