

**IME Medical Services  
Clinical Advisory Committee Activity  
Summary  
SFY13**

**April 2014**

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## **Background Objectives**

The establishment and requirements of the Iowa Medicaid Enterprise (IME) Clinical Advisory Committee (CAC) are contained in House File 841. The purpose of the CAC is to increase the efficiency, quality and effectiveness of the Medicaid healthcare system. The CAC provides a process for physician and/or provider intervention to promote quality care, member safety, cost effectiveness and positive physician/provider relations through discussion about Medicaid benefits and healthcare services.

The CAC is charged with recommending clinically appropriate healthcare utilization management and coverage decisions for the medial assistance program and IowaCares population to the Department of Human Services (DHS). An annual report summarizing the recommendations made by the CAC and those adopted by rule is prepared and submitted to the DHS.

The CAC performs:

- Technology and therapeutics review (advanced therapy and new technology)
- Administrative support (review and recommendations regarding policy issues)
- Criteria review and recommendations
- Member and provider education/information communication (brochures, letters, website)

The CAC meetings are subject to the open committee rules in Chapter 21 of the Iowa Code. The meetings are publicly announced in the Des Moines Register and on the IME website at a minimum of 10 days prior to the scheduled time. All meeting agendas, minutes, summary of the CAC responsibilities, CAC questions and answers are posted on the website.

The CAC was formed in 2006. All appointments are for three years and each member may be reappointed for one additional three-year term.

## **Committee Member Bios**

### **Linda K. Gehrke, RN, ARNP** (term expiration 2014)

Ms. Gehrke completed her RN training at Evangelical Hospital of Nursing in Marshalltown, Iowa. Ms. Gehrke then attended the University of North Dakota School of Medicine - Family Nurse Practitioner Program graduating in 1991 with her family nurse practitioner certification. Presently, Ms. Gehrke is a primary care practitioner at the Ellsworth Family Municipal Hospital in Ellsworth, Iowa. Ms. Gehrke has been appointed to the CAC for a four-year term.

### **Kirk Peterson, MD** (term expiration 2014)

Dr. Peterson completed his undergraduate degree at Iowa State University graduating with a Bachelor of Science degree in 1988. Dr. Peterson attended medical school at the University of Iowa College of Medicine in Iowa City. After medical school, Dr. Peterson completed a family practice training program in 1977 at the Iowa Lutheran Hospital in Des Moines. Dr. Peterson is very active in many community and professional groups while practicing family medicine with the Huxley Family Physicians in Huxley, Iowa. Dr. Peterson has been appointed to the CAC for a four-year term.

### **Mark Davis, PA-C** (term expiration 2013)

Mark Davis attended the University of Osteopathic Medicine and Health Sciences in Des Moines graduating in 1986 with a Physician Assistant degree and a Bachelor of Science degree. Mr. Davis is board-certified by the National Commission on Certification of Physician Assistants. Mr. Davis has previously served as President of the Iowa Society of Orthopedic Physician Assistants. Presently, Mr. Davis is on staff at the Kossuth Regional Health Center in Algona, Iowa as a family practice physician assistant. Mr. Davis has been appointed to the CAC for a three-year term.

### **Rex Rundquist, MD** (term expiration 2013)

Dr. Rundquist graduated from the University of Iowa College of Medicine in 1978. He earned his undergraduate Bachelor of Science degree from Iowa State University in 1974. Dr. Rundquist completed his residency program at Children's Hospital Medical Center in Cincinnati, Ohio in 1981. Dr. Rundquist is a member of the American Academy of Pediatrics. Presently, Dr. Rundquist is a partner at Prairie Pediatrics and Adolescent Clinic in Sioux City, Iowa. Dr. Rundquist has been appointed to the CAC for a three-year term.

### **Joe Kimball, DO** (term expiration 2015)

Dr. Kimball attended Des Moines University graduating in 2000 with a professional doctoral degree. Dr. Kimball completed his residency program at Broadlawns Medical Center in 2003. Presently, Dr. Kimball is the medical director of Winterset Care Centers North and South in Winterset, Iowa. Dr. Kimball has been appointed to the CAC for a four-year term.

**Dawn Schissel, MD** (term expiration 2013)

Dr. Schissel graduated from the University of Minnesota in 1988 and completed her residency at Broadlawns Medical Center in 1991. Dr Schissel actively participates in several professional affiliations and memberships. Dr. Schissel has been in private practice since 2006. Dr. Schissel has been appointed to the CAC for a two-year term.

**Lisa Soldat, MD** (term expiration 2013)

Dr. Soldat completed her undergraduate degree at the University of Minnesota with a Master of Science in Genetics in 1983. Dr. Soldat completed her medical training in 1995 at the University of Minnesota. Dr. Soldat actively participates in several professional memberships, activities as well as conducts clinical teachings. Dr. Soldat currently practices at Broadlawns Medical Center in Des Moines, Iowa as a Faculty Physician since 2009. Dr. Soldat has been appointed to the CAC for a two-year term.

**Patricia Magle, MD** (term expiration 2016)

Dr. Magle graduated from the University of Michigan in 1977 and completed her residency at West Suburban Hospital in Oak Park, Illinois in 1980. She is a member of the American Academy of Family Practice, Iowa State Medical Society, and National Rural Health Association. Dr. Magle currently practices at Community Health Centers of Southern Iowa in Leon, Iowa since 2005. Dr. Magle has been appointed to the CAC for a three-year term.

## **Vision**

IME Medical Services is responsible for the administration of the CAC. The IME medical director, Jason Kessler, MD, chairs the CAC. The CAC evaluates the clinical aspects of DHS coverage policy and medical management strategies to maximize both quality healthcare and cost effectiveness. The CAC provides recommendations in the early stages of policy development and change, through interactions with the policy unit, which strengthens the buy-in of the Medicaid network providers.

