

**New Mexico Interagency Behavioral Health
Service Requirements and Utilization Guidelines**

<p>Psychosocial rehabilitation services, per 15 minutes HCPCS H2017 Modifier HQ (Group Setting)</p> <p>Revised 7-9-2010</p>
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Service Definition: Psychosocial rehabilitation, either Individual or Integrated/Classroom, is an array of services designed to help an individual to capitalize on personal strengths, to develop coping strategies and skills to deal with deficits, and to develop a supportive environment in which to function as independently as possible. Psychosocial rehabilitation services are provided in a variety of settings. Use modifier HQ when these services are provided in a group or classroom setting. Psychosocial rehabilitation intervention is intended to be a transitional level of care based on the individual's recovery and resiliency goals.

Source of Funding	HSD/BHSD, CYFD, HSD/MAD
Target Population	<ul style="list-style-type: none"> • Adults meeting the criteria for Severe Mental Illness (SMI). – (HSD/BHSD & HSD/MAD) • Adults diagnosed with co-occurring SMI or Substance Use disorders Abuse disorders. (HSD/BHSD & HSD/MAD) • Children up to age twenty-one (21) meeting the SED or at risk for SED criteria (CYFD)
Program Requirements	<p><u>Major Group/Classroom components</u> The Psychosocial Intervention (PSI) program should include the following major components:</p> <ol style="list-style-type: none"> 1. Basic Living Skills Development; 2. Psychosocial Skills Training; 3. Therapeutic Socialization; <p><u>Domains to be addressed in Group/Classroom setting:</u> Basic Living Skills Development activities should address the following areas:</p> <ol style="list-style-type: none"> 1. basic household management; 2. basic nutrition, health, and personal care including, hygiene; 3. personal safety; 4. time management skills; 5. money management skills; 6. how to access and utilize transportation; 7. awareness of community resources and support in their use; 8. child care/parenting skills 9. work or employment skill-building 10. how to access housing resources <p>Psychosocial Skills Training activities should address the following areas:</p> <ol style="list-style-type: none"> 1. Consumer Empowerment; 2. Self-management; 3. Cognitive functioning; and 4. Social/communication. 5. Problem-solving skills <p>Therapeutic Socialization activities should address the following areas:</p> <ol style="list-style-type: none"> 1. Understanding the importance of healthy leisure time; 2. Accessing community recreational facilities and

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	<p>resources;</p> <ol style="list-style-type: none"> 3. Physical health and fitness needs; 4. Social and recreational skills and opportunities; 5. Harm reduction and relapse prevention strategies (for individuals with co-occurring disorders). <p>Consumer Empowerment activities should address the following areas:</p> <ol style="list-style-type: none"> a. Consumer choice b. Consumer voice c. Self-management d. Community integration <p><u>Setting</u> The PSI activities are provided in either a group or individual setting. These services must be provided in a facility-based setting, either in an integrated program model (e.g., clubhouse) or a structured classroom. Individual services should be provided on a one-to-one basis, and in vivo.</p> <p><u>Hours of availability</u> The PSI program must be in operation for no less than 20 hours a week, four hours per day with hours flexible enough to maximize accessibility and offer a variety of classes and groups. Consumers shall not be required to attend 20 hours a week but their attendance shall be based on their individual recovery and resiliency plans/goals.</p>
<p align="center">Provider Requirements</p>	<p>For CYFD providers only, services must be delivered by licensed behavioral health practitioners employed by a mental health/substance abuse provider organization. The organization must be a legally recognized entity in the United States, qualified to do business in New Mexico, and must meet standards established by the State of NM or its designee, and requirements of the funding source.</p> <p>For HSD/BHSD and HSD/MAD providers only, services must be delivered by a licensed Community Mental Health Center (CMHC).</p>
<p align="center">Staffing Requirements</p>	<p>Both clinical services and supervision by licensed practitioners must be in accord with their respective licensing board regulations.</p> <p>In the integrated/classroom/program setting, the entire staff works as a team. The team must include the following:</p> <ol style="list-style-type: none"> 1) Clinical Supervisor 2) On-site Team Leader 3) Rehabilitation Coordinator(s) 4) Classroom/Rehabilitation Instructor (Classroom setting only) 5) Rehabilitation Specialist (Home-based or Community setting) <p>1. <u>Minimum qualifications for the Clinical Supervisor:</u></p> <ol style="list-style-type: none"> a. Master's Level Licensed Independent Social Worker Practitioner; or b. Master's Level Licensed Professional Clinical Counselor; or c. Master's degree in nursing with a psychiatric specialty; and

