



Iowa 2010 Mental Health National Outcome Measures (NOMS): CMHS Uniform Reporting System



Utilization Rates/Number of Consumers Served	U.S.	State	U.S. Rate	States
Penetration Rate per 1,000 population	6,835,040	32.07	21.94	59
Community Utilization per 1,000 population	6,496,649	14.79	20.86	58
State Hospital Utilization per 1,000 population	157,968	0.37	0.51	53
Other Psychiatric Inpatient Utilization per 1,000 population	385,299	2.08	1.40	44

Adult Employment Status	U.S.	State	U.S. Rate	States
Employed (Percent in Labor Force)	581,651	32.8%	36.3%	58
Employed (percent with Employment Data)	581,651	30.7%	19.0%	58

Adult Consumer Survey Measures	State	U.S. Rate	States
Positive About Outcome	-	71.1%	54

Child/Family Consumer Survey Measures	State	U.S. Rate	States
Positive About Outcome	-	62.1%	50

Readmission Rates:(Civil "non-Forensic" clients)	U.S.	State	U.S. Rate	States
State Hospital Readmissions: 30 Days	12,227	13.7%	9.2%	52
State Hospital Readmissions: 180 Days	27,198	21.3%	20.4%	53
State Hospital Readmissions: 30 Days: Adults	11,387	6.7%	9.3%	52
State Hospital Readmissions: 180 Days: Adults	25,339	16.1%	20.8%	53
State Hospital Readmissions: 30 Days: Children	839	28.2%	7.4%	29
State Hospital Readmissions: 180 Days: Children	1,857	31.9%	16.3%	29

Living Situation	U.S.	State	U.S. Rate	States
Private Residence	4,173,695	88.6%	82.7%	57
Homeless/Shelter	137,909	1.7%	2.7%	54
Jail/Correctional Facility	88,500	1.4%	1.8%	53

Adult EBP Services	U.S.	State	U.S. Rate	States
Supported Housing	75,091	0.4%	2.8%	41
Supported Employment	56,910	1.6%	2.1%	43
Assertive Community Treatment	62,473	0.7%	2.2%	38
Family Psychoeducation	23,282	0.4%	1.5%	19
Dual Diagnosis Treatment	64,243	1.6%	4.2%	27
Illness Self Management	167,530	0.4%	9.1%	22
Medications Management	292,923	-	25.0%	19

Child/Adolescent EBP Services	U.S.	State	U.S. Rate	States
Therapeutic Foster Care	18,032	-	2.0%	29
Multisystemic Therapy	8,850	-	1.4%	20
Functional Family Therapy	8,222	0.7%	1.8%	13

Change in Social Connectedness	State	U.S. Rate	States
Adult Improved Social Connectedness	-	71.2%	54
Child/Family Improved Social Connectedness	-	84.6%	49

CMHS Uniform Reporting System - 2010 State Mental Health Measures

STATE: Iowa

Basic Measures	State Number	State Rate	U.S.	U.S. Rate	States
Penetration Rate per 1,000 population	96,430	32.07	6,835,040	21.94	59
Community Utilization per 1,000 population	44,480	14.79	6,496,649	20.86	58
State Hospital Utilization per 1,000 population	1,109	0.37	157,968	0.51	53
Medicaid Funding Status	70,765	73%	4,124,247	62%	56
Employment Status (percent employed)	6,815	31%	581,651	19%	58
State Hospital Adult Admissions	825	1.04	136,410	0.94	52
Community Adult Admissions	34,116	0.98	11,414,220	2.64	51
State Hospital LOS Discharged Adult patients (Median)	-	27 Days	-	55 Days	50
State Hospital LOS for Adult Resident patients in facility <1 year (Median)	-	61 Days	-	73 Days	50
Percent of Client who meets SMI definition	-	100%	-	70%	56
Adults with Co-occurring MH/SA Disorders	-	2%	-	20%	51
Children with Co-occurring MH/SA Disorders	-	1%	-	5%	49

Basic Measures: Adult Consumer Survey Measures	State Rate	U.S. Rate	States
Access to Services	-	84.8%	54
Quality/Appropriateness of Services	-	88.0%	54
Outcome from Services	-	71.1%	54
Participation in Treatment Planning	-	79.5%	54
Overall Satisfaction with Care	-	87.8%	54

Basic Measures: Child/Family Consumer Survey Measures	State Rate	U.S. Rate	States
Access to Services	-	82.8%	49
Overall Satisfaction with Care	-	82.9%	50
Outcome from Services	-	62.1%	50
Participation in Treatment Planning	-	87.4%	50
Cultural Sensitivity of Providers	-	92.7%	49

Basic Measures: Consumer Living Situations	State Number	State Rate	U.S.	U.S. Rate	States
Private Residence	25,104	88.6%	4,173,695	82.7%	57
Jail/Correctional Facility	402	1.4%	88,500	1.8%	53
Homeless or Shelter	487	1.7%	137,909	2.7%	54

Basic Measures: Hospital Readmissions	State Number	State Rate	U.S.	U.S. Rate	States
State Hospital Readmissions: 30 Days	169	13.7%	12,227	9.2%	52
State Hospital Readmissions: 180 Days	262	21.3%	27,198	20.4%	53
Readmission to any psychiatric hospital: 30 Days	1,572	15.5%	52,546	13.9%	31

Basic Measures: State Mental Health Finance (FY2008)	State Number	State Rate	U.S.	U.S. Rate	States
SMHA Expenditures for Community MH *	\$333,762,000	89.3%	\$26,284,870,187	71.6%	51
SMHA Revenues from State Sources **	\$58,200,000	15.3%	\$15,437,575,310	42.3%	51
Total SMHA Expenditures	\$373,575,000	-	\$36,687,130,712	-	51

Developmental Measure	State Number	State Rate	U.S.	U.S. Rate	States
Percent Adults with SMI and Children with SED	96,430	100.0%	4,523,720	66.2%	58

Developmental Measure: Adult Evidence-Based Practices	State Number	State Rate	U.S.	U.S. Rate	States
Assertive Community Treatment	365	0.7%	62,473	2.2%	38
Supported Housing	213	0.4%	75,091	2.8%	41
Supported Employment	859	1.6%	56,910	2.1%	43
Family Psychoeducation	230	0.4%	23,282	1.5%	19
Integrated Dual Diagnosis Treatment	880	1.6%	64,243	4.2%	27
Illness Self-Management and Recovery	200	0.4%	167,530	9.1%	22
Medications Management	-	-	292,923	25.0%	19

Developmental Measure: Child Evidence Based Practices	State Number	State Rate	U.S.	U.S. Rate	States
Therapeutic Foster Care	-	-	18,032	2.0%	29
Multisystemic Therapy	-	-	8,850	1.4%	20
Functional Family Therapy	293	0.7%	8,222	1.8%	13

Developmental Measure: New Generation Medication	State Number	State Rate	U.S.	U.S. Rate	States
New Generation Meds: State Hospitals	-	-	12,232	67.52%	14
New Generation Meds: Community MH	-	-	51,143	34.74%	12
New Generation Meds: Total System	-	-	44,377	37.37%	10

Developmental Measure: Outcome	State Number	State Rate	U.S.	U.S. Rate	States
Adult Criminal Justice Contacts	-	-	35,334	7.0%	47
Juvenile Justice Contacts	-	-	5,192	7.4%	41
School Attendance (Improved)	-	-	6,989	37.1%	35

* Includes Other 24 -Hour expenditures for state hospitals.

