IOWA COUNTY MANAGEMENT PLAN
ANNUAL REVIEW
December 1, 2013

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GOALS AND OBJECTIVES

Goal #1

Issue: Iowa County faces a budget shortfall for FY2010 and beyond which will result in a reduction of current service provision.

Goal: To reduce service provision and costs in a manner that is least disruptive to consumers and meets consumer needs.

Action Steps:

1. The CPC will meet with stakeholders (individually and/or corporately) and present an inservice explaining the need for reduction of funding. Documents including Iowa County expenditure reports, county ending fund balance amounts, proposed state reductions, service matrices and the MH/DD budget will be used. This will be ongoing for the 3 year period.
2. The Stakeholder Advisory Board and all others interested will meet with the CPC to identify non-mandated services and prioritize all other services by September 30 of each year of the plan.
3. The CPC will assess the MH/DD budget monthly to determine if there are sufficient funds to pay for all service requests.
4. The CPC will meet with the consumers' interdisciplinary team every 6 months or as needed to identify needed versus desired services. D-4's will be adjusted when applicable.
5. The CPC will contact other CPC's, case managers, and providers to learn which strategies used by other Iowa Counties with revenue deficits have been effective. This will be done at least quarterly.
6. The CPC will research non-traditional services to determine if they would be appropriate, cost effective services for Iowa County consumers.

Progress Measurement

All consumers' needs will be met within the confines of the Iowa County MH/DD budget.

Cost

Administrative costs.

Measurement (11/11)

On June 30, 2011 the expenditure report received from the Iowa County Auditor for Fund 10 showed that spending was at 97.03% with 100% of the year gone. The CPC met with providers and case managers to inform them of the fund status. Case managers agreed to review D-4's to determine if funding was primarily needs based. The CEO of the local vocational provider plans to meet with the CPC to study the feasibility of less expensive, non-traditional day services.

Measurement (11/12)

Iowa County has sufficient funds to pay for services needed and requested by those qualifying for Iowa County funding.

Measurement (11/13)

Iowa County no longer funds Medicaid services and has sufficient funds for 100% County Services.

Goal #2

Issue: Ten students at Marengo, Iowa High School attempted suicide last year.

Goal: Reduce the incidence of suicide attempts among local people in the service area

Action Steps:

1. The CPC will attend community suicide prevention meetings with the Mental Health Center staff to share information on available local resources to treat mental illness.
2. The CPC will provide the school with current information and articles about suicide prevention as they are available.
3. The CPC will work with the contracted MHC to ensure a satellite office is available to consumers within the county.
4. The CPC will be available to do in-service presentations on suicide prevention to local service clubs as requested.
5. The CPC will advocate for local, state and federal funds to be spent on suicide prevention programs.

Progress Measurement

The number of suicide attempts will be reduced or eliminated.

Cost

Administrative Cost

Measurement (11/11)

The CPC provided the school with current information on suicide prevention received from the Polk County Suicide Prevention Coalition. There have been 2 suicide attempts at the school during the reported period. A new satellite office of Mid-Eastern was opened in Amana in June 2011 to serve consumers in Iowa County. The office is co-located with the office of Dr. Tim Momany who is a local family practice physician with a special interest in mental health.

Measurement (11/12)

There were no suicide attempts reported in FY'12.

Measurement (11/13)

There were no suicide attempts reported in FY'13.

Goal #3

Issue: Iowa County does not always receive referrals on students who are entering the adult service system in time to do appropriate financial and program planning.

Goal: Establish and monitor a system for timely referrals of transition students to the Iowa County CPC office.

Actions Steps:

1. Each September, the Iowa County CPC will meet with local special education teachers to:
    a. Explain the transition issue in general.
    b. Encourage a cooperative working relationship.
    c. Explain the budget deadlines and necessity of timely referrals.
    d. Solicit teacher's ideas on best referral techniques.

