



# Mental Health and Disability Services Redesign 2011

## Systems Outcome - DRAFT

Source: Intellectual & Developmental Disabilities Workgroup

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### **The Iowa Mental Health and Disability Services system should:**

- Help Iowans increasingly recognize, value, and respect individuals with mental illness or disabilities as active members of their communities.
- Provide each adult and child with timely access to the full spectrum of supports and services needed.
- Offer a comprehensive, integrated, and consistent array of services and supports that are individualized, person-centered and flexible.
- Ensure that state and local policies and programs align to support the legislative vision of resiliency and recovery for Iowans with mental illness, and the ability of Iowans with disabilities to live, learn, work, and recreate in communities of their choice, thereby reducing Iowa's current reliance on high-cost institutional settings.
- Invest in people through appropriate training, salary and benefits to improve workforce and organizational effectiveness.
- Recognize and respect the ability of people (1) to make informed choices about their personal goals, about the activities that will make their lives meaningful, and about the amounts and types of services to be received; and (2) to understand the consequences of, and accept responsibility for, those choices.
- Ensure that individuals and families actively participate in service planning; in evaluating effectiveness of providers, supports and services; and in policy development.
- Encourage providers to use innovative thinking and progressive strategies that lead to better results for people.
- Measure performance and use data collected for quality improvement.
- Provide adequate funding and cost effective management of supports and services that promote positive outcomes for Iowans.

## **Consolidation List of Individual Outcomes**

- People make choices about their lives including with whom and where they live.
- People have support to participate in everyday community activities.
- People have friends and relationships.
- People have support to find and maintain community integrated employment.
- People have transportation to get them where they need to go.
- People are safe from abuse, neglect, and injury.
- People receive the same respect and protections as others in the community.
- People secure needed health services and are supported to maintain healthy habits.
- Medications are managed effectively and appropriately.
- People receive information in easily understood language including accurate information about the nature of their disability.
- People are actively engaged in planning their services and supports.
- People are supported to be self-determining and to manage and direct their own services.
- People have the ability to participate in self-advocacy organizations.
- People are satisfied with the services and supports they receive.

## Consolidation List of Family Outcomes

- Families receive supports necessary to keep the family together.
- Families have equal access to services and supports regardless of where they live and the nature of their family member's disability.
- Families receive accurate and accessible information regarding the nature of their family member's disability and relevant services and community resources.
- Families have the information and support necessary to plan for the services and supports they need.
- Families determine the services and supports they receive, and the individuals or agencies that provide them.
- Families that choose to self-direct flexible budgets can do so.
- Families get the services and supports they need.
- Families use integrated community services and participate in everyday community activities.
- Families maintain connections with family members with disabilities not living at home.
- Family supports make a positive difference in the lives of families and the family member with a disability.