

# Mount Pleasant Mental Health Institute



## Purpose

Mount Pleasant Mental Health Institute (MHI) is one of Iowa's four mental health institutes providing short term psychiatric or substance abuse treatment and care for severe symptoms of mental illness or substance use disorder. Mount Pleasant has 9 adult psychiatric beds, 19 dual diagnosis beds and 50 residential substance abuse treatment beds.

## Who Is Helped

Mount Pleasant provides adult inpatient psychiatric services, adult inpatient psychiatric and substance use disorder services, and an adult 30-day residential substance abuse disorder treatment service.

89 percent of the adult psychiatric, 66 percent of the dual diagnosis, and 79 percent of the substance use disorder patients were involuntarily admitted in SFY12.

Individuals who are involuntarily committed for psychiatric treatment have been determined by the court to be a danger to themselves or others because of their symptoms of mental illness

The total admissions in SFY12 were 794. The total number served in SF12 was 855.

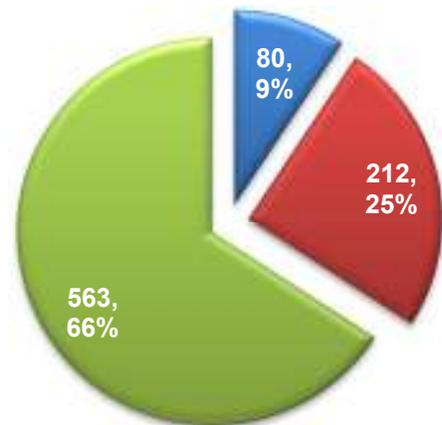
The average adult psychiatric patient is a 36-year-old male who is involuntarily admitted. The average length of stay is 52 days.

The average adult dual diagnosis patient is a 35-year-old male who is involuntarily admitted. The average length of stay is 29 days.

The average adult substance abuse residential patient is a 32-year-old male old who is involuntarily admitted. The average length of stay is 28 days.

### Number Served in SFY12

- Adult Acute
- Dual Diagnosis
- Substance Abuse



- ✓ *Mount Pleasant has a total of 9 adult and 19 dual or 4 percent of the 765 inpatient licensed community psychiatric beds in the state.*
- ✓ *Mount Pleasant served 11 percent of the total Mental Health Institute adult admissions in SFY12.*
- ✓ *Mount Pleasant has 50 beds (4 percent) of the total 1135 general residential substance use disorder treatment beds in the state.*
- ✓ *The 30-day substance abuse residential treatment program is a primary resource for court-ordered treatments and for offenders in the Community Based Correctional system.*

**Services**

**Adult Acute Psychiatric Services**

- 9 inpatient beds.
- 24-hour treatment and mental health habilitation.
- Mount Pleasant periodically have waiting lists for admission.

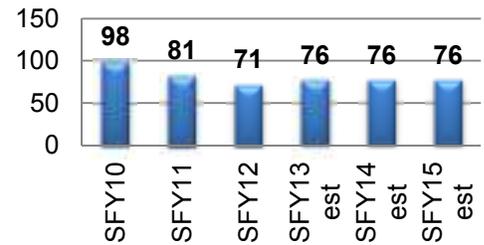
**Dual Diagnosis Services**

- 19-bed dual diagnosis program is uniquely structured to integrate both psychiatric and substance abuse treatment services.

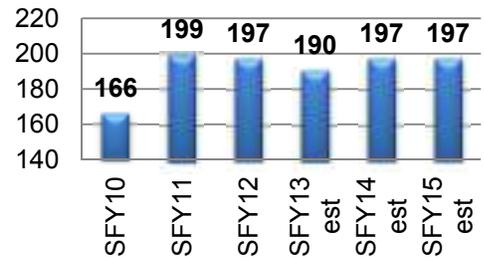
**30-Day Substance Abuse Residential Treatment Program**

- 50-bed residential unit.

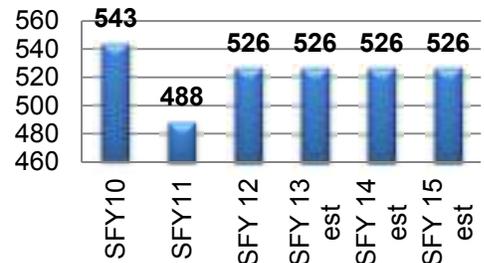
**Adult Psychiatric Admissions**



**Dual Diagnosis Admissions**



**Substance Abuse Admissions**



- ✓ *The Mount Pleasant 30-day residential substance abuse disorder treatment program is licensed by the Department of Public Health.*
- ✓ *46 percent (45 FTEs) of the staff are direct care, 32 percent (31 FTEs) are professional and treatment professionals, 3 percent (3 FTEs) are maintenance, 9 percent (9 FTEs) are other support staff, and 10 percent (9 FTEs) are administrative.*
- ✓ *In SFY13, 82.4 percent of the Mt. Pleasant MHI operating budget is for staffing costs and 17.6 percent is for the support costs. As a percent of the overall operating budget, these support costs have slightly increased in the past year.*
- ✓ *7 buildings on 152.24 acres for the joint campus*

**Goals & Strategies**

Goal: Promote Iowa's Behavioral Health Status.

Strategies:

- Improve the level of functioning of individuals served.
- Reduce the use of restraint and seclusion.

**Results in SFY12**

- 93 percent of adult psychiatric and 97 percent of dual diagnosis patients show improvement in ability to function as measured by the Global Assessment of Functioning (GAF).

