



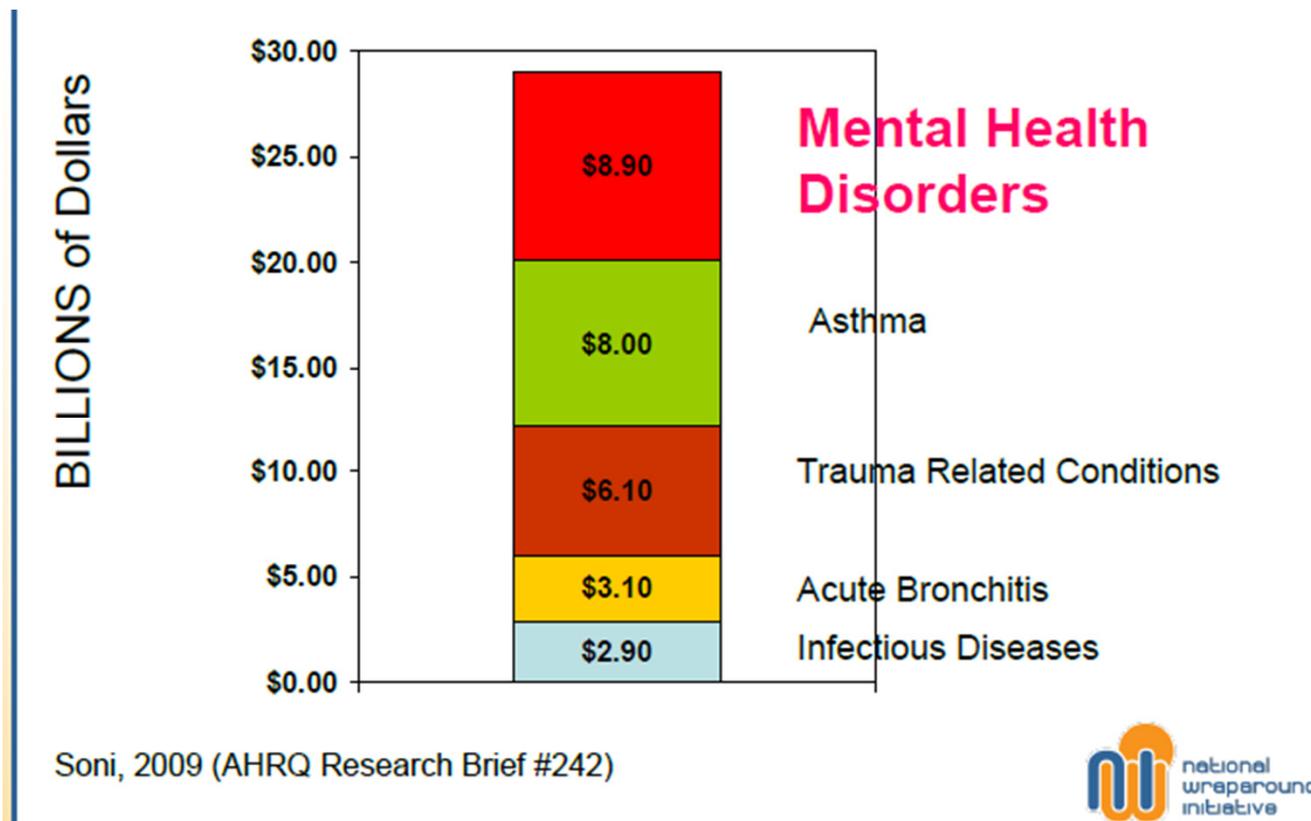
Iowa Department of Human Services

Update on the Integrated Health Home Program

Jennifer Vermeer
Medicaid Director



Mental Health is the Costliest Condition of Childhood





Mental Illness in Adults

Children become adults.

Adults with chronic mental illness **die 25 to 30 years earlier** than their peers who do not have a mental health condition, often due to unaddressed physical conditions.