## **Quarterly Project Reviewed**

During review of new technology and/or criteria, information (i.e., randomized controlled clinical trials, clinical practice guidelines, disease prevention and health promotion guidelines) is provided by the Medical Services staff to the committee members. Evidence-based literature is gathered to assist in ensuring the evaluation process is as consistent and understandable as possible. The gathered information is prepared in a report and presented to the committee by Medical Services professional staff or the Medical Director. Making the reasoning behind the committee's recommendations more explicit, it allows DHS's decision to be more transparent to the Medicaid providers and members. The committee's recommendations are provided to DHS in writing to ensure the integrity of the procedures and judgments.

## Review of Medical Services Criteria

Another function of the CAC is to provide the Medicaid agency with a timely scheduled review of the criteria utilized for medical review. While reviewing criteria the CAC takes into consideration the standards of practice, the effect of treatment on quality of life, functional status, and other relevant aspects of the health of our Medicaid members.

Activity	Action Approved	Responsible Party
Alcoholism-Substance Abuse Programs	01/18/2013	Medical Services
Augmentative Communication Systems	01/18/2013	Medical Services
Automated Medication Dispenser	04/19/2013	Medical Services
Bariatric Surgery	01/18/2013	Medical Services
Blepharoplasty	04/19/2013	Medical Services
Bone Marrow and/or Peripheral Blood Stem Cell (BMT/PBSC) Transplant	04/19/2013	Medical Services
Botulinum Toxins	04/19/2013	Medical Services
BRCA I-II Testing	04/19/2013	Medical Services
Cardiac Rehabilitation	01/18/2013	Medical Services
Consumer Directed Attendant Care (CDAC)	04/19/2013	Medical Services
Chest CT Angiography	04/19/2013	Medical Services
Cochlear Implant	04/19/2013	Medical Services
CT Abdomen/Pelvis for Suspicious Tumor/Lesion	10/19/2012	Medical Services
CT Chest for Pulmonary Emboli	04/19/2013	Medical Services
CT Chest for Suspicious Tumor/Lesion	10/19/2012	Medical Services
Diabetes Education	01/18/2013	Medical Services
Eating Disorders	01/18/2013	Medical Services
Enteral Products - Supplies	01/18/2013	Medical Services
Environmental Modification and Adaptive Devices Criteria	01/18/2013	Medical Services
Gait Trainer	04/19/2013	Medical Services
Genetic Testing	01/18/2013	Medical Services
Heart Transplant	01/18/2013	Medical Services
Home-Vehicle Modification	01/18/2013	Medical Services
Idursulfase (Elaprase)	04/19/2013	Medical Services

Activity	Action Approved	Responsible Party
Linear Accelerator Based Stereotactic Radiosurgery (LASBR)	10/19/2012	Medical Services
Liver Transplant	01/18/2013	Medical Services
Lung Transplant	01/18/2013	Medical Services
Memantine (Namenda) for ASD	01/18/2013	Medical Services
Mobility Related Device Purchase	01/18/2013	Medical Services
Natalizumab (Tysabri)	10/19/2012	Medical Services
Nipple Tattooing	10/19/2012	Medical Services
Non-Elastic Compression Devices	04/19/2013	Medical Services
Non-Preferred Glucose Monitoring-Test Strips	01/18/2013	Medical Services
Nursing Facility Level of Care	01/18/2013	Medical Services
Nutritional Counseling	01/18/2013	Medical Services
Oncotype DX	01/18/2013	Medical Services
Pain Management	01/18/2013	Medical Services
Palivizumab (Synagis)	01/18/2013	Medical Services
Pancreas Transplant	01/18/2013	Medical Services
Panniculectomy	01/18/2013	Medical Services
Pediatric Skilled Level of Care	01/18/2013	Medical Services
Pegloticase (Krystexxa)	01/18/2013	Medical Services
Percussors	01/18/2013	Medical Services
Personal Care Services for Children	10/19/2012	Medical Services
Pre-Vocational Services	01/18/2013	Medical Services
Private Duty Nursing for Children	10/19/2012	Medical Services
Prophylatic Mastectomy	01/18/2013	Medical Services
Pulmonary Rehabilitation	01/18/2013	Medical Services
Reduction Mammoplasty/Mastopexy	01/18/2013	Medical Services
Rhinoplasty	10/19/2012	Medical Services
Safety Beds	04/19/2013	Medical Services
Selective Internal Radiation Treatment (SIRT)	04/19/2013	Medical Services
Septoplasty	10/19/2012	Medical Services

Activity	Action Approved	Responsible Party
Shower/Commode Chair	01/18/2013	Medical Services
Skilled Level of Care	01/18/2013	Medical Services
Standing Frame System	04/19/2013	Medical Services
Vagus Nerve Stimulator	10/19/2012	Medical Services
Varicose Vein Treatment	10/19/2012	Medical Services
Virtual Colonoscopy	01/18/2013	Medical Services
Visual Aids and Visual Therapy	04/19/2013	Medical Services
Vitamin, Mineral, Amino Acid Supplements	10/19/2012	Medical Services
Wound Vacuum	10/19/2012	Medical Services
Zytaze	01/18/2013	Medical Services

Medical Services recruits providers throughout Iowa to review the following criteria annually:

- Intermediate Care Facility/Intellectual Disability (ICF/ID) Level of Care
- Children's Mental Health Waiver (CMH) Level of Care
- Prior Authorization Endodontic Procedures
- Prior Authorization Orthodontic Procedures
- Prior Authorization Periodontic Procedures
- Prior Authorization, Claims Pre-pay Hemangioma Removal