

# CALHOUN COUNTY MENTAL HEALTH/DEVELOPMENTAL DISABILITIES SERVICES ANNUAL REPORT FY 2013

**PROGRESS ON GOALS & OBJECTIVES**

**The following were identified as areas of need at the time the strategic action plan was developed in April of 2009. This is the fourth report on our three year strategic plan.**

1. Development of a mental health management plan delivering consistent MH/DD services in a 7 county regional area (Hamilton, Humboldt, Kossuth, Pocahontas, Webster, Wright and Calhoun).
2. Continue to provide mental health education/information through our collaborative stakeholder meetings with Sac and Ida County.
3. Investigate and develop collaboratively with Calhoun County Public Health the possibility of a drug repository within Calhoun County.

<b>Goal:</b> The current CPC Administration will work collaboratively with the 7 county regions of Hamilton, Humboldt, Kossuth, Pocahontas, Webster and Wright Counties to develop a mental health management plan to more consistently deliver MH/DD services and address individual needs.		
<b>Specific Action Steps</b>	<b>Initiation Date</b>	<b>Completion Date</b>
Meet and plan with the 7 county region CPC's.	Current	On-going
Write a draft of the mental health management plan and distribute to stakeholders for approval.	Current	12/1/09
Finalize the draft and submit to the Calhoun County Board of Supervisors and the MH/DD Commission for acceptance.	04/15/2009	1/12/2010-Calhoun County Board of Supervisors 5/25/2010-MH/DD Commission
Once accepted, distribute and make available copies of the official plan to our access for service points, stakeholders and area providers.	06/30/2009	On-going

**Measure of Progress:** This goal has been completed. Calhoun County continues to operate under this plan. The Calhoun County Board of Supervisor has chosen to regionalize with the Rolling Hill Region which consists of Buena Vista, Calhoun, Crawford, Carroll, Ida and Sac. Our region will again address and write a new management plan specific to our region with help from a template being developed by a statewide committee. The counties listed in the initial goal chose to join a different region. Indirect costs of CPC time and collaboration with surrounding counties continue as we form into regions. This time continues to be of considerable expense.

<b>Goal:</b> The current CPC Administration will continue to provide mental health education/information to the communities through collaborative stakeholder meetings with Sac/Ida County.		
<b>Specific Action Steps</b>	<b>Initiation Date</b>	<b>Completion Date</b>
The CPC administration will post notices and invite the public to stakeholder meetings.	7/1/2009	06/30/2012
We will poll stakeholders quarterly for suggested mental health	7/1/2009	06/30/2012

topics for meetings.		
The CPC Administration and the stakeholder group will organize stakeholder meetings quarterly	7/1/2009	06/30/2012
The CPC Administration will be responsible to seek and share current national/state/local issues and present them to the stakeholders.	7/1/2009	06/30/2012

**Measure of Progress:** This goal has significantly changed, in that this past FY we have been attending state/local meetings regarding regionalization. Those meetings most often include our stakeholders, i.e. consumers, family and providers. These meetings have included all 6 counties of the Rolling Hill region and other regions. Measures will include feedback from those attending meetings and planning for future meetings. Indirect costs of CPC time and collaboration with the Rolling Hill Region CPC's. (Also see section entitled Documentation of Stakeholder Input for detail regarding this goal.)

<b>Goal:</b> The current CPC Administration will work collaboratively with Calhoun County Public Health to research and develop the need and steps to decrease county medication costs to individuals and the county by having a drug repository within Calhoun County.		
<b>Specific Action Steps</b>	<b>Initiation Date</b>	<b>Completion Date</b>
The CPC and Public Health Dept. will work with the Iowa Prescription Drug Repository program to learn the benefits of having a drug repository in Calhoun County and necessary involvement of other key players. It is anticipated this type of program will decrease the county spending on medication costs.	current	12/31/2009
The CPC and Public Health Dept. will present the option of having a drug repository in Calhoun County to the local pharmacies and clinics for low income, no insurance and under insured individuals.	Current	06/30/2011
Once a pharmacy or clinic is involved to administer the program the CPC and Public Health Dept. will educate the public about this service and make appropriate referrals of individuals.	0701/2009	Not completed

**Measure of Progress:** The goal of having our local clinics/pharmacies re-dispensing prescription drugs that would otherwise be destroyed, to low-income, no insurance or under-insured people was unfortunately never met. Three other avenues were discovered in working on this goal and continue to date in Calhoun County: 1) a prescription discount card that is being distributed by General Relief, CCPH and Calhoun County CPC. 2) General Relief providing temporary assistance for low income people with medication needs that do not qualify for any other form of assistance. 3) Calhoun County's participation in the Iowa Prescription Drug Voucher Project. This program offers medications for 5 diseases, one of which is depression. A person who demonstrates a need for medication can receive a voucher for a 90 day supply for a \$3 co-pay and can still receive the medication if the person is unable to pay the \$3. A prescription is required by a physician. Vouchers are distributed by CCPH, Calhoun County CPC and Calhoun County General Relief. This program started 7/1/09. There are 3 access points to get a voucher for medication; Calhoun County Public Health, Calhoun County General Assistance and Calhoun County CPC. For this fiscal year we served 59 individuals with vouchers.

