

**IME Medical Services
Clinical Advisory Committee
Activity Summary**

SFY 2009

October 2009

Submitted by IME Medical Services:

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Background

Objectives

The establishment and requirements of the Iowa Medicaid Enterprise (IME) Clinical Advisory Committee (CAC) are contained in House File 841. The purpose of the CAC is to increase the efficiency, quality and effectiveness of the Medicaid healthcare system. The CAC provides a process for physician/provider intervention to promote quality care, member safety, cost effectiveness and positive physician/provider relations through discussion about Medicaid benefits and healthcare services.

The IME Medical Services unit assembled the CAC. The CAC is charged with recommending clinically appropriate healthcare utilization management and coverage decisions for the medial assistance program and IowaCares population to the Department. An annual report summarizing the recommendations made by the CAC and those adopted by rule is prepared and submitted to the Department.

The CAC performs:

- Member specific utilization review (over and under utilization)
- Problem focused utilization review (peer to peer review)
- Technology and therapeutics review (advanced therapy and new technology)
- Administrative support (review and recommendations regarding policy issues)
- Criteria review and recommendations
- Member and provider education/information communication (brochures, letters, website)

The CAC meetings are subject to the open committee rules in Chapter 21 of the Iowa Code. The meetings are publicly announced in the Des Moines Register and on the IME website at a minimum of seven days prior to the scheduled time. All meeting agendas, minutes, summary of the CAC responsibilities, CAC questions and answers are posted on the website.

The CAC was formed in 2006. The initial CAC consisted of nine providers with term lengths of two, three, or four years. Thereafter, all appointments will be for three years and each member may be reappointed for one additional three-year term. Dr. Cranston resigned at the end of the fiscal year. Medical Services has recruited a physician replacement. The three providers whose second year was completed were invited to be reappointed and accepted the reappointments.

The SFY 2009 CAC is listed below. The participants' bios are in attachment number two:

| Provider | Specialty | Geographic Location | Term |
|----------------------|-------------------------------------|----------------------------|-------------|
| Fredrick Aldrich, MD | Pediatrics | Des Moines | 2 years |
| Linda Gehrke, ARNP | Primary Care | Hubbard | 4 years |
| Jean Lunde, PA-C | Primary Care | Oasage | 4 years |
| Ron McHose, DO | Family Practice | Dallas | 3 years |
| Kirk Peterson, MD | Family Practice | Boone | 4 years |
| Janet Schlechte, MD | Endocrinology Diabetes & Metabolism | Iowa City | 3 years |
| Larry Serveridt, MD | Primary Care | Des Moines | 3 years |
| Roger Skierka, MD | Family Practice | Shell Rock | 2 years |
| James Whalen, MD | General Practice | Council Bluffs | 2 years |

Vision

The IME Medical Services is responsible for the administration of the CAC. The IME Medical Director, Thomas Kline, DO, chairs the CAC. The CAC evaluates the clinical aspects of Department coverage policy and medical management strategies to maximize both quality healthcare and cost effectiveness. The CAC recommendations in the early stages of policy development and change, through interactions with the policy unit, strengthen the buy-in of the Medicaid network providers.

Another function of the CAC is to provide the Medicaid agency with a timely scheduled review of the criteria utilized for medical review. While reviewing criteria the CAC takes into consideration the standards of practice, the effect of treatment on quality of life, functional status and other relevant aspects of the health of our Medicaid members.

During review of new technology and/or criteria, information (i.e., randomized controlled clinical trials, clinical practice guidelines, disease prevention and health promotion guidelines) is provided by the IME Medical Services staff to the committee members. Evidence-based literature is gathered to assist in ensuring the evaluation process is as consistent and understandable as possible. The gathered information is prepared in a report and presented to the committee by Medical Services professional staff or the Medical Director. Making the reasoning behind the committee's recommendations more explicit, it allows the Department's decision to be more transparent to the Medicaid providers and members. The committee's recommendations are provided to the Department in writing to ensure the integrity of the procedures and judgments.

The Medical Director and the CAC determine the need to assemble ad hoc committees to address activities relates to specialty care.

The Home and Community Based Services waiver form was reviewed by the CAC committee and suggested changes were submitted to the Medical Services unit. The Department of Human Services approved the form on September 15, 2009.