** Revenues for state hospitals and community MH



Mental Health Community Services Block Grant: 2010 State Summary Report



Iowa

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State Revenue Expenditure Data	Amount
FY 2008 Mental Health Block Grant Revenues	\$3,300,000
FY 2008 SMHA Community MH Expenditures	\$333,762,000
FY 2008 Per Capita Community MH Expenditures	\$111.24
FY 2008 Community Percent of Total SMHA Spending	89.34%
FY 2008 Total SMHA Mental Health Expenditure	\$373,575,000
FY 2008 Per Capita Total SMHA Mental Health Expenditures	\$124.50

Statewide Mental Health Agency Data*

Measure	Number of Clients	Utilization Rate Per 1,000 Population
Total Clients Served by SMHA System	96,430	32.07
Clients Served in Community Settings	44,480	14.79
Clients Served in State Hospitals	1,109	0.37

Gender	Percent
Female	52.4%
Male	47.5%

Race/Ethnicity	Percent
American Indian or Alaska Native	0.5%
Asian	0.3%
Black or African American	6.9%
Native Hawaiian or Other Pacific Islander	0.0%
White	69.9%
Hispanic or Latino	3.3%
More Than One Race	1.0%
Not Available	18.0%

Employment With Known Status (Adults)	Percent
Employed	30.7%
Unemployed	63.1%
Not In Labor Force	6.1%

Medicaid Funding Status of Consumers	Percent
Medicaid Only	63.9%
Non-Medicaid	26.6%
Both Medicaid and Other Funds	9.5%

Consumer Perception of Care: (Adults)	Percent
Access to Services	-
Quality/Appropriateness of Services	-
Outcome from Services	-
Participation in Treatment Planning	-
Overall Satisfaction with Care	-

Implementation of Evidence-Based Practices	Percent
Assertive Community Treatment	0.7%
Supported Housing	0.4%
Supported Employment	1.6%
Family Psychoeducation	0.4%
Integrated Dual Diagnosis Treatment	1.6%
Illness Self-Management and Recovery	0.4%
Medications Management	-
Therapeutic Foster Care	-
Multisystemic Therapy	-
Functional Family Therapy	0.7%

Age	Percent
0 to 12	27.77%
13 to 17	15.13%
18 to 20	5.46%
21 to 64	49.79%
65 to 74	0.94%
75 and over	0.77%
Not Available	0.14%

Living Situation (with Known Status)	Percent
Private Residence	88.57%
Foster Home	0.25%
Residential Care	5.33%
Crisis Residence	-
Residential Treatment Center	0.02%
Institutional Setting	0.68%
Jail (Correctional Facility)	1.42%
Homeless (Shelter)	1.72%
Other	2.01%
Not Available	-

Consumer Perception of Care: (Children/Adolescents)	Percent
Access to Services	-
Overall Satisfaction with Care	-
Outcome from Services	-
Participation in Treatment Planning	-
Cultural Sensitivity of Providers	-

Outcome Measures Developmental	Percent
Adults Arrested this Year	-
Youth Arrested this Year	-
Improved School Attendance	-

Hospital Readmissions (Civil Status Patients)	Percent
State Hospital Readmissions: 30 Days	13.73%
State Hospital Readmissions: 180 Days	21.28%
Readmission to any psychiatric hospital: 30 Days	15.49%

* Based on 2010 URS data provided by US States and Territories per annual reporting guidelines.



The Community Mental Health Block Grant is administered by the Center for Mental Health Services within the Substance Abuse and Mental Health Services Administration of the US Department of Health and Human Services

Access Domain: Demographic Characteristics of Persons Served by the State Mental Health Authority, FY 2010

Iowa

Demographics	Total Served				Penetration Rates			States Reporting
	States		US		(per 1,000 population)			
	n	%	n	%	State	Midwest	US	
0-12	26,780	27.8%	963,830	14.1%	52.3	20.7	17.9	58
13-17	14,593	15.1%	843,342	12.3%	72.5	39.2	40.6	59
18-20	5,262	5.5%	339,200	5.0%	36.7	25.1	25.7	59
21-64	48,016	49.8%	4,355,499	63.7%	28.1	24.4	24.2	59
65-74	904	0.9%	193,375	2.8%	4.2	7.9	9.3	59
75 and over	742	0.8%	133,652	2.0%	3.3	5.8	7.7	57
Age Not Available	133	0.1%	6,142	0.1%	-	-	-	30
Age Total	96,430	100.0%	6,835,040	100.0%	32.1	22.5	21.9	59
Female	50,525	52.4%	3,514,476	51.4%	33.2	22.8	22.3	59
Male	45,782	47.5%	3,310,196	48.4%	30.8	22.0	21.5	59
Gender Not Available	123	0.1%	10,368	0.2%	-	-	-	32
Gender Total	96,430	100.0%	6,835,040	100.0%	32.1	22.5	21.9	59
American Indian/Alaskan Native	509	0.5%	75,357	1.1%	38.4	43.1	23.9	53
Asian	322	0.3%	84,946	1.2%	6.4	6.9	6.1	57
Black/African American	6636	6.9%	1,345,772	19.7%	78.9	38.3	33.9	54
Native Hawaiian/Pacific Islander	27	0.0%	13,679	0.2%	16.8	28.7	25.7	52
White	67377	69.9%	4,241,146	62.1%	23.9	19.2	17.4	58
Hispanic or Latino Race	3206	3.3%	109,369	1.6%	23.9	-	36.5	8
Multi-Racial	989	1.0%	158,693	2.3%	28.9	24.8	31.6	50
Race Not Available	17364	18.0%	806,078	11.8%	-	-	-	54
Race Total	96430	100.0%	6,835,040	100.0%	32.1	22.5	23.1	59
Hispanic or Latino Ethnicity	3,206	3.3%	794,226	12.1%	23.9	14.7	16.7	52
Not Hispanic or Latino Ethnicity	75,860	78.7%	5,060,600	77.4%	26.4	21.6	20.4	55
Ethnicity Not Available	17,364	18.0%	685,347	10.5%	-	-	-	42
Ethnicity Total	96,430	100.0%	6,540,173	100.0%	32.1	22.5	21.7	57

Note:

Are Client Counts Unduplicated? Unduplicated **Number of States with Unduplicated Counts** 43

This table uses data from URS/DIG Table 2a, Table 2b and from the US Census Bureau. All denominators use US Census data from 2009

US totals are calculated uniquely for each data element based on only those states who reported clients served.

Regional groupings are based on SAMHSA's Block Grant Regions.

State Notes:

Table 2a

Age Age calculated as of 7/1/2009
 Gender None
 Race None
 Overall The number of clients between 2009 and 2010 has increased by a 6,600. The reason for this increase translates back to an increased number of persons who have lost their jobs and then applying for Medicaid and/or County funded services.

Table 2b

Age Age calculated as of 7/1/2009
 Gender None
 Race None
 Overall None

Access Domain: Persons Served in Community Mental Health Programs by Age and Gender, FY 2010

Iowa

Demographic	Served in Community				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	9,651	21.7%	1,796,838	27.7%	13.5	24.1	58
Age 18-20	2,326	5.2%	321,741	5.0%	16.2	24.4	58
Age 21-64	30,893	69.5%	4,097,038	63.1%	18.1	22.8	58
Age 65+	1,484	3.3%	275,755	4.2%	3.3	6.3	57
Age Not Available	126	0.3%	5,277	0.1%	-	-	25
Age Total	44,480	100.0%	6,496,649	100.0%	14.8	20.9	58
Female	23,070	51.9%	3,353,226	51.6%	15.2	21.2	58
Male	21,292	47.9%	3,133,898	48.2%	14.3	20.4	58
Gender Not Available	118	0.3%	9,525	0.1%	-	-	28
Total	44,480	100.0%	6,496,649	100.0%	14.8	20.9	58

Note:

US totals are based on states reporting.

This table uses data from URS/DIG Table 3.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age Age calculated as of 7/1/2009
 Gender None
 Overall None

Access Domain: Persons Served in State Psychiatric Hospitals by Age and Gender, FY 2010

Iowa

Demographic	Served in State Psychiatric Hospitals				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	316	28.5%	11,966	7.6%	0.4	0.2	41
Age 18-20	65	5.9%	7,848	5.0%	0.5	0.6	53
Age 21-64	702	63.3%	130,786	82.8%	0.4	0.7	53
Age 65+	26	2.3%	7,349	4.7%	0.1	0.2	53
Age Not Available	-	-	19	0.0%	-	-	7
Age Total	1,109	100.0%	157,968	100.0%	0.4	0.5	53
Female	454	40.9%	55,199	34.9%	0.3	0.4	53
Male	655	59.1%	102,713	65.0%	0.4	0.7	53
Gender Not Available	-	-	56	0.0%	-	-	11
Total	1,109	100.0%	157,968	100.0%	0.4	0.5	53

Notes:

US totals are based on states reporting.

