

Iowa Department of Human Services

Mental Health & Disability Services Redesign

Rick Shults, MHDS Division Administrator

February 12, 2015

MHDS Regions

- 15 Regions
- Size varies from 1 to 22 counties
- Population ranges from 30,110 to 576,737
- Counties joined operations & funds through the 28E process

The Array of Mental Health Services Iowa Needs

Core Services

- Effective individual, group and family therapies
- Case management and care coordination (Integrated Health Home)
- Co-occurring mental health and substance abuse treatment
- Employment
- Supported Community Living
- Peer and Family Support

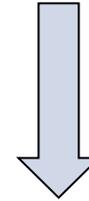
Core Plus Services

- Intensive outpatient services
- Assertive Community Treatment (ACT)
- Jail diversion and reentry services
- Intensive Crisis intervention and stabilization
- Sub-acute Services

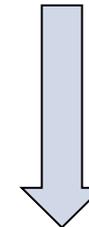
Core Services

- Hospital

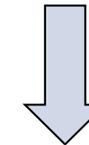
Moderate Conditions



Severe Conditions



Acute Conditions

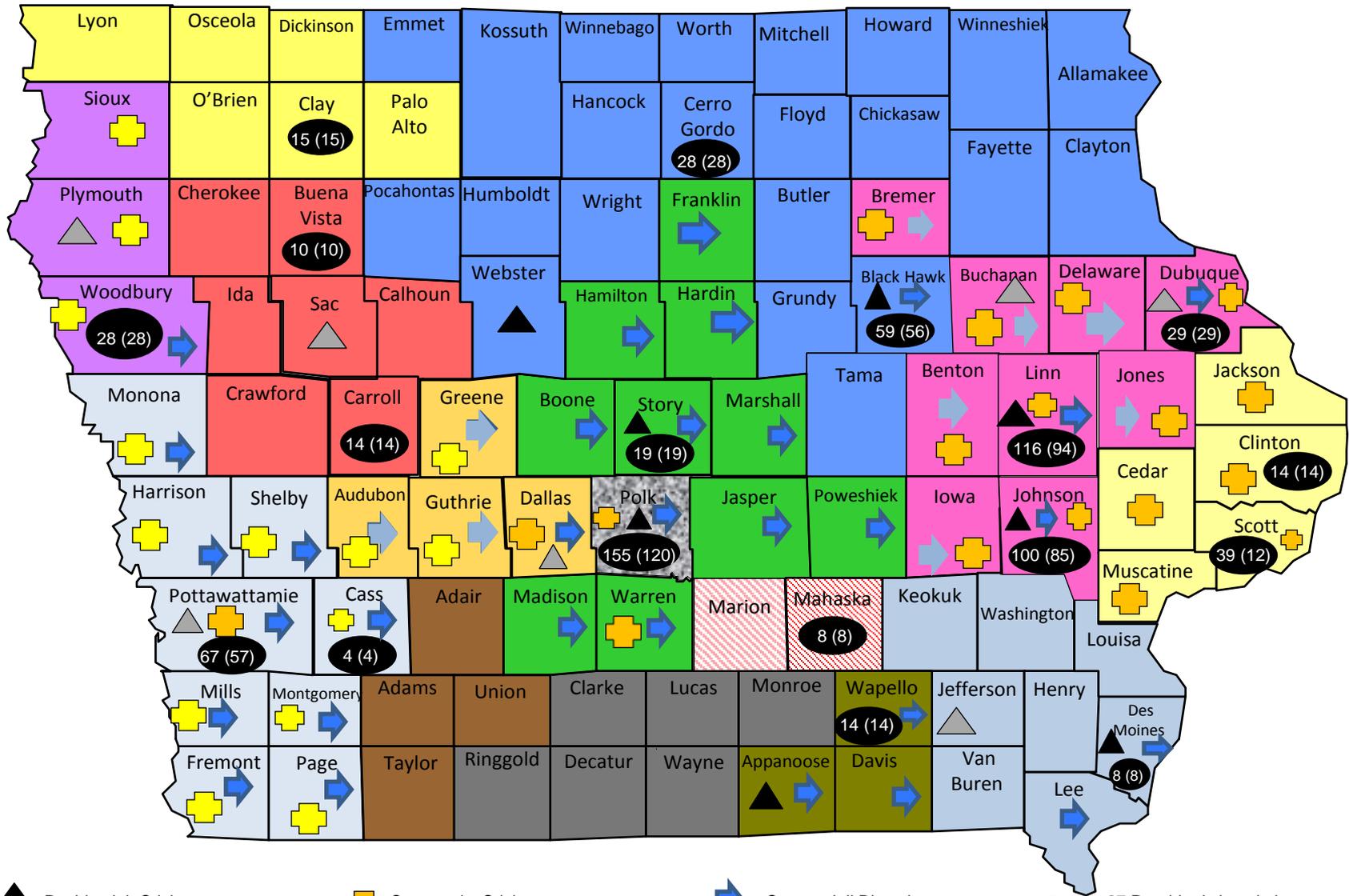


Core Plus Services

Up-Dated Since 1/29/2015

Mental Health and Disability Services Regions	Residential Crisis Stabilization	Community Based Crisis Services*	Jail Diversion
Central Iowa Community Services	6 beds	1 county	all counties
County Rural Offices of Social Services			
County Social Services	19 beds		1 county
Eastern Iowa MHDS Region		all counties	
Heart of Iowa Community Services	9 beds 7/1/15	1 county all counties 3/1/15	1 county all counties 3/1/15
MHDS of the East Central Region	3 beds 5 beds 3/1/15	all counties	3 counties all counties 4/1/15
Mid-Iowa Behavioral Health Region			
Northwest Iowa Care Connection			
Polk County Health Services	12 beds	entire county	entire county
Rolling Hills Community Services	4 beds 7/1/15		
Sioux Rivers MHDS	Fall 2015	all counties 7/1/2015	1 county
South Central Behavioral Health Region	5 beds		all counties
Southeast Iowa Link	5 beds 5 beds 4/1/15		2 counties