The CAC quarterly meetings were held on February 20, 2009, May 8, 2009, and September 11, 2009. Each meeting was approximately three hours in length. The April 10, 2009, meeting was cancelled due to multiple scheduling conflicts.

The CAC SFY 09 Activity Summary table is attached.

**CAC SFY 09
Activity Summary Table**

| Activity | Recommendations | Responsible Party |
|---|----------------------------|--------------------------|
| Review of Medical Services Criteria | | |
| Automated Medication Dispenser | Revise | Medical Services |
| Bariatric Surgery | Approved | Medical Services |
| Blepharoplasty | Approved | Medical Services |
| Cochlear Implant | Approved | Medical Services |
| Hemangioma Removal | Approved | Medical Services |
| Linear Accelerator Based Sterotactic Radiosurgery (LABSR) | Approved | Medical Services |
| Nipple Tattooing | Approved | Medical Services |
| Non-Preferred Glucose Monitors and Strips | Approved | Medical Services |
| Pediatric Skilled Level of Care Criteria | Approved | Medical Services |
| Personal Care Services for Children | Approved | Medical Services |
| Private Duty Nursing for Children | Approved | Medical Services |
| Vagus Nerve Stimulator | Approved | Medical Services |
| Varicose Vein Treatment | Approved | Medical Services |
| Visual Aids and Visual Therapy | Requires Specialist Review | Medical Services |
| Vitamin, Mineral, Amino Acid | Revise | Medical Services |
| Wound Vac | Approved | Medical Services |
| Assertive Community Treatment | Revise | Medical Services |
| Botox Injections | Format | Medical Services |
| BRCA I and II Testing | Format | Medical Services |
| Enclosed Bed | Format | Medical Services |
| Gait Trainers | Format | Medical Services |
| Lung Transplant | Format | Medical Services |
| Panniculectomy | Format | Medical Services |
| Reduction Mammoplasty | Format | Medical Services |
| Rhinoplasty | Format | Medical Services |
| Septoplasty | Format | Medical Services |
| Standing Frame System | Format | Medical Services |
| Virtual Colonoscopy | Revised | Medical Services |

**CAC SFY 09
Activity Summary Table**

| Activity | Recommendations | Responsible Party |
|--|----------------------------|--------------------------|
| Review of Medical Services Criteria | | |
| Bone Marrow | Requires Specialist Review | Medical Services |
| Heart Transplant | Approved | Medical Services |
| Liver Transplant | Approved | Medical Services |
| Namenda | Approved | Medical Services |
| Nursing Facility and Skilled Nursing Facility Adult Level of Care Criteria | Revise | Medical Services |
| Pancreas Transplant | Approved | Medical Services |
| Selective Internal Radiation Therapy (SIRT) | Approved | Medical Services |

Committee Member Bios

Fredrick C. Aldrich, MD

Dr. Aldrich completed his undergraduate degree at Drake University graduating in 1968 with a BA degree. Dr. Aldrich attended medical school at the University of Michigan, graduating in 1973. Dr. Aldrich completed his pediatric internship and residency at the Raymond Blank Memorial Hospital for Children in Des Moines. During Dr. Aldrich's final year in 1973, he was appointed chief resident in pediatrics. Dr. Aldrich is a pediatrician and has practiced in the Des Moines area for over 29 years. Dr. Aldrich has extensive experience in peer review, technology review and investigative review. Dr. Aldrich has been appointed to the CAC for a two-year term. Dr. Aldrich accepted reappointment for an additional three-year term.

Linda K. Gehrke, RN, ARNP

Ms. Gehrke completed her RN training at Evangelical Hospital of Nursing in Marshalltown, Iowa. Ms. Gehrke then attended the University of North Dakota School of Medicine - Family Nurse Practitioner Program graduating in 1991 with her family nurse practitioner certification. Presently, Ms. Gehrke is a primary care practitioner at the Ellsworth Family Municipal Hospital in Ellsworth, Iowa. Ms. Gehrke has been appointed to the CAC for a four-year term.