This table uses data from URS/DIG Table 3.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age Age calculated as of 7/1/2009
 Gender None
 Overall None

ACCESS DOMAIN: Persons Served by SMHA System through Medicaid and Other Funding Sources by Race, Gender, and Ethnicity, FY 2010

STATE: Iowa

Demographic	State							US Averages							States Reporting
	Number Served				% Served			Number Served				% Served			
	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	Total Served with Known Funding Status	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	Total Served with Known Funding Status	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	
Female	32,650	12,810	5,065	50,525	65%	25%	10%	1,765,149	1,219,646	425,909	3,410,704	52%	36%	12%	56
Male	28,969	12,732	4,081	45,782	63%	28%	9%	1,554,173	1,261,018	375,339	3,190,530	49%	40%	12%	56
Gender Not Available	-	123	-	123	-	100%	-	3,089	4,850	588	8,527	36%	57%	7%	28
Total	61,619	25,665	9,146	96,430	64%	27%	9%	3,322,411	2,485,514	801,836	6,609,761	50%	38%	12%	56
American Indian or Alaska Native	323	142	44	509	63%	28%	9%	39,100	24,574	8,716	72,390	54%	34%	12%	52
Asian	157	113	52	322	49%	35%	16%	43,939	28,045	9,416	81,400	54%	34%	12%	54
Black or African American	4,577	1,432	627	6,636	69%	22%	9%	741,854	401,274	157,236	1,300,364	57%	31%	12%	52
Native Hawaiian or Other Pacific Islander	27	-	-	27	100%	-	-	4,839	4,788	2,802	12,429	39%	39%	23%	48
White	39,037	20,275	8,065	67,377	58%	30%	12%	1,920,245	1,659,858	525,193	4,105,296	47%	40%	13%	55
Hispanic or Latino	2,638	412	156	3,206	82%	13%	5%	69,240	28,149	6,638	104,027	67%	27%	6%	7
More Than One Race	982	-	7	989	99%	-	1%	69,773	42,557	15,685	128,015	55%	33%	12%	45
Race Not Available	13,878	3,291	195	17,364	80%	19%	1%	433,421	296,269	76,150	805,840	54%	37%	9%	52
Total	61,619	25,665	9,146	96,430	64%	27%	9%	3,322,411	2,485,514	801,836	6,609,761	50%	38%	12%	56
Hispanic or Latino	2,638	412	156	3,206	82%	13%	5%	382,868	266,926	123,926	773,720	49%	34%	16%	50
Not Hispanic or Latino	45,103	21,962	8,795	75,860	59%	29%	12%	2,349,699	1,930,270	597,809	4,877,778	48%	40%	12%	52
Ethnicity Not Available	13,878	3,291	195	17,364	80%	19%	1%	416,707	209,084	37,673	663,464	63%	32%	6%	39
Total	61,619	25,665	9,146	96,430	64%	27%	9%	3,149,274	2,406,280	759,408	6,314,962	50%	38%	12%	54

Note:

This table uses data from DIG Tables 5a, and 5b (Hispanic Origin).

Duplication -

Type of Medicaid Data Reported

Data based on Medicaid Paid Services

State Notes

- 5a Age None
- 5a Gender None
- 5a Overall None
- 5b Overall None

Access Domain: Demographic Characteristics of Adults with SMI and Children with SED Served by the State Mental Health Authority, FY 2010
Iowa

Demographics	Total Served				Penetration Rates			States Reporting
	States		US		(per 1,000 population)			
	n	%	n	%	State	Midwest	US	
0-12	26,780	27.8%	671,820	14.9%	52.3	15.6	12.5	56
13-17	14,593	15.1%	592,653	13.1%	72.5	29.4	28.5	58
18-20	5,262	5.5%	193,305	4.3%	36.7	12.8	14.6	58
21-64	48,016	49.8%	2,872,320	63.5%	28.1	15.2	16.0	58
65-74	904	0.9%	126,699	2.8%	4.2	5.1	6.1	58
75 and over	742	0.8%	64,761	1.4%	3.3	3.1	3.8	56
Age Not Available	133	0.1%	2,162	0.0%	-	-	-	22
Age Total	96,430	100.0%	4,523,720	100.0%	32.1	14.6	14.5	58
Female	50,525	52.4%	2,319,948	51.3%	33.2	14.9	14.7	58
Male	45,782	47.5%	2,198,389	48.6%	30.8	14.4	14.3	58
Gender Not Available	123	0.1%	5,383	0.1%	-	-	-	29
Gender Total	96,430	100.0%	4,523,720	100.0%	32.1	14.6	14.5	58
American Indian/Alaskan Native	509	0.5%	50,122	1.1%	38.4	28.9	15.9	52
Asian	322	0.3%	64,835	1.4%	6.4	4.9	4.6	54
Black/African American	6,636	6.9%	939,974	20.8%	78.9	25.5	23.7	53
Native Hawaiian/Pacific Islander	27	0.0%	10,351	0.2%	16.8	18.9	17.9	50
White	67,377	69.9%	2,719,273	60.1%	23.9	12.3	11.1	57
Hispanic or Latino Race	3,206	3.3%	44,180	1.0%	23.9	-	0.9	7
Multi-Racial	989	1.0%	101,892	2.3%	28.9	18.1	19.1	47
Race Not Available	17,364	18.0%	593,093	13.1%	-	-	-	52
Race Total	96,430	100.0%	4,523,720	100.0%	32.1	14.6	14.5	58
Hispanic or Latino Ethnicity	3,206	3.3%	524,785	12.2%	23.9	9.4	10.8	51
Not Hispanic or Latino Ethnicity	75,860	78.7%	3,283,010	76.3%	26.4	14.1	12.7	54
Ethnicity Not Available	17,364	18.0%	497,786	11.6%	-	-	-	41
Ethnicity Total	96,430	100.0%	4,305,581	100.0%	32.1	14.6	13.8	56

State used Federal SMI Definition? No See Attachment

State used Federal SED Definition? No See Attachment

Note:
This table uses data from URS/DIG Table 14a, Table 14b and from the US Census Bureau. All denominators use US Census data from 2009
US totals are calculated uniquely for each data element based on only those states who reported clients served.

Regional groupings are based on SAMHSA's Block Grant Regions.

State Notes:

Table 14a
Age None
Gender None
Race None
Overall None
Table 14b
Age None
Gender None
Race None
Overall None

APPROPRIATENESS DOMAIN: NUMBER OF ADMISSIONS DURING THE YEAR TO STATE HOSPITAL INPATIENT AND COMMUNITY-BASED PROGRAMS, FY 2010

STATE: Iowa

Setting	Demographic	State			US			Admission Rate		States Reporting
		Admissions During Year	Total Served At Start of Year	Total Served During Year	Admissions During Year	Total Served At Start of Year	Total Served During Year	State	US	
State Psychiatric Hospitals	Total	1,141	149	1,109	148,625	45,919	157,851	1.03	0.94	52
	Children	316	20	316	12,208	1,596	11,954	1.00	1.02	37
	Adults	825	129	793	136,410	44,320	145,869	1.04	0.94	52
	Age NA	-	-	-	7	3	1	-	7.00	3
Other Inpatient	Total	9,028	126	6,268	537,860	36,287	385,299	1.44	1.40	45
	Children	2,371	21	1,771	79,618	3,412	52,841	1.34	1.51	36
	Adults	6,646	104	4,485	456,445	32,842	330,740	1.48	1.38	43
	Age NA	11	1	12	1,797	33	72	0.92	24.96	6
Residential Treatment Centers	Total	538	408	879	46,426	10,017	33,689	0.61	1.38	38
	Children	538	407	878	20,231	5,420	18,766	0.61	1.08	37
	Adults	-	1	1	26,193	4,592	14,913	-	1.76	29
	Age NA	-	-	-	2	5	8	-	0.25	2
Community Programs	Total	43,737	24,663	44,480	19,831,459	3,302,826	5,998,424	0.98	3.31	51
	Children	9,621	4,162	9,651	8,413,716	926,701	1,676,159	1.00	5.02	51
	Adults	34,116	20,501	34,703	11,414,220	2,374,243	4,317,146	0.98	2.64	51
	Age NA	-	-	126	3,523	1,882	3,286	-	1.07	16

Note:

Admission Rate= number of admissions divided by total served during the year

US Admissions During Year uses data from states reporting data only. States are only included in "US Total Served" if they also reported data on admissions.

US Total Served During Year is calculated using data in URS/DIG Table 3.

This table uses data from URS/DIG Table3 and 6.

