Henry County Mental Health Services Management Plan
Annual Report for Fiscal Year 2013
July 1, 2012 through June 30, 2013

Prepared: November 1, 2013

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Mission Statement

Henry County strives to provide citizens with disabilities the opportunity to receive individualized services, coordinated by qualified team members that emphasize quality of life, informed choices, and cost effectiveness in the least restrictive environment possible while promoting increased independence and positive involvement with the community.

Henry County Annual Report of Mental Health Services
Fiscal Year 2013

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SECTION I
Introduction

Sarah Berndt is the Central Point of Coordination Administrator for Henry County. The Central Point of Coordination office is located at 106 N Jackson Street, Mt Pleasant, Iowa 52641. Business hours are 8:00 a.m. to Noon and 1:00 p.m. to 4:30 p.m., Monday through Friday. The office telephone number is 319-385-4050, fax machine telephone number is 319-385-1948 and e-mail can be sent to: sberndt@henrycountyiowa.us. The Central Point of Coordination has a page on the official Henry County web page at www.henrycountyiowa.us the page can be found under office info.

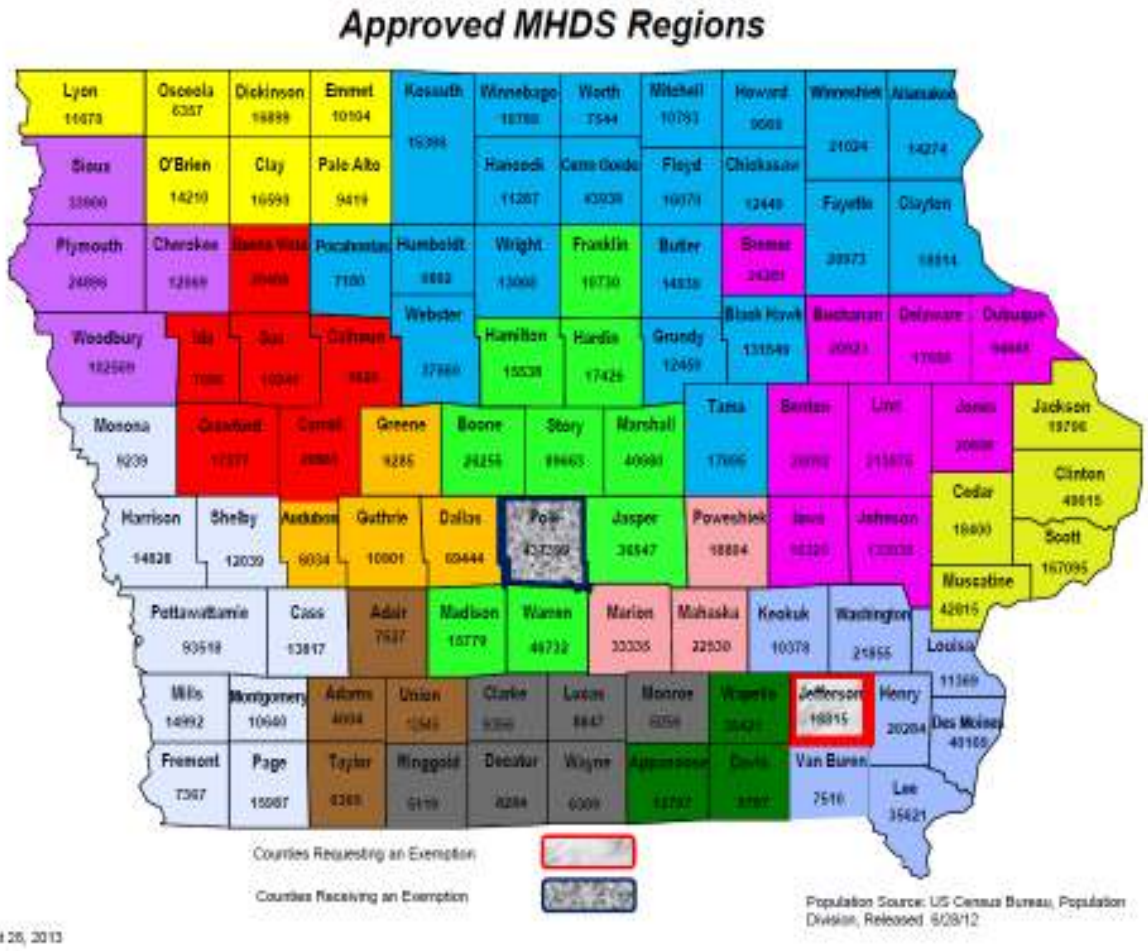
The goal of this report is to explain how the Central Point of Coordination Administrator implemented the Henry County MH DD Management Plan and state requirements in the provision of funding for mental health services for eligible consumers, identify the types of services Henry County funded, identify the providers serving consumers, what is done to insure we are funding quality services and what we do to involve stakeholders in the decisions Henry County implements for mental health funding.

