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# Dental Benefits and Healthy Behaviors

## Dental Benefits:

### Full Benefits\*

You have access to full dental benefits during the first year. These include:

- Diagnostic/Preventive Dental Services
- Exams and Education
- Cleanings
- X-rays
- Fluoride
- Restorative Services
- Non-surgical Periodontal
- Endodontic Care
- Crowns
- Tooth Replacements
- Periodontal Surgery

### Basic Benefits\*

If you have a monthly premium after the first year and do not make payments, you will only have basic dental benefits.

**IMPORTANT NOTICE:** Members in a medical institution have full benefits and do not have to pay monthly premiums. Medical institution includes Nursing Facility, Skilled Nursing Facility or Intermediate Care Facilities for Persons with Intellectual Disabilities (ICF/IDs).

\* **EFFECTIVE JULY 1, 2018:** Every adult member enrolled in the Dental Wellness Plan has an annual benefit maximum of \$1,000 per fiscal year (July 1 - June 30). This does not include preventive, diagnostic or emergency dental services, anesthesia, and fabrication of dentures.

## Healthy Behaviors:

### Keep Your Full Benefits and Pay No Monthly Premiums.

All Dental Wellness Plan members have full dental benefits during the first year. You must complete 'Healthy Behaviors' during the first year to keep your full benefits in the next year.

'Healthy Behaviors' include the completion of **both**:

- 1. Oral Health Self-Assessment**
- 2. Preventive Service**

### What Happens If I Don't Complete My Healthy Behaviors?

Depending on your income, you may have to pay a monthly premium after the first year if you don't complete 'Healthy Behaviors.' Complete 'Healthy Behaviors' each year to waive your monthly premiums for the next year.

If you have a monthly premium after your first year and do not make payments, you will only have basic dental benefits.

*Iowa Health and Wellness Plan members also have 'Healthy Behaviors' to complete for medical coverage.*

### How Much Will I Have To Pay?

Monthly premiums for the Dental Wellness Plan are no more than \$3 per month. If you are unable to pay, you may check the hardship box on your monthly statement and return the payment coupon OR call Iowa Medicaid Member Services at 1-800-338-8366.

### Where Can I Find More Information?

Learn more at [www.dhs.iowa.gov/dental-wellness-plan](http://www.dhs.iowa.gov/dental-wellness-plan). Or, you can call Iowa Medicaid Member Services at **1-800-338-8366**.