



Welcome to the Dental Wellness Plan

<Last Name, First Name> , <Case Number>

You will find information in this packet about the two dental carriers you can choose for the Dental Wellness Plan and how to enroll:

- **Delta Dental**
- **MCNA Dental**

You can choose Delta Dental or MCNA Dental to provide your dental coverage. Both dental carriers offer the same benefits and have their own network of dentists and dental providers.

Please follow these three steps below to choose a dental carrier that best fits you.

STEP 1: REVIEW

This letter includes information about your choice in dental carriers. Review this information to make the best choice for you and/or your family member's dental care needs.

STEP 2: CHOOSE

For each person listed on the back of this letter, choose the dental carrier that best fits their needs. Everyone does not have to have the same dental carrier. You must make a choice by your **Choice Period End Date** which is **<<Choice-Date>>**.

STEP 3: ENROLL (Three ways to enroll)

- Phone: Call Iowa Medicaid Member Services at **1-800-338-8366** or locally in the Des Moines area at **515-256-4606**.
- OR**
- Mail: Return the enrollment form included in this mailing using the postage paid envelope. You do not need a stamp.
- OR**
- Fax the enrollment form included in this mailing to **515-725-1351**.

*Para solicitar este documento en español, comuníquese con Servicios para Miembros al teléfono **1-800-338-8366** de 8 a.m. a 5 p.m., de lunes a viernes.*

For telephone accessibility assistance if you are deaf, hard-of-hearing, deaf-blind, or have difficulty speaking, call Relay Iowa TTY at 1-800-735-2942.

