High-frequency chest wall oscillation (HFCWO) is a form of chest physical therapy in which an inflatable vest is attached to a machine that vibrates it at high frequency. The vest vibrates the chest to loosen and thin mucus. The loosened secretions may require another intervention to be cleared from the airway.

This criteria applies to the medical equipment and supplies needed for HFCWO treatment.

Criteria: **ALL of** the following 1-5, must be met.

1. **The member must have one of the following applicable diagnoses.**
   a. Cystic fibrosis
   b. Bronchiectasis - Confirmed by high resolution or spiral chest CT
      i. Daily productive cough for at least six months continuously or
      ii. More than two exacerbations per year, requiring antibiotic therapy
   c. Chronic or recurrent atelectasis as demonstrated by X-ray or CT.
   d. Neuromuscular diseases affecting the ability to cough or clear respiratory secretions with prior history of pneumonia or other significant worsening of pulmonary function, such as:
      i. Post-polio
      ii. Acid maltase deficiency
      iii. Anterior horn cell diseases
      iv. Multiple sclerosis
      v. Quadriplegia
      vi. Hereditary muscular dystrophy
      vii. Myotonic disorders
      viii. Other myopathies
      ix. Paralysis of the diaphragm
      x. Amyotrophic lateral sclerosis
      xi. Spinal muscular atrophy

2. **ONE of** the following must be documented.
   a. Pulmonary function tests (PFTs) within the 12 months before the initiation of the vest demonstrate an overall significant decrease in lung function.
   b. Increased frequency of hospitalizations for pulmonary issues, compared to the prior year OR three pulmonary hospitalizations within one year.
   c. If a renewal or treatment has already started must demonstrate improvement in PFTs, or decrease in incidence of hospitalizations, exacerbations or antibiotic use

3. **ALL of** the following, a.-e. must be well-documented
   a. Effective chest physiotherapy is required
      i. There must be demonstrated presence of bronchopulmonary secretions with documented need for airway clearance
1. Documentation of frequent respiratory infections should be indicated.

b. Manual CPT is unavailable, ineffective, or not tolerated. There should be documented failure of standard treatments (chest physiotherapy and, if appropriate, use of an oscillatory positive expiratory pressure device, or cough assist), or valid reasons why standard treatment cannot be performed. Examples of valid reasons why standard treatment cannot be performed may include ANY of the following:
   i. There are two or more individuals with cystic fibrosis, chronic bronchiectasis, or chronic neuromuscular disorder (meeting criteria above) in the family; or
   ii. The caregiver is unable (physically or mentally) to perform chest physical therapy at the required frequency; or
   iii. There is no available parental or partner resource to perform chest physical therapy; or
   iv. The member has a medical condition that precludes use of standard treatments.
   v. Age alone is not considered sufficient contraindication to any method of airway clearance.

c. Treatment by flutter device failed or is contraindicated.

d. Treatment by intrapulmonary percussive ventilation failed or is contraindicated.

e. A trial period is required to determine patient and family compliance. Sufficient and appropriate usage of the device during the trial period must be documented.

4. The prescriber is a pulmonologist.

5. None of the following apply. These conditions do not support medical necessity to HFCWO.

   a. HFCWO is being used as an adjunct to chest physical therapy (CPT), or along with mechanical in/exsufflation device
   b. The member has COPD, or chronic bronchitis, unless accompanied by a diagnosis under #1
   c. HFCWO is being used prophylactically to prevent onset of respiratory symptoms
   d. Contraindications exist for external manipulation of the thorax, as outlined by the American Association of Respiratory Care (AARC) and contained in their clinical practice guidelines for Postural Drainage Therapy, which include, but may not be limited to: unstable head or neck injury; active hemorrhage with hemodynamic instability; subcutaneous emphysema; recent epidural, spinal fusion or spinal anesthesia; recent skin grafts or flaps on the thorax; burns, open wounds, and skin infections of the thorax; recently placed transvenous pacemaker or subcutaneous pacemaker; suspected pulmonary tuberculosis; lung contusion; bronchospasm; osteomyelitis of the ribs; osteoporosis; coagulopathy; and complaint of significant chest wall pain.
   e. HFCWO is not covered for convenience or to upgrade to newer technology when the current components remain functional.
Continued use of a HFCWO device is considered medically necessary when ongoing use, (that is, compliance with use) is documented at 6 month to 12 month intervals. (Note: For HFCWO devices with usage meters, documentation should reflect use, in general, at least 67% of the prescribed time.)

Codes:
94669, Mechanical chest wall oscillation to facilitate lung function, per session.
A7025, high frequency chest wall oscillation system vest, replacement for use with patient owned equipment, each
A7026, high frequency chest wall oscillation system hose, replacement for use with patient owned equipment, each
E0481, intrapulmonary percussive ventilation system and related accessories
E0483, high frequency chest wall oscillation air-pulse generator system, (includes hoses and vest), each
E0484
S8185i

ICD-10 Codes:
<table>
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<tr>
<th>Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>E84.9</td>
<td>Cystic fibrosis, unspecified</td>
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<tr>
<td>E84.0</td>
<td>Cystic fibrosis with pulmonary manifestations</td>
</tr>
<tr>
<td>J47.0</td>
<td>Bronchiectasis with acute lower respiratory infection</td>
</tr>
<tr>
<td>J47.1</td>
<td>Bronchiectasis with (acute) exacerbation</td>
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<tr>
<td>J47.9</td>
<td>Bronchiectasis, uncomplicated</td>
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<tr>
<td>Q33.4</td>
<td>Congenital bronchiectasis</td>
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References Used:
Local Coverage Determination (LCD) for High Frequency Chest Wall Oscillation Devices (L12739) Accessed 9/11/14 at: https://www.noridianmedicare.com/dme/coverage/docs/lcds/current/high_frequency_chest_wall.htm
IAC 78.10(5)
c. Vest airway clearance systems. Payment will be approved for a vest airway clearance system when prescribed by a pulmonologist for a member with a diagnosis of a lung disorder if all of the following conditions are met:
(1) Pulmonary function tests for the 12 months before the initiation of the vest demonstrate an overall significant decrease in lung function.
(2) The member resides in an independent living situation or has a medical condition that precludes the caregiver from administering traditional chest physiotherapy.
(3) Treatment by flutter device failed or is contraindicated.
(4) Treatment by intrapulmonary percussive ventilation failed or is contraindicated.
(5) All other less costly alternatives have been tried.
Development of utilization management criteria may also involve research into other state Medicaid programs, other payer policies, consultation with experts and review by the Medicaid Clinical Advisory Committee (CAC). These sources may not be referenced individually unless they are specifically published and are otherwise applicable to the criteria at issue.

Change History:

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C. David Smith, MD