Table 3 State Notes:

Age Age calculated as of 7/1/2009
 Overall None
 Gender None

Table 6 State Notes:

Hospital There is a reduction in Admissions and Discharges due to a reduction in the number of beds that were able to be staffed. (Many staff took the early retirement program offered by the State of Iowa and many were not replaced.)
 Other Inpatient None
 Residential None
 Community None
 Overall None

APPROPRIATENESS DOMAIN: Length of Stays in State Psychiatric Hospitals, Other Psychiatric Inpatient and Residential Treatment Centers for Children Settings, FY 2010

STATE: Iowa

Setting	Demographic	State						US						
		Length of Stay (Days)						Length of Stay (Days)						
		Discharged Clients		Resident Clients in Facility 1 year or less		Resident Clients in Facility more than 1 year		Discharged Clients		Resident Clients in Facility 1 year or less		Resident Clients in Facility more than 1 year		States
		Average	Median	Average	Median	Average	Median	Average	Median	Average	Median	Average	Median	Reporting
State Hospitals	All	-	-	-	-	-	-	183	58	101	76	2,100	1,327	12
	Children	29	14	77	60	423	423	97	77	78	64	503	483	33
	Adults	42	27	90	61	2,080	1,321	186	55	94	73	1,974	1,239	52
	Age NA	-	-	-	-	-	-	-	-	163	163	812	812	1
Other Inpatient	All	-	-	-	-	-	-	60	9	43	27	852	686	7
	Children	5	4	5	4	630	630	20	13	27	21	804	706	28
	Adults	6	3	5	3	827	371	25	8	39	30	870	688	38
	Age NA	25	4	25	4	-	-	26	6	13	3	-	-	2
Residential Treatment Centers	All	-	-	-	-	-	-	175	133	122	119	514	458	7
	Children	249	242	194	191	440	413	183	150	138	118	642	528	33
	Adults	616	616	-	-	616	616	260	209	134	124	829	712	23
	Age NA	-	-	-	-	-	-	90	90	118	119	1,186	1,186	1

Note:

Resident clients are clients who were receiving services in inpatient settings at the end of the reporting period.

This table uses data from URS/DIG Table 6.

Table 6 State Notes:

Hospital	There is a reduction in Admissions and Discharges due to a reduction in the number of beds that were able to be staffed. (Many staff took the early retirement program offered by the State of Iowa and many were not replaced.)
Other Inpatient	None
Residential	None
Community	None
Overall	None

Appropriateness Domain: Percent of Adults and Children Served Who Meet the Federal Definition for SMI/SED and Percent of Adults and Children Served Who Have Co-Occurring MH/AOD Disorders, FY 2010

Iowa

Adults and Children who meet the Federal Definition of SMI/SED	State	US Average	US Median	States Reporting
Percent of Adults served through the SMHA who meet the Federal definition for SMI	100.0%	69.5%	73.0%	56
Percent of Children served through the SMHA who meet the Federal definition for SED	100.0%	73.4%	76.0%	55

Co-occurring MH and Substance Abuse Consumers	State	US Average	US Median	States Reporting
Percent of Adults served through the SMHA who had a co-occurring MH and AOD disorder	2.0%	20.0%	19.0%	51
Percent of Children served through the SMHA who had a co-occurring MH and AOD disorder	1.0%	4.6%	4.0%	50
Percent of Adults served through the SMHA who met the Federal definitions of SMI who also have a substance abuse diagnosis	100.0%	24.4%	20.0%	50
Percent of Children served through the SMHA who met the Federal definitions of SED who also have a substance abuse diagnosis	100.0%	8.7%	5.0%	49

Note

This table uses data from URS/DIG Table 12.

State Notes

None

APPROPRIATENESS DOMAIN: Living Situation of Consumers Served by State Mental Health Agency Systems, FY 2010

STATE: Iowa

Age Group	Setting	State			US			States Reporting
		Living Situation	Percent in Living Situation	Percent with Known Living Situation	Living Situation	Percent in Living Situation	Percent with Known Living Situation	
All Persons Served	Private Residence	25,104	26.0%	88.6%	4,173,695	69.3%	82.7%	57
	Foster Home	72	0.1%	0.3%	94,577	1.6%	1.9%	49
	Residential Care	1,510	1.6%	5.3%	193,495	3.2%	3.8%	53
	Crisis Residence	-	-	-	65,765	1.1%	1.3%	32
	Residential Treatment Center	6	0.0%	0.0%	14,884	0.2%	0.3%	44
	Institutional Setting	194	0.2%	0.7%	166,465	2.8%	3.3%	52
	Jail (Correctional Facility)	402	0.4%	1.4%	88,500	1.5%	1.8%	53
	Homeless (Shelter)	487	0.5%	1.7%	137,909	2.3%	2.7%	54
	Other	570	0.6%	2.0%	113,290	1.9%	2.2%	45
	Not Available	68,085	70.6%	-	977,797	16.2%	-	45
	Total	96,430	100.0%	100.0%	6,026,377	100.0%	100.0%	59
Children under age 18	Private Residence	2,283	5.5%	94.3%	1,178,251	72.9%	87.2%	56
	Foster Home	49	0.1%	2.0%	69,346	4.3%	5.1%	47
	Residential Care	16	0.0%	0.7%	18,611	1.2%	1.4%	43
	Crisis Residence	-	-	-	11,905	0.7%	0.9%	26
	Residential Treatment Center	1	0.0%	0.0%	13,134	0.8%	1.0%	42
	Institutional Setting	20	0.0%	0.8%	21,649	1.3%	1.6%	43
	Jail (Correctional Facility)	6	0.0%	0.2%	15,132	0.9%	1.1%	46
	Homeless (Shelter)	15	0.0%	0.6%	7,339	0.5%	0.5%	46
	Other	32	0.1%	1.3%	15,080	0.9%	1.1%	41
	Not Available	38,951	94.1%	-	266,696	16.5%	-	41
	Total	41,373	100.0%	100.0%	1,617,143	100.0%	100.0%	57
Adults over age 18	Private Residence	22,795	41.5%	88.0%	2,992,074	68.0%	81.0%	57
	Foster Home	23	0.0%	0.1%	24,804	0.6%	0.7%	45
	Residential Care	1,492	2.7%	5.8%	174,570	4.0%	4.7%	53
	Crisis Residence	-	-	-	53,806	1.2%	1.5%	31
	Residential Treatment Center	5	0.0%	0.0%	1,684	0.0%	0.0%	22
	Institutional Setting	172	0.3%	0.7%	144,717	3.3%	3.9%	52
	Jail (Correctional Facility)	395	0.7%	1.5%	73,305	1.7%	2.0%	53
	Homeless (Shelter)	472	0.9%	1.8%	130,498	3.0%	3.5%	54
	Other	538	1.0%	2.1%	97,991	2.2%	2.7%	45
	Not Available	29,032	52.9%	-	705,483	16.0%	-	45
	Total	54,924	100.0%	100.0%	4,398,932	100.0%	100.0%	59

This table uses data from URS/DIG Table 15.

State Notes:

None

APPROPRIATENESS DOMAIN: Persons Who were Homeless by Age, Gender, Race, and Ethnicity, FY 2010

STATE: Iowa

Demographic	Homeless or Living in Shelters				Percent of Total with Known Living Situation		States Reporting
	State		US		State	US	
	N	%	N	%	%	%	
Age 0 to 17	15	3.1%	7,339	5.3%	0.6%	0.5%	46
Age 18 to 64	468	96.1%	127,764	92.6%	1.9%	3.7%	54
Age 65+	4	0.8%	2,734	2.0%	0.3%	1.2%	52
Age Not Available	-	-	72	0.1%	-	1.5%	13
Age Total	487	100.0%	137,909	100.0%	1.7%	2.7%	54
Female	195	40.0%	54,595	39.6%	1.3%	2.1%	54
Male	291	59.8%	83,106	60.3%	2.1%	3.4%	54
Gender Not Available	1	0.2%	208	0.2%	2.3%	2.4%	18
Gender Total	487	100.0%	137,909	100.0%	1.7%	2.7%	54
American Indian or Alaska Native	2	0.4%	2,082	1.5%	1.2%	3.7%	47
Asian	3	0.6%	1,056	0.8%	2.1%	1.8%	45
Black or African American	67	13.8%	43,609	31.6%	4.2%	4.1%	51
Native Hawaiian or Other Pacific Islander	-	-	398	0.3%	-	4.0%	34
White	380	78.0%	75,456	54.7%	1.5%	2.3%	53
Hispanic or Latino	7	1.4%	947	0.7%	1.4%	1.7%	8
More Than One Race	-	-	3,176	2.3%	-	2.5%	42
Race Not Available	28	5.7%	11,185	8.1%	2.3%	2.5%	47
Race Total	487	100.0%	137,909	100.0%	1.7%	2.7%	54
Hispanic or Latino	7	1.4%	20,586	15.5%	1.4%	2.4%	49
Not Hispanic or Latino	452	92.8%	102,489	77.2%	1.7%	2.7%	50
Not Available	28	5.7%	9,721	7.3%	2.3%	3.6%	34
Ethnicity Total	487	100.0%	132,796	100.0%	1.7%	2.7%	52

Note:

US totals are based on states reporting.

