



## Home- and Community-Based Services Intellectual Disability Waiver Information Packet

The Medicaid Home- and Community-Based Services Intellectual Disability Waiver (HCBS ID) provides service funding and individualized supports to maintain eligible members in their own homes or communities who would otherwise require care in a medical institution. Provision of these services must be cost effective.

If you need assistance, please contact Iowa Medicaid Member Services at **1-800-338-8366** or locally in the Des Moines area at **515-256-4606**, Monday through Friday, from 8 a.m. until 5 p.m.

*For telephone accessibility assistance if you are deaf, hard-of-hearing, deaf-blind, or have difficulty speaking, call Relay Iowa TTY at **1-800-735-2942**.*

## General Parameters

- ◆ Intellectual Disability (ID) waiver services are individualized to meet the needs of each member. The following services are available:
  - Adult Day Care
  - Consumer-Directed Attendant Care (CDAC)
  - Day Habilitation
  - Home and Vehicle Modifications
  - Home Health Aide
  - Interim Medical Monitoring and Treatment
  - Nursing
  - Personal Emergency Response System
  - Prevocational
  - Respite
  - Supported Community Living
  - Supported Community Living – Residential Based
  - Supported Employment
  - Transportation
  - Consumer Choices Option
- ◆ All HCBS waiver services must be provided in integrated community-based settings.
- ◆ The services, which are considered necessary and appropriate for the member, will be determined through an interdisciplinary team (IDT) consisting of the member, case manager or DHS service worker, service providers, and other persons the member chooses.
- ◆ All members will have a comprehensive service plan developed by a case manager or DHS service worker in cooperation with the member. This plan must be completed before the implementation of services. The comprehensive service plan for members **aged 20 or under** must be developed or reviewed taking into consideration those services that may be provided through the individual education plan (IEP) and Early Periodic Screening, Diagnosis and Treatment (EPSDT or Care for Kids) plans.
- ◆ Members shall access all other services for which they are eligible and that are appropriate to meet their needs as a precondition of eligibility for the ID waiver.
- ◆ A comprehensive service plan must be developed and reviewed annually with the interdisciplinary team and signed by the case manager.
- ◆ The member must choose HCBS services as an alternative to institutional services.
- ◆ In order to receive ID waiver services, an approved ID waiver service provider must be available to provide those services.
- ◆ Medicaid waiver services cannot be simultaneously reimbursed with another Medicaid service.
- ◆ ID waiver services cannot be provided when a member is an inpatient in a medical institution.
- ◆ Members must need and use, at a minimum, one unit of waiver service during each quarter of the calendar year.

- ◆ The state has designated the number of members (payment slots) that can be served under the HCBS ID program. A payment slot must be available and assigned to the individual at the time of application or after Disability Determination, whichever is later.
- ◆ Funding must be available through the state of Iowa.
- ◆ The member must receive Medicaid case management services when ID waiver services begin.
- ◆ Following is the hierarchy for accessing waiver services:
  1. Private insurance
  2. Medicaid and/or EPSDT (Care for Kids)
  3. ID waiver services
- ◆ Assistance may be available through the In-Home Health-Related Care program and the Rent Subsidy program in addition to services available through the ID waiver.

## Member Eligibility Criteria

**Members may be eligible for HCBS ID waiver services by meeting the following criteria:**

- ◆ Be an Iowa resident and a United States citizen or a person of foreign birth with legal entry into the United States.
- ◆ Have a diagnosis of an intellectual disability as determined by a psychologist or psychiatrist.
- ◆ Be determined eligible for Medicaid (Title XIX). Members may be Medicaid-eligible before accessing waiver services or be determined eligible through the application process for the waiver program. Additional opportunities to access Medicaid may be available through the waiver program even if the member has previously been determined ineligible.
- ◆ Be determined by the Iowa Medicaid Enterprise, Medical Services Unit, to need intermediate care facility for the intellectually disabled (ICF/ID) level of care.

## Service Descriptions

***Please note:***

***HCBS ID waiver services are individualized to meet the needs of each member. However, decisions regarding what services are appropriate, the number of units or the dollar amounts of the appropriate services is based on the member's needs as determined by the member and an interdisciplinary team.***

## Adult Day Care

**What:** Adult day care is an organized program of supportive care in a group environment. The care is provided to members who need a degree of supervision and assistance on a regular or intermittent basis in a day care setting.