Much of this is preventable.

2006. National Association of State Mental Health Program Directors. "Morbidity and Mortality in People with Serious Mental Illness." Alexandria, VA.

http://www.nasmhpd.org/general_files/publications/med_directors_pubs/Technical%20Report%20on%20Morbidity%20and%20Mortality%20-%20Final%2011-06.pdf.



Definition of an **“Integrated Health Home”**

A team of professionals working together to provide whole-person, patient-centered, coordinated care for all situations in life and transitions of care to adults with SMI and children with SED.



Health Home Implementation

- Option to submit State Plan Amendment (SPA) depicting a health home model targeting chronic conditions:
 - Primary Care SPA:
 - Approved June 8, 2012 / **Effective July 1, 2012**
 - SPMI Population SPA (Mental Health focus):
 - Adults and Kids, SOC approach
 - Approved June 18, 2013 / **Effective date July 1, 2013**
 - Phased-in by county over the next 12 -18 months
- Draw 90/10 Federal match for 8 Quarters for Health Home Services

DHS Activities for the IHH





Why phase-in the IHH implementation?

- CMS allows the State to claim the 90/10 FMAP for each geographical phase
- Maximize the incentive, more effective implementation
- Build off current pilots existing in the first five counties
 - IHH for Adults with SMI
 - System of Care for Kids with SED



Who is the Integrated Health Home Designed For?

- Children/youth with serious emotional disturbances (SED)
- Adults with serious and persistent mental illness (SPMI)



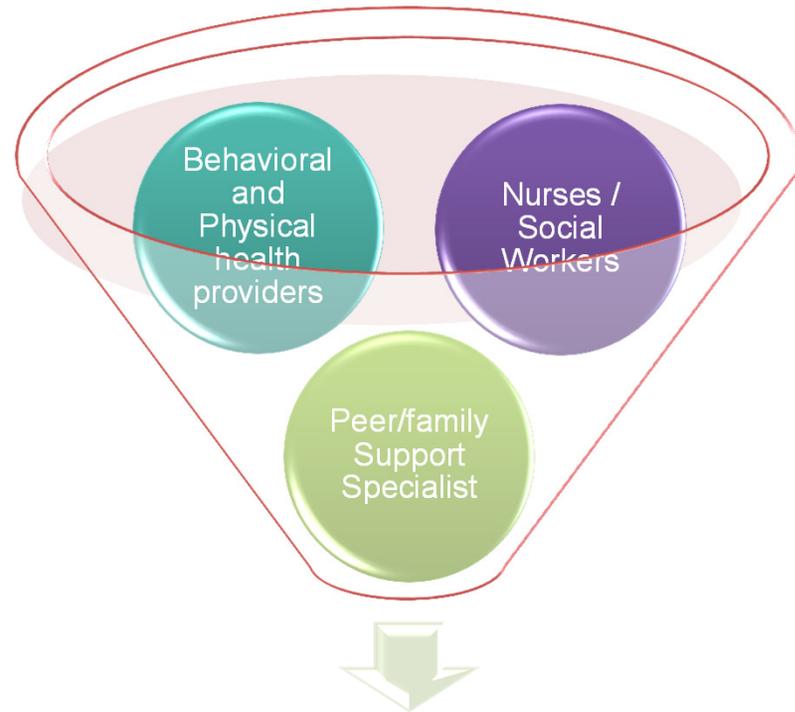
Serious Emotional Disturbance (SED) means:

- A diagnosable mental, behavioral or emotional disorder of sufficient duration to meet DSM diagnostic criteria
- Results in functional impairment
- **~16,000** children/youth potentially eligible as Identified through Magellan claims information

Team Approach

The Integrated Health Home (IHH) is not a place.

- The IHH is a service delivery model designed to utilize a team
- They have a set of unique skills based on their experiences and education.
- All work together for the member



Care Coordination
Health and Wellness Education
Resource Direction
Family Support Services
Transitional Care Support



What can Pediatric IHH do?

