



Purpose

Glenwood Resource Center (GRC) is one of two State Resource Centers that provide a full range of active treatment and habilitation services to individuals with severe intellectual disabilities. Glenwood helps people to live safe and successful lives in the home and community of their choice.

Who Is Helped

Individuals who live at GRC have an intellectual or other developmental disability that requires treatment and support at the level of care provided by an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/ID).

Today and in the past 20 years, most individuals are admitted because of significant behavioral challenges or medical issues requiring intensive and complex active treatment.

In SFY12, eight individuals were admitted and 25 were discharged. At the end of SFY12, 263 individuals resided at GRC. Of these, 255 are voluntary and eight are involuntarily committed by courts.

- Nine are children 17 or younger.
- 228 are adults 18 to 64.
- 26 are adults 65 or older.

Of these individuals:

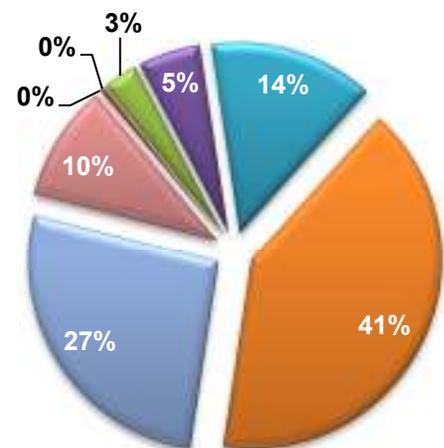
- 77 percent have a dual diagnosis of mental illness and intellectual disability.
- 71 percent have life-threatening eating and chewing disorders (dysphagia) that make it difficult to take in enough food and fluids.
- 61 percent are at high risk for sustaining injuries due to challenging behaviors.
- 58 percent have a seizure disorder.
- 39 percent are at high risk of food or liquid entering the airway and can get into the lungs, causing respiratory problems or infections, such as frequent bouts of pneumonia (i.e., aspiration).

A typical individual has an intellectual disability and an additional co-occurring condition such as eating and chewing disorders (dysphagia), ingesting inedible objects (PICA), self-injurious or assaultive behaviors and other severe health and behavioral difficulties, including sexual offending.

- ✓ *An individual is admitted after no community-based provider has been found that can meet the individual's service needs.*
- ✓ *Consistent with Iowa legislation (SF 2247), the term "mental retardation" has been changed to the less stigmatizing term "intellectual disability."*

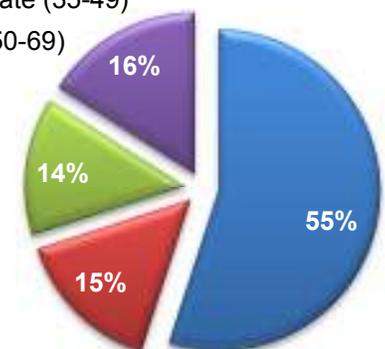
GRC Individuals Served by Age in SFY12

- 0-5
- 6-12
- 13-17
- 18-21
- 22-34
- 35-54
- 55-65
- 65+



Intellectual Functioning Level in SFY12

- Profound-(IQ below 20)
- Severe (20 to 34)
- Moderate (35-49)
- Mild (50-69)



<p>Services</p>	<p>GRC maintains federal Medicaid certification as an intermediate care facility for individuals with intellectual disabilities (ICF/ID).</p> <ul style="list-style-type: none"> GRC provides active treatment and support services for individuals with intellectual disabilities. GRC aggressively prepares individuals to move into appropriate community-based living and to be contributing members of their community. <p>GRC Home & Community-Based Services (HCBS)</p> <ul style="list-style-type: none"> GRC is also a Medicaid-funded Home and Community Based Services Waiver provider. In SFY12, GRC provided daily HCBS non-residential supported community services to 36 individuals at 8 locations in Glenwood. 	<p>GRC ICF/ID Year-End Census</p> <table border="1"> <caption>GRC ICF/ID Year-End Census Data</caption> <thead> <tr> <th>Year</th> <th>Census</th> </tr> </thead> <tbody> <tr> <td>SFY10</td> <td>292</td> </tr> <tr> <td>SFY11</td> <td>279</td> </tr> <tr> <td>SFY12</td> <td>263</td> </tr> <tr> <td>SFY13 est</td> <td>255</td> </tr> <tr> <td>SFY14 est</td> <td>243</td> </tr> <tr> <td>SFY15 est</td> <td>231</td> </tr> </tbody> </table>	Year	Census	SFY10	292	SFY11	279	SFY12	263	SFY13 est	255	SFY14 est	243	SFY15 est	231
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	<ul style="list-style-type: none"> ✓ 68 percent (584 FTEs) of the staff are direct care, 13 percent (108 FTEs) are professional and treatment professionals, 4 percent (37 FTEs) are maintenance, 7 percent (63 FTEs) are other support staff, and 8 percent (67.12 FTEs) are administrative. ✓ In SFY13, 82.2 percent of the Glenwood Resource Center operating budget is for staffing costs and 17.8 percent is for the support costs. As a percent of the overall operating budget, these support costs have been reduced in the past year. ✓ GRC has 263 operational beds and is the largest ICF/ID in the state. ✓ Eleven tenants lease space and operate programs on the GRC campus. ✓ GRC maintains 95 buildings and 231.24 acres on campus. 															
<p>Goals & Strategies</p>	<p>Goal: Promote choice for people with disabilities.</p> <p>Strategy:</p> <ul style="list-style-type: none"> Promote access to community based options for persons with disabilities. Prepare and support individuals discharged from GRC to remain in the community. 	<p>Results in SFY12:</p> <ul style="list-style-type: none"> GRC had a net decrease in population of 17. In the past five years, GRC has reduced its population by 22 percent. 47 percent of GRC individuals earned work wages through employment. 93 percent of GRC discharged individuals remained in the community at least 180 days after discharge. 														
<p>Cost of Services</p>	<p>The State Resource Center per diem is bundled and covers the total cost of service, including physician, medication, dental, adaptive equipment and other medical costs. Medicaid is billed separately by community medical providers for individuals served by private ICFs/ID. Thus, private ICFs/ID do not include these costs in their per diem.</p> <p>The daily per diem rate is \$762. The total annual cost of care per person served is \$278,199.</p> <ul style="list-style-type: none"> ✓ GRC is the largest employer in Mills County with a total estimated \$35 million impact in Mills County and the other surrounding areas. ✓ GRC generates more than a \$17 million impact for the town of Glenwood alone. <p>Sources: http://iwin.iwd.state.ia.us & GRC payroll data (7/12)</p>															

