

DECATUR COUNTY

MENTAL HEALTH & DEVELOPMENTAL DISABILITIES SERVICES

ANNUAL REPORT

FOR

FISCAL YEAR 2012-2013

Prepared by
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Community Services Director

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Decatur County Mental Health Plan Annual Report FY 2013

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Decatur County Annual Report

Decatur County MH / DD Mental Health Annual Report

In accordance with the Iowa Administrative Code Chapter 441 – 25.17(331) the following report is a summary of the services and financial commitments implemented through the Decatur County Mental Health Plan for fiscal year 2013, utilizing the Decatur County Mental Health and Developmental Disabilities (MHDD) Fund. There is no strategic plan to report on for fiscal year 2013. Due to the changes taking place within the state specific to the MH/D services, Decatur County does not have a strategic plan for 2013 and instead will report on the steps taken to form a mental health region as mandated by the state in Iowa Code 2013 section 331.389.

This report is written by Kathy Lerma, RN,JD, who serves as the CPC (Central Point of Coordination) and Director of Decatur County Community Services located at 201 NE Idaho, Leon, IA 50144. The office number is 641-446-7178 and e-mail can be sent to deccpcc@decccs.org.

Goal : Form a region as mandated by Iowa Code 2013 section 331.389

Six counties formed to develop the County Rural Offices of Social Services (CROSS) region. These counties include Decatur, Ringgold, Clarke, Wayne, Lucas and Monroe. Three exploratory regional meetings were held prior to forming the region. The regional planning Board was developed and is comprised of a Board of Supervisor from each participating County and the corresponding CPC. Planning meetings were then held in May and June of 2013 and continue monthly or bimonthly. The planning committee has accomplished the following:

Action Steps:

1. Letter of Intent

A letter of intent to form a region was submitted on 3/13/2013; additional information was requested and submitted 4/30/13. The CROSS region received approval to move forward with formation of a region in May 2013.

2. Write a draft 28E contract for approval by the regional governance board approval.

Decatur County participated with the planning committee to develop a 28E contract for the acting governing board of the proposed region. The contract was developed using the mandates in Iowa Code, Chapter 331.392. Input from ISAC and DHS was also used. The draft was taken by the governing board representative to the individual participating county boards of supervisors for approval then sent to DHS for approval. The regional planning Board continues to wait for notification on whether the 28E Agreement meets the legislative requirements for regional development. Nothing has been received from DHS on this contract.

3. Develop by-laws for the region.

The planning committee utilized the 28 E and bylaw drafts to develop by-laws for the Regional Governing Board. The by-laws were approved by the regional governing board pending a response from DHS regarding the 28E.

4. Develop a management plan for the region.

Using Iowa Code, Administrative Rules, member management plans, and management plans from other formed regions, the regional planning board has begun writing the management plan for the region. The CPCs are playing a major role in the development of the plan. The planning group is currently deliberating core services, core plus services, population to be served, eligibility criteria, and the implementation process for the region. The planning group is also considering the impact on the CROSS region of a statewide uniform management plan.

5. Form a provider group for the region.

A provider group was formed and is comprised of the service providers from each of the individual counties making up the CROSS region. This group includes providers of ID and MH services who provide the core services as mandated in 331.397 of the Code of the State of Iowa. The provider group began meeting monthly and continues to meet on a quarterly basis. At the meetings the providers discussed the possibility of joint group trainings and using the internet to hold meetings in order to reduce costs.

At the first provider group meeting it was decided that the region would proceed with the CCISC model of care developed by Dr. Kenneth Minkoff M.D. This model promotes the concept of "meeting people where they are" in their treatment, focusing on multi-occurring disorders. The group is developing a charter to incorporate the CCISC model, common values, and goals to be implemented throughout the region. Provider members have utilized the free trainings provided through the state with Dr. Minkoff.

Documentation of Stakeholder Involvement

Meetings were held with providers in the 6 counties to develop a provider group and input about forming the region. Informal meetings with individuals being provided service were conducted throughout the year. Input was also gathered through the Advisory Committee for Decatur County Case Management and the Ringgold County Supportive Services Board, which meets quarterly. The CPC also attends provider functions and meets informally with recipients of services and their families to obtain input. The CPC also met with the Rotary Club, Decatur County Public Health, Optimist

Club and other community leaders to discuss the changes in the mental health system and to obtain input from community leaders.

Stake holder Involvement (continued)

Providers have expressed uncertainty regarding the impact of mental health reform on the consumers and their agencies. Providers expressed concern regarding dwindling county funding, and the inability to have emergency cases funded quickly to meet client's needs.

Providers continue to share the need for more community employment and for SCL services in the area to accommodate our younger transitioning members. Providers also need county funding will be available to fund new programs that have not been approved for title XIX funding.