- Family-centered, strengths-based approach
- Comprehensive care management
- Care coordination using wraparound approach
- Health promotion
- Comprehensive transitional care
- Individual and family support services
- Referral to community and social support services

Community System

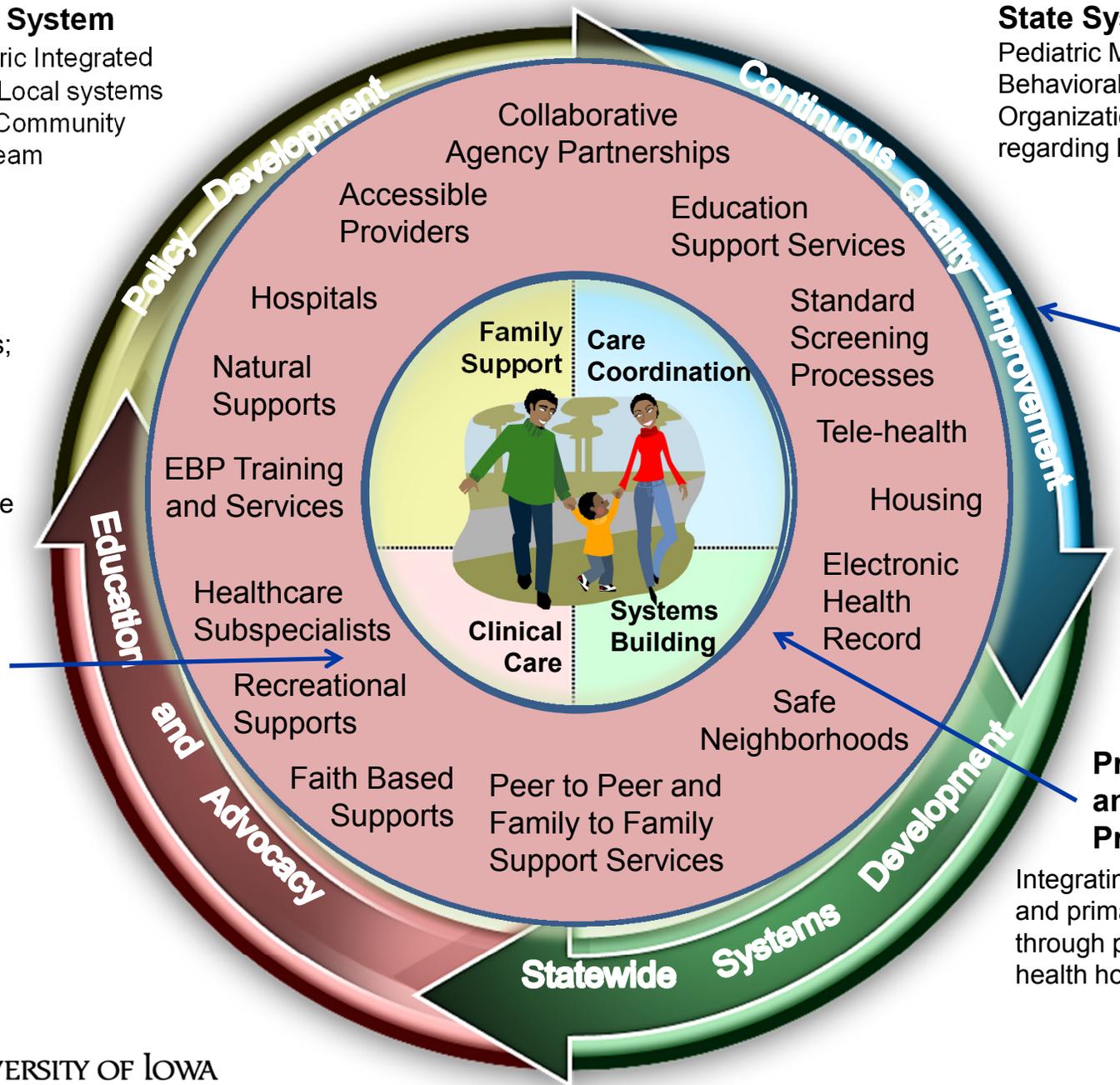
Level: Pediatric Integrated Health Home; Local systems of care with a Community Child Health Team convening wraparound process and linkages to community based services; school based preventative services; building local systems of care with focus on prevention, early intervention; community preparedness and population health activities.