Jean Lunde, PA-C

Ms. Lunde attended the Methodist-Kahler School of Nursing in Rochester, Minnesota graduating with an RN degree in 1967. Ms. Lunde was a staff nurse working for the Osage Medical Group until 1992. Ms. Lunde then attended the Physician's Assistant Program at the University of North Dakota completing her training in 1993. Currently, Ms. Lunde is practicing primary care at the Mitchell County Regional Health Center in Osage, Iowa. Ms. Lunde is active in many community and professional organizations. Ms. Lunde has been appointed to the CAC for a four-year term.

Kirk Peterson, MD

Dr. Peterson completed his undergraduate degree at Iowa State University graduating with a Bachelor of Science degree in 1988. Dr. Peterson attended medical school at the University of Iowa College of Medicine in Iowa City. After medical school, Dr. Peterson completed a family practice training program in 1977 at the Iowa Lutheran Hospital in Des Moines. Dr. Peterson is very active in many community and professional groups while practicing family medicine with the Huxley Family Physicians in Huxley, Iowa. Dr. Peterson has been appointed to the CAC for a four-year term.

Ron McHose, DO

Dr. McHose completed his undergraduate degree at Drake University graduating with a Bachelor of Science degree in 1977. Dr. McHose completed his medical training through Des Moines University in 1981. Dr. McHose completed residency in internal medicine at the University of Iowa Hospitals and Clinics and Iowa Lutheran Hospital. Dr. McHose is very active in many community, professional, and educational programs while practicing family medicine for at the Dallas Center Medial Associates in Dallas Center, Iowa for more than 23 years. Dr. McHose has been appointed to the CAC for a three-year term.

Committee Member Bios

Janet A. Schlechte, MD

Dr. Schlechte attended undergraduate school at the University of Nebraska where she attained a Bachelor of Science degree in zoology. Dr. Schlechte then pursued graduate training at the University of California in Santa Barbara, graduating with an MA in biology. Dr. Schlechte's medical training was completed at the University of Nebraska in Omaha in 1975. Dr. Schlechte completed an internship and residency in internal medicine at the University of Iowa Hospitals and Clinics. Dr. Schlechte's then completed a three-year fellowship in endocrinology also at the University of Iowa Hospitals and Clinics. After Dr. Schlechte's fellowship she held many academic positions at the College of Medicine. Presently Dr. Schlechte is the medical director of Continuum of Care Management, a clinical program of the University of Iowa Hospitals and Clinics. Dr. Schlechte has been appointed to the CAC for a three-year term.

Larry Severidt, MD

Dr. Severidt received a Bachelor of Science degree from Iowa State University in 1972. Dr. Severidt then completed medical school at the University of Iowa graduating in 1977. Dr. Severidt then completed a three-year family practice residency at Mercy St. Luke's Hospital in Davenport, Iowa. Since entering family practice, Dr. Severidt has practiced in a number of clinical settings, including the towns of Manchester and Pella. At this time, Dr. Severidt is Section Chief of Urgent Care/Walk-in Clinics at Broadlawns Medical Center in Des Moines, Iowa. Dr. Severidt is very active in many community, professional, and educational programs. Dr. Severidt has been appointed to the CAC for a three-year term.

Roger L. Skierka, MD

Dr. Skierka received his Bachelor of Arts degree in psychology from the State University of New York at Purchase, New York in 1992. Dr. Skierka then attended Creighton University School of Medicine in Omaha, Nebraska. In 1996 he completed a family practice residency program at Waterloo, Iowa. Dr. Skierka is currently attending the Institute of Theology at the Open Bible Church in Waverly, Iowa. Dr. Skierka practices family medicine at the Shell Rock Family Health Clinic. Dr. Skierka is very active in his church and other community and professional programs. Dr. Skierka has been appointed to the CAC for a two-year term. Dr. Skierka accepted the three-year reappointment.

Committee Member Bios

James L. Whalen, MD

Dr. Whalen received Bachelors of medical science from the Memorial University of Newfoundland, May 1976. Dr. Whalen also completed his medical training at the same institution and graduated in 1976. Dr. Whalen completed his internship at Dalhousie Affiliated Hospitals in Halifax, Nova Scotia, Canada. Dr. Whalen currently practices family medicine and is the medical director of the Alegent Health Clinic in Council Bluffs, Iowa. Dr. Whalen is active in several professional organizations. Dr. Whalen has been appointed to the CAC for a two-year term. Dr. Whalen accepted the three-year reappointment.