## DOCUMENTATION OF STAKEHOLDER INVOLVEMENT

A large part of time this last fiscal year was attending numerous meetings across the state in collaboration with the state and other counties on discussion of the Mental Health Redesign legislation, transition funding meetings, regional conference calls, Affordable Care Act informational meetings and planning with other counties for choosing regions.

This information was then shared in a more local fashion by this CPC at our County Board of Supervisors meetings, quarterly Calhoun County Interagency Meetings, monthly School Interagency Meetings (5 different schools from the county in attendance), monthly Board of Human Resource Meetings, and quarterly Cherokee Mental Health Institute advisory board meetings.

Calhoun County held one Stakeholders meeting in collaboration with Sac and Ida County's. Following is a summary of that meeting.

**December 4<sup>th</sup>, 2012** Attendance included mental health providers, Board of Supervisors, providers of MH/DD services, individuals with disabilities, parents of individuals with disabilities, a State Representative and other community people.

Calhoun, Sac and Ida County's hosted a Iowans with Disability in Action Community Conversation focused on the new Iowa legislation that resulted in big changes in the state's adult mental health and disability services system. Attendees heard a short presentation on mental health and disability services redesign and then had open discussion on how this will impact people with disabilities on the local level. Senate File 2315 changed funding and management of Iowa's mental health and disability services system, shifting greater responsibility to the state and away from the "99-county" system. It also set up a new menu of "core services" that must be available to Iowans with disabilities no matter where they live. ID Action's new handbook called "Advocates Guide to Mental Health Redesign" was provided free to all those that attended.

**March 21, 2013** A meeting was held with Buena Vista, Calhoun, Crawford and Sac County's to draft a letter of intent to form a region.

**April 16-17, 2013** Calhoun County CPC attended a SOARS training (SSI/SSDI Outreach, Access and Recovery). This training focused on assisting persons with serious mental illness and co-occurring disorders in applying for benefits to which they are entitled and need to get the proper and consistent care for their illness.

**May 1, 2013 Calhoun** County CPC attended a meeting with DHS/legislators/providers and other CPC's to discuss the upcoming Individual Health Homes transition that will take place with our persons who have mental illness and chronic mental illness. The transition is scheduled to take place in 3 phases beginning July 1, 2013. Calhoun is in the 2<sup>nd</sup> phase.

**June 27, 2013 Participated** in a technical assistance meeting with Jeff Schott from University of Iowa. Others included our potential regional county CPC's and their Boards of Supervisors. This meeting was a discussion regarding the highlights of what should be included in a regional 28E agreement and actual discussion of what each county felt was important to them.

Additional Stakeholder/Community involvement/information that the CPC continues to be involved in:

- Attendance at regular CPC Regional meetings in collaboration with the DHS Community Systems Consultants
- Attendance at ISAC Fall and Spring Schools in Des Moines
- Attendance at Legislative District Meetings
- Attendance at statewide CPC conference

### **APPEALS: NUMBER, TYPE and RESOLUTION**

Calhoun County had no appeals from July 1, 2012 through June 30, 2013.

### **WAITING LIST INFORMATION**

Calhoun County established a waiting list on January 3, 2012. This was in anticipation of receiving no state funding for the next Fiscal Year of 2013 and needing to ensure payment of local providers. As of June 30, 2012 Calhoun County had no one on the waiting list yet. I believe this was because Calhoun County does not wait list outpatient mental health services per our management plan. Calhoun County believes putting outpatient services on a waiting list would only increase the county's inpatient costs. The plan was as of July 1, 2012 100% county funded work activity would be reduced in half for 3 months and then discontinued for individuals. This plan did take effect on July 1, 2012. This type of reduction was going to occur as each individual's yearly funding request came up for renewal. Calhoun County only had 4 individuals on the waiting list for psychiatric medications. They were only on the waiting list for 1-2 months as either the County CPC or the mental health center helped the individual access their medications through pharmaceutical medication assistance programs. Calhoun County discontinued their waiting list July 1, 2013 because of the anticipation of transition and equalization money and the final payments being made on Medicaid bills.

