

109.9(4). Daily written records are maintained for each child under two years of age and include time periods slept, amount of/time food consumed, time/irregularities of elimination patterns, general disposition, and general summary of activities. RULE WAS VIOLATED. On each infant's daily sheet, staff was recording food infants ate, but not accurately recording liquids consumed. On 4/23/2014, staff also reported dry cereal was served to the infants for snack without a beverage. Staff was made aware that a liquid milk/water/formula (depending on the infant's age) is to be served with all food as it helps prevent choking. Staff denied not having to routinely change each infant diaper in the afternoon due to dryness. Staff denied that anyone has reported their child is constipated. Staff did acknowledge certain kinds of formula may result in some infants being constipated.

Ms. Gire denied that anyone complained to her about loud music and/or infants not getting enough liquids throughout the day.

Special Notes and Action Required:

Please note the following that is part of the requirements for the Child and Adult Care Food Program (CACFP) regarding water availability: "The Healthy, Hunger-Free Kids Act of 2010 establishes a requirement to make potable water available to children in the CACFP. This new provision requires child care centers, at-risk afterschool programs, and shelters participating in CACFP to make drinking water available to children, as nutritionally appropriate. Throughout the day, including at meal times, water should be made available to children to drink upon their request, but does not have to be available for children to self-serve. The 2010 Dietary Guidelines for Americans do not establish a daily minimum intake for water consumption, but do recommend that water be consumed daily. However, caregivers should not serve young children too much water before and during meal times; excess water may lead to meal displacement, reducing the amount of food and milk consumed by the children. Centers are encouraged to serve water with snacks when no other beverage is being served, and in lieu of other non-creditable high calorie, sweetened beverages (juice drinks, soda, sports drinks, etc.) that may be served outside of meal times. Water can be made available to children in a variety of ways which include but are not limited to: having cups available next to the sink faucet, having water pitchers and cups set out, or simply providing water to a child when it is requested."

Please forward licensing a written corrective action plan (via email, mail, or fax) within 30 days of receipt of this report. The response shall include that the above rules and center's policies/procedures were reviewed with all staff at this center.

If you feel something is unclear or unjustly cited, please contact me (phone 319-892-6827; email alyons@dhs.state.ia.us <<mailto:alyons@dhs.state.ia.us>>) so that we may discuss the issue. If necessary, I can make a notation in your record. You may also send a letter that will be included in your licensing file noting any disagreement you may have with this report. If I have failed to provide for you any information discussed during my visit, please contact me and I will forward the information to you. Thank you.

Consultant's Signature:

Date:

04/24/2014