**Where:** In an adult day program and not the provider's home.

**Unit:** A unit is 15 minutes **or** a half day **or** a full day **or** an extended day.

## Consumer-Directed Attendant Care (CDAC)

**What:** Assistance to the member with self-care tasks, which the member would typically do independently if the member was otherwise able. An individual or agency, depending on the member's needs, may provide the service. The member, parent, guardian or attorney-in-fact under a durable power of attorney for health care shall be responsible for selecting the individual or agency that will provide the components of the CDAC services to be provided.

The CDAC service may include assistance with non-skilled and skilled services. The skilled services must be done under the supervision of a professional registered nurse or licensed therapist working under the direction of a physician. The registered nurse or therapist shall retain accountability for actions that are delegated.

Skilled services may include:

- ◆ Tube feedings,
- ◆ Intravenous therapy,
- ◆ Parenteral injections,
- ◆ Catheterizations,
- ◆ Respiratory care,
- ◆ Care of decubiti and other ulcerated areas,
- ◆ Rehabilitation services,
- ◆ Colostomy care,
- ◆ Care of out of control medical conditions,
- ◆ Postsurgical nursing care,
- ◆ Monitoring medications,
- ◆ Preparing and monitoring response to therapeutic diets, and
- ◆ Recording and reporting of changes in vital signs.

Non-skilled services may include:

- ◆ Dressing,
- ◆ Hygiene,
- ◆ Grooming,
- ◆ Bathing supports,
- ◆ Wheelchair transfer,
- ◆ Ambulation and mobility,
- ◆ Toileting assistance,
- ◆ Meal preparation,
- ◆ Cooking,
- ◆ Eating and feeding,
- ◆ Housekeeping,
- ◆ Medications ordinarily self-administered,
- ◆ Minor wound care,
- ◆ Employment support,
- ◆ Cognitive assistance,
- ◆ Fostering communication, and
- ◆ Assisting with or accompanying during transportation.

Employment support includes assistance needed to go to or return from the place of employment and assistance with job-related tasks while the member is on the job site.

A determination must be made regarding what services will benefit and assist the member. Those services will be recorded in the *HCBS Consumer-Directed Attendant Care Agreement*, form 470-3372. This *Agreement* becomes part of the comprehensive service plan developed for the member.

This service is only appropriate if the member, parent, guardian, or attorney-in-fact under a durable power of attorney for health care has the ability to and is willing to manage all aspects of the service.

**Where:** In the member's home or community. Not in the provider's home.

**Does not include:** The following items are not included:

- ◆ Daycare
- ◆ Child care
- ◆ Respite
- ◆ Room and board
- ◆ Parenting
- ◆ Case management
- ◆ Cost of transportation
- ◆ Supervision of the member
- ◆ Assistance with understanding or performing essential job functions

CDAC cannot replace a less expensive service.

A CDAC provider may **not** be the spouse of the member, a parent or stepparent of a member aged 17 or under, or the member's legal representative.

An individual CDAC provider cannot be the recipient of respite services provided on behalf of a member receiving HCBS services.

The cost of nurse supervision, if needed.

**Unit:** A unit is 15 minutes.

**Maximum units:** The case manager, working with the member and the interdisciplinary team, establishes a dollar amount that may be used for CDAC. The amount is then entered into the comprehensive service plan along with information about other HCBS services the member may receive. This monetary information is also entered into the *HCBS Consumer-Directed Attendant Care Agreement*, form 470-3372, along with the responsibilities of the member and the provider, and the activities for which the provider will be reimbursed.

The member and the provider come to an agreement on the amount of service needed and the cost per unit. The *Agreement* must be signed and dated by the member and the provider. A completed copy of the *Agreement* is distributed to the member, the provider, and the case manager. The *Agreement* becomes part of the comprehensive service plan. These steps **must** be completed **before** service provision.

When CDAC is provided by an assisted living facility, please note the following:

- ◆ The service worker or case manager should be aware of and have knowledge of the specific services included in the assisted living facility contract to ensure the following:
  - That assisted living facility services are not duplicative of CDAC services
  - Knowledge of how the member's needs are being addressed
  - Awareness of the member's unmet needs that must be included in the care plan
- ◆ CDAC payment does not include costs of room and board.
- ◆ Each member must be determined by Iowa Medicaid Enterprise, Medical Services Unit, to meet ICF/ID level of care.
- ◆ The CDAC fee is calculated based on the needs of the member and may differ from individual to individual.

