

Joint Meeting of the  
IOWA MENTAL HEALTH AND DISABILITY SERVICES COMMISSION  
and the  
IOWA MENTAL HEALTH PLANNING AND ADVISORY COUNCIL  
May 16, 2018, 1:00 pm to 4:45 pm  
Polk County River Place, Room 2  
2309 Euclid Ave, Des Moines, Iowa  
MEETING MINUTES

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MHDS COMMISSION MEMBERS PRESENT:

Thomas Bouska	Brett McLain
Dennis Bush	Senator Liz Mathis
Jody Eaton	Mary Meyers
Representative David Heaton	John Parmeter
Kathryn Johnson	Rebecca Peterson
Sharon Lambert	Richard Whitaker
Geoffrey Lauer	

MHDS COMMISSION MEMBERS ABSENT:

Thomas Broeker	Betty King
Senator Mark Costello	Representative Scott Ourth
Marsha Edgington	

MENTAL HEALTH PLANNING AND ADVISORY COUNCIL MEMBERS PRESENT:

Teresa Bomhoff	Josh McRoberts
Kenneth Briggs Jr.	Nathan Nash
Jim Cornick	Todd Noack (phone)
Jim Donoghue	Harry Olmstead (phone)
George Estle	Carole Police
Kathleen Goines	Donna Richard-Langer
Julie Kalambokidis (phone)	Brad Richardson
Michael Kaufmann	Jim Rixner
Gary Keller	Dennis Sharp
Earl Kelly	Rosie Thierer
Anna Killpack	Heather Thomas
Sharon Lambert	Jennifer Vitko
Todd Lange (phone)	Kimberly Wilson
Brenda Lechner	

MENTAL HEALTH PLANNING AND ADVISORY COUNCIL MEMBERS ABSENT:

Jim Chesnik	Lee Ann Russo
Kris Graves	Michele Tilotta
LeAnn Moskowitz	Tracy White
Tammy Nyden	

## OTHER ATTENDEES:

Theresa Armstrong	MHDS, Bureau Chief Community Services & Planning
Kris Bell	Legislative Services Agency
Jess Benson	Legislative Services Agency
John Hedgecoth	Amerigroup
Sandy Hurtado-Peters	Department of Management
Julie Maas	MHDS, Community Services & Planning/CDD
Kim Murphy	Iowa Hospital Association
Michael Randol	Director, Iowa Medicaid Enterprise
Flora Schmidt	Iowa Behavioral Health Association
Rik Shannon	Iowa Developmental Disabilities Council
Rick Shults	Division Administrator, Mental Health and Disability Services
Mikki Stier	Deputy Director, DHS

## WELCOME AND CALL TO ORDER

MHDS Commission Chair John Parmeter and Mental Health Planning Council Chair Teresa Bomhoff called the meeting to order at 1:00 pm and led introductions.

### Welcome – Rick Shults

Rick welcomed everyone to the meeting and said this is an exciting time for a unique gathering of passionate stakeholders with different perspectives and organizations coming together to move things forward. Rick said these two groups deserve a lot of credit for their work, and thanked the members of the Commission and Planning Council on behalf of the Department of Human Services for joining DHS on a journey moving forward.

Mikki Stier, Deputy Director of DHS thanked the members of the Commission and Planning Council for their work and stated that their efforts have helped DHS to move forward with initiatives in Iowa and help ensure services for individuals.

### Iowa Medicaid Update – Director Mike Randol

Mike Randol thanked the Commission and Planning Council for inviting him to speak at their joint meeting. Mike said that he received a list of questions and will go through and answer those questions and then open it up to additional questions.

Mike said that there were several questions on the relationship between IME and the Planning Council and how things were different in Kansas. Mike said that in Kansas the Planning Council was managed by the Department for Aging and Disability Services and as the Director of Medicaid he worked closely with that agency. Mike spoke about his willingness to engage with stakeholders of all types and his belief in using data to drive decisions.

Mike said that one of the biggest differences between Kansas and Iowa is that Kansas has a robust CMH waiver and peer support program. Mike said that another difference is that Iowa has the IMD exclusion rule and Kansas does not because it is difficult to operate in a managed care setting.

Mike said that he reviews all exceptions to policies and exceptions to policies have been part of the problem with transitioning to managed care. Mike said that in regards to oversight of the managed care organizations, part of the problem is getting data. Mike said he is not opposed to

oversight of the MCOs but he is opposed to legislation that can't be implemented. Mike said that right now they are looking at what data they currently have, how to use it and reviewing quarterly reports to see if they are collecting the right information.

There was discussion on the exception to policy procedure related to the brain injury waiver monthly cap for services. Mike said that they are doing more research on the brain injury waiver since there are so many exceptions. Mike said that he's not going to make decisions to reduce the cost of anyone's services.

There was discussion on the review process for integrated health homes. Mike said that the review hasn't been completed and information won't be released until the review and analysis is completed. Mike said that the review is for all health homes not just integrated health homes.

There was discussion on IME's role in developing the workforce in Iowa. Mike said IME is looking at different delivery methods for services like telehealth and licensure requirements. There was discussion on payment issues between providers and the managed care organizations and how it impacts the workforce and individuals being served. Mike said IME is continuing to work through payment issues both with the managed care organizations and with providers.

There was discussion on PMICs having claims denied due to room and board. Mike asked for specific information to be sent to him.

#### **MHDS Commission Overview – John Parmeter**

John said the MHDS Commission was created by state statute, and its membership is prescribed by Iowa Code. The Commission must be composed of representatives from counties, providers, MHDS Regions, Department designees, consumers of services and their family members, advocates, and non-voting legislative members.

