

Health Home Learning Collaborative

Making the Behavioral and
Physical Healthcare Marriage
Work

May 20, 2019

This training is a collaborative effort between the Managed Care Organizations and Iowa Medicaid Enterprise

Iowa Medicaid Enterprise

Pamela Lester

plester@dhs.state.ia.us

LeAnn Moskowitz

lmuskow@dhs.state.ia.us

United HealthCare of the River Valley

Michelle Gogerty

Michelle_gogerty@uhc.com

Shannon Harris

shannon.harris20@uhc.com

Iowa Total Care

Bill Ocker

Bill.J.Ocker@IowaTotalCare.com

Jason Vermeer

Jason.j.Vermeer@IowaTotalCare.com

Amerigroup

Sara Hackbart

sara.hackbart@amerigroup.com

David Klinkenborg

david.klinkenborg@amerigroup.com

Emma Badgley

emma.badgley@amerigroup.com

Logistics

- Mute your line
- Do not put us on hold
- We expect attendance and engagement.
- Type questions in the chat as you think of them, we will address them at the end.

AGENDA

1. Introductions
2. Health Home Updates.....Pam Lester, IME
3. Integrated Health Home..... Lori Palm, ITC
4. Health Home Case Study or Health Home Spotlight.....Ed Kelly, Waubonsie
5. Open Discussion.....All

(Open discussion on current issues or barriers, potentially leading to future monthly topics)

Coming up:

- *June 17, 2019 Comprehensive Assessment*
- *July 15, 2019 Change in Status and Disenrollment*
- *July 29, 2019 Person Centered Planning Philosophy*

Health Home Updates

- Enrollment 1776
- News: Informational letters and provider list sign up <https://dhs.iowa.gov/ime/providers/news-and-announcements>
- News and Initiatives: Subscribe to the page. <https://dhs.iowa.gov/node/3253>
- Share the Member link to how to change MCOs.
- Remind about using the IME Health Home inbox for questions. healthhomes@dhs.state.ia.us

Objectives

- Overview of the Chronic Condition Health Home (CCHH) and Integrated Health Home (IHH) Programs
- How are they supported
- Understand appropriate referrals

Authority: ACA Section 2703

- Option to submit State Plan Amendment (SPA) depicting a health home model targeting chronic conditions:
 - Primary Care SPA:
 - Approved June 8, 2012 / Effective July 1, 2012
 - SPMI Population SPA (Mental Health focus):
 - Adults and Kids, SOC approach
 - Effective date July 2013
 - Phased-in by county between July 1, 2013-July 1, 2014
- Draw 90/10 Federal match for 8 quarters for Health Home Services

Eligible Plan Types

- Members who get full Medicaid benefits.
- Members who get full Medicaid benefits who also have Medicare.

Members in the Following Programs are Not Eligible for the Chronic Condition Health Home:

- Iowa Health and Wellness Plan
- *Hawki*
- Family Planning Program (FPP)
- Qualified Medicare Beneficiary
- Special Low-Income Medicare Beneficiary
- Program of All-Inclusive Care for the Elderly (PACE)
- Presumptive Eligible

IHH Provider List



IHH Agency	Population	County	Address	City, State	Zip Code	Phone Number
Abbe Center for Community Mental Health	Adult	Benton, Buchanan, Cedar, Delaware, Fayette, Iowa, Johnson, Jones, Linn	520 11 th Street NW	Cedar Rapids, IA	52405	(319) 398-3562
Berryhill Center	Adult	Buena Vista, Calhoun, Franklin, Hamilton, Humboldt, Kossuth, Pocahontas, Sac, Webster, Wright	720 Kenyon Road	Fort Dodge, IA	50501	(515) 955-7171
Black Hawk-Grundy Mental Health Center	Adult/Child	Blackhawk, Grundy	3251 W 9 th Street	Waterloo, IA	50702	(319) 234-2893
Bridgeview Community Mental Health Center	Adult	Clinton	639 S Bluff Blvd	Clinton, IA	52732	(563) 243-5633
Broadlawn Medical Center	Adult	Polk	1801 Hickman Road	Des Moines, IA	50314	(515) 282-6770
Capstone Behavioral Healthcare	Adult	Jasper, Marion, Poweshiek	1123 1 st Ave E Suite #200	Newton, IA	50208	(641) 375-3481
Center Associates	Adult/Child	Hardin, Marshall, Tama	9 N 4TH Avenue	Marshalltown, IA	50158	(641) 752-1585
Children & Families of Iowa	Child	Calhoun, Hamilton, Humboldt, Kossuth, Pocahontas, Webster, Wright	111 Avenue D West	Fort Dodge, IA	50501	(515) 573-2193
Child Health Specialty Clinics	Child	Cedar, Johnson	100 Hawkins Drive, Room 247	Iowa City, IA	52242	(866) 219-9119
CHSC Clinton Regional Center	Child	Clinton, Jackson	1663 Lincoln Way Suite E	Clinton, IA	52732	(563) 243-0292
CHSC Decorah Regional Center	Child	Allamakee, Winneshiek	308 College Drive Suite 1	Decorah, IA		(563) 382-1277

https://dhs.iowa.gov/sites/default/files/IHH_Provider_List%202.18.19.pdf?042220192220

Health Home Maps

- CCHH and IHH Maps are coming and will be posted to the website.
- Subscribe to get updates.