**Provider enroll:** The provider must be enrolled with the Department's fiscal agent and certified as a CDAC provider **before** the completion of the *HCBS Consumer-Directed Attendant Care Agreement*. Services provided before certification and completion of this *Agreement* will not be reimbursed.

It may be important for the member to enlist more than one CDAC provider. Back up services may be necessary in case of an emergency.

**Billing:** The member, as well as the provider, must sign the *Claim for Targeted Medical Care* before it is submitted for payment. This verifies that the services were provided as shown on the billing form.

## Day Habilitation

**What:** Day habilitation services are services that assist or support the member in developing or maintaining life skills and community integration. Services must enable or enhance the member's:

- ◆ Intellectual functioning,
- ◆ Physical and emotional health and development,
- ◆ Language and communication development,
- ◆ Cognitive functioning,
- ◆ Socialization and community integration,
- ◆ Functional skill development,
- ◆ Behavior management,
- ◆ Responsibility and self-direction,
- ◆ Daily living activities,
- ◆ Self-advocacy skills, or
- ◆ Mobility.

**Family training option.** Day habilitation services may include training families in treatment and support methodologies or in the care and use of equipment. Family training may be provided in the member's home.

**Where:** In a rehabilitation center or other type of community setting. Not in the member's home.

**Does not include:** Services shall not be provided in the member's home, except when using the family training option. For this purpose, services provided in a residential care facility where the member lives are not considered to be provided in the member's home.

Services shall not include vocational or prevocational services and shall not involve paid work.

Services shall not duplicate or replace education or related services defined in the Education of the Handicapped Act.

**Unit:** A unit is 15 minutes **or** a full day (4 to 8 hours).

When using the family training option, a unit is 15-minutes.

The family training option is limited to a maximum of 10 hours per month.

## Home and Vehicle Modification (HVM)

**What:** Physical modifications to the home and vehicle that directly address the member's medical health or remedial need. Covered modifications must be necessary to provide for the health, welfare, and safety of the member and to increase or maintain independence. The Iowa Medicaid Enterprise (IME) reviews all modification requests individually and a determination is made regarding the appropriateness of the modification request.

**Where:** In the member's home or vehicle. **Please note that only the following modifications are included:**

- ◆ Kitchen counters, sink space, and cabinets
- ◆ Special adaptations to refrigerators, stoves, and ovens
- ◆ Bathtubs, bath chairs and toilets to accommodate transfer, special handles and hoses for showerheads, water faucet controls, and accessible shower and sink areas
- ◆ Grab bars and handrails
- ◆ Turnaround space adaptations
- ◆ Ramps, lifts, and door, hall, and window widening
- ◆ Fire safety alarm equipment specific for disability
- ◆ Voice activated, sound activated, light activated, motion activated, and electronic devices directly related to the member's disability
- ◆ Vehicle lifts, driver specific adaptations, remote start systems, including such modifications already installed in a vehicle
- ◆ Keyless entry systems
- ◆ Automatic opening device for home or vehicle door
- ◆ Special door and window locks

- ◆ Specialized doorknobs and handles
- ◆ Plexiglas replacement for glass windows
- ◆ Modification of existing stairs to widen, lower, raise or enclose open stairs
- ◆ Motion detectors
- ◆ Low pile carpeting or slip resistant flooring
- ◆ Telecommunications device for people who are deaf
- ◆ Exterior hard surface pathway
- ◆ New door opening
- ◆ Pocket doors
- ◆ Installation or relocation of controls, outlets, and switches
- ◆ Air conditioning and air filtering if medically necessary
- ◆ Heightening of existing garage door opening to accommodate modified van

**Does not include:**

The following items are not included:

- ◆ Modifications that increase the square footage of the home
- ◆ Items for replacement that are the responsibility of the homeowner or landlord
- ◆ Vehicle purchase
- ◆ Fences
- ◆ Furnaces
- ◆ Repairs or any modifications or adaptations available through regular Medicaid

**Unit:** A unit is the cost of the completed modification or adaptation.

**Maximum:** The maximum lifetime benefit is \$5,305.53.

<b>Home Health Aide Services (HHA)</b>
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**What:** Unskilled medical services that provide direct personal care. This service may include assistance with activities of daily living such as:

- ◆ Helping the recipient to bathe,
- ◆ Helping the recipient to get in and out of bed,
- ◆ Caring for hair and teeth,
- ◆ Exercise, and
- ◆ Take medications specifically ordered by the physician (but ordinarily self-administered).