Southern Hills Regional Mental Health			
Southwest Iowa MHDS Region	1/1/2016	1 county all counties 6/1/15	all counties
* Community Based Crisis Services includes: Mobile Response, Crisis Line, and or Warm Line			
Source of data: MHDS Regions			

CORE PLUS SERVICES – Updated Since 1/29/2015



- ▲ Residential Crisis
- ▲ Residential Crisis in development
- ✚ Community Crisis
- ✚ Community crisis in development
- ➡ Current Jail Diversion
- ➡ Jail Diversion in development
- 27 Psychiatric hospital programs
Total beds 727
Operational Beds (615)

Source from MHDS Regions

MHDS Region Funding

- Governor's Budget Recommendation:
 - \$11,774,275 Social Services Block Grant
 - \$2,200,000 Mental Health Block Grant
 - Spend Down Fund Balances
 - Keep MHDS Levies at SFY16 levels
 - Eliminate the Medicaid Off-set

MHDS Region Funding

- SFY14 County Funding
 - Received \$152.3 M from MHDS levy, equalization and federal block grant
 - Spent \$114.9 M
 - Saved \$10.1 M from 6 months of the Iowa Health and Wellness Plan
 - Ended with \$104.5 M in fund balances

MHDS Region Funding

- Iowa Health and Wellness Plan Savings
 - Enrollment up 37% in SFY15 compared to SFY14
 - Magellan is spending about \$3.2 M per month on mental health services including:
 - Inpatient Psychiatric \$1.4 M per month
 - Outpatient Therapy \$784,000 per month
 - Evaluation and Management \$253,500 per month
 - Emergency Room \$215,500 per month
 - Habilitation \$165,000 per month

Funding Recommendation

- Funding Level Based on SFY15 Funding Minus Full Iowa Health and Wellness Savings
 - \$157.8 M MHDS Max Levy, general fund, and SSBG
 - \$ 27.7 M \$20.2 M Medicaid Offset X 1.37 IHWP Growth
 - \$130.1 M Funding Level
 - Available Funds
 - \$108.5 M SFY16 MHDS Levy
 - + \$ 13.9 M Pro Rata Distribution of Federal Block Grants*
 - \$122.4 M Total
- * In proportion to each region's share of the Funding Level
- The difference between the Funding Level and the Available Funds would be made up by fund balances¹⁰