State Systems Level:

Pediatric Managed Behavioral Health Organization; innovations regarding health information technology; expansion of tele-health services; data analysis; system payment reform; State level collaboration, coordination, and monitoring

Primary Care and Specialty Practice Level:

Integrating mental health and primary pediatric care through primary care health homes





Wraparound Principles

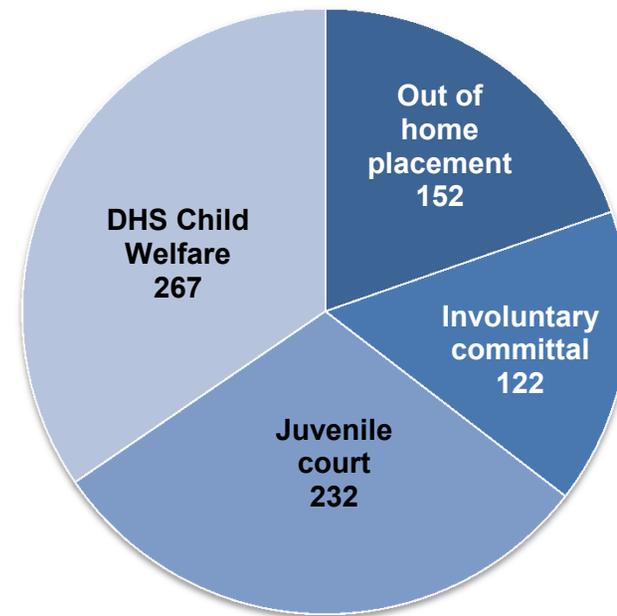
- Family voice and choice
- Team based
- Natural supports
- Collaboration
- Community-based
- Culturally competent
- Individualized
- Strengths based
- Persistence
- Outcome based



Why System of Care Approach? Iowa's SOC Program Proved Effective

- ✓ Parent perception of child's functioning **improved from 33% at baseline to 58%**
- ✓ School **attendance increased**
- ✓ **Criminal justice** involvement **decreased**
- ✓ **Social connectedness** improved

Number of Out-of-Homes Placements Avoided

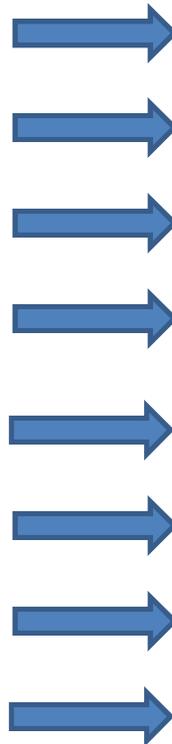




Characteristics of Systems of Care

FROM

Fragmented service delivery
Categorical programs
Limited services
Reactive, crisis-oriented
“Deep end,” restrictive
Out-of-home placements
Centralized authority
Creation of “dependency”



TO

Coordinated service delivery
Blended resources
Comprehensive service array
Prevention/early intervention
Least restrictive settings
Children/youth within families
Community-based ownership
Creation of “self-help”

Phase 1

Engaged Pediatric IHH Membership Since July 1

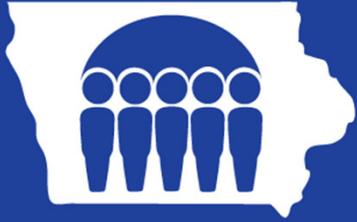
IHH Provider	Attributed	Actively Engaged Members
CHSC	898	73* (just gained access to system)
Four Oaks	1,638	474
Tanager Place	1,307	552
Orchard Place	2,669	838
TOTAL	6,512	1,937

* The CHSC number is under reported due to a technical issues in reporting, which were recently resolved.