Certain household services may be performed by the aide in order to prevent or postpone the member's institutionalization. Domestic or housekeeping services, which are not related to member care, are not covered services if personal care is not rendered during the visit.

Instruction, supervision (for adults), support or assistance in personal hygiene, bathing, and daily living shall be provided under supported community living.



Home health aide as a waiver service may be accessed **after** accessing services under the Medicaid state plan.

**Where:** In the member's home. Not in the provider's home.

**Does not include:** Homemaker services such as cooking and cleaning or services which meet the intermittent guidelines or those provided under the EPSDT authority.

May not duplicate any regular Medicaid or waiver services provided under the state plan.

Medicaid intermittent coverage: Regular Medicaid provides for intermittent coverage of skilled nursing and home-health aide services provided in the person's home for both children and adults. Services are usually provided two to three hours per day for two to three days per week. Intermittent skilled nursing coverage includes visits up to five days per week and daily or multiple daily visits for wound care or insulin injections. Intermittent home-health aide coverage includes visits twice per day up to seven days per week for persons attending school or working or when ordered by the physician and included in the plan of care, not to exceed 28 hours per week.

EPSDT (Care for Kids) program: EPSDT services for persons under age 21 only include private duty nursing and personal care services, which meet the definition of medical necessity, as provided by CMS for EPSDT. Services may be provided to a child outside of the child's residence when normal life activities take the child outside the residence.

Services not covered by EPSDT include:

- ◆ Services to children with Medicaid HMO coverage
- ◆ Mental health services to children enrolled in the Iowa Plan
- ◆ Well child care
- ◆ Respite
- ◆ Transportation
- ◆ Homework assistance
- ◆ Services to other household members

**Unit:** A unit is one hour.

**Maximum units:** 14 hours per week

### **Interim Medical Monitoring and Treatment (IMMT)**

**What:** Monitoring and treatment of a medical nature requiring specially trained caregivers beyond what is normally available in a day care setting. Services are available to children and adults. Interim medical monitoring and treatment (IMMT) services shall provide experiences for each member's social, emotional, intellectual, and physical development. The service will include comprehensive developmental care and any special services for a member with special needs. It will include medical assessment, medical monitoring, and medical intervention as needed on a regular or emergency basis.

The service allows the member's usual caregivers to be employed. IMMT may also be used after the death of a usual caregiver. IMMT services may include supervision for the child during transportation to and from school when not available through school or other sources. IMMT services may also be provided for a limited period of time when the usual caregiver is involved in the following circumstances:

- ◆ Attendance at academic or vocational training
- ◆ Employment search
- ◆ Hospitalization
- ◆ Treatment for physical or mental illness

**Where:** Services may be provided in:

- ◆ The member's home,
- ◆ A registered group child care home,
- ◆ A registered family child care home,
- ◆ A licensed child care center, or
- ◆ During transportation to and from school.

Providers of this service:

- ◆ Must be at least 18 years of age.
- ◆ Cannot be the spouse of the member.
- ◆ Cannot be the parent or stepparent of a member age 17 or under.
- ◆ Cannot be the member's legal representative.
- ◆ Cannot be the usual caregiver.
- ◆ Must be qualified by training or experience as determined by the usual caregiver.

A licensed medical professional on the member's interdisciplinary team must be able to provide medical intervention or intervention in a medical emergency.

**Does not include:** May not duplicate any regular Medicaid or waiver services provided under the state plan.

Do not use this service to replace day care for children that do not require medical monitoring and treatment.

Medicaid intermittent coverage: Regular Medicaid provides for intermittent coverage of skilled nursing and home health aide services provided in the person's home for both children and adults. Services are usually provided two to three hours per day for two to three days per week. Intermittent skilled nursing coverage includes visits up to five days per week and daily or multiple daily visits for wound care or insulin injections. Intermittent home health aide coverage includes visits twice per day up to seven days per week for persons attending school or working or when ordered by the physician and included in the plan of care, not to exceed 28 hours per week.