2. Meet quarterly with the Voc Rehab counselor and local DHS social workers serving Iowa County to discuss potential referrals.
3. Biannually review with local providers the possibility of referral of current consumers to new or additional services.

Progress Measurement

The Iowa County CPC will be aware of program needs of all potentially eligible consumers by December 1 of the year prior to the need.

Cost

Administrative cost.

Measurement (11/11)

Case managers from Southeast Iowa Case Management do an excellent job of referring students to the CPC Office when they are approaching 16 years of age. For the most part teachers are calling the CPC Office when students are 16 or 17. On one occasion a teacher called two months before graduation to make a referral to adult services. Vocational Rehabilitation refers in a timely manner and is very thorough in following up on services they can provide.

Measurement (11/12)

Iowa County has been notified of all students entering the adult service system in a timely manner.

Measurement (11/13)

The majority of student referrals qualify for Medicaid funding and this is no longer an issue for the County.

There were only administrative costs associated with these goals.

STAKEHOLDER INVOLVEMENT

Stakeholders have the greatest chance for input during individual staffings/team meetings. The CPC attends staffings two or more times each year for every consumer funded by Iowa County. Stakeholders present at these meetings include the consumer, consumer's family, providers, advocates and anyone else the consumer invites. The desired outcome of the staffing is for the CPC to assess the needs of each consumer and specifically request feedback from the consumer and/or family members as to how well needs are being met. It is also a time for providers to share any concerns they have about service provision: consumer compliance, costs and regulations. If necessary the CPC will schedule a one-on-one meeting with a consumer who is not comfortable expressing concerns or frustrations in a group setting such as a staffing. Also discussed are needs versus wants in regard to costs.

The MH/MR/DD Advisory Board consists of ten members. Four members are consumer family members, two members are consumers and four members are provider affiliated or general public. The family members are very knowledgeable about MH/MR/DD issues and advocate assertively for consumer rights. Both consumers serving on the board ask questions and express concerns during the stakeholder meetings. One of these consumers has a diagnosis of chronic mental illness and one has a diagnosis of Intellectual Disability. They are most concerned about how redesign will affect their services.

All stakeholders are notified of the public hearing concerning the Management Plan conducted by the Iowa County Board of Supervisors.

Iowa County seeks stakeholder's involvement as they have a very different perspective from that of a CPC Administrator. It's a way to make sure all ideas to assess and improve the system are heard. It is also good for the consumer to understand how Fund 10 operates.

An informal Stakeholder meeting was held in June of 2013. With the advent of regionalization there was nothing for the CPC to report in terms of what regional configuration Iowa County would be in involved in. It was not known what the responsibilities of the CPC office would be. The CPC reported that funding would follow residency rather than legal settlement beginning July 1, 2013. Iowa County anticipates receiving $40,000 plus from equalization.

A formal Stakeholder meeting was held June 26, 2012. The minutes of the meeting are attached (Appendix A).

ACTUAL PROVIDER NETWORK

Name	Address	City	State	Zip	Service Type
Abbe Center for Community Care	1860 County Home Road	Marion	IA	52302	Residential
Abbe Center for Community Mental Health	520 Eleventh St. NW	Cedar Rapids	IA	52405	Counseling
Advocate – Barry Adams	1202 – 2nd Avenue	Vinton	IA	52349	Advocate
ARC of East Central Iowa	214 First Street SW	Cedar Rapids	IA	52404	Respite
ARC of Johnson County	1700 1st Ave S	Iowa City	IA	52240	Respite
Builders of Hope	1570 S First Avenue	Iowa City	IA	52240	SCL
Chatham Oaks	4515 Melrose Avenue	Iowa City	IA	52240	RCF
Community Care Inc.	108 East Industrial Street	DeWitt	IA	52742	RCF
Country Life Healthcare	2554 Ford Avenue	Oskaloosa	IA	52577	RCF
Diamond Life	Box 820	Montezuma	IA	50171	RCF
Employment Services		Iowa City	IA	52240	Vocational

Evergreen