This table uses data from URS/DIG Table 15.

US totals are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

None

Appropriateness Domain: Evidence-Based Practices Reported by SMHAs, FY 2010

Iowa

Adult EBP Services	State		US		Penetration Rate: % of Consumers Receiving EBP/Estimated SMI		Measuring Fidelity		States Reporting
	EBP N	SMI N	EBP N	SMI N	State	US Average	State	US	
Supported Housing	213	55,057	75,091	3,077,350	0.4%	2.8%	No	4	41
Supported Employment	859	55,057	56,910	3,077,350	1.6%	2.1%	No	18	43
Assertive Community Treatment	365	55,057	62,473	3,077,350	0.7%	2.2%	Yes	24	38
Family Psychoeducation	230	55,057	23,282	3,077,350	0.4%	1.5%	No	3	19
Dual Diagnosis Treatment	880	55,057	64,243	3,077,350	1.6%	4.2%	No	12	27
Illness Self Management	200	55,057	167,530	3,077,350	0.4%	9.1%	-	8	22
Medication Management	-	-	292,923	3,077,350	-	25.0%	No	3	19

Child/Adolescent EBP Services	State		US		Penetration Rate: % of Consumers Receiving EBP/Estimated SED		Measuring Fidelity		States Reporting
	EBP N	SED N	EBP N	SED N	State	US Average	State	US	
Therapeutic Foster Care	-	-	18,032	1,180,308	-	2.0%	No	9	29
Multi-Systemic Therapy	-	-	8,850	1,180,308	-	1.4%	No	11	20
Family Functional Therapy	293	41,373	8,222	1,180,308	0.7%	1.8%	Yes	8	13

Note:

US totals are based on states reporting.

This table uses data from URS/DIG Tables 16 and 17.

US averages are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Table 16: None

Table 17: None

Outcomes Domain: Employment Status of Adult Mental Health Consumers Served in the Community by Age and Gender, FY 2010

Iowa

Demographics	State				Employed as Percent of those in Labor Force		Employed as Percent of Known Employment Status		States Reporting
	Employed	Unemployed	In Labor Force*	With Known Employment Status**	State	US	State	US	
Age 18 to 20	348	639	987	1,211	35%	32%	28.7%	14.8%	58
Age 21 to 64	6,373	13,080	19,453	20,154	33%	37%	31.6%	20.0%	58
Age 65 and over	94	273	367	803	26%	31%	11.7%	7.5%	57
Age Not Available	-	-	-	-	-	49%	-	8.8%	13
Age TOTAL	6,815	13,992	20,807	22,168	33%	36%	30.7%	19.0%	58
Female	3,820	7,023	10,843	11,699	35%	37%	32.7%	19.1%	58
Male	2,991	6,961	9,952	10,457	30%	35%	28.6%	18.8%	58
Gender Not Available	4	8	12	12	33%	39%	33.3%	18.7%	28
Gender TOTAL	6,815	13,992	20,807	22,168	33%	36%	30.7%	19.0%	58

What populations are reported? All Clients Number of States Reporting All Clients: 29 Number of States Reporting Some Clients: 31

When is Employment Status Measured?	At Admission	At Discharge	Monthly	Quarterly	Other
IA	-	-	-	-	Depends on data source, at least annually
US	43	26	4	5	33

Note:

*In Labor Force is the sum of consumers employed and unemployed.

**With Known Employment Status is the sum of consumer employed, unemployed and not in labor force.

Consumers employed as a % of those in labor force uses adults employed and unemployed as the denominator.

Consumers employed as % of known employment status uses the sum of persons employed, unemployed and not in labor force as the denominator.

This table uses data from URS/DIG Table 4.

State Notes:

Age Age calculated as of 7/1/2009
 Gender None
 Overall None

Outcomes Domain: Employment Status of Adult Mental Health Consumers Served in the Community by Diagnosis, FY 2010

Iowa

Diagnosis	State				Employed as a % of Labor Force		Employed as % of Known Employment Status		% of Consumers with Dx		States Reporting
	Employed	Unemployed	In Labor Force*	With Known Employment Status**	State	US	State	US	State	US	
Schizophrenia and Related Disorders	75	156	231	235	32.5%	23.2%	31.9%	8.1%	1.1%	14.5%	46
Bipolar and Mood Disorders	138	342	480	526	28.8%	35.4%	26.2%	17.8%	2.4%	44.0%	46
Other Psychoses	4	9	13	13	30.8%	20.0%	30.8%	9.8%	0.1%	2.8%	45
All other Diagnoses	6,596	13,484	20,080	21,391	32.8%	42.3%	30.8%	22.6%	96.5%	29.7%	45
No Diagnosis and Deferred Diagnosis	2	1	3	3	66.7%	37.8%	66.7%	14.6%	0.0%	9.0%	43
TOTAL	6,815	13,992	20,807	22,168	32.8%	36.1%	30.7%	17.3%	100.0%	100.0%	46

Note:

*In Labor Force is the sum of consumers employed and unemployed.

**With Known Employment Status is the sum of consumer employed, unemployed and not in labor force.

Consumers employed as a % of those in labor force uses adults employed and unemployed as the denominator.

Consumers employed as % of known employment status uses the sum of persons employed, unemployed and not in labor force as the denominator.

This table uses data for URS/DIG Table 4a.

State Notes:

None

CONSUMER SURVEY RESULTS, FY 2010

STATE: Iowa

Indicators	Children: State	Children: U.S. Average	States Reporting	Adults: State	Adults: U.S. Average	States Reporting
Reporting Positively About Access	-	81.5%	49	-	84.6%	54
Reporting Positively About Quality and Appropriateness				-	88.3%	54
Reporting Positively About Outcomes	-	62.1%	50	-	72.0%	54
Reporting on Participation in Treatment Planning	-	86.5%	50	-	79.1%	54
Family Members Reporting High Cultural Sensitivity of Staff	-	92.7%	49			
Reporting positively about General Satisfaction with Services	-	81.6%	50	-	88.0%	54

Note: U.S. Average Children & Adult rates are calculated only for states that used a version of the MHSIP Consumer Survey

This table uses data from URS/DIG Table 11.

Children/Family	State	U.S.
Type of Survey Used		YSS-F=41

Type of Adult Consumer Survey Used	28-Item MHSIP	Other MHSIP	Other Survey
U.S.	33	23	-

Sample Size & Response Rate	Children: State	Children: U.S.	States Reporting	Adults: State	Adults: U.S. Average	States Reporting
Response Rate	-	44.5%	45	-	49.9%	47
Number of Surveys Attempted (send out)	-	133,003	43	-	239,783	46
Number of Surveys Contacts Made	-	110,954	41	-	190,201	45
Complete Surveys	-	41,002	47	-	107,182	52

Populations covered in survey	Children: State	Children: U.S.	Adults: State	Adults: U.S.
All Consumers	-	3	-	-
Sample	-	47	-	54

Sample Approach	Children: State	Children: U.S.	Adults: State	Adults: U.S.
Random Sample	-	18	-	13
Stratified Sample	-	12	-	17
Convenience Sample	-	14	-	18
Other Sample	-	5	-	7

Who is Sampled?	Children: State	Children: U.S.	Adults: State	Adults: U.S.
Current Clients	-	49	-	53
Former Clients	-	18	-	20

Populations included in sample: (e.g., all adults, only adults with SMI, etc.)	Children: State	Children: U.S.	Adults: State	Adults: U.S.
All Children or Adults Served	-	27	-	29
SMI Adults or SED Children	-	17	-	15
Persons Covered by Medicaid	-	9	-	8
Other	-	11	-	15

State Notes:

Iowa is not currently doing a consumer survey.