EPSDT (Care for Kids) program: EPSDT services for persons under age 21 only include private duty nursing and personal care services which meet the definition of medical necessity as provided by CMS for EPSDT. Services may be provided to a child outside of the child's residence when normal life activities take the child outside the residence.

Services not covered by EPSDT include the following:

- ◆ Services to children with Medicaid HMO coverage
- ◆ Mental health services to children
- ◆ Well child care
- ◆ Respite
- ◆ Transportation
- ◆ Homework assistance
- ◆ Services to other household members

**Unit:** A unit is 15 minutes.

**Maximum units:** 48 units (12 hours) of service per day

## Nursing

**What:** Nursing services are provided by a licensed nurse. The services are ordered by and included in the plan of treatment established by the physician. The services shall be based on the medical necessity of the member and the Iowa Board of Nursing scope of practice guidelines.

**Where:** In the member's home. Not in the provider's home.

**Does not include:** Nursing services provided outside of the home or services that meet the intermittent guidelines or those provided under the EPSDT authority

Medicaid intermittent coverage: Regular Medicaid provides for intermittent coverage of skilled nursing and home-health aide services provided in the person's home for both children and adults. Services are usually provided two to three hours per day for two to three days per week. Intermittent skilled nursing coverage includes visits up to five days per week and daily or multiple daily visits for wound care or insulin injections. Intermittent home-health aide coverage includes visits twice per day up to seven days per week for persons attending school or working or when ordered by the physician and included in the plan of care, not to exceed 28 hours per week.

EPSDT (Care for Kids) program: EPSDT services for persons under age 21 only include private duty nursing and personal care services which meet the definition of medical necessity as provided by CMS for EPSDT. Services may be provided to a child outside of the child's residence when normal life activities take the child outside the residence.

Services not covered by EPSDT include:

- ◆ Services to children with Medicaid HMO coverage
- ◆ Mental health services to children enrolled in the Iowa Plan
- ◆ Well child care
- ◆ Respite
- ◆ Transportation
- ◆ Homework assistance
- ◆ Services to other household members

This nursing service shall not be simultaneously reimbursed with other Medicaid services. Exception: Payment may be made for supervisory visits when a registered nurse, acting in a supervisory capacity, provides supervisory visits of services provided by a home-health aide under a home-health agency plan of treatment.

**Unit:** A unit is one hour.

**Maximum:** Ten hours per week

### Personal Emergency Response System (PERS)

**What:** An electronic device connected to a 24-hour staffed system which allows the member to access assistance in the event of an emergency. PERS also includes a portable locator system that transmits a signal to a monitoring device. The locator system allows a member to access assistance in the event of an emergency and allows law enforcement or the monitoring system provider to locate a member who is unable to request help or to activate a system independently.

**Where:** The PERS is connected to the member's home phone and includes a portable emergency button carried by the member.

**Unit:** A unit is a:

- ◆ One-time purchase of equipment, **and/or**
- ◆ One time installation fee, **and/or**
- ◆ One month of service.

**Maximum:** 12 months of service per state fiscal year (July 1 – June 30)

### Prevocational Services

**What:** Prevocational services prepare a member for paid or unpaid employment. It includes teaching the member job readiness skills that may include:

- ◆ Following directions
- ◆ Attending to tasks
- ◆ Task completion
- ◆ Problem-solving
- ◆ Safety and mobility training

Members must not earn more than 50 percent of the Iowa minimum wage.

**Where:** In a rehabilitation center, community setting or member's home. Not in the provider's home.

**Does not include:** Assisting a member in learning tasks or skills for a specific job.

Similar services that are available from the Division of Vocational Rehabilitation Services (DVRS) or from an educational system. Before authorizing prevocational services, the case manager must contact DVRS to identify if the member qualifies for DVRS funding.

**Unit:** A unit is one hour **or** one day.

**Maximum units:** A maximum of 31 daily units per month or less than 4 hours per day

## Respite

**What:** Respite care services are services provided to the member that gives temporary relief to the usual caregiver and provides all the necessary care that the usual caregiver would provide during that time period. The purpose of respite care is to enable the member to remain in the member's current living situation.

