



4-month-old infant fall asleep in a high chair "...with a bottle and a blanket.." daily in the main eating area. Staff reported they discussed with the infant's mother that the infant rarely sleeps in child care but that he/she displays signs of being extremely tired including crying and falling asleep while playing on the floor. Staff reported asking the mother for suggestions to help find a solution. Staff stated the mother told them that the infant sleeps in a bouncy seat, car seat, or in her arms. Staff reported they talked with the mother about how it makes it very difficult for an infant to fall asleep in a crib when the infant is used to sleeping in a bouncy seat, a car seat, or co-sleeping with a parent.

Staff talked about how the 4-month-old infant can sit up and that he/she can roll over when put on his/her side. Staff talked about how the program's policy is that infants are placed for sleep in a supine position for every nap or sleep time. Staff reported once an infant can roll onto his/her side and/or roll over to his/her back, staff do not intervene to reposition the infant. Staff reported if a mother tells them to reposition her infant onto his/her back if they roll over, staff will do so. Staff denied that the mother of the 4-month-old told them to reposition her infant if he/she rolls over.

Staff denied that infant tummy time occurs in a crib. The area where staff reported infant tummy time occurs was observed to be on the floor. Staff reported the 4-month-old infant does not like tummy time. Staff discussed how most infants work up to tummy time that lasts 15 minutes. Staff reported the 4-month-old infant does not participate in a full 15 minutes of tummy time. Staff talked about how the 4-month-old participates in only about 5 minutes of tummy time as he/she cries the entire time. Staff reported they have talked with the infant's mother about this requesting she also encourage the infant to participate in tummy time outside of child care. Staff indicated the infant's mother responded that her infant does not like it and she didn't want her infant participating in it.

Ms. Orr reported the program's policy is that infants up to 12 months of age are placed for sleeping in a supine position for every nap or sleep time unless the infant's physician provides a written statement requiring an alternative sleep position. Ms. Orr talked about how staff do not constantly reposition an infant once he/she is capable of rolling over unless the parent instructs otherwise. Ms. Orr talked about infants that are placed into cribs to nap or sleep time sometimes cry. Ms. Orr reported most learn how to self-soothe and fall asleep within 5 minutes to 10 minutes. Ms. Orr denied that tummy time occurs in a crib.

It should be noted on 6/4/2014, infants were not observed engaged in tummy time in cribs. On 6/4/2014, staff were also observed placing infants down for nap or sleep time in a supine position.

**Special Notes and Action Required:**

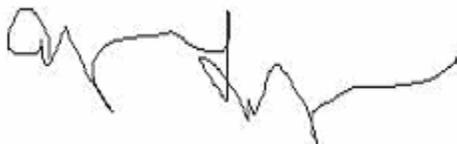
Ms. Orr reported she will review safe sleep and tummy time policies with infant room staff. Licensing also recommends additional infant floor activity play mats as well as infant tummy time mats be obtained to help infants enjoy floor and tummy time.

---

Based upon the above, no further response to this report is requested.

If you feel something is unclear or unjustly cited, please contact me (phone 319-892-6827; email [alyons@dhs.state.ia.us](mailto:alyons@dhs.state.ia.us) <<mailto:alyons@dhs.state.ia.us>>) so that we may discuss the issue. If necessary, I can make a notation in your record. You may also send a letter that will be included in your licensing file noting any disagreement you may have with this report. If I have failed to provide for you any information discussed during my visit, please contact me and I will forward the information to you. Thank you.

**Consultant's Signature:**



**Date:**

06/17/2014