Actual Provider Network

The following services and agencies have been part of the service network in FY2013

Case Management	Decatur County Community Services South East Iowa Case Management Decatur County Public Health
Psychotherapeutic Services	Capstone Behavioral Health Care, Inc. Community Health Centers of Southern Iowa Eyerly-Ball Community Mental Health Services Crossroads Mental Health Center
Transportation	Area XIV Agency on Aging Ten-Fifteen Area Transit Southern Iowa Resources for Families CHOICE, Inc.
Vocational Services	Mosaic Tenco Innovative Southern Iowa Resources for Families Healthy Connections
Psychotropic Medication	Decatur Family Pharmacy Varsity Drug Hy-Vee Pharmacy
Adult Day Activity	Ringgold County Supportive Services Mosaic Healthy Connections
Supportive Community Living	Mosaic SIRF (Southern Iowa Resources for Families) Support Services of South Central Iowa Genesis

	Arc of Johnson First Resources Healthy Connections
Respite	Arc of Johnson Arc of SE Iowa Lutheran Social Services SIRF (Southern Iowa Resources for Families) Support Services of South Central Iowa
Residential Care	Country Haven Ringgold County Group Home Bluegrass View Terrace View Chatham Oaks, Inc. Burlington House
Inpatient Hospitalization	Clarinda MHI University of Iowa MHI Mary Greely MHI Iowa Lutheran Hospital
Commitments – Evaluations	Community Health Centers of Southern Iowa Iowa Medical Classification Center
Sheriff Transportation	Decatur County Sheriff Union County Sheriff Page County Sheriff Warren County Sheriff Polk County Auditor Scott County Auditor
Legal Representation	Angela Hill Elson & Fulton Patrick Greenwood
Mental Health Advocate	Mary Johnson
CDAC	South Central Home Care

Points of Access for Applications:

Decatur County Community Services

201 NE Idaho

Leon, Iowa 50144

Phone: (641) 446-7178

FAX: (641) 446-8208

Email: deccpcc@decccs.org

Community Health Centers of Southern Iowa

302 NE 14th

Leon, Iowa 50144

Phone: (641) 446-4242

Fax: 641-446-2206

These agencies have copies of our standard CPC application and if requested would assist anyone in completing the form. The CPC application, once received by an access point is to be taken or sent to the CPC office at the close of the current business day.

Provider Input

Providers have expressed uncertainty regarding mental health reform and how it will impact their agencies. Providers expressed concern regarding dwindling county funding, and the inability to have emergency cases funded quickly to meet client's needs.

Providers continue to share the need for more community employment and SCL services in the area to accommodate our younger transitioning members. Providers have expressed a need to further create and strengthen relationships between businesses and the providers. Relationships established the past two years continue to be built upon to strengthen the ties between the community, providers and County Community Services.

Report the Number of Appeals, Type, and Resolution for FY 13.

No Appeals for Fiscal Year 2012-2013.

Waiting List Information:

There was no one placed on a waiting list for Fiscal Year 2012-2013.

Quality Assurance Implementation, findings and impact on plan:

A Quality Improvement Program includes surveys of providers, consumers, and family/guardians on a quarterly basis. Surveys are reviewed and shared with staff to identify areas in need of improvement and program strengths.

Table: B Surveys

Survey Type	# Mailed	# Returned	% Returned
Provider surveys	25	9	36 %
Consumer surveys	89	38	42%
Parent / Guardian surveys	67	29	43%

The CPC also implemented the CCISC model and performed the COMPASS-EZ to evaluate the county's management plan and is working on the next step of devising an improvement plan to correlate with the forming region's plan.

Record Management:

Decatur County utilizes CSN for records and data collection for warehouse reporting. Decatur County continues to pay bills through the auditor's office and has annual audits completed through the state auditor's office.

STATISTICAL REPORT OF INDIVIDUALS SERVED

The county MH/DD service system is part of a larger whole that includes financial support through individuals, Social Security disability checks/SS,I and medical services through Medicare/Medicaid. It also includes support from family, peers, and employers as well as other resources in the community. Decatur County / State MH/DD dollars are the source of last payment and are meant to cover the cost of those services not funded elsewhere and the county share of the FMAP. FMAP participation ended June 30, 2012. Financial guidelines are set at 150% or below of Federal Guidelines. The following attachments outline mental health dollar expenditures and numbers of individuals served.