OUTCOMES DOMAIN: Consumer Survey Results, by Race/Ethnicity FY 2010

STATE: Iowa

Race/Ethnicity	Adult Consumer Survey Indicators: Reporting Positively About...														States
	Access		Quality & Appropriateness		Outcomes		Participation In Tx Planning		General Satisfaction		Social Connectedness		Improved Functioning		
	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	
American Indian or Alaska Native	-	40%	-	85%	-	71%	-	77%	-	85%	-	74%	-	72%	39
Asian	-	85%	-	87%	-	73%	-	80%	-	88%	-	74%	-	75%	39
Black or African American	-	98%	-	88%	-	76%	-	82%	-	89%	-	76%	-	76%	41
Native Hawaiian or Other Pacific Islander	-	88%	-	90%	-	80%	-	82%	-	89%	-	83%	-	82%	30
White	-	85%	-	88%	-	70%	-	81%	-	88%	-	70%	-	70%	41
Hispanic or Latino	-	88%	-	91%	-	76%	-	85%	-	89%	-	76%	-	75%	38
More Than One Race	-	81%	-	84%	-	68%	-	77%	-	85%	-	67%	-	67%	29
Not Available	-	85%	-	87%	-	71%	-	77%	-	87%	-	70%	-	71%	42

Race/Ethnicity	Family of Children Survey Indicators: Reporting Positively About...														States
	Access		General Satisfaction with Services		Outcomes		Participation In Tx Planning		Cultural Sensitivity of Staff		Social Connectedness		Improved Functioning		
	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	
American Indian or Alaska Native	-	79%	-	80%	-	68%	-	81%	-	92%	-	85%	-	67%	33
Asian	-	76%	-	85%	-	66%	-	82%	-	91%	-	79%	-	72%	22
Black or African American	-	86%	-	85%	-	67%	-	87%	-	94%	-	88%	-	68%	36
Native Hawaiian or Other Pacific Islander	-	78%	-	83%	-	72%	-	86%	-	91%	-	91%	-	71%	20
White	-	81%	-	82%	-	64%	-	88%	-	93%	-	84%	-	65%	36
Hispanic or Latino	-	75%	-	80%	-	66%	-	82%	-	87%	-	80%	-	65%	32
More Than One Race	-	79%	-	79%	-	62%	-	86%	-	92%	-	83%	-	63%	24
Not Available	-	78%	-	80%	-	61%	-	84%	-	90%	-	81%	-	62%	36

Notes:

This table uses data from URS/DIG Table 11a.

State Notes:

Iowa is not currently doing a consumer survey.

Outcomes Domain: Change in Social Connectedness and Functioning, FY 2010

Iowa

Indicators	Children				Adults			
	State	US Average	US Median	States Reporting	State	US Average	US Median	States Reporting
Percent Reporting Improved Social Connectedness from Services	-	84.6%	85.0%	49	-	71.1%	70.7%	54
Percent Reporting Improved Functioning from Services	-	64.4%	64.3%	50	-	70.3%	71.1%	54

Note:

This table uses data from URS/DIG Table 9.

US State Averages and Medians are calculated only with states which used the recommended Social Connectedness and Functioning questions.

Adult Social Connectedness and Functioning Measures	State	US
Did you use the recommended new Social Connectedness Questions?	-	52
Did you use the recommended new Functioning Domain Questions?	-	52
Did you collect these as part of your MHSIP Adult Consumer Survey?	-	50

Children/Family Social Connectedness and Functioning Measures	State	US
Did you use the recommended new Social Connectedness Questions?	-	47
Did you use the recommended new Functioning Domain Questions?	-	47
Did you collect these as part of your YSS-F Survey?	-	45

State Notes:

None

OUTCOMES DOMAIN: Civil (Non Forensic) & Forensic Patients Readmission within 30 Days by Age, Gender, and Race, FY 2010

STATE: Iowa

Demographic	Readmissions within 30 days to state psychiatric hospitals: "Civil" (Non-Forensic) Patients							Readmissions within 30 days to state psychiatric hospitals: Forensic Patients						
	State			US				State			US			
	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting
Age 0 to 12	17	92	18.5%	186	2,563	7.3%	17	-	-	-	1	17	5.9%	1
Age 13 to 17	97	312	31.1%	653	8,830	7.4%	27	-	-	-	23	382	6.0%	6
Age 18 to 20	1	68	1.5%	655	7,017	9.3%	39	-	2	-	41	999	4.1%	17
Age 21 to 64	52	742	7.0%	10,453	110,800	9.4%	52	-	25	-	615	19,252	3.2%	36
Age 65 to 74	2	15	13.3%	222	2,887	7.7%	38	-	1	-	15	440	3.4%	10
Age 75 and over	-	2	-	57	1,096	5.2%	22	-	-	-	5	140	3.6%	4
Age Not Available	-	-	-	1	23	4.3%	1	-	-	-	-	8	-	
Age Total	169	1,231	13.7%	12,227	133,216	9.2%	52	-	28	-	700	21,238	3.3%	36
Female	80	521	15.4%	4,300	49,712	8.6%	50	-	10	-	158	3,629	4.4%	28
Male	89	710	12.5%	6,977	73,264	9.5%	50	-	18	-	527	17,080	3.1%	33
Gender Not Available	-	-	-	950	10,240	9.3%	2	-	-	-	15	529	2.8%	1
Gender Total	169	1,231	13.7%	12,227	133,216	9.2%	52	-	28	-	700	21,238	3.3%	36
American Indian or Alaska Native	-	2	-	172	1,868	9.2%	20	-	-	-	14	219	6.4%	6
Asian	-	3	-	102	1,246	8.2%	22	-	-	-	17	378	4.5%	7
Black or African American	3	23	13.0%	3,417	32,670	10.5%	42	-	2	-	271	8,165	3.3%	26
Native Hawaiian or Other Pacific Islander	-	-	-	100	230	43.5%	6	-	-	-	9	147	6.1%	3
White	70	587	11.9%	6,577	77,448	8.5%	49	-	15	-	273	9,038	3.0%	29
Hispanic or Latino	-	10	-	321	3,522	9.1%	8	-	-	-	21	553	3.8%	4
More Than One Race	-	-	-	91	983	9.3%	15	-	-	-	8	303	2.6%	6
Race Not Available	96	606	15.8%	1,448	15,249	9.5%	29	-	11	-	87	2,435	3.6%	12
Race Total	169	1,231	13.7%	12,228	133,216	9.2%	52	-	28	-	700	21,238	3.3%	36
Hispanic or Latino	-	10	-	728	8,804	8.3%	30	-	-	-	83	2,776	3.0%	13
Not Hispanic or Latino	73	615	11.9%	7,142	81,075	8.8%	39	-	17	-	430	13,290	3.2%	26
Not Available	96	606	15.8%	1,861	20,292	9.2%	22	-	11	-	93	2,169	4.3%	11
Ethnicity Total	169	1,231	13.7%	9,731	110,171	8.8%	45	-	28	-	606	18,235	3.3%	33

Forensics included in "non forensic" data? No

Note:

US totals are based on states reporting.
This table uses data from URS/DIG Table 20.

State Notes:

The Iowa Department of Human Services has changed the system through which State Psychiatric Hospitals report client data. We expected to have some differences in data because this.

OUTCOMES DOMAIN: Civil (Non Forensic) & Forensic Patients Readmission within 180 Days by Age, Gender, and Race, FY 2010

