



# Motivational Interviewing (MI) Training in Three Parts

Specifically designed for participants in the *Iowa Certified Community Behavioral Health Clinics (CCBHC) Grant*

This series of training components on Motivational Interviewing is a requirement of behavioral health staff including; healthcare professionals, substance abuse counselors, social workers, marriage and family counselors, mental health professionals, nurses, wellness coaches, and other helping professionals who are employed in the organizations selected to participate in the Certified Community Behavioral Health Clinics grant.



\*Both the MI Introductory/Review Course and MI Intermediate Course requirements may be fulfilled by submission of a certificate from trainings of equivalent hours along with the training agenda or learning objectives. The Intermediate course is experiential and skill-based and is designed to prepare participants for the tape submission, coding and coaching session to follow. Participants should send their certificate along with either the agenda or the learning objectives for the training previously completed to Becky Woodcock, [becky@trainingresources.org](mailto:becky@trainingresources.org), who will be collecting documentation from those wanting to exempt out of either course. [Again, taking the face-to-face Intermediate Course, even if you have had a similar one in the past, will greatly increase the likelihood of successfully completing the required taping, coding and coaching component.](#)

**ONLINE COURSE REGISTRATION:** To register for the online MI course, [click here](#) or go to [www.TourofMI.com](http://www.TourofMI.com) and choose "certificate of completion." Upon completion of the online course you will receive a certificate. A copy of this certificate must be emailed to [becky@trainingresources.org](mailto:becky@trainingresources.org) or faxed to 515-309-3317, and in addition, let her know if you want Iowa Board of Certification CEUs for this training and provide your email address.

## **REGISTRATION/LOCATION options for two-day Face-to-Face Course:**

**July 25-26, 2016** at the Renaissance Savery, 501 Locust Street, Des Moines, IA 50309. To book a hotel room call 800-514-4706 or 515-244-2151 and ask for the MI room block. To register [click here](#).

**August 2-3, 2016** at Courtyard Marriott, 1520 NW 114, Clive, Iowa 50131. To book a hotel room at \$94 + tax call 800-321-2211 or 515-225-1222 and ask for the Motivational Interviewing rooms block by July 11. To register [click here](#). Log in by using your username & password or if you have not been to this website previously, create your profile then register for the Face to Face MI Intermediate Course.

## **CONTINUING EDUCATION**

Face to Face:

This training meets the criteria for the Iowa Board of Certification for 4 hours of Category A: Counseling Theories.  
This training meets the criteria for the Social Work CEUs.

## **SPEAKER BIOS**

**Kate Speck**, PhD, MAC, LADC has over 36 years' licensed experience in addictions with a Master of Addictions in conjunction with an MA in Adult Education. She is Senior Research Manager at the UNL Public Policy Center, and teaches graduate courses. She has a strong background in training and education, prevention and treatment settings, substance abuse prevention/intervention, addiction in families, and pregnant and parenting women. She is a member of Motivational Interviewing Network of Trainers since 2000, and provides training and technical assistance nationally in the use of Motivational Interviewing. She is also a Master Trainer for Clinical Supervision Foundations, Psychological First Aid and Assessing and Managing Suicide Risk.

**Denna Vandersloot**, M.Ed., has been involved in behavioral health services as a clinician, researcher, and trainer for the past 23 years. She provides training and technical assistance in evidence-based practice adoption and implementation in a variety of behavioral health interventions and organizational change practices (e.g. motivational interviewing, Screening, Brief Intervention, and Referral to Treatment (SBIRT), clinical supervision, process improvement, and leadership development). She has worked with a number of state, county, primary care, and university systems to promote the adoption of Motivational Interviewing and SBIRT through her work at Oregon Health and Science University and the Addiction Technology Transfer Centers. She is a member of the Motivational Interviewing Network of Trainers.

## **SPONSORS**

- Iowa Department of Public Health, Division of Behavioral Health.
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- Mid-America Addiction Technology Transfer Center (Mid-America ATTC)



Mid-America (HHS Region 7)

**ATTC**

Addiction Technology Transfer Center Network  
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