<https://dhs.iowa.gov/ime/providers/enrollment/healthhome>

<https://dhs.iowa.gov/ime/providers/integrated-health-home>

Health Home Stats

- IHH
 - Adult 11,638
 - Child 6,557
- CCHH
 - 1776

Integrated Health Home Provider Qualifications

Community Mental Health Centers

- Physicians
- Nurse Care Coordinators
- Social Workers
- Behavioral Health Professionals
- Peer Support/Family Support Specialist

**Team is engaged with Primary Care clinics,
Specialist clinics, hospitals, etc...**

Model of Care - Peer/Family Peer Specialists in Action

- Teach wellness self-management approaches
- Help engage in other services and supports, including
 - primary care
- Share experiential knowledge
- Peer specialists can help members better participate in
 - service planning

Diagnostic Criteria for IHH Membership

The SMI diagnosis is defined by the following diagnosis categories:

- Psychotic disorders
- Schizophrenia
- Schizoaffective disorder
- Major depression
- Bipolar disorder
- Delusional disorder
- Obsessive-compulsive disorder
- Other MH diagnosis with significant functional impairment

Serious emotional disturbance (SED) means:

- A diagnosable mental, behavioral or emotional disorder of sufficient duration to meet DSM diagnostic criteria
- Results in functional impairment

IHH and CCHH

	Integrated Health Home	Chronic Condition Health Home
Who can be a Health Home provider?	Primarily a Community Mental Health Center, Psychiatric Medical Institute for Children (PMIC), or Mental Health Service Provider	Primary Care Provider (Designated provider)
Care Team	<ul style="list-style-type: none"> • Nurse Case Manager • Social Workers / Care Coordinators • Peer Support/Family Support Specialist Team is engaged with Physicians, Primary Care clinics, Specialist clinics, hospitals, etc...	<ul style="list-style-type: none"> • Designated Provider • Dedicated Care Coordinator • Health Coach • Clinic Support Staff Care team doesn't include a peer support specialist.
Services Provided (Health Homes are generally considered a care coordination service)	Care team provides six core Health Home services to members. The IHH care coordinator is the primary case manager for Habilitation (non waiver) and Children's Mental Health waiver.	Care team provides six core Health Home services to members.
Waivers and Health Homes	Members on waivers can also be enrolled in IHHs. Members on the Children's Mental Health waiver are required to be enrolled in an IHH.	Members on waivers can be enrolled in CCHHs. Members on the Children's Mental Health waiver cannot be enrolled in an IHH.

Who is eligible to be enrolled in a HH?

Integrated Health Home	Chronic Condition Health Home
<ul style="list-style-type: none"> • Adults with a serious mental illness (SMI) <ul style="list-style-type: none"> • Psychotic Disorder • Schizophrenia • Schizoaffective disorder • Major depression • Bipolar disorder • Delusional disorder • Obsessive-compulsive disorder • Children with a serious emotional disturbance (SED) 	<p>Adults or Children with the two of the following conditions or one condition and at risk for another:</p> <ul style="list-style-type: none"> • Mental Health • Substance Use Disorder • Asthma Diabetes • Heart Disease • Overweight (BMI >25 or 85th percentile) • Hypertension
<p>If a member does not meet criteria for SMI or SED, functional limitations (i.e. how the member's functioning affects their daily life) can be considered as a reason for enrollment.</p>	
<p>ADHD and Autism are not considered a SED or Mental Health Condition. A member could be eligible; however, if he/she has a primary diagnosis of SED and a secondary of ADHD or Autism.</p>	

Health Home Services

- Comprehensive care management
- Care coordination
- Health promotion
- Comprehensive transitional care/follow-up
- Patient & family support
- Referral to community & social support services

Member Choice

- A provider presents the qualifying member with the benefits of a health home and the member agrees to opt-in to health home services.
- Eligible individuals agree to participate in the health home at the initial engagement of the provider in a health home practice.
- The member will always be presented with the choice to opt-out at any time.

Referrals to a CCHH

- The CCHH would also be the member's PCP
- If the member doesn't want to switch to another PCP and the PCP is not a CCHH, a referral to a CCHH would not be appropriate.
- Reasons to refer to a CCHH
 - Chronic Conditions are outweighed by the Mental Health Conditions.
 - Where the member feels most comfortable getting their care (Member Choice)

Questions?

Health Home Case Study

Shenandoah and Waubonsie: A Case Study on Collaboration

- Female- she was a member of our IHH here at Waubonsie became pregnant and the OBGYN physician wanted her enrolled in the Medical Home as she was gestational diabetic.

She had several needs:

- Diabetic education
- Access to Dietician
- Financial needs
- After birth care
- It was then that Sue called IHH in Clarinda- and she was staffed and it mutually agreed that the Medical home would best meet her needs.

Open Discussion

Thank you!