During fiscal year 2013 the focus has been on the state redesign of mental health and disability services and forming into regions. Henry County is in a regional partnership with Des Moines County, Keokuk County, Lee County, Louisa County, Van Buren County and Washington County. The name of our region is Southeast Iowa Link or SEIL for short.

There are many steps required to redesign a service system and form into regions. The Board of Supervisors for each county in the proposed region had to pass a resolution to join the region. Our region successfully submitted a Letter of Intent to form a region to the Department of Human Services. In order for a region to become a legal entity a 28E must be written and approved by all member counties. Our region was close to a final draft of the 28E at the end of fiscal year 2013. When the draft 28E is approved by all region partners it will be sent to the Department of Human Services for approval. When the Department of Human Services approves the 28E the document will be recorded with the Secretary of State Department and our region will be a legal entity.

Our region was able to receive funding from the Department of Human Services to purchase technical assistance services from the University of Iowa Institute of Public Affairs. This organization facilitated meetings with our region partners which allowed us to work through issues of concern. Regions have to agree on how the region will be administrated, or managed, how we will structure our governance and how we will finance the services the region will fund. We have to decide what services the region will fund. This is an important area to work through because not all counties in our region fund the same services. This means some counties may have to discontinue funding services or other counties may have to start funding services that they were not funding.

The process of region formation has been very positive. The region partners have found that we all have the same goal of making sure we provide funding for services to people with mental health and disability service needs who are residents in our counties. This does not mean we don't face challenges. The biggest challenge of limited resources still remains for many of the regions forming in the state.



Another major change for the state of Iowa is moving from a system where funding is determined by legal settlement to a system based on where a person resides to determine which county funds services. This change goes into effect July 1, 2013.

July 1, 2012 the state of Iowa took over paying the non-federal match for mental health and disability services. Prior to this change counties paid the match for people who were eligible for Home and Community Based Intellectual Disability Waiver Services, Habilitation Services for people who are chronically mentally ill and services at the State Resource Centers. This was a significant cost savings for Henry County because many of the people we funded were receiving waiver services. When the state took over paying the non-federal match for Medicaid services counties were able to focus their resources on non-Medicaid services for people who didn't have public or private insurance and for services at the state mental health institutes. Henry County also worked to clear our accounts with the state, resolving disputed invoices and using outstanding credit invoices to clear outstanding balances for charges owed by Henry County.

In rural Iowa access to outpatient mental health services and specifically access to a provider that can prescribe psychotropic medication is limited. Henry County felt this impact as well. We lost one provider who was able to see patients for medication management and our other provider reached their maximum capacity to see new patients. This means that new people wanting to get medication management services have to travel to Jefferson County, Des Moines County or Washington County and receive their services at providers who could take new patients. Henry County is working with outpatient mental health service providers in our area to expand services into the county; however this will remain a challenge while Iowa remains a shortage area for providers who are able to prescribe psychotropic medications.

SECTION II
Strategic Plan Goal Analysis

A) *Progress Towards Goals and Objectives*

Goal 1:

Review the involuntary commitment protocol in Henry County and implement a prescreening process.

This goal, though not achieved, has been completed. Senate File 2312 was passed during the 2012 legislative session and it creates an optional commitment pre-screening.

Goal 2:

Promote consumer advocacy and involvement with the legislative process

This goal remains ongoing. During fiscal year 2013 we continued to work with consumers to contact legislators. A meeting with ID Action was hosted by Des Moines, Henry, Keokuk, Lee, Louisa, Van Buren and Washington Counties at the Washington Iowa Public Library on January 16, 2013. The meeting was well attended by stakeholders, interested citizens, Board of Supervisors and providers from our seven counties. The meeting was held as a community conversation about mental health and disability services redesign.