Phase 1

Additional Pediatric IHH Sites starting Oct 1

IHH Provider	County	Serving
Lifeworks	Polk/Warren	Children/Youth
Youth Emergency Services and Shelter (YESS)	Polk/Warren	Children/Youth
Community Services Advocate (CSA)	Polk/Warren	Transitional Age Youth (16yo-26yo)
Hillcrest	Dubuque	Group care youth



IHH Team Roles & Responsibilities

Magellan

- Selects IHH providers
- Provides care management support through
 - ✓ Claims-based reporting to identify gaps in care
 - ✓ Risk analysis
 - ✓ Development of online tools to support daily service delivery and population management needs

Community IHH Provider

- Develops care teams to work with members
- Uses data and technology to oversee and intervene in the total care of the member
- Works with community services and supports to address member/family needs
- Develops whole-health approaches for care

IHH Pediatric Provider Staffing

Model Example:
1,200 members, including 180
(15%) needing intensive assistance

Nurse Care Coordinator for 400 members			
Care Coordinator 15 ICM 85 non-ICM	Care Coordinator 15 ICM 85 non-ICM	Care Coordinato r15 ICM 85 non-ICM	Care Coordinator 15 ICM 85 non-ICM
Family Peer Support Specialist 200 members		Family Peer Support Specialist 200 members	

Three IHH Teams

Nurse Care Coordinator for 400 members			
Care Coordinator 15 ICM 85 non-ICM	Care Coordinator 15 ICM 85 non-ICM	Care Coordinato r15 ICM 85 non-ICM	Care Coordinator 15 ICM 85 non-ICM
Family Peer Support Specialist 200 members		Family Peer Support Specialist 200 members	

Nurse Care Coordinator for 400 members			
Care Coordinator 15 ICM 85 non-ICM	Care Coordinator 15 ICM 85 non-ICM	Care Coordinato 15 ICM 85 non-ICM	Care Coordinator 15 ICM 85 non-ICM
Family Peer Support Specialist 200 members		Family Peer Support Specialist 200 members	



PEDIATRIC PER MEMBER PER MONTH BREAKDOWN

Pediatric Member	Monthly Payment
IHH Pediatric (Non-ICM)	\$103.39 PMPM
IHH Pediatric ICM (formerly TCM)	\$303.39 PMPM



Health Home Funding For SED Care Coordination

	July	YTD	Projected
Provider	Attributed Clients	Total Payment	Annual Payment*
Orchard Place	2,672	\$460,433	\$ 2,483,451
Four Oaks	1,440	\$254,021	\$ 1,524,126
Tanager Place	1,134	\$202,690	\$ 1,216,137
Child Health Specialty Clinics-U of I	898	\$69,166	\$ 829,988
TOTAL			



Pediatric - Integrated Health Home Technical Assistance

Develop curriculum

Prepare 20 P-IHH sites

Conduct practice readiness assessments

Facilitate virtual and onsite TA sessions (program development and implementation)

Develop learning networks

Data collection /performance assessment (analyze patient, family, practice data)