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	<ul style="list-style-type: none">d. Minimum of two (2) years experience working with individuals with SMI, SED, at risk SED, or co-occurring (SMI and Substance Abuse) disorders; ande. Two years supervisory experience in the behavioral health field; andf. Demonstrated knowledge and competence in the field of psychosocial rehabilitation. <p>2. <u>Minimum staff qualifications for the On-site Team Leader:</u></p> <ul style="list-style-type: none">a. Bachelor of Arts degree from an accredited college or university orb. Registered Nurse; orc. Two years of relevant work experience can be substituted for each year of education required beyond a high school degree or GED. andd. Minimum of two (2) years of experience working with individuals with SMI, SED, at risk SED, or co-occurring (SMI and Substance Abuse) disorders. ande. Demonstrated supervisory experience. <p>3. <u>Minimum staff qualifications for the Rehabilitation Coordinator:</u></p> <ul style="list-style-type: none">a. High school degree, or G.E.D. andb. Minimum of one (1) year of experience working with individuals with SMI, SED, at risk SED, or co-occurring (SMI and Substance Abuse) disorders; andc. Demonstrated abilities in:<ul style="list-style-type: none">● establishing rapport;● accessing community resources;● providing culturally relevant services; and● Documented training in:<ul style="list-style-type: none">○ assessing individual functional strengths and needs○ symptoms of mental illness;○ medication and side effects;○ community resources and services;○ referral procedures and criteria;○ basic communication and problem-solving skills. <p>4. <u>Minimum staff qualifications for the Classroom/Rehabilitation Instructor:</u></p>
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	<p>a. Bachelor of Arts degree in Psychology, Counseling, Social Work, Rehabilitation, Education or a related field; or</p> <p>b. Associate of Arts degree in Human Services or related fields, plus two (2) years experience in providing services in the functional area taught (e.g., psychosocial education, basic living skills, etc.); or</p> <p>c. High school degree or GED and four (4) years of experience providing services in the functional area being taught; and</p> <p>d. Minimum of one (1) year of experience working with individuals with SMI or co-occurring (SMI and Substance Abuse) disorders.</p> <p>5. <u>Minimum staff qualifications for the Rehabilitation Specialist</u></p> <p>a. Bachelor of Arts (B.A.) degree from an accredited college or university in social work, counseling, psychology, sociology, education, special education, nursing, cultural anthropology, or a related health or social service field; and</p> <p>b. One (1) year of experience working with individuals with SMI or co-occurring (SMI and Substance Abuse) disorders.</p>
<p>Documentation Requirements</p>	<p>In addition to the standard client record documentation requirements for all services, the following is required for this service:</p> <ul style="list-style-type: none"> • The setting for the delivery of PSI services must be identified and justified in the individual's treatment or service plan. However, consumers shall participate in PSI services for those activities that are identified in the treatment or service plan and tied directly to the consumer's recovery and resiliency plan/goals. • Specific service needs (e.g., household management, nutrition, hygiene, money management, parenting skills, etc.) must be identified in the individual's treatment or service plan.
<p>Service Exclusions</p>	
<p>Admission/Service Criteria</p>	
<p>Continuing Service Criteria</p>	
<p>Discharge Criteria</p>	
<p>Service Authorization Period</p>	
<p>Service Authorization Unit</p>	
<p>Benefit Limits</p>	