Goal 3:

Implementation of functional/diagnostic eligibility standards

Senate File 2315 enacted the requirement that eligibility for individual services shall be determined through the use of standardized assessments. The Department of Human Services has been tasked with development of a functional assessment process and implementation. This has not yet begun on a statewide basis.

B) *Appeals*

Henry County had no appeals filed in fiscal year 2013.

C) *Waiting List*

Henry County did not have a waiting list for service funding in fiscal year 2013.

D) *Quality Assurance*

The Henry County CPC administrator and assistant administrator attend multiple continuing education conferences, trainings, and professional affiliate meetings to ensure that Henry County and CPC staff are following best practices and implementing compliance with all applicable state and federal laws.

The State of Iowa is promoting using recovery oriented, multi-occurring capability, evidenced based practices in mental health and disability service delivery. As Henry County, our partner counties and providers develop a partnership that allows access across the whole system of care the quality of services will improve and become a welcoming and hopeful place of service delivery. We still have a lot of work to do to build capability to help people with multi-occurring treatment needs in a manner that looks at the whole array of the needs the person presents with.

SECTION III

Service Matrix of Services Funded

SERVICE DESCRIPTION	MI	CMI	MR	DD
Administrative Expense	X	X	X	X
Information and Referral	X	X	X	X
Consultation				
Public Education Services				
Advocate	X	X	X	
Legal Representation for Commitment	X	X	X	
Law Enforcement Transportation for Commitment	X	X	X	
Inpatient State Mental Health Institution		X		
Inpatient Community Hospital	X	X		
Inpatient State Hospital Schools				
Outpatient Services	X	X	X	
Medication Management	X	X		
Psychotropic Medication Only	X	X		
Evaluation	X	X		
Emergency Services	X	X		
Community Support Programs Recovery Center	X	X	X	X
Residential Care Facility for the Mentally Ill (RCF/PMI License) 6 & over Beds		X		
Case Management Medicaid Match				
Case Management 100% County Funded		X		X
Representative Payee		X	X	X
Transportation (Non-Sheriff)		X		X
Support Services Home Management Services				
Respite				
Home/Vehicle Modification				
Residential Care Facility for the Mentally Retarded(RCF/MR License) 6 & over Beds				
Intermediate Care Facility for the Mentally Retarded (ICF/MR License) 6 & over Beds				
Residential Care Facility (RCF License) 6 & Over Beds	**1 Brain Injury**	X		
Supported Community Living		X	X	X
Sheltered Workshop Services		X	X	
Work Activity Services		X	X	
Supported Employment Services	**1Brain Injury**	X	X	X
Adult Day Care		X	X	X

Provider Network of Services Funded

Service	Providers
Administration	Henry County
Outpatient Services including, therapy, medication management, evaluation & testing, group therapy and emergency services.	Abbe Center for Community Mental Health Black Hawk Grundy Mental Health Center Bridgeway Inc. Bridgeview Community Health Center CMHC for Mid-Eastern Iowa Great River Behavioral Health Henry County Public Health Washington County CMHC Life Solutions Behavioral Health Services Sunrise Enterprise LLC Vera French Community Mental Health Center
Hospitalization	Covenant Medical Center Genesis Medical Center Great River Medical Center Iowa Health St. Luke's Hospital Mental Health Institute Mt Pleasant & Independence University of Iowa Hospital
Advocate Services	8B Patient Advocate
Legal Representation	Local Attorney's
Transportation	City of Cedar Rapids

	Southeast Iowa Bus (SEIBUS) Henry County Sheriff Sheriff Departments in other counties SIACC Juvenile Project (Crime Commission)
Case Management	
Service Coordination	Henry County
Representative Payee Services	Insight Human Services
Adult Day Program	Hope Haven Optimae Life Services
Psychotropic Mediations	Local Pharmacy's
Supported Employment	North Iowa Vocational Center
Work Activity	
Sheltered Workshop Services	Hope Haven
Supported Community Living	Hillcrest Family Services/Highland Place Insight Human Services Optimae Life Services
Respite	
Residential Care Facility Services (includes RCF, RCF/MR, RCF/PMI, and ICF/PMI	Hillcrest Family Services Highland Place Insight Human Services Mediapolis Care Facility Spring Harbor
ICF/MR	