STATE: Iowa

Demographic	Readmissions within 180 days to state psychiatric hospitals: "Civil" (Non-Forensic) Patients							Readmissions within 180 days to state psychiatric hospitals: Forensic Patients						
	State			US				State			US			
	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting
Age 0 to 12	19	92	20.7%	418	2,563	16.3%	19	-	-	-	1	17	5.9%	1
Age 13 to 17	110	312	35.3%	1,439	8,830	16.3%	28	-	-	-	37	382	9.7%	9
Age 18 to 20	7	68	10.3%	1,318	7,017	18.8%	45	-	2	-	114	999	11.4%	24
Age 21 to 64	123	742	16.6%	23,446	110,800	21.2%	53	1	25	4.0%	1,993	19,252	10.4%	45
Age 65 to 74	3	15	20.0%	475	2,887	16.5%	41	-	1	-	50	440	11.4%	22
Age 75 and over	-	2	-	100	1,096	9.1%	27	-	-	-	14	140	10.0%	9
Age Not Available	-	-	-	2	23	8.7%	2	-	-	-	-	8	-	-
Age Total	262	1,231	21.3%	27,198	133,216	20.4%	53	1	28	3.6%	2,209	21,238	10.4%	46
Female	126	521	24.2%	9,848	49,712	19.8%	51	-	10	-	433	3,629	11.9%	39
Male	136	710	19.2%	15,231	73,264	20.8%	52	1	18	5.6%	1,710	17,080	10.0%	43
Gender Not Available	-	-	-	2,119	10,240	20.7%	3	-	-	-	66	529	12.5%	1
Gender Total	262	1,231	21.3%	27,198	133,216	20.4%	53	1	28	3.6%	2,209	21,238	10.4%	46
American Indian or Alaska Native	-	2	-	414	1,868	22.2%	27	-	-	-	41	219	18.7%	12
Asian	-	3	-	207	1,246	16.6%	27	-	-	-	44	378	11.6%	11
Black or African American	5	23	21.7%	7,712	32,670	23.6%	46	-	2	-	909	8,165	11.1%	34
Native Hawaiian or Other Pacific Islander	-	-	-	115	230	50.0%	11	-	-	-	28	147	19.0%	4
White	134	587	22.8%	14,932	77,448	19.3%	50	1	15	6.7%	882	9,038	9.8%	42
Hispanic or Latino	*	10	*	663	3,522	18.8%	10	-	-	-	86	553	15.6%	4
More Than One Race	-	-	-	177	983	18.0%	19	-	-	-	27	303	8.9%	13
Race Not Available	123	606	20.3%	2,978	15,249	19.5%	32	-	11	-	192	2,435	7.9%	19
Race Total	262	1,231	21.3%	27,198	133,216	20.4%	53	1	28	3.6%	2,209	21,238	10.4%	46
Hispanic or Latino	-	10	-	1,490	8,804	16.9%	36	-	-	-	194	2,776	7.0%	18
Not Hispanic or Latino	139	615	22.6%	16,366	81,075	20.2%	41	1	17	5.9%	1,316	13,290	9.9%	37
Not Available	123	606	20.3%	4,240	20,292	20.9%	24	-	11	-	287	2,169	13.2%	18
Ethnicity Total	262	1,231	21.3%	22,096	110,171	20.1%	46	1	28	3.6%	1,797	18,235	9.9%	41

* Reported under Hispanic Ethnicity.

Forensics included in "non forensic" data? No

Note:

US totals are based on states reporting.

This table uses data from URS/DIG Table 20.

State Notes:

None

STRUCTURE DOMAIN: State Mental Health Agency Controlled Expenditures for Mental Health, FY 2008

STATE Iowa

	Expenditures: State	Percent of Total Expenditures: State	Expenditures: U.S.	Percent of Total Expenditures: U.S.
State Hospitals-Inpatient	\$35,630,000	10%	\$9,587,729,744	26%
Other 24-Hour Care	\$49,780,000	13%	\$6,700,564,081	18%
Ambulatory/Community	\$283,982,000	76%	\$19,584,306,106	53%
Total	\$373,575,000	-	\$36,687,130,712	-

Note:

Other 24-Hour Care includes state psychiatric hospital and community based other 24-hour as well as community based inpatient expenditures.

Ambulatory/Community includes expenditures for less than 24-hour care services provided at state psychiatric hospitals. It excludes community based other-24 hour and community based inpatient expenditures.

Total also includes additional SMHA Expenditures for research, training, administration, and other central and regional office expenditures.

Data from NRI's Funding Sources and Expenditures of State Mental Health Agencies, FY 2008 reports - Table 18 "SMHA-Controlled Expenditures for Mental Health Services."

U.S. totals are based on 50 states reporting.

More information on the State Mental Health Agency's Revenues & Expenditures as well as State Footnotes can be found on the NRI website:

<http://www.nri-inc.org/projects/Profiles/RevenuesExpenditures.cfm>

STRUCTURE DOMAIN: State Mental Health Agency Controlled Revenues by Funding Sources, FY 2008

STATE Iowa

Funding Source	Ambulatory/Community			State Hospital		
	State Revenues	Percent Total (State)	Percent Total (US)	State Revenues	Percent Total (State)	Percent Total (US)
Medicaid	\$205,100,000	65.8%	56.2%	\$1,800,000	2.6%	21.8%
Community MH Block Grant	\$3,300,000	1.1%	1.5%	-	-	0.0%
Other SAMHSA	\$1,400,000	0.4%	0.4%	-	-	0.0%
other Federal(non-SAMHSA)	\$12,481,793	4.0%	2.6%	\$3,217,300	4.7%	3.9%
State	\$58,200,000	18.7%	31.3%	-	-	69.7%
Other	-	-	5.1%	\$57,083,000	83.0%	3.7%
Total	\$311,481,793	100.0%	100.0%	\$68,784,300	100.0%	100.0%

Note:

Data from NRI's Funding Sources and Expenditures of State Mental Health Agencies, FY 2008 reports - State Mental Health Agency Controlled Expenditures and Revenue, Table 24, 25, and 26.

This table does not show Revenues for state central office including Research, Training, and Administration expenses.

More information on the State Mental Health Agency's Revenues & Expenditures as well as State Footnotes can be found on the NRI website:
<http://www.nri-inc.org/projects/Profiles/RevenuesExpenditures.cfm>

Structure Domain: Federal Mental Health Block Grant Expenditures for Non-Direct Service Activities, FY 2010
Iowa

Service	Non-Direct Block Grant Expenditures	% Total	US % Total
Technical Assistance Activities	\$724,269	74.8%	30.2%
Planning Council	\$32,695	3.4%	2.1%
Administration	\$86,382	8.9%	19.8%
Data Collection/Reporting	\$114,000	11.8%	5.6%
Other Activities	\$11,359	1.2%	42.4%
Total	\$968,705	100.0%	100.0%

Note: This table use data from URS/DIG Table 8.

State Notes:

The increase from SFY2009 to SFY2010 was seen in the area of Technical Assistance Contracts for training in best/evidence based practices for Mental Health Centers/providers of Mental Health Services.

Structure Domain: Mental Health Programs Funded By the Federal Mental Health Block Grant, FY 2010

