Iowa Department of Human Services

Are Home & Community Based Services Right for You?

Home & Community Based Services (HCBS)

are available to help you remain in your home and your community

www.ime.state.ia.us

Home & Community Based Services Waivers

The Iowa Home & Community Based Services (HCBS) waivers are Medicaid Programs from the federal government which have rules set aside or "waived". This gives you more choices about how and where you receive services. It is for people with disabilities and older Iowans who need services. These services may allow you to stay in your home. You must be eligible for Medicaid and also meet the requirements the waiver you are applying for and/or receiving. You will need to be determined to be certified as being in need of nursing facility, skilled nursing facility level of care, hospital, or being in need of care on an intermediate care facility for the mentally retarded.

Iowa currently has seven Medicaid HCBS waivers that are as follows:

- AIDS Waiver
- Brain Injury Waiver
- Children's Mental Health Waiver
- Elderly Waiver
- Ill and Handicapped Waiver
- Intellectual Disability Waiver
- Physical Disability Waiver

This may help you decide if HCBS waivers are right for you. For more information or to apply, contact your local Department of human Services Office.

What to expect...

All waivers have some common services that are described in this pamphlet.

SERVICE COORDINATION

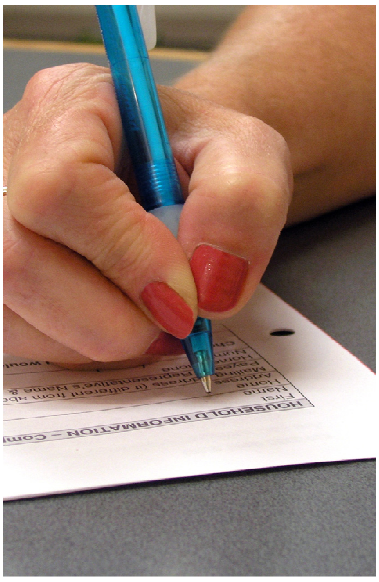
Your case manager/service worker is there to help you plan for and receive the services you need.

INDIVIDUAL PLANNING

All members who receive waiver services have a Comprehensive Service Plan. Your plan should have important information about you, your goals, and the steps you and your Support Team need to take to get there. The people on your team are yourself, your case manager/service worker, and other people whom you choose.

QUALITY ASSURANCE

It is important to make sure that you are happy with the services you receive, and that the medical support helps you move toward the goals that are in your Comprehensive Service Plan. Iowa must also be sure that HCBS waiver funds are used appropriately and in a way that meets federal and state requirements. You may be asked about your services. These questions help ensure that waiver services help you lead a full, happy, and safe life.



Waiver services are designed to assist you to live in your home and community!

EASY ACCESS

You should be able to receive the medical help you need. Just contact your local Iowa Department of Human Services office or visit the Iowa Medicaid Enterprise (IME) website: **www.ime.state.ia.us**

FLEXIBLE SUPPORTS

You should receive that is effective so that your individual needs are met in the best way possible.

PERSON CENTERED APPROACH

You should feel you are a valued partner in the plan and delivery of the assistance given to you. Your team is there to help you make choices. You have the responsibility of letting your team know your needs.

HEALTH & SAFETY

The Iowa Department of Human Services requires providers to give high quality support. These supports will help you stay healthy and safe while allowing you to make informed choices, try new experiences, take reasonable risks, and assume new challenges and responsibilities in your life.

HCBS AIDS/HIV Waiver

The AIDS/HIV waiver offers services for those who have been diagnosed with AIDS or HIV.

- Adult Day Care
- Consumer Directed Attendant Care (CDAC)
- Counseling Services
- Home Delivered Meals
- Home Health Aide
- Homemaker
- Nursing
- Respite

HCBS Brain Injury (BI) Waiver

This waiver offers services for those who have been diagnosed with a brain injury due to an accident or illness. You must one month of age but less than 65 years of age for this waiver.

- Adult Day Care
- Behavioral Programming
- Case Management
- Consumer Directed Attendant Care (CDAC)
- Family Counseling & Training
- Home & Vehicle Modification
- Interim Medical Monitoring & Treatment
- Personal Emergency Response
- Prevocational Services
- Respite
- Specialized Medical Equipment
- Supported Community Living
- Supported Employment
- Transportation

HCBS Elderly Waiver (EW)

The Elderly waiver provides services for elderly persons. An applicant must be, at least, 65 years of age. These are the services you may receive if there is a need:

- Adult Day Care
- Assistive Devices
- Case Management
- Chore
- Consumer Directed Attendant Care (CDAC)
- Home & Vehicle Modification
- Home Delivered Meals
- Home Health Aide
- Homemaker
- Mental Health Outreach
- Nursing
- Nutritional Counseling
- Personal Emergency Response
- Respite
- Senior Companion
- Transportation

HCBS III & Handicapped (IH) Waiver

The IH waiver provides services for persons who are blind or disabled. An applicant must be less than 65 years of age for this waiver. These are the services you may receive is there is a need:

- Adult Day Care
- Consumer Directed Attendant Care (CDAC)
- Counseling
- Home & Vehicle Modification
- Home Delivered Meals
- Home Health Aide
- Homemaker
- Interim Medical Monitoring & Treatment
- Nursing
- Nutritional Counseling
- Personal Emergency Response
- Respite

Waiver descriptions...

HCBS Intellectual Disability (ID) Waiver

This waiver provides services for persons who have been diagnosed with mental retardation. These are the services you may receive if there is a need for this waiver:

- Adult Day Care
- Consumer Directed Attendant Care (CDAC)
- Day Habilitation
- Home & Vehicle Modification
- Home Health Aide
- Interim Medical Monitoring &Treatment
- Nursing
- Personal Emergency Response
- Prevocational
- Respite
- Supported Community Living
- Supported Community Living-Residential Based
- Supported Employment
- Transportation

HCBS Physical Disability (PD) Waiver

This waiver provides services for persons who are physically disabled. An applicant must be at least 18 years of age, but less than 65 years of age. These are the services you may receive is there is a need for this waiver:

- Consumer Directed Attendant Care (CDAC)
- Home & Vehicle Modification
- Personal Emergency Response
- Specialized Medical Equipment
- Transportation

HCBS Children's Mental Health (CMH) Waiver

This waiver offers services for children who have been diagnosed with serious emotional problems. These are the services you may receive is there is a need for this waiver:

- Environmental Modifications & Adaptive Devices
- Family & Community Support Services
- In-Home Family Therapy
- Respite

Is the Consumer Choices Option for you?

The **Consumer Choices Option** is available under the HCBS waivers. It will give you control over some Medicaid dollars. You will use these dollars to make a budget plan to meet your needs by hiring employees and/or purchasing other goods and services. The **Consumer Choices Option** gives you more choice, control and flexibility over your services as well as more responsibility.

Look over the questions below:

- Do you want more **control** over how waiver Medicaid dollars are spent on your needs?
- Do you want to be the employer of the people that give you support?
- Do you want to be in charge of finding, hiring and firing your workers and service providers?
- Do you want to be in charge of training, managing and supervising your service providers?
- Do you want to be able to purchase goods or services in order to meet your needs?

More help is available if you choose this option. You will choose an Independent Support Broker who will help you make your budget and help you recruit employees. You will also work with a Financial Management Service that will manage your budget for you and pay your workers on your behalf.

If you feel the **Consumer Choices Option** is right for you, your case manager/services worker can provide help with accessing this option.

More information can also be found at the website:

www.ime.state.ia.us/HCBS/HCBSConsumerOptions.html

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