



Iowa Department of Human Services

Introduction to Home and Community Based Waivers

State of Iowa

2013



Origin of 1915 (c) Waivers

- Katie Beckett
 - Contracted viral encephalitis at 5 months
 - Spent first three years living in hospital due to Medicaid reimbursement rules
 - Parents advocated for her to be released home
 - Family support
 - Decreased cost
 - 1981: President Ronald Reagan forged a method to waive standard Medicaid rules



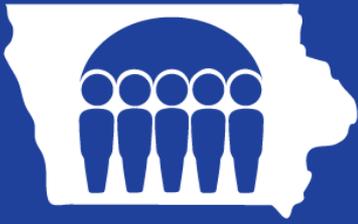
Introduction to 1915(c) Waivers

- Home and Community Based Services (HCBS)
- Available to individuals who need services and supports to stay in their homes, such as
 - Older Iowans
 - Iowans with Disabilities
- Usual Medicaid rules “waived” to give more choice about
 - How services are delivered
 - Where services are delivered



Iowa's 1915 (c) Waiver Programs

- **AIDS/HIV** - diagnosis of AIDS or HIV
- **Brain Injury (BI)** - diagnosis of brain injury and be under the age of 65
- **Children Mental Health (CMH)** – children under the age of 18 with a diagnosis of a Severe Emotional Disturbance per DSM IV-TR
- **Elderly (EW)** – limitations with activities of daily living and age 65 and over
- **Ill & Handicapped (I&H)** - blind or have disability and under the age of 65
- **Intellectual Disability (ID)** - diagnosis of mental retardation per DSM IV-TR
- **Physical Disability (PD)** - have a physical disability and be over the age of 18 and under the age of 65



HCBS Concepts

- 1915 (c) Waiver services are:
 - Supports provided to keep a member in their own home
 - Designed for the individual needs of the specific member
 - Supported by an interdisciplinary team process with the member as the focus
 - Least costly service to meet a member's needs
- 1915 (c) Waivers consist of services that meet the support needs of the population served by the specific waiver
- Each 1915 (c) Waiver provides a specific array of services



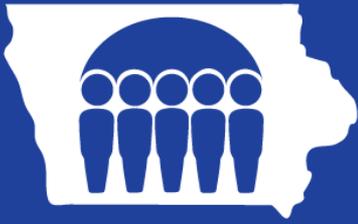
HCBS Eligibility

- Member chooses HCBS:
 - Applicant meets the qualifications for the specific 1915 (c) Waiver program (e.g. Intellectual Disability)
 - Member meets Medicaid and 1915 (c) Waiver financial eligibility
 - A funding slot is available for the specific 1915 (c) Waiver
 - Member meets the level of care standard required for the specific waiver
 - Member has a service need that can be met through the Waiver



Person Centered Approach

- What does the member want with his/her life?
 - Everyone should be free to develop a personal life plan, to have goals and dreams.
- What kind of supports and services does that member need to live the way he or she wants to?
- Does the member have a network of support? If not what can you do to facilitate that?
 - A good personal support network respects the opinions and values of the member and can include family, friends, support staff, a targeted case manager, service worker, and/or a member's employees.
- Does the member already have someone in mind to work with him or her?



Introduction to HCBS

- For more information on HCBS Waiver services, please refer to brochures found at:
http://www.ime.state.ia.us/HCBS/help_ownhome.html
- Questions may be directed by email to:
 - hcbswaivers@dhs.state.ia.us
- Elizabeth Matney (ematney@dhs.state.ia.us)