SECTION IV

Stakeholder Involvement

The Henry County CPC meets monthly with the Henry County Board of Supervisors to discuss management issues, consumer needs, legislative issues and budget issues. The Henry County CPC is also on the Healthy Henry County Communities Board, Community Partnerships for Protecting Children Board and Foster Care Review Board. Involvement in these organizations enables the CPC to learn about community needs, community resources and to be a resource as well. These Boards meet monthly or every other month. The CPC attends quarterly meetings with Southeast Iowa Regional Transit, the transportation provider serving Henry County, Southeast Iowa Case Management Advisory Board and Citizen Advisory Board meetings at the Mt Pleasant Mental Health Institute. The purpose of the meetings is to bring catchment counties together to improve service delivery.

The Henry County CPC traveled to Capitol in Des Moines twice a month during the 2013 Legislative Session as a member of the Iowa Community Services Association Legislative Review Committee. This group reviewed proposed legislation and talked with legislators in an advocacy role attempting influence legislation that would keep the needs of consumers in the forefront of legislative intent.

Attendance at the various meetings follows:

FY13	Attendance at the meetings
Providers	**65**
Family Members	**21**
Consumers	**11**
Citizens/Other	**121**

SECTION V

Fiscal Year 2013 Expenditure Data

MI=Mental Illness, CMI=Chronic Mental Illness, MR/ID=Mental Retardation/Intellectual Disability, DD=Developmental Disability, Admin=Administration, CM=Case Management, CPS=County Provided Services and BI=Brain Injury

County Dollars Spent by Chart of Account and Disability Type

Account	Code	MI	CMI	MR/ID	DD	Admin	CM	CPS	BI	Total
11100	Direct Admin - Salary Regular Employees					$84,301.58		$61,547.82		$145,849.40
11110	Direct Admin - FICA - County Contribution					$6,879.43				$6,879.43
11111	Direct Admin - IPERS- County Contribution					$8,028.01				$8,028.01
11113	Direct Admin - Employee Group Hlth Insurance - County Contribution					$30,002.56				$30,002.56
11260	Direct Admin - Stationary/Forms/General Office Supplies					$1,449.53				$1,449.53
11400	Direct Admin - Publications, Notices & Advertisements					$21.50				$21.50
11412	Direct Admin - Postage & Mailing					$1,419.10				$1,419.10
11413	Direct Admin - Mileage & Other Travel Expenses					$3,778.76				$3,778.76
11414	Direct Admin - Telecommunications Services					$1,905.45				$1,905.45
11422	Direct Admin - Educational & Training Services					$2,566.55				$2,566.55
11444	Direct Admin - Office Equipment (Repair & Maintenance)					$199.96				$199.96
11447	Direct Admin - Miscellaneous (Repair & Maintenance)					$3,895.33		$1,858.79		$5,754.12
11480	Direct Admin - Dues & Memberships Services					$5,635.00				$5,635.00
11632	Direct Admin - Information Technology Hardware (Machinery & Equipment)					$1,897.24				$1,897.24
21374	Case Management - T19		$-147.43	$16.99						$-130.44