	<ul style="list-style-type: none"> <li>• Provide quality discharge planning to reduce readmission rate.</li> </ul>	<ul style="list-style-type: none"> <li>• Zero hours of restraint are used per 1,000 hours of dual diagnosis inpatient hours.</li> <li>• 10 minutes of restraint are used per 1,000 hours of adult inpatient hours.</li> <li>• 80 percent of acute psychiatric adult patients are not readmitted within 30 days of discharge.</li> <li>• 75 percent of substance abuse clients successfully complete programs.</li> </ul>
<p><b>Cost of Services</b></p>	<p>MHI per diems are defined in Iowa Code and based on cost of care in a calendar year. This means that SFY12 per diems are based on costs experienced January 1, 2011 through December 31, 2011.</p> <p>Daily per diem rate:  Adult psychiatric, \$604.  Dual diagnosis, \$643.  30-day substance abuse, \$195.</p> <p>Cost per episode:  Adult psychiatric, \$37,356.  Dual diagnosis, \$16,843.  30-day substance abuse, \$5,616.</p> <ul style="list-style-type: none"> <li>✓ <i>Mount Pleasant employee spending in the local economy induces \$3.87 million in output, which requires 41.7 jobs earning \$1.08 million in labor income. In all, MHI directly or indirectly supports \$14.97 million in output, \$10.14 million in value added, \$8.97 million in labor income, and 196 jobs. (Swenson, D. and Eathington, L., Iowa Mental Health Facility Economic, Fiscal, and Community Impact Analysis, 30 November 2009:18.)</i></li> <li>✓ <i>Mount Pleasant MHI is co-campused with a 914 bed prison and shares services with the Department of Corrections for maintenance and business office functions.</i></li> <li>✓ <i>One tenant operates a program on the Mount Pleasant campus.</i></li> </ul>	
<p><b>Funding Sources</b></p>	<p>The Mount Pleasant Mental Health Institute is funded by state general funds and federal funds with a small amount of funding from other sources.</p> <p>The total budget for SFY14 is \$9,164,573:</p> <ul style="list-style-type: none"> <li>• \$7,119,273 (77.7 percent) is state general fund, including a \$5.8 million transfer from the Medical Assistance appropriation.</li> <li>• \$1,139,800 (12.4 percent) is federal funding</li> <li>• \$905,500 (9.9 percent) is from other funding sources.</li> </ul>	<p><b>SFY14 Funding</b></p> <p>■ State General Fund* ■ Federal  ■ Other Funding</p> <p>*Includes General Fund Transfer for Medical Assistance</p>

	<ul style="list-style-type: none"> <li>✓ <i>Mount Pleasant receives an “upfront” appropriation from the general fund.</i></li> <li>✓ <i>Counties are required to pay 80 percent of the county capped per diem for individuals with legal settlement who are not Medicaid eligible. Counties are billed the per diem minus any third party payments. County receipts are deposited in the state general fund.</i></li> <li>✓ <i>Dual diagnosis services are paid by counties for those individuals with legal settlement. Iowa Code requires counties to pay 50 percent of actual per diem costs.</i></li> <li>✓ <i>Counties are required to pay 25 percent of the county capped per diem (based on a calendar year) for substance use disorder services for individuals with legal settlement. County receipts are deposited in the state general fund.</i></li> </ul>																					
<p><b>SFY 2014 &amp; 2015 Budget Drivers</b></p>	<p>The SFY14 budget reflects a \$408,567 (42.1 percent) general fund increase from SFY13. There is no increase in SFY15 over SFY14.</p> <p>The key budget drivers of the SFY14 increase are:</p> <ul style="list-style-type: none"> <li>• Sustaining the funding level approved in SFY13 via carryforward authorization to maintain bed service level.</li> <li>• The Mt. Pleasant MHI receives a \$5.8 million dollar transfer from the Medical assistance appropriation. The total SFY14 budget reflects an overall \$55,278 increase (less than 1 percent) from SFY13.</li> </ul>	<p><b>Total Budget Funding Mix</b></p> <table border="1"> <caption>Total Budget Funding Mix (Millions)</caption> <thead> <tr> <th>Year</th> <th>State General Funds</th> <th>Federal Funds</th> <th>Other</th> <th>Total</th> </tr> </thead> <tbody> <tr> <td>SFY13</td> <td>~6.5</td> <td>~1.5</td> <td>~1.5</td> <td>~9.5</td> </tr> <tr> <td>SFY14 est</td> <td>~6.5</td> <td>~1.5</td> <td>~1.5</td> <td>~9.5</td> </tr> <tr> <td>SFY15 est</td> <td>~6.5</td> <td>~1.5</td> <td>~1.5</td> <td>~9.5</td> </tr> </tbody> </table>	Year	State General Funds	Federal Funds	Other	Total	SFY13	~6.5	~1.5	~1.5	~9.5	SFY14 est	~6.5	~1.5	~1.5	~9.5	SFY15 est	~6.5	~1.5	~1.5	~9.5
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<p><b>Legal Basis</b></p>	<p>✓ <i>The impact of not funding the current service level request will be an estimated loss of 6.3 FTEs in SFY14 and 6.0 FTEs in SFY15.</i></p> <p><b>State:</b></p> <ul style="list-style-type: none"> <li>• Iowa Code, Chapters 125, 217, 218, 225C, 226, 229, 230, 812</li> <li>• Iowa Administrative Code, 441 IAC 28 and 29</li> </ul>																					