Iowa

Programs = 36

Total: \$2,044,308

Agency Name	Address	Agency Director	Phone Number	Block Grant
Abbe Center For Community Mental Health	520 11th Street N.W., Cedar Rapids, Iowa 52405	Cindy Kaestner	319-398-3562	\$136,615
Alegent Health Behavioral Services	427 E. Kanesville Blvd., Council Bluffs, Iowa 51503	Gilbert Cerveny	712-388-2726	\$67,451
Alegent Health Community Memorial Hospital Behavioral	631 N. 8th Street, Missouri Valley, Iowa 51555	Cindy Sproul	712-642-9264	\$26,432
Black Hawk, Grundy MHC	3251 West 9th Street, Waterloo, Iowa 50702-5399	Thomas C. Eachus	319-234-2893, ext. 255	\$88,292
Bridgeview Community MHC	638 S Bluff, Clinton, Iowa 52732	Marcia Christiansen	563-243-3046, ext. 308	\$41,906
Burgess Health Center	1102 - 15th, Onawa, Iowa 51040	Gregory L. Nooney	712-423-9160	\$24,989
Center Associates	9 North 4th Avenue, Marshalltown, Iowa 50158	Mike Bergman	641-752-1585	\$53,886
CMHC for Mid-Eastern Iowa (The)	505 E. College, Iowa City, Iowa 52240	Stephen Trefz	319-338-7884	\$92,751
Community Health Centers of Southern Iowa (DBA Behavioral Health Centers of Southern Iowa)	302 Northeast 14th Street, Leon, Iowa 50144	Dave Hook	641-446-2380	\$37,954
Counseling Associates	9 North 4th Avenue, Marshalltown, Iowa 50158	Michael Maher	319-524-0510	\$35,728
Counseling Services LLC	322 S. 13th Street, Sac City, Iowa 50583	Karla Manternach	712-662-3222	\$24,121
Covenant Medical Center (D/B/A Covenant Clinic Psychiatry)	217 20th Street NW, PO Box 298, Waverly, Iowa 50677	Judy Lentzkow	319-352-9606	\$30,261
Creative Living Center PC	1905 10th Street, PO Box 163, Rock Valley, Iowa 51247	Dr. Dayton Vogel	712-476-5245	\$34,225
Crossroads Mental Health Center	1003 Cottonwood Road, Creston, Iowa 50801	Pete Branter	641-782-8457	\$40,986
Delaware County Memorial Hospital (D/B/A - Backbone Area Counseling Services)	709 West Main Street, Manchester, IA 52057	Jane Sherman/Amy Mensen	563-927-3232	\$46,399
Eyerly Ball Community MH Services	1301 Center Street, Des Moines, Iowa 50309	Earl Kelly	515-241-0982	\$125,789
Hillcrest Family Services	2005 Asbury Road, Dubuque, Iowa 52001	Gary Gansemer		\$116,110
Lucas County Health Center	1200 N. 7th Street, Chariton, Iowa 50049	Veronica Fuhs	641-774-3319	\$30,468
Mental Health Center Of North Iowa	235 South Eisenhower Avenue, Mason City, Iowa 50401-1562	Andy Eastwood	641-424-2075	\$70,700
Mental Health Clinic Of Tama County	1309 S. Broadway, PO Box 7, Toledo, Iowa 52342	Pat Kline	641-484-5234	\$28,911
Shelby County Chris A. Myrtue memorial Hospital)	1303 Garfield Avenue, Harlan, Iowa 51537	Barry Jacobsen	712-755-4315	\$25,008
Mahaska County Hospital (D/B/A New Directions CMHC)	1229 C Avenue East, Oskaloosa, Iowa 52577	Jay Christensen	641-672-3138	\$34,546
North Central Iowa Mental Health Center, Incorporated (D/B/A - Berryhill Center for Mental Health)	720 Kenyon Road, Ft. Dodge, Iowa 50501	James Burr	515-955-7171	\$70,004
Northeast Iowa Mental Health Center	905 Montgomery Street, PO Box 349, Decorah, Iowa 52101	Patrick N. Smith	563-382-3649	\$48,910
Northwest IA Mental Health (D/B/A Seasons Center)	201 East 11th Street, Spencer, Iowa 51301	Kim Scorza	712-262-2922	\$58,458
Orchard Place (D/B/A - Des Moines Child and Adolescent)	808 5th Avenue, Des Moines, Iowa 50309	David Stout	515-244-2267	\$125,789
Pathways Behavioral Services	111 10th Street, SW, Waverly, Iowa 50677	Chris Hoffman	319-352-2064	\$31,706
Plains Area Mental Health Center	PO Box 70, Le Mars, Iowa 51031	Patrick Schmitz	712-546-4624	\$48,219
Poweshiek County MHC	200 4th Avenue West, Grinnell, Iowa 50112	Brandon Davis	641-236-6137	\$23,639
Rescare Inc	301 West Burlington, Fairfield, Iowa 52556	Rodger Hotek	641-472-7236	\$73,223
Richmond Center (The)	125 S. 3rd Street, Suite 200, Ames, Iowa 50010	John Hostetter & Berniece Hostetter	515-232-5811	\$85,893
Siouxland Mental Health Center	625 Court Street, PO Box 1917	Jim Rixner	712-252-3871	\$66,392
Southern Iowa Mental Health Center	110 East Main Street, Ottumwa, Iowa 52501	Kim Kelly	641-682-8772	\$42,211
Vera French Mental Health Center	1441 W. Central Park Ave., Davenport, IA 52801	Anne Armknecht	563-888-6276	\$94,174
Waubonsie Mental Health	1800 N. 16th Street Suite #1, Clarinda, Iowa 51632	Mary Anne Gibson	712-542-2388	\$35,189
West Iowa Comm MHC	20 North 14th Street, Denison, IA 51442	John Sondag	712-263-3172	\$26,970

Iowa

URS Table Number	General Notes
2a	The number of clients between 2009 and 2010 has increased by a 6,600. The reason for this increase translates back to an increased number of persons who have lost their jobs and then applying for Medicaid and/or County funded services.
6, 20a, 20b	The Iowa Department of Human Services has changed the system through which State Psychiatric Hospitals report client data. We expected to have some differences in data because this.

Attachment 1

Definitions for “SMI” and “SED”

The Public Health Services Act requires that states establish definitional criteria to identify adults with serious mental illness and children with serious emotional disturbance. Federal guidance allows states to be broader than, but not more restrictive than the federal definitions for serious mental illness and serious emotional disturbance.

Target Population Definitions for Adults

Adults with Serious Mental Illness (SMI)¹

Pursuant to section 1912(c) of the Public Health Service Act, adults with serious mental illness SMI are persons who meet all three of the following:

- 1) Are age 18 and over.
- 2) Who currently have, or at any time during the past year had a diagnosable mental, behavioral, or emotional disorder of sufficient duration to meet diagnostic criteria specified within the DSM-IV or their ICD-9-CM equivalent (and subsequent revisions) with the exception of DSM-IV "V" codes, substance use disorders, and developmental disorders, which are excluded, unless they co-occur with another diagnosable serious mental illness.
- 3) That has resulted in functional impairment, which substantially interferes with or limits one or more major life activities. Federal Register Volume 58 No. 96 published Thursday May 20, 1993 pages 29422 through 29425.

The definition states "adults who would have met functional impairment criteria during the referenced year without the benefit of treatment or other support services are considered to have serious mental illnesses.

Adults with Chronic Mental Illness (CMI):

Iowa code also defines adults who have chronic mental illness. As the definitional criteria for chronic mental illness (CMI) is somewhat more restrictive than the criteria for serious mental illness, adults with CMI are considered to be included within the target population of adults with SMI. Outcomes data should be collected and provided for this population.

"Chronic mental illness" means the condition present in persons aged 18 and over who have a persistent mental or emotional disorder that seriously impairs their functioning relative to such primary aspects of daily living as personal relations, living arrangements, or employment. People with chronic mental illness typically meet at least one of the following criteria:

1. They have undergone psychiatric treatment more intensive than outpatient care more than once in a lifetime (e.g., emergency services, alternative home care, partial hospitalization or inpatient hospitalization).
2. They have experienced at least one episode of continuous, structured, supportive residential care other than hospitalization.

In addition, people with chronic mental illness typically meet at least two of the following criteria on a continuing or intermittent basis for at least two years:

1. They are unemployed, employed in a sheltered setting, or have markedly limited skills and a poor work history.
2. They require financial assistance for out-of-hospital maintenance and may be unable to procure this assistance without help.
3. They show severe inability to establish or maintain a personal social support system.
4. They require help in basic living skills.
5. They exhibit inappropriate social behavior that results in demand for intervention by the mental health or judicial system.

In atypical instances, a person who varies from these criteria could still be considered to be a person with chronic mental illness.

Target Population Definition for Children and Youth

The Iowa definition for SED is consistent with and somewhat broader than the federal definition. As federal guidance allows states to be broader than, but not more restrictive than the federal definition, it is only necessary to use the Iowa definition for SED.

Children with Serious Emotional Disturbance (SED)²

Children or youth who meet the criteria for Serious Emotional Disturbance are children or youth who have:

"...A diagnosable mental, behavioral, or emotional disorder of sufficient duration to meet diagnostic criteria specified within the most current diagnostic and statistical manual of mental disorders published by the American Psychiatric Association that results in a functional impairment. Serious emotional disturbance does not include substance use and developmental disorders unless such disorders co-occur with such a diagnosable mental, behavioral, or emotional disorder."

Related Definitions in Iowa Code Section 225C.51:

Child(ren): Child or children means a person who is under eighteen years of age.

Youth: Youth means a person eighteen years of age or older but under twenty-two years of age who met the criteria for having a serious emotional disturbance prior to the age of eighteen.

Functional Impairment: "*Functional impairment*" means difficulties that substantially interfere with or limit a person from achieving or maintaining one or more developmentally appropriate social, behavioral, cognitive, communicative, or adaptive skills and that substantially interfere with or limit the person's role in or functioning in family, school, or community activities. "*Functional impairment*" includes difficulties of episodic, recurrent, and continuous duration. "*Functional impairment*" does not include difficulties resulting from temporary and expected responses to stressful events in a person's environment.

Other interpretive guidelines:

Serious Emotional Disturbance also includes:

- children and youth with serious emotional disturbance who have co-occurring substance abuse, developmental disability, autism spectrum disorders or other specialty health care needs,
- children and youth with serious emotional disturbance who are at risk for, involved with, and/or returning to the community from other more restrictive settings, such as psychiatric hospitals, substance abuse treatment facilities, foster family homes, foster group care, emergency shelters, psychiatric medical institutions for children, mental health institutes, or detention centers, and
- children and youth whose mental or emotional condition, whether chronic or acute, represents a danger to themselves, or others.

¹ Federal Register: June 24, 1999 (Volume 64, Number 121). Pages 33890-33897 or Online via GPO Access [[wais.access.gpo.gov](https://www.access.gpo.gov)][DOCID: fr24jn99-67] pursuant to Section 1912 (c) of the Public Health Services Act.

² Iowa Code Section 225C.51