	Match/ Medicaid									
21375	Case Management - 100% County		$3,954.38		$9,634.99		$8,706.86			$22,296.23
31354	Transportation - General		$10,007.67	$121.63	$910.59					$11,039.89
32322	Support Services - Home Management Services (include PERS)			$8.67						$8.67
32327	Support Services - Representative Payee		$3,661.20	$542.40	$858.80					$5,062.40
32329	Support Services - Supported Community Living		$3,270.77		$5,659.97					$8,930.74
32399	Support Services - Other		$1,028.51	$-950.26						$78.25
41306	Physiological Treatment - Prescription Medicine/Vaccines	$9,615.06	$4,335.58							$13,950.64
42305	Psychotherapeutic Treatment - Outpatient	$47,323.44	$12,292.61	$24.50						$59,640.55
42363	Psychotherapeutic Treatment - Day Treatment Services		$265.57							$265.57
50360	Voc/Day - Sheltered Workshop Services		$1.94	$8,148.83						$8,150.77
50367	Voc/Day - Adult Day Care		$237.74	$1,805.73	$3,721.40					$5,764.87
50368	Voc/Day - Supported Employment Services				$28.40				$3,465.00	$3,493.40
63329	Comm Based Settings (1-5 Bed) - Supported Community Living			$1,869.92						$1,869.92
64314	Comm Based Settings (6+ Beds) - RCF		$15,947.10						$10,254.12	$26,201.22
64316	Comm Based Settings (6+ Beds) - RCF/PMI		$20,719.11							$20,719.11
71319	State MHI Inpatient - Per diem charges		$6,043.96							$6,043.96
73319	Other Priv./Public Hospitals - Inpatient per diem charges	$4,774.00	$27,986.21							$32,760.21
74353	Commitment - Sheriff Transportation	$2,640.16	$7,136.29	$1,142.77						$10,919.22
74393	Commitment - Legal Representation	$1,191.00	$2,106.46	$282.00						$3,579.46
75395	Mental Health Advocate - General	$970.42	$19,018.22	$95.70						$20,084.34
Total	County	$66,514.08	$137,865.89	$13,108.88	$20,814.15	$151,980.00	$8,706.86	$63,406.61	$13,719.12	$476,115.59

Unduplicated Number of Persons Served by Chart of Account Code and Disability Type

Age	Account	Code	MI	CMI	MR	DD	BI	Total
Adult	21374	Case Management - T19 Match/ Medicaid		9	60			69
Adult	21375	Case Management - 100% County		5		4		9
Adult	31354	Transportation - General		11	3	2		16
Adult	32322	Support Services - Home Management Services (include PERS)			1			1
Adult	32327	Support Services - Representative Payee		8	1	2		11
Adult	32329	Support Services - Supported Community Living		7		3		10
Adult	32399	Support Services - Other		9	10			19
Adult	41306	Physiological Treatment - Prescription Medicine/Vaccines	22	6				28
Adult	42305	Psychotherapeutic Treatment - Outpatient	51	17	1			69
Adult	42363	Psychotherapeutic Treatment - Day Treatment Services		2				2
Adult	50360	Voc/Day - Sheltered Workshop Services		2	5			7
Adult	50367	Voc/Day - Adult Day Care		7	7	2		16
Adult	50368	Voc/Day - Supported Employment Services				1	1	2
Adult	63329	Comm Based Settings (1-5 Bed) - Supported Community Living			10			10
Adult	64314	Comm Based Settings (6+ Beds) - RCF		2			1	3
Adult	64316	Comm Based Settings (6+ Beds) - RCF/PMI		1				1
Adult	71319	State MHI Inpatient - Per diem charges		2				2
Adult	73319	Other Priv./Public Hospitals - Inpatient per diem charges	4	9				13
Adult	74353	Commitment - Sheriff Transportation	11	18	3			32
Adult	74393	Commitment - Legal Representation	12	13	3			28
Adult	75395	Mental Health Advocate - General	11	27	1			39
Child	74353	Commitment - Sheriff Transportation	1					1
Child	74393	Commitment - Legal Representation	1	1				2

Persons Served by Age Group and Primary Diagnostic Category

Disability Group	Children	Adult	Unduplicated Total	Diagnosis Code
Mental Illness	1	72	73	40
Mental Illness, Chronic Mental Illness	0	2	2	40,41
Chronic Mental Illness	1	69	70	41
Chronic Mental Illness, Brain Injury	0	1	1	41,47
Mental Retardation	0	62	62	42
Other Developmental Disabilities	0	6	6	43
Total	2	212	214	

Mental Health System Growth/Loss Report

Disability Group	First Quarter	Second Quarter	Third Quarter	Fourth Quarter	Net Change
Mental Illness	40	39	33	45	5
Chronic Mental Illness	47	43	45	50	3
Mental Retardation	12	23	10	58	46
Developmental Disabilities	6	6	5	4	-2
Administrative	0	0	0	0	0
Case Management	0	0	0	0	0
County Provided Service	0	0	0	0	0
Brain Injury	1	1	1	1	0
Total	106	112	94	158	52