Practice transformation coaching

Continuous mentoring



Pediatric - Integrated Health Home Technical Assistance

SIX AGENCIES PARTICIPATING

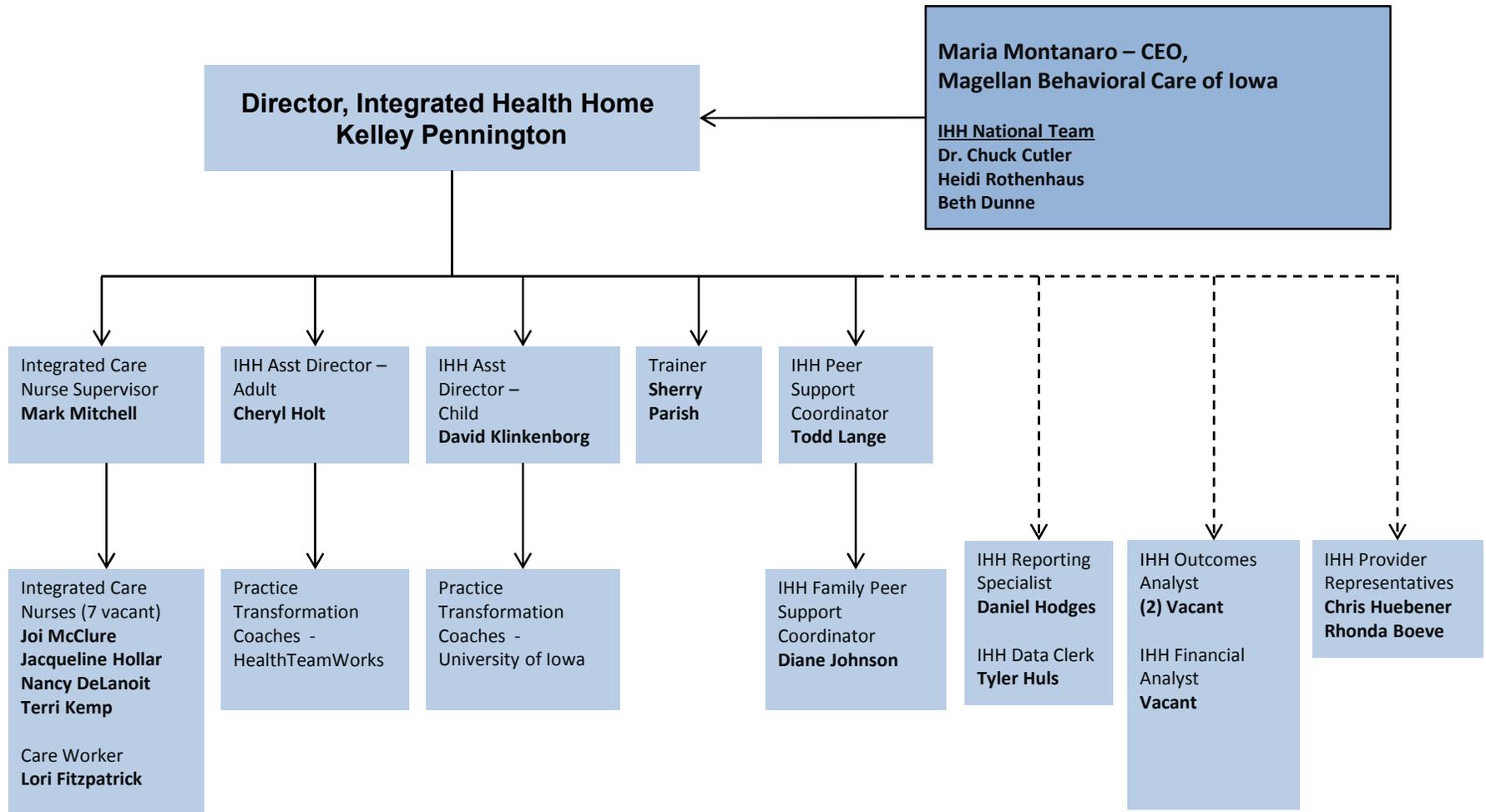
- Four Oaks
- Child Health Specialty Clinics – Dubuque
- LifeWorks
- Orchard Place
- Tanager Place
- Youth Emergency Services and Shelter

24 TRAININGS DELIVERED

495 PARTICIPANTS (SOME HAVE ATTENDED MORE THAN ONE TRAINING)

1,315 QUARTERLY CAREGIVER SURVEYS COMPLETED

Magellan Staffing for IHH Program





More Information:

