



**Iowa Medicaid Enterprise (IME) “B-3”
Behavioral Health and Substance Abuse Services**

Service	Description of Service	Provider Type/ Qualifications	B-3 or State Plan	Prior Authorization Required or not Required	Fee	Procedure Code
Assertive Community Treatment	Assertive Community Treatment (ACT) is a comprehensive and intensive outpatient service delivered within the community, such as in the consumer's home or residence and/or in other community settings. These services are directed toward the rehabilitation of behavioral/social/emotional deficits and/or amelioration of symptoms of mental disorder. Such services are primarily for consumers with severe and persistent mental disorders and/or complex symptoms that require multiple mental health and support services to maintain the consumer in the community. Such services are active and rehabilitative in focus, and the clinician initiates them when there is a reasonable likelihood that such services will lead to specific, observable improvements in the consumer's functioning and will assist the consumer in achieving and/or maintaining community tenure.	At a minimum, the team shall consist of a nurse, a mental health service provider, and a substance abuse treatment professional.	State Plan 441— 77.38(249A)	Not Required	\$51.07 per unit, 1 unit per weekday	H0040



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Intensive Psychiatric Rehabilitation	Rehabilitation and Support Services are comprehensive outpatient services based in the individual's home or residence and/or community setting. These services are directed toward the rehabilitation of behavioral/social/emotional deficits and/or amelioration of symptoms of mental disorder. Such services are directed primarily to individuals with severe and persisting mental disorders, and/or complex symptoms who require multiple mental health and psychosocial support services. Such services are active and rehabilitative in focus, and are initiated and continued when there is a reasonable likelihood that such services will lead to specific observable improvements in the individual's functioning.	Community Mental Health Centers (CMHCs), other agencies providing mental health services, and accredited organizations under Iowa Administrative Code Chapter 24.	B-3	Not Required	U1-U4 - \$43.80, U5 \$21.94	H2017 U1-U5



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Community Support	<p>Required Service: Community Support Services (CSS) are provided to adults with a severe and persistent mental illness. These services are designed to support individuals as they live and work in the community. These services address mental and functional disabilities that negatively affect integration and stability in the community. CSS staff attempt to reduce or manage symptoms/reduced functioning that result from a mental illness. CSS providers are expected to have knowledge and experience in working with this population. Staff should have the ability to create relationships with this population that provide a balance between support of the mental illness and allow for maximum individual independence. Community support program components include: (1) monitoring of mental health symptoms and functioning/reality orientation; (2) transportation; (3) supportive relationship; (4) communication with other providers; (5) ensuring consumer attends appointments/obtains medications; (6) crisis intervention/developing crisis plan; and (7) coordination and development of natural support systems for mental health support.</p>	Community Mental Health Centers (CMHCs) and accredited organizations under Iowa Administrative Code Chapter 24.	B-3	Not Required	\$170 per month Low, \$500 High –	H0037 – Low H0037 TF - High



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Peer Support	Peer Support and Parent Peer Support services. The services provided to Eligible Persons by other mental health consumers who are specifically trained to provide peer support services. Services are targeted toward the support of persons with a serious and persistent mental illness or substance abuse. Peer support services focus on individual support and counseling from the perspective of a trained peer, and may also include service coordination and advocacy activities as well as rehabilitative services. Peer support services are initiated when there is a reasonable likelihood that such services will benefit an Eligible Person’s functioning and assist him or her in maintaining community tenure.	Peer Support Specialists at accredited organizations contracted using MCO credentialing standards and Peer Support Specialist has received Georgia Model training.	B-3	Not Required	\$150 per month	H0038
Residential Substance Abuse Treatment	See below – to III.1, III.3 & III.5		B-3	Not Required	See below, Levels III.1-III.7	See below, Levels III.1-III.7



