



Mental Health and Disability Services Redesign 2011

Habilitation Services – Iowa’s 1915 (i) State Plan HCBS Services

Source: DHS/Iowa Medicaid Enterprise

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Program Summary

Habilitation Services is a program to provide Home and Community Based Services (HCBS) for Iowans with impairments typically associated with chronic mental illnesses. Habilitation Services are designed to assist participants in acquiring, retaining and improving the self-help, socialization and adaptive skills necessary to reside successfully in home and community-based settings.

Services available through the program include:

- Case Management – when the individual does not qualify for targeted case management (Magellan or IME funded).
- Home-based habilitation – Services provided in the person’s home and community. Typical examples would be assistance with medication management, budgeting, grocery shopping, personal hygiene skills, etc.
- Day Habilitation – Services that are usually provided in a day program setting outside the home. Focuses on areas such as social skills, communication skills, behavior management.
- Prevocational – Can be provided in a variety of settings, and focuses on developing generalized skills that prepare a person for employment. Typical examples include attendance, safety skills, following directions, and staying on task.
- Supported Employment – Assists in obtaining and keeping a job in the community. Assists in placing the individual in a job in a regular work setting with persons without disabilities at minimum wage or higher, and provides support to maintain the job. Typical examples would include: skills assessments, consultation with the employer, job coaching, and behavior management.

Consumer Eligibility Criteria

Consumer must meet 1 of these 2 factors:

1. Psychiatric treatment more intensive than outpatient care more than once per lifetime.
2. More than one episode of continuous professional supported care other than hospitalization

Consumer must then meet 2 of these 5 additional criteria:

1. Unemployed, employed in a sheltered setting or limited skills plus poor work history
2. Needs financial assistance for maintenance and is unable to procure by themselves
3. Severe inability to maintain social support systems
4. Needs assistance with basic living skills
5. Exhibits inappropriate social behavior requiring interventions

Numbers Currently Served

Total consumers enrolled: 3900

Number of consumers by Service:

- Case Management: 1915
- Day Habilitation: 1360
- Home-Based Habilitation: 3173
- Prevocational Services: 765
- Supported Employment: 481