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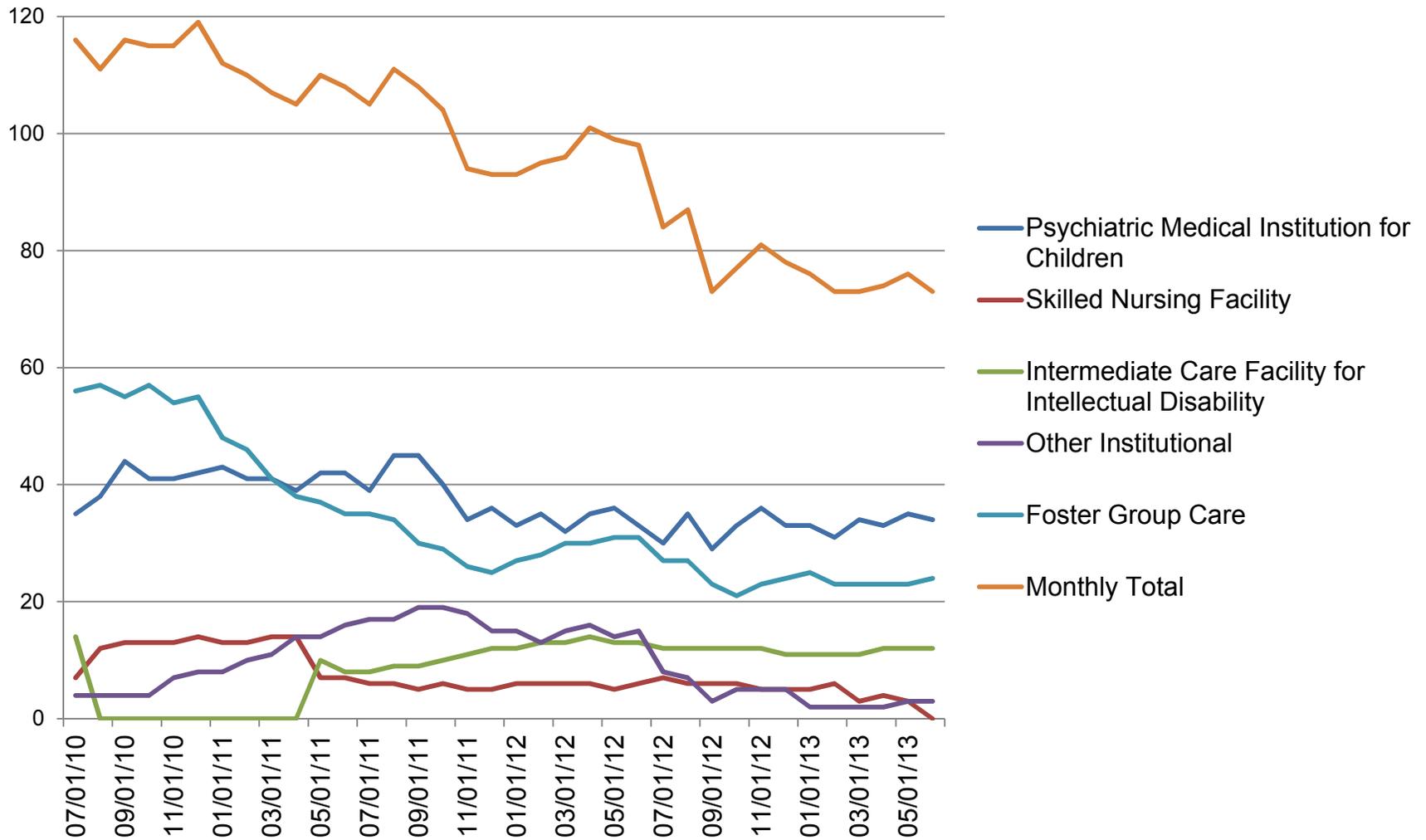
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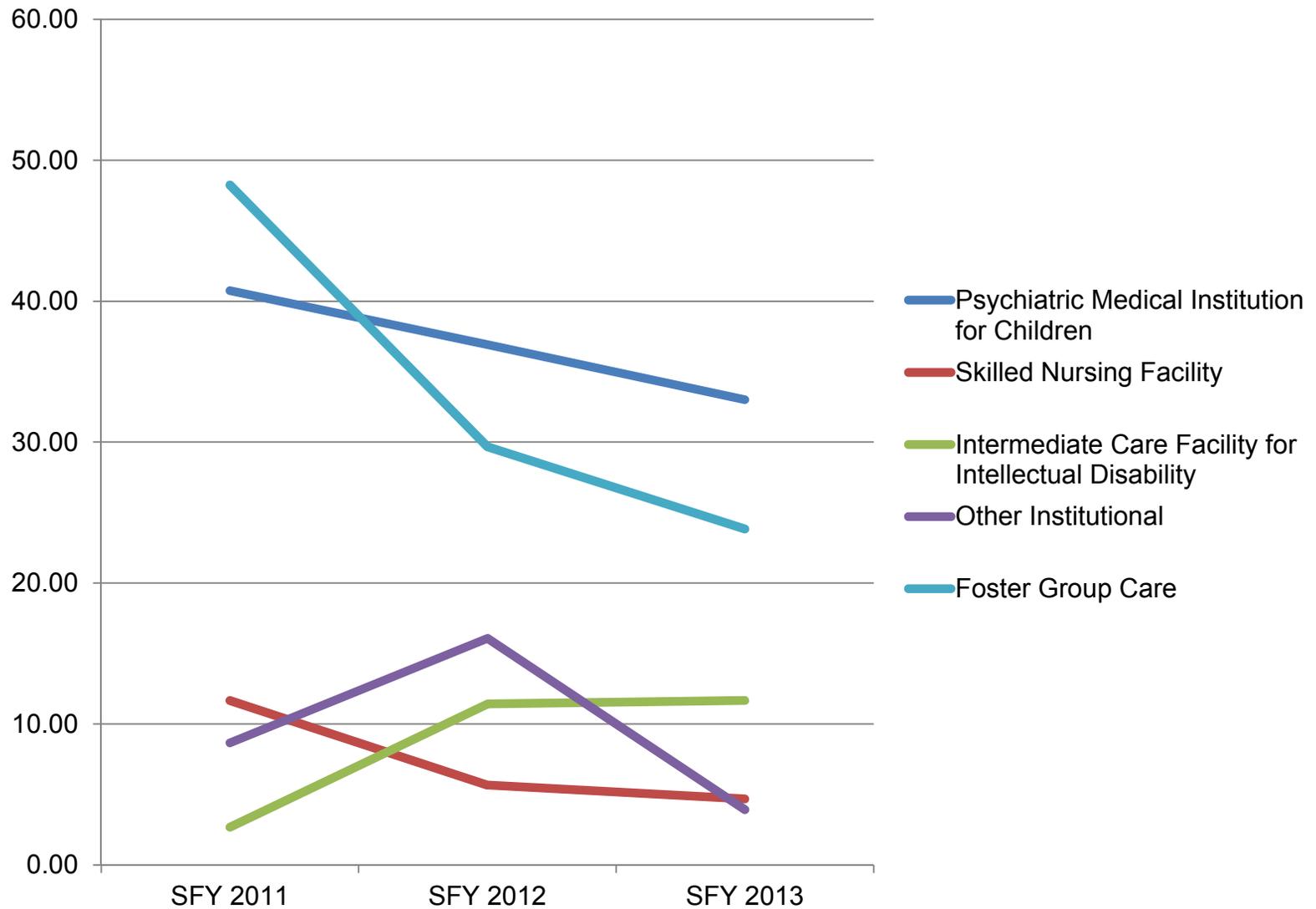
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Out of State Placements

SFY '11 - '13 Total Placements by Type



SFY '11 - '13 Average Monthly Placements by Type





Questions?

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