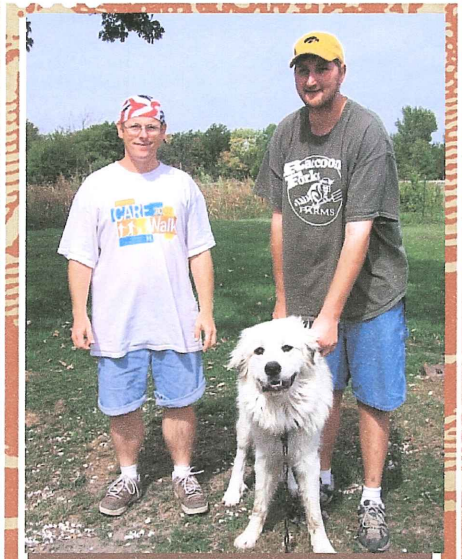
List of Firsts

By Iowa's Money Follows the Person Participants



Jack & JR
Redfield, IA

During the first year that a participant transitions into the community, the participant and his or her support team come up with a list of firsts that the participant experienced since moving into the community. Below are some examples:

- **Cooking dinner for my mom.**
- **Staying overnight in a hotel.**
- **Having my first "alone" time in seven years.**
- **Going to the I-Cubs game.**
- **Opening my first bank account.**
- **Having a pet duck and chickens that lay eggs!**
- **Grilling out.**
- **Seeing Grandma for Thanksgiving for the first time since I was a little girl, and seeing my sister for Christmas.**
- **Trying a zip line.**
- **Having my own mailbox.**
- **Joining a baseball league.**
- **Going to prom without staff.**
- **Getting my first pay check from Pizza Ranch.**
- **Attending Cyclone Football Games and tailgating with my family.**