County Dollars by COA
See attachment A

Growth/Loss Report
See attachment B

Persons Served Report
See attachment C

Unduplicated Count Report
See attachment D

ATTACHMENT A - COUNTY DOLLARS BY CHART OF CCOUNT

Decatur County Community Services
Fiscal Year 2012-2013 Annual Report

Account Code	MH	CMH	ID	D/S	Admin	GM	DPS	BT	Total
11100 Direct Admin - Salary Regular Employees					\$48,684.29				\$48,684.29
11232 Direct Admin - Custodial Supplies					\$303.31				\$303.31
11250 Direct Admin - Fuels (Motor Vehicle Supplies)					\$28.08				\$28.08
11260 Direct Admin - Stationary/Forms/General Office Supplies					\$2,220.59				\$2,220.59
11413 Direct Admin - Mileage & Other Travel Expenses					\$380.15				\$380.15
11414 Direct Admin - Telecommunications Services					\$1,793.39				\$1,793.39
11421 Direct Admin - Data Processing Services					\$8,348.39				\$8,348.39
11422 Direct Admin - Educational & Training Services					\$349.08				\$349.08
11430 Direct Admin - Natural/LP Gas, Fuel Oil (Heat, Water, Electric, Sewer)					\$540.84				\$540.84
11432 Direct Admin - Water & Sewer					\$1,418.53				\$1,418.53
11441 Direct Admin - Buildings & Grounds (Repair & Maintenance)					\$55.00				\$55.00
11444 Direct Admin - Office Equipment (Repair & Maintenance)					\$890.90				\$890.90
21374 Case Management - T19 Match/ Medicaid			\$3.76						\$3.76
21375 Case Management - 100% County		\$4,842.32							\$4,842.32
31354 Transportation - General		\$9,216.45	\$6.87						\$9,223.32
32329 Support Services - Supported Community Living		\$2,173.16	\$1,306.54						\$3,479.70
32399 Support Services - Other		\$66.13	\$257.20						\$323.33
41306 Physiological Treatment - Prescription Medicine/Vaccines		\$472.57							\$472.57
42305 Psychotherapeutic Treatment - Outpatient	\$1,086.00	\$2,659.80							\$3,745.80
50360 Voc/Day - Sheltered Workshop Services			\$403.56						\$403.56
50362 Voc/Day - Work Activity Services			\$13,852.19						\$13,852.19
50399 Voc/Day - Other Services			\$1,028.64						\$2,715.44
63329 Comm Based Settings (1-5 Bed) - Supported Community Living		\$1,686.80	\$214.64						\$1,011.80
64315 Comm Based Settings (6+ Beds) - RCF/MR		\$797.16	\$24,069.00						\$24,069.00
71319 State MH/ Inpatient - Per diem charges		\$17,270.59							\$17,270.59
73319 Other Priv./Public Hospitals - Inpatient per diem charges		\$6,930.91							\$6,930.91
74353 Commitment - Sheriff Transportation	\$199.30	\$4,598.01							\$4,797.31
74393 Commitment - Legal Representation		\$103.30							\$103.30
Total	\$1,285.30	\$50,817.20	\$41,142.40		\$65,012.55				\$158,257.45

ATTACHMENT B – GROWTH / LOSS REPORT

Disability Group	First Quarter	Second Quarter	Third Quarter	Fourth Quarter	Net Change
Mental Illness	2	2	2	0	-2
Chronic Mental Illness	11	13	13	8	-3
Mental Retardation	8	6	5	9	1
Developmental Disabilities	0	0	0	0	0
Administrative	0	0	0	0	0
Case Management	0	0	0	0	0
County Provided Service	0	0	0	0	0
Brain Injury	0	0	0	0	0
Total	21	21	20	17	-4

ATTACHMENT C – PERSONS SERVED

Disability Group	Children	Adult	Unduplicated Total	DG
Mental Illness	0	2	2	40
Mental Illness,Chronic Mental Illness	0	1	1	40,41
Chronic Mental Illness	0	19	19	41
Chronic Mental Illness,Mental Retardation	0	1	1	41,42
Mental Retardation	0	12	12	42
Total	0	35	35	99

ATTACHMENT D – UNDUPLICATED COUNT REPORT

Age	Account	Code	MJ	CM	MR	DD	Admin	CM	CPS	BI	Total
Adult	21374	Case Management - T19 Match/ Medicaid			1						1
Adult	21375	Case Management - 100% County		1							1
Adult	31354	Transportation - General		4	1						5
Adult	32329	Support Services - Supported Community Living		2	3						5
Adult	32399	Support Services - Other		1	2						3
Adult	41306	Physiological Treatment - Prescription Medicine/Vaccines		1							1
Adult	42305	Psychotherapeutic Treatment - Outpatient	2	4							6
Adult	50360	Voc/Day - Sheltered Workshop Services			1						1
Adult	50362	Voc/Day - Work Activity Services			6						6
Adult	50399	Voc/Day - Other Services		1	4						5
Adult	63329	Comm Based Settings (1-5 Bed) - Supported Community Living		1	1						2
Adult	64315	Comm Based Settings (6+ Beds) - RCF/MR			1						1
Adult	71319	State MHI Inpatient - Per diem charges		9							9
Adult	73319	Other Priv./Public Hospitals - Inpatient per diem charges		3							3
Adult	74353	Commitment - Sheriff Transportation	1	4							5
Adult	74393	Commitment - Legal Representation		1							1