### **QUALITY ASSURANCE IMPLEMENTATION, FINDINGS, & IMPACT ON THE PLAN**

Calhoun County last conducted a survey regarding the CPC process in September of 2009. Quality assurance/findings/impact has not been accessed since that time. I believe that is a positive change that could impact Calhoun County with the Mental Health Redesign. Quality assurance activities will be administered and assessed on a much larger scale within a region.

**ACTUAL PROVIDER NETWORK**

Calhoun County funded the following service providers in FY 2013:

<i>Adult Crisis Stabilization Center (ACSC)</i>	<i>Mallard View, Inc</i>
<i>Bennett, Crimmins &amp; Smith (Ostrander)</i>	<i>Mary Greeley Medical Center</i>
<i>Berryhill Center for Mental Health</i>	<i>McFarland Clinic</i>
<i>Black Hawk Grundy Mental Health Center</i>	<i>Moore &amp; Egerton, LLP</i>
<i>Buena Vista County Community Services</i>	<i>Mount Pleasant Mental Health Institute</i>
<i>Buena Vista County Sheriff</i>	<i>New Hope Village</i>
<i>Calhoun County Reminder</i>	<i>Newbrough Johnston Brewer Maddux &amp; Howell, LLP</i>
<i>Calhoun County Sheriff</i>	<i>Northwest Iowa Youth Emergency Services</i>
<i>Carroll Apothecary LTC</i>	<i>Partnership For Progress (Willow Heights)</i>
<i>Carroll County Sheriff</i>	<i>Peterson, Denny</i>
<i>Cerro Gordo County Sheriff</i>	<i>Peterson, Robert E. legal services</i>
<i>Cherokee Mental Health Institute (MHI)</i>	<i>Plains Area Mental Health Center</i>
<i>Christensen, Judith C. LISW</i>	<i>Pocahontas County Sheriff</i>
<i>Clay County Sheriff</i>	<i>Pocahontas Pharmacy</i>
<i>Cleveland, Kay M., ARNP</i>	<i>Psychiatry Lee &amp; Associates of Fort Dodge</i>
<i>Community Mental Health Center for Mid-Eastern Iowa</i>	<i>Rickert Law Office</i>
<i>Covenant Clinic Psychiatry</i>	<i>Sac City Drug &amp; Custom Compounding</i>
<i>Daniel Pharmacy</i>	<i>Schickel, Candila, Attorney</i>
<i>Iowa State Department of Human Services</i>	<i>Schulte &amp; Graven Law Firm</i>
<i>Discover Card</i>	<i>Sporleder, Mary</i>
<i>Echo Plus</i>	<i>St. Anthony Regional Hospital</i>
<i>Electronic Transaction Clearinghouse</i>	<i>Story County Sheriff</i>
<i>Family Resource Center</i>	<i>Sweeney, Sandy</i>
<i>Howard Center, Inc</i>	<i>Vakulskas Law Firm</i>
<i>Hy-Vee (Ressler Drug)</i>	<i>Webster County Community Services</i>
<i>Iowa Community Services Association</i>	<i>Webster County Sheriff</i>
<i>Iowa State Association of Counties</i>	<i>West Iowa Mental Health Center</i>
<i>Johnson County Sheriff</i>	<i>Wildwood Lodge Des Moines</i>
<i>Lifeworks</i>	<i>Woodbury County Sheriff</i>
<i>Lincoln Highway Pharmacy</i>	