- ◆ **Specialized respite** means respite provided on a staff-to-member ratio of one-to-one or higher for members with specialized medical needs requiring monitoring or supervision provided by a licensed registered nurse or licensed practical nurse.
- ◆ **Group respite** means respite provided on a staff-to-member ratio of less than one-to-one.
- ◆ **Basic individual respite** means respite provided on a staff-to-member ratio of one-to-one or higher for members without specialized medical needs that would require care by a licensed registered nurse or licensed practical nurse.

**Where:** Respite may be provided in:

- ◆ The member's home,
- ◆ Another family's home,
- ◆ Camps,
- ◆ Organized community programs (YMCA, recreation centers, senior citizens' centers, etc.),
- ◆ ICF/ID,
- ◆ RCF/ID,
- ◆ Hospital,
- ◆ Nursing facility,
- ◆ Skilled nursing facility,
- ◆ Assisted living program,
- ◆ Adult day care center,
- ◆ Foster group care,
- ◆ Foster family home, or
- ◆ DHS licensed daycare.

Respite provided outside the member's home or outside a facility in locations covered by the facility's licensure, certification, accreditation, or contract must be approved by the parent, guardian, or usual caregiver and interdisciplinary team, and must be consistent with the way the location is used by the general public. Respite in these locations may not exceed 72 continuous hours.

**Does not include:** Services shall not be reimbursable if the living unit is otherwise reserved for persons on a temporary leave of absence.

Respite **cannot** be provided to members residing in the family, guardian, or usual caregiver's home during the hours in which the usual caregiver is employed unless the member is attending a 24-hour residential camp program.

Respite shall not be simultaneously reimbursed or provided with duplicative services under the waiver.

**Unit:** A unit is 15 minutes.

**Maximum units:** 14 consecutive days of 24-hour respite care may be reimbursed.

## Supported Community Living (SCL)

**What:** SCL provides up to 24 hours of support per day based on the member's needs.

This service is designed to assist the member with daily living needs. Assistance may include, but is not limited to:

- ◆ Personal and home skills,
- ◆ Community skills,
- ◆ Personal needs,
- ◆ Transportation,
- ◆ Treatment services.

For members who are age 20 or under and who require more than 208 units of SCL per month, the comprehensive service plan must be developed taking into consideration the services that will be provided through the EPSDT (Care for Kids) program. The case manager must document justification of the member's need in the service file for children requiring more than 208 units of SCL. The duration of services shall be based on age appropriateness and individual attention span.

**Where:** Members can receive SCL in the family home, the guardian's home or integrated community settings.

The typical and preferred living unit may include one to four persons. Special certification may be available that allows five-person living arrangements.

**Does not include:** The following items are not included:

- ◆ Room and board costs
- ◆ Academics
- ◆ Medical services
- ◆ Vocational services
- ◆ Daycare
- ◆ Case management
- ◆ Babysitting
- ◆ Parenting

**Unit:** A unit is 15 minutes **or** one day.

A daily unit applies to members who live outside of their family, legal representative or foster family home and for whom a provider has primary responsibility for supervision or structure during the month. A daily unit applies to members who receive on-site staff supervision for 8 or more hours per day as an average over one month.

## Supported Community Living – Residential Based

**What:** Residential-based supported community living provides 24-hour daily support to children aged 17 and under living outside of their family home. Services must also address the ordinary daily living needs of the child, excluding room and board, such as needs for safety and security, social functioning, and other medical care.

A separate slot must be requested under this category before members can be determined eligible for the HCBS residential-based supported community living under the ID waiver.

Allowable service components include the following:

- ◆ Daily living skills development,
- ◆ Social skills development,
- ◆ Family support development, and
- ◆ Counseling and behavior intervention services.

**Where:** Members must reside outside the family home in a licensed residential-based supported community living environment. The residential-based living service provider monitors the home and may assist the member and their family in locating furniture and necessary household items.

**Does not include:** The following items are not included:

- ◆ Room and board costs
- ◆ Vocational needs
- ◆ Academics
- ◆ Daycare
- ◆ Medicaid case management
- ◆ Other case management
- ◆ Any other services that the child can otherwise obtain through Medicaid

**Unit:** A unit is one day.

## Supported Employment

**What:** Career exploration activities are designed to develop an individual career plan and facilitate the member's experientially-based, informed choice regarding the goal of individual employment. Career exploration may be provided in small groups of no more than four members to participate in career exploration activities that include:

- ◆ Business tours,
- ◆ Attending industry education events,
- ◆ Benefit information,
- ◆ Financial literacy classes, and
- ◆ Attending career fairs.

