Integrated Health Homes: For Individuals with Serious Mental Illness and Serious Emotional Disturbance

What is an Integrated Health Home?

An Integrated Health Home (IHH) is a team of professionals working together to provide whole-person, patient-centered, coordinated care for adults with a serious mental illness (SMI) and children with a serious emotional disturbance (SED). The IHH will be administered by the Medicaid Managed Care Organizations and provided by community-based IHHs.

An Integrated Health Home is responsible for:

- Providing an accessible, single point of coordination for an individual’s health care.
- Ensuring individuals and their families have access to timely, quality, and appropriate services and supports they need,
- Building alliances with various professionals that provide supports and services to the individual and their family.
- Providing different levels of care coordination that meet the different levels of need for individuals and their families.
- Involving multiple agencies and other partners to provide needed services and supports.
- Providing whole-person care coordination across medical, behavioral and social services and supports.
- Continuous quality improvement that improves measured effectiveness of services based on established outcomes.

How the Integrated Health Home Model Expands Care Coordination:

- Provides an entire team of professionals to assist with comprehensive care coordination.
- Includes the individual and family, as appropriate, as an equal partner in decision making.
- Includes Peer Support and Family Support Services.
- Provides care coordination using a whole-person, patient-centered approach which removes silos of care and supports an integrated system.
- Assures effectiveness based on health care indicators and quality of life performance and outcome measures.

Who is eligible for Integrated Health Home Services?

Individuals are eligible for Integrated Health Home care coordination if the individual is:

- Enrolled in Medicaid and
- An adult with a Serious Mental Illness (SMI) – SMI includes a diagnosis of schizophrenia, schizoaffective disorder, bipolar disorder, major depression or other serious mental health conditions that cause significant impairment in daily functioning or;
- A child or youth with a Serious Emotional Disturbance (SED) – SED includes a diagnosable mental, behavioral or emotional disorder of sufficient duration to meet diagnostic criteria specified within the most current Diagnostic and Statistical Manual of

Children: System of Care

Children with a Serious Emotional Disturbance and their families will receive IHH services using the principles and practices of a System of Care model.
Integrated Health Homes: For Individuals with Serious Mental Illness and Serious Emotional Disturbance

mental disorders (DSM) that results in a functional impairment.

Medicaid Managed Care Organizations Role in the IHH

- Identifying providers who meet the standards of participation of an IHH.
- Educating and supporting IHH providers in practice transformation and integrated care coordination.
- Continuously assessing the IHH provider’s capacity to meet integrated care coordination standards.
- Providing infrastructure and tools to coordinate between behavioral health and physical health providers.
- Developing self-management tools for the individuals served.
- Managing and performing data analytics and outcome measures to evaluate service effectiveness and cost efficiency of care coordination and service delivery.
- Providing clinical guidelines and other decision support tools.
- Providing technical support and tools for the electronic exchange of health information.
- Developing and maintaining the enrollment process.

For more information, contact Joyce Vance, Iowa Medicaid Enterprise at jvance@dhs.state.ia.us