# Actual Expenditures

Account	Code	Mental Illness	Chronic Mental Illness	Mental Retardation	Developmental Disability	Admin	CM	CPS	Brain/Injury	Total
11100	Salary Regular Employees (Not MH/DD)					\$39,635.60				\$39,635.60
11110	FICA - County Contribution (Not MH/DD)					\$2,943.15				\$2,943.15
11111	IPERS - County Contribution (Not MH/DD)					\$3,210.05				\$3,210.05
11113	Employee Group Hlth Insurance - County Contribution (Not MH/DD)					\$14,337.96				\$14,337.96
11413	Mileage & Other Travel Expenses (Not MH/DD)					\$1,572.76				\$1,572.76
11260	Direct Admin - Stationary/Forms/General Office Supplies					\$66.00				\$66.00
11413	Direct Admin - Mileage & Other Travel Expenses					\$713.44				\$713.44
11422	Direct Admin - Educational & Training Services					\$385.00				\$385.00
11480	Direct Admin - Dues & Memberships Services					\$18.95				\$18.95
12370	Purchased Admin - Technical Services					\$5,341.00				\$5,341.00
12421	Purchased Admin - Data Processing Services					\$6,100.00				\$6,100.00
21374	Case Management - T19 Match/ Medicaid	\$1,970.04		\$5,350.49	\$572.47					\$7,893.00
21375	Case Management - 100% County	\$64.04								\$64.04
31354	Transportation - General	\$734.45		\$3,897.77						\$4,632.22
32325	Support Services - Respite			\$148.60						\$148.60
32329	Support Services - Supported Community Living	\$5,816.66		\$11,399.25						\$17,215.91
41306	Physiological Treatment - Prescription Medicine/Vaccines	\$83.74	\$2,351.34							\$2,435.08
42304	Psychotherapeutic Treatment - Acute & Emergency Treatment	\$2,250.00	\$93.05							\$2,343.05
42305	Psychotherapeutic Treatment - Outpatient	\$15,338.78	\$5,745.88							\$21,084.66
42396	Psychotherapeutic Treatment - Community Support Programs	\$855.00								\$855.00
43301	Evaluations (Diagnostic) NOT related to Commitments	\$2,378.50	\$213.75							\$2,592.25
50380	Voc/Day - Sheltered Workshop Services			\$920.53	\$943.60					\$1,864.13
50382	Voc/Day - Work Activity Services		\$1,545.17	\$17,541.04						\$19,086.21
50367	Voc/Day - Adult Day Care			\$1,426.00						\$1,426.00
50368	Voc/Day - Supported Employment Services		\$40.83	\$2,738.80						\$2,779.63
50369	Voc/Day - Enclave		\$1,621.16	\$3,827.43						\$5,448.59
50399	Voc/Day - Other Services		\$1.02	\$9,789.12						\$9,790.14
63329	Comm Based Settings (1-5 Bed) - Supported Community Living		\$2,244.74	\$111,384.17						\$113,628.91
64314	Comm Based Settings (6+ Beds) - RCF		\$62,814.76	\$19,976.72						\$82,791.48
64318	Comm Based Settings (6+ Beds) - ICF/MR		\$86,623.90	\$111,714.87						\$198,338.77
71319	State MHI Inpatient - Per diem charges									\$86,623.90
73319	Other Priv./Public Hospitals - Inpatient per diem charges	\$6,223.09								\$6,223.09
74353	Commitment - Sheriff Transportation	\$763.64	\$1,040.08							\$1,803.72
74393	Commitment - Legal Representation	\$1,129.90	\$104.00							\$1,233.90
75101	Mental Health Advocate - Wages of Temp & Part Time Employees	\$5,363.25								\$5,363.25



## Actual Scope of Services

Age	Account	Code	MI	CMI	MR	DD	Admin	CM	CPS	BI	Total
Adult	21374	Case Management - T19 Match/ Medicaid		6	36	4					46
Adult	21375	Case Management - 100% County		1							1
Adult	31354	Transportation - General		6	18						24
Adult	32325	Support Services - Respite			1						1
Adult	32329	Support Services - Supported Community Living		8	8						16
Adult	41306	Physiological Treatment - Prescription Medicine/Vaccines	3	4							7
Adult	42304	Psychotherapeutic Treatment - Acute & Emergency Treatment	2	1							3
Adult	42305	Psychotherapeutic Treatment - Outpatient	24	13							37
Adult	42396	Psychotherapeutic Treatment - Community Support Programs	3								3
Adult	43301	Evaluations (Diagnostic) NOT related to Commitments	12	1							13
Adult	50360	Voc/Day - Sheltered Workshop Services			2	1					3
Adult	50362	Voc/Day - Work Activity Services		4	10						14
Adult	50367	Voc/Day - Adult Day Care			2						2
Adult	50368	Voc/Day - Supported Employment Services		1	4						5
Adult	50369	Voc/Day - Enclave		2	8						10
Adult	50399	Voc/Day - Other Services		1	12						13
Adult	63329	Comm Based Settings (1-5 Bed) - Supported Community Living		1	26						27
Adult	64314	Comm Based Settings (6+ Beds) - RCF		7	2						9
Adult	64318	Comm Based Settings (6+ Beds) - ICF/MR			15						15
Adult	71319	State MHI Inpatient - Per diem charges		6							6
Adult	73319	Other Priv./Public Hospitals - Inpatient per diem charges	3								3
Adult	74353	Commitment - Sheriff Transportation	10	6							16
Adult	74393	Commitment - Legal Representation	7	1							8
Adult	99999	Unspecified-			34	4					38
Child	21374	Case Management - T19 Match/ Medicaid			1						1
Child	31354	Transportation - General			1						1
Child	50362	Voc/Day - Work Activity Services			1						1
Child	63329	Comm Based Settings (1-5 Bed) - Supported Community Living			1						1
Child	74353	Commitment - Sheriff Transportation		1							1
Child	99999	Unspecified			1						1