Funding Sources

The Glenwood Resource Center is funded by state general funds and federal funds with a small amount of funding from other sources.

The total budget for SFY14 is \$75,040,567:

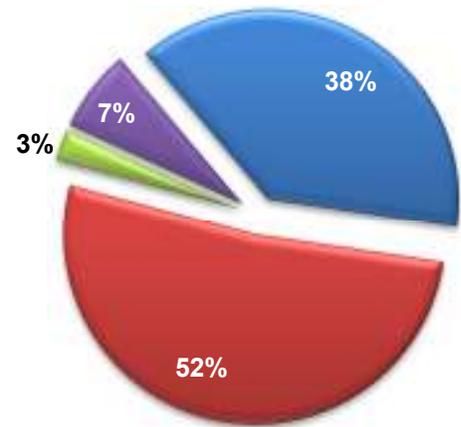
- \$28,860,430 (38.5 percent) is state general fund, including a \$8.2 million transfer from the Medical Assistance appropriation.
- \$38,923,263 (51.9 percent) is federal funding
- \$5,269,325 (7.0 percent) is other funding
- \$1,987,549 (2.6 percent) client participation

Prior to SFY13, the counties participated in the cost of care for persons with legal settlement, paying a portion of the non-federal share of Medicaid costs. With MHDS redesign, the department now pays this non-federal share. This amount is reflected in the state general funds above.

Other funding includes rental and lease receipts, and HCBS revenues. Client participation reflects an assessed amount the individual clients pay towards the cost of care.

SFY14 Funding

- State General Fund
- Federal
- Client Participation
- Other Funds



- ✓ *FMAP is projected to decrease from 59.87 percent in SFY2013 to 58.80 percent in SFY14 and 57.80 percent in SFY15.*

SFY 2014 & 2015 Budget Drivers

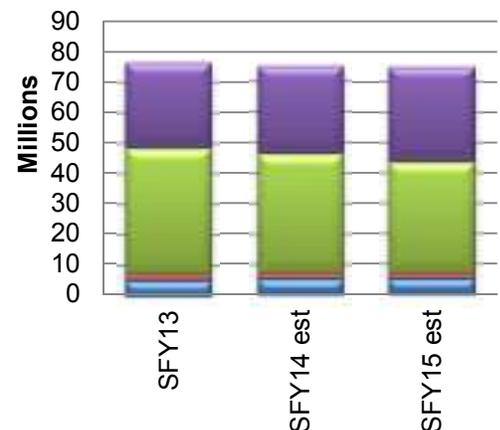
The SFY14 budget reflects a \$1,708,303 (9 percent) general fund increase from SFY13. The FY 15 budget reflects a \$2,944,465 (14.3 percent) general fund increase over SFY14

The key budget drivers of the increases are:

- Declining FMAP rate, \$738,788 in SFY14. The federal share has decreased because ARRA has expired and because the federal match declines for states, like Iowa, with improving economies.
- Increased costs of food, pharmaceuticals, utilities and other, \$57,703 in SFY14.
- Reduced revenues due to outplacement and census decline which results in lower federal revenue and an increased need for state resources to fund fixed costs and infrastructure, \$911,812 in SFY14. This impact continues to grow as census declines.
- The Glenwood Resource Center receives a \$8.2 million dollar transfer from the Medical Assistance appropriation. The total SFY14 budget reflects an overall \$1,305,349 decrease (-1.8 percent) from SFY13.

Total Budget Funding Mix

- State General Fund
- Federal
- Client Participation
- Other Funding



- ✓ *The impact of not funding the current service level request will be an estimated loss of 26.2 FTEs in SFY14 and 68.6 FTEs in SFY15.*

	✓ <i>As the revenues and census continue to decline at both resource centers, each will continue to right size to match the needs and number of individuals served.</i>
Legal Basis	Federal: <ul style="list-style-type: none">• Code of Federal Regulations, CFR 483.400 to 483.480• The State Resource Center must comply with the Conner Consent Decree and the United States Department of Justice Consent Decree. State: <ul style="list-style-type: none">• Iowa Code, Chapters 222 and 135C• Iowa Administrative Code, 441 IAC 28 and 30