Career exploration may be authorized for up to 34 hours, to be completed over 90 days in the member's local community or nearby communities and may include, but is not limited to the following activities:

- ◆ Meeting with the member and the member's family, guardian or legal representative to introduce them to supported employment and explore the member's employment goals and experiences,
- ◆ Business tours,
- ◆ Informational interviews,
- ◆ Job shadows,
- ◆ Benefits education and financial literacy,
- ◆ Assistive technology assessment, and
- ◆ Job exploration events.

**Where:** Prevocational career exploration services shall take place in community-based nonresidential settings.

## Transportation

**What:** Transportation services for members to conduct business errands, essential shopping, to receive medical services, to travel to and from work or day programs, and to reduce social isolation.

**Where:** In the community as identified in the comprehensive service plan.

**Does not include:** Transportation simultaneously reimbursed with transportation costs that may be included in an SCL rate or medical transportation that is reimbursable through medical transportation funding

**Unit:** The provider's nonemergency medical transportation contract rate or, in the absence of a nonemergency medical transportation contract rate, the median nonemergency medical transportation contract rate paid per mile or per trip within the member's DHS region.

## Consumer Choices Option

**What:** The **Consumer Choices Option (CCO)** provides a member with a flexible monthly individual budget that is based on the member's service needs. With the individual budget, the member shall have the authority to purchase goods and services to meet the member's assessed needs and may choose to employ providers of services and supports. The services, supports, and items that are purchased with an individual budget must be directly related to a member's assessed need or goal established in the member's service plan.



CCO is a self-directed program that offers more choice, control, and flexibility over your services, as well as, more responsibility. Additional assistance is available if you choose this option. You will choose an Independent Support Broker who will help you develop your individual budget and help you recruit employees.

You will also work with a financial management service that will manage your budget for you and pay your workers on your behalf. Contact your case manager, DHS service worker, or service worker for more information. Additional information may also be found at the website: <https://dhs.iowa.gov/ime/members/medicaid-a-to-z/consumer-choices-option>.

Services that may be authorized in a service plan for use in an individual budget under CCO are:

- ◆ Consumer-directed attendant care (unskilled)
- ◆ Day habilitation
- ◆ Home and vehicle modification
- ◆ Prevocational services
- ◆ Basic individual respite care
- ◆ Specialized medical equipment
- ◆ Supported community living
- ◆ Supported employment
- ◆ Transportation

**Where:** In the member's home or integrated community setting. Not in the provider's home.

**Does not include:** CCO cannot be used to pay for:

- ◆ Room and board,
- ◆ Sheltered workshop services,
- ◆ Childcare,
- ◆ Personal entertainment items,
- ◆ Experimental and non-FDA-approved medications and therapies
- ◆ Home furnishings
- ◆ Insurance premiums or copayments
- ◆ Motorized vehicles
- ◆ Nutritional supplements,
- ◆ Recreational purchases not related to an assessed need,
- ◆ Repairs of motor vehicles,
- ◆ School tuition, or
- ◆ Service animals.

CCO funds may not be used to pay for services otherwise provided through Medicaid.

**Unit:** A monthly budget amount is established for each member based on the type and amount of authorized services in a member's service plan that are selected to convert to the CCO budget.

## Application Process

The application process for the ID waiver requires a coordinated effort between the Department of Human Services (DHS) and non-department agencies on behalf of the prospective member. If you are currently working with DHS personnel, please contact that person regarding the application process.

Please respond immediately to correspondence from an income maintenance worker, a service worker or a Medicaid case manager. This will decrease the amount of time needed to complete the application process and assist in communication.

1. Application for Medicaid (Title XIX) and the ID waiver is made with an income maintenance (IM) worker at the local DHS office. The IM worker will secure a payment slot or put the member's name on a waiting list. Upon availability of a payment slot, the IM worker will process the application and refer the member to a DHS service worker or a Medicaid case manager.

For adults applying for the ID waiver, an appointment will be scheduled with the IM worker. For children applying for this waiver, telephone contact will be made to the family home.