John said the Commission is responsible for making certain recommendations to the Department on changes or improvements to the mental health and disability services (MHDS) system. The Commission is also responsible for adopting administrative rules relating to mental health or disability programs.

#### **MHPC Overview – by Teresa Bomhoff**

Teresa Bomhoff shared an overview of the Mental Health Planning Council and its activities. She noted several differences between the MHDS Commission and the Council:

- The Council is authorized by federal law and required as a condition of Iowa receiving federal Community Mental Health Block Grant funds. Members are elected according to Council bylaws. The Commission is authorized by Iowa Code and members are appointed by the Governor.
- The Council has 33 members; the Commission has 18 voting members and 4 legislative members.
- The Council meets bi-monthly (six times a year); the Commission meets monthly.

The Council has three purposes:

1. To review Iowa's Mental Health Block Grant Plan and make recommendations to DHS.
2. To serve as an advocate for adults with serious mental illness, children with serious emotional disturbance and their families, and other individuals with mental illness.

3. To monitor, review, and evaluate, not less than once each year, the allocation and adequacy of mental health service within the state.

Planning Council Membership:

- Not less than fifty percent of the members of the Council are individuals who are not State employees or providers of mental health services.
- Seven members represent the principal State agencies responsible for mental health, education, vocational rehabilitation, criminal justice, housing, social services, and the State Medicaid Agency
- Six members represent public and private entities concerned with the need, planning, operation, funding, and use of mental health services and related support services
- Six members represent adults in recovery who have lived experience with serious mental illness (who are receiving or have received mental health services)
- Four members represent family members of adults with serious mental illness
- Six members represent parents, guardians, or primary caretakers of children and adolescents with serious emotional disturbance
- Four members represent other individuals with an interest in mental health issues
  - In 2010 the Iowa Legislature acted to require that the membership include a military veteran who is knowledgeable concerning the behavioral and mental health issues of veterans
  - To improve coordination between mental health service and substance abuse services, the Council includes a representative from the Iowa Department of Public Health (IDPH)

Teresa noted that the Planning Council's bylaws require at least three standing committees. The Executive Committee composed of the Planning Council's officers, the Nominations Committee which recommends applicants for membership to the Planning Council, and the Monitoring and Oversight Committee, which has developed a list of priorities for MHDS.

Teresa spoke about some of the projects the Planning Council has been working on over the past year.

**Iowa Developmental Disabilities (DD) Council Overview – Rik Shannon**

Rik thanked the Commission and Planning Council for inviting him to speak. The Developmental Disabilities Council (DD Council) is a federally funded quasi-state agency. Funding for the DD Council passes through DHS, but it functions independently. The DD Council was created as the result of executive action by Governor Ray. The DD Council has a federal mandate to engage in advocacy for systems change, to ensure that individuals with developmental disabilities have services in the community, culturally competent resources, and that they can live independently in communities they choose.

The DD Council has a prescriptive membership, much like the Planning Council and the Commission. 60% of the members must be people with disabilities and their family members, and within that 60%, one third must be individuals with developmental disabilities, one third must be family members, and one third can be either. In addition to that there are mandated agencies that must be represented, including Iowa Vocational Rehabilitation Services (IVRS), Iowa Medicaid Enterprise (IME), the Iowa Department on Aging (IDA), Iowa Department of Public Health (IDPH), The Department of Education (DE), Disability Rights Iowa (DRI), and The University of Iowa Center for Disabilities and Development (CDD). The Governor appoints all of these members.

The DD Council has an advocacy project called ID Action, which is focused on informing and mobilizing people with disabilities. Information can be found at IDAction.org. InfoNET is one of the Council's publications. InfoNET informs people on issues that affect people with disabilities, but does not take a stance on them. They publish stories periodically throughout the year on policy issues that affect people with disabilities. Rik said they have seen growth in people coming to self-advocate. Individuals are meeting with legislators and articulating their wishes and needs. Issues lately have included voting, transportation, and accessibility issues. The transportation need is too great for public transportation to meet alone, and there is a need for more accessible resources for travel.

Rik said they have had big gatherings at the Capitol, but they are moving away from that to encourage individuals to develop a relationship with their legislators at home and not just one day a year in Des Moines.

### **Legislative Panel – Representative David Heaton and Senator Liz Mathis**

Senator Liz Mathis and Representative Dave Heaton thanked the Commission and the Planning Council for inviting them to their joint meeting. Representative Heaton said there were significant bills passed this session that will help people with mental health and disabilities and ensure revenue to support services. Representative Heaton said that there were changes made to group foster care and the federal government wants money to be spent on community based services.

Senator Mathis thanked Representative Heaton for his time and service and wished him well in his retirement. Senator Mathis said she was a part of the legislation in the past for children's mental health and well-being and was drafting language to go into the appropriations bill that was similar to what the Governor put in her Executive Order 2. Senator Mathis said that the appropriations bill contained a child care quality improvement measure, addressed substance use disorder programs, and had an increase for Eldora for staffing. Senator Mathis said there are still concerns about the managed care organizations not reimbursing providers.

There was discussion on building the workforce in Iowa and looking at what other states are doing to build their workforce. There was discussion on the role community colleges can play in building the workforce. There was discussion on building services in Iowa and how multiple funding streams can be utilized in building services.

There was discussion on restructuring mental health and substance use disorder services at the state agency level. Senator Mathis said there are several rumors but any change at the state agency level would take immense restructuring of infrastructure.

There was discussion on issues with the managed care organizations denying payment to providers and not sharing data with providers.

### **Public Comment**

There was no public comment

The meeting was adjourned at 4:39 pm.

Minutes respectfully submitted by Julie Maas.