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Integrated Services and Supports (Wrap-around Services)	<p>Informal services/supports that are offered by providers, family/friends and other members of the natural support community. The services/supports must be integrated into the treatment plan. These interventions help individuals to remain in or return to their home and limit the need for more intensive out of home mental health treatment. Integrated services and supports are specifically tailored to an individual consumer’s needs at a particular point in time, and are not a set menu of services. A joint treatment planning process may identify the need for integrated services/supports. The consumer/family member must lead the planning process and other members of the team giving their input as well. Individual contacts with the consumer/family may also identify the need. Ideally this provides more flexibility to provide consumers unique services to address the mental health needs to augment and complement those provided through other funders and systems. There is natural support involvement that may require reimbursement and at other times be part of the family process. Examples include: peer mentor, family support person, transportation for treatment, hotel for parent to attend treatment of child.</p>	Entire provider network contracted using MCO credentialing standards.	B-3	Not Required	Authorized at an amount specific to what is being provided – No specified rate	H2022



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Respite	<p>Required Service: In/Out of Home Respite are community and home-based services that can be provided in a variety of settings. Respite care is a brief period of rest and support for individuals and/or families. Respite care is intended to provide a safe environment with staff assistance for individuals who lack an adequate support system to address current problems/issues related to a mental health diagnosis. Respite may be provided for up to 72 hours and can be planned or in response to a crisis. A comprehensive respite program must provide or ensure linkages to a variety of residential alternatives for stabilizing and maintaining consumers who require short-term respite in a safe, secure environment with twenty four hour supervision outside a hospital setting. Respite is a community-based alternative to inpatient hospitalization that provides a temporary, safe, and secure environment with a flexible level of supervision and structure. These services are designed to divert individuals from an acute hospitalization to a safe environment where monitoring of medical and psychiatric symptoms can occur.</p>	<p>Hospitals, agencies, CMHCs contracted using MCO credentialing standards and holding national accreditation (JCAHO, CARF, COA, AOA, or AAAHC) or under Iowa Administrative Code Chapter 24.</p>	B-3	Not Required	\$127.00	H0045



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Level III.1. Clinically Managed Low Intensity Residential Treatment (Halfway House) Substance Abuse	<p>From ASAM Patient Placement Criteria: Level III services offer organized treatment services that feature a planned regimen of care in a 24 hour residential setting. All Level III programs serve individuals who, because of their specific functional deficits, need a safe and stable environment in order to develop their recovery skills. The sublevels within Level III exist on a continuum ranging from the least intensive to the most intensive medically monitored intensive inpatient services. The term “clinically managed” (Levels 1-3 have relatively stable problems in Axis I and/or less stable problems in Axis II of the DSM.</p> <p>Level III.1 – at least 5 hours/week of treatment plus the structured recovery environment.</p>	Substance Abuse programs licensed by Iowa Department of Public Health under Iowa Code Chapter 125.	B-3	Not Required	Provide specific negotiated rate	H2034



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Level III.3 & III.5 Clinically Managed Medium/ High Intensity Residential Treatment Substance Abuse	<p>Structured recovery environment in combination with clinical services. Functional deficits seen in individuals are primarily cognitive and based on a behavioral assessment (Level III.3). Level III.5 is designed to treat persons who have significant social and psychological problems. Services are based on a therapeutic treatment community.</p> <p>A step-down or alternative to Level III.7.</p>	Substance Abuse programs licensed by Iowa Department of Public Health under Iowa Code Chapter 125.	B-3	Not Required	Provider specific negotiate rate	H0017 TF



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Level III.3 & 5 Clinically Managed Medium/ High Intensity Residential Treatment Substance Abuse Hospital Based	<p>Structured recovery environment in combination with clinical services. Functional deficits seen in individuals are primarily cognitive and based on a behavioral assessment (Level III.3). Level III.5 is designed to treat persons who have significant social and psychological problems. Services are based on a therapeutic treatment community.</p> <p>A step-down or alternative to Level III.7.</p>	Substance Abuse programs licensed by Iowa Department of Public Health under Iowa Code Chapter 125.	B-3	Not Required	Provider specific negotiated rate	H0018 TF
Level III.7 Substance Abuse Residential Community- based	24-hour professionally directed evaluation, observation, medical monitoring and addiction treatment in a licensed substance abuse facility	Substance Abuse programs licensed by Iowa Department of Public Health under Iowa Code Chapter 125.	B-3	Not Required	Provider specific negotiated rate	H0017 TG