**Independence Mental Health Institute**

**Purpose**
Independence Mental Health Institute (MHI) is one of Iowa's four mental health institutes providing short term psychiatric treatment and care for severe symptoms of mental illness. Independence has 40 adult beds, 20 child/adolescent beds, and 15 Psychiatric Medical Institution for Children beds.

**Who Is Helped**
Independence provides inpatient psychiatric services to children, adolescents and adults.

Independence also provides sub-acute treatment services through the Psychiatric Medical Institution for Children (PMIC) program to children referred by Cherokee, Independence and Toledo.

92 percent of the adult and 46 percent of the children and adolescent patients were involuntarily admitted in SFY12.

Individuals who are involuntarily committed for psychiatric treatment have been determined by the court to be a danger to themselves or others because of their symptoms of mental illness.

The total admissions in SFY12 were 277.

Total number served in SFY12 was 339.

The average adult patient is a 38-year-old male who is involuntarily admitted. The average length of stay is 108 days.

The average child/adolescent served in the inpatient program is a 13-year-old male who is involuntarily admitted. The average length of stay is 40 days.

The average child/adolescent served in the PMIC program is a 14-year-old female who is voluntarily admitted. The average length of stay is 111 days.

**Number Served in SFY12**

- **Adult Psychiatric Program**
  - 165, 49%

- **Child and Adolescent Program**
  - 103, 30%

- **PMIC**
  - 71, 21%

- Independence has a total of 40 adult and 20 child/adolescent beds or 8 percent of the 765 inpatient licensed community psychiatric beds in the state.

- Independence served 21 percent of the total Mental Health Institute adult admissions in SFY12.

- Independence served 30 percent of the total Mental Health Institute child/adolescent admissions in SFY12.

- Independence has 15 PMIC beds or 3 percent of the total 476 comprehensive-based licensed PMIC beds in the state for Iowa youth.
Services

Adult Acute Psychiatric Services
- 40 inpatient beds.
- 24-hour psychiatric treatment and mental health habilitation.
- Independence periodically has waiting lists for admission.

Inpatient Psychiatric Services for Children and Adolescents
- 20 inpatient beds.
- 24-hour psychiatric treatment and mental health habilitation.
- Academic continuance through the MHI school.

Psychiatric Medical Institution for Children (PMIC) Services
- 15 sub-acute psychiatric beds for children and adolescents.
- Academic continuance through the MHI school.

✓ Independence is accredited by The Joint Commission.
✓ 43 percent (101 FTEs) of the staff are direct care, 19 percent (45 FTEs) are professional and treatment professionals, 6 percent (13 FTE) are educational, 7 percent (16 FTEs) are maintenance, 15 percent (34 FTEs) are other support staff, and 10 percent (24 FTEs) are administrative.
✓ In SFY13, 82.8 percent of the Independence MHI operating budget is for staffing costs and 17.2 percent is for the support costs. As a percent of the overall operating budget, these support costs have slightly increased in the past year.
✓ 4 main buildings on 276.60 acres (70.4 acres managed by Iowa Prison Industries.)
### Goals & Strategies

**Goal:** Promote Iowa’s Behavioral Health Status.

**Strategy:**
- Improve the level of functioning of individuals served
- Reduce the use of restraint and seclusion
- Provide quality discharge planning to reduce readmission rate.

**Results SFY12**
- 100 percent of children, adolescent and adult patients showed improvement in ability to function as measured by the Global Assessment of Functioning (GAF).
- 92 percent of adults were not readmitted within 30 days of discharge.
- 2 hours 11 minutes of restraint are used per 1,000 hours of adult patient hours. 1 hour 8 minutes of restraint are used per 1,000 hours child/adolescent inpatient hours.

### Cost of Services

MHI per diems are defined in Iowa Code and based on cost of care in a calendar year. This means that SFY12 per diems are based on costs experienced January 1, 2011 through December 31, 2011.

**Daily per diem rate:**
- Adult psychiatric, $899.
- Child / Adolescent psychiatric, $1,105.
- Psychiatric Medical Institution for Medical Care (PMIC), $546.

**Cost per episode:**
- Adult psychiatric, $67,746
- Child/Adolescent psychiatric, $39,936
- Psychiatric Medical Institution for Children (PMIC), $48,143

- Independence employee spending in the local economy induces $10.2 million in output, which requires 102.3 jobs earning $2.51 million in labor incomes. In all, MHI directly or indirectly explains $32.95 million in regional output, $25 million in county value added, $22.2 million in labor income, and 389 jobs. (Swenson, D. and Eathington, L., Iowa Mental Health Facility Economic, Fiscal, and Community Impact Analysis, 30 November 2009:17.)
- Four entities operate programs on the Independence campus.

### Funding Sources

The Independence Mental Health Institute is funded by state general funds and federal funds with a small amount of funding from other sources.

The total budget for SFY14 is $22,341,452:
- $19,352,508 (91 percent) is state general fund, including a $9.05 million transfer from the Medical Assistance appropriation
- $1,399,576 (6 percent) is federal funding
- $567,007 (3 percent) is from other funding sources

### SFY14 Funding

- **State General Fund**: 91%
- **Federal**: 6%
- **Other Funding**: 3%

*Includes General Fund Transfer for
Independence receives an “upfront” appropriation from the general fund.

 Counties are required to pay 80 percent of the county capped per diem for adults with legal settlement who are not Medicaid eligible. Counties are billed the per diem minus any third party payments. County receipts are deposited in the state general fund.

 This program is “net budgeted” which means the state appropriation is adjusted for anticipated third party revenues to cover program costs. PMIC services are billed to third party payors including Medicaid. The federal share of medical assistance, client participation, and any other third party revenues directly attributable to the PMIC program are retained in the MHI appropriation (non-federal share returned to the Medicaid appropriation). Currently the maximum amount the MHI can receive from Medicaid cannot exceed the FMAP (Federal Medical Assistance Percentage) rate currently estimated at 58.8 percent for SFY14.

 SFY 2014 & 2015 Budget Drivers

 The SFY14 budget reflects a $495,434 (5 percent) general fund increase from SFY13. The SFY15 budget reflects a nominal $27,030 (less than one percent) general fund increase over SFY14.

 The key budget drivers of the SFY14 increase are:

 • Sustaining the funding level approved in SFY13 via carryforward authorization to maintain bed service level.
 • The Independence MHI receives a $9.1 million dollar transfer from the Medical Assistance appropriation. The total SFY14 budget reflects an overall $479,723 increase (2.1 percent) from SFY13.

 The impact of not funding the current service level request will be an estimated loss of 7.6 FTEs in SFY14 and 7.7 FTEs in SFY15.

 Legal Basis

 State:
 • Code of Iowa, Chapters 125, 217, 218, 225C, 226, 229, 230, 812
 • Iowa Administrative Code, 441 IAC 28 and 29