Documentation necessary to complete this contact may include:

- ◆ Financial records
- ◆ Title XIX card
- ◆ Letter of Medicaid eligibility
- ◆ Verification of Supplemental Security Income (SSI), Social Security Disability Insurance (SSDI) or State Supplemental Assistance (SSA) eligibility, if applicable. If assistance is not currently being received, a request may be made to apply at the local Social Security office.

Please note: Applicants for the residential-based supported community living service for children must be preapproved by DHS before service provision.

2. An assessment tool is completed by a service worker or a Medicaid case manager for each member.
3. The Iowa Medicaid Enterprise, Medical Services, will review the assessment tool to determine if member needs require ICF/ID or ICF level of care.

If the member does not meet level of care, the IM worker will send a *Notice of Decision (NOD)* notifying the member of the denial. The member has the right to appeal the decision. The appeal process is explained on the *NOD*.

4. An interdisciplinary team meeting is conducted to identify and authorize the services that are needed, the amount of service to be provided, and the providers of the services. The interdisciplinary team meeting will be attended by the member, the member's family, Medicaid case manager, ID waiver service providers, and may also include other professional or support persons.
5. The Individualized Services Information System (ISIS) process must be completed with the culmination of an approved comprehensive service plan before the implementation of services. An approved comprehensive service plan entered into the ISIS system authorizes payment for ID waiver services.
6. The service worker or the Medicaid case manager will issue a *Notice of Decision* if the member is approved to receive ID waiver services.

## Discrimination is Against the Law

The Iowa Department of Human Services (DHS) complies with applicable federal civil rights laws to provide equal treatment in employment and provision of services to applicants, employees, and clients and does not discriminate on the basis of race, color, national origin, age, disability or sex. DHS does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

DHS:

- ◆ Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- ◆ Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Iowa Medicaid Member Services at 1-800-338-8366.

If you believe that DHS has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: DHS, Office of Human Resources, by emailing [contactdhs@dhs.state.ia.us](mailto:contactdhs@dhs.state.ia.us) or in writing to:

DHS Office of Human Resources  
Hoover State Office Building, 1st floor  
1305 East Walnut Street  
Des Moines, IA 50319-0114

You can file a grievance in person, by mail, or email. If you need help filing a grievance, the DHS Office of Human Resources is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue  
SW Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-338-8366 (TTY: 1-800-735-2942)**.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-800-338-8366 (TTY: 1-800-735-2942)**。

**CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-800-338-8366 (TTY: 1-800-735-2942)**.

**OBAVJEŠTENJE:** Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite **1-800-338-8366 (TTY- Telefon za osobe sa oštećenim govorom ili sluhom: 1-800-735-2942)**.

**ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: **1-800-338-8366 (TTY: 1-800-735-2942)**.

(ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالجمان. اتصل برقم **1-800-338-8366** (رقم هاتف الصم والبكم: **1-800-735-2942**)).

**ໂປດຊາບ:** ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທສ **1-800-338-8366 (TTY: 1-800-735-2942)**.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-800-338-8366 (TTY: 1-800-735-2942)** 전화해 주십시오.

ध्यान द : य द आप हदी बोलते ह तो आपके िलए मुफ्त म भाषा सहायता सेवाएं उपलब्ध ह। **1-800-338-8366 (TTY: 1-800-735-2942)** पर कॉल कर ।

**ATTENTION :** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-800-338-8366 (ATS: 1-800-735-2942)**.

Wann du [Deutsch (Pennsylvania German / Dutch)] schwetzscht, kannscht du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprouch. Ruf selli Nummer uff: Call **1-800-338-8366 (TTY: 1-800-735-2942)**.

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร **1-800-338-8366 (TTY: 1-800-735-2942)**.

**PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-800-338-8366 (TTY: 1-800-735-2942)**.

ဟ်သုဉ်ဟ်သး- နမ့ၢ်ကတိၢ် ကညီ ကျိၣ်အသိၣ်, နမ့ၢ်န့ၢ် ကျိၣ်အတၢ်မၤစၢၤလၢ တလၢဟ်သုဉ်လၢဟ်စ့ၤ နီတမံၤဘၣ်သ့န့ၣ်လီၤ. ကိး **1-800-338-8366 (TTY: 1-800-735-2942)**.

**ВНИМАНИЕ:** Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-800-338-8366 (телетайп: 1-800-735-2942)**.