



Iowa Department of Human Services

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INFORMATIONAL LETTER NO.1434

DATE: October 10, 2014

TO: Iowa Medicaid Nursing Facilities, Skilled Nursing Facilities, and Nursing Facilities for Persons with Mental Illness

FROM: Iowa Department of Human Services (DHS), Iowa Medicaid Enterprise (IME)

RE: Resources for Individuals with Mental Illness, Intellectual or Developmental Disability in Nursing Facilities

This is a follow up to [Informational Letter 1407](#)¹ which announced a new review process for Preadmission Screening and Resident Review (PASRR) Level II specialized services (SS) recommendations. This letter is a reminder for nursing facilities regarding the services and resources available for nursing facility residents with mental illness, intellectual or developmental disabilities.

Magellan of Iowa

Magellan HealthCare manages the Iowa Plan for Behavioral Health, the managed care program for mental health and substance use services for enrolled Medicaid members in Iowa. Magellan also manages mental health and substance use related services for Medicaid members over 65 years of age through the SeniorConnect program.

Specialized services offered by Magellan include: psychiatric, psychological, individual and group therapy services which are available through many Community Mental Health Centers (CMHCs) and other private providers who have contracts with Magellan to serve Medicaid members throughout the state.

Other specialized services available through Magellan include: community support services, psychiatric in home nursing, medication management, assertive community treatment, intensive psychiatric rehabilitation, substance use services, mobile therapy, integrated health homes, peer support services, family peer support services and habilitation. Magellan can assist with intensive case management and joint treatment planning for high-need clients.

Services may be accessed by calling your local CMHC or other provider of behavioral health services or by calling Magellan of Iowa at 800-638-8820. Additional information and descriptions of Magellan Services are available on the [Magellan website](#)².

¹https://dhs.iowa.gov/sites/default/files/1407%20%20Preadmission%20Screening%20and%20Resident%20Review%20%28PASRR%29%20Changes_0.pdf

²<http://magellanofiowa.com>

Mental Health and Disability Services (MHDS) Regions

Iowa's MHDS regions provide local access to mental health and disability services for adults. Regional leaders, guided by the regional management plan, coordinate quality community services that support individuals with disabilities in obtaining their maximum independence. MHDS regions fund services for eligible individuals that are not eligible for Medicaid, Home and Community Based Services, or other insurance and/or fund services that are not funded by Medicaid or other insurance. All regions are required to provide treatment services, basic crisis response services, supported community living, supported employment, recovery oriented services, and service coordination. Additional information on MHDS Regions is available on the [DHS website](#)³, including a [map of the MHDS regions](#)⁴.

Accredited Providers

DHS also accredits providers of services to individuals with mental illness, intellectual disabilities and developmental disabilities. These providers include community mental health centers, mental health service providers, case management providers, and supported community living providers. A list of these providers and services they are accredited to provide is available on the [MHDS website](#)⁵.

Aging and Disability Resource Centers – LifeLong Links

LifeLong Links empowers individuals to effectively navigate their health and other long-term support options. Through a single coordinated system of information and access, LifeLong Links helps minimize confusion, enhances individual choice, and supports informed decision-making for persons seeking long-term support services. Long-term support refers to a wide range of in-home, community-based, and institutional services and programs designed to help individuals access service.

LifeLong Links offers: options counseling, assessment of individual needs and preferences, unbiased information about community based resources and options for independent living, person-directed interactive decision making support, referral assistance, advocacy for individual needs, assistance in accessing long term services and supports, help with avoidance of nursing home placement or readmission to the hospital and follow up to ensure that individuals are connected to needed services.

Anyone who is over 60 years of age, or is looking for assistance for someone 18 years or older with a disability, including family members, caregivers, professionals and providers, may utilize LifeLong Links. Aging and Disability Resource Centers are housed within [Area Agencies on Aging](#)⁶. LifeLongs Links is available statewide by calling: 1-866-468-7887, or through the [Lifelong Links website](#)⁷.

³ <http://dhs.iowa.gov/mhds-providers/providers-regions/regions>

⁴ <http://dhs.iowa.gov/sites/default/files/MHDS-Regions-Approved-Map-6-30-14.pdf>

⁵ <http://dhs.iowa.gov/mhds/service-providers>

⁶ <https://www.iowaaging.gov/iowas-area-agencies-aging>

⁷ <http://www.lifelonglinks.org>

Additional Links and Resources:

Iowa Compass is a resource available through the University of Iowa Center for Disabilities & Development. Iowans can find information about disability-related programs and services for Iowa residents at 1-800-779-2001, or 1-877-686-0032 for TTY, or on the [Iowa Compass website](#)⁸.

The University of Iowa's [Center for Excellence on Disabilities](#)⁹ provides training, technical assistance to state and local agencies/organizations, clinical services and direct community supports, research and policy analyses and information sharing.

If you have any questions or concerns, please contact Lila Starr, Iowa PASRR Program Manager at 515-281-5318 or by email at lstarr@dhs.state.ia.us.

⁸ <http://search.iowacompass.org/Search.aspx>

⁹ <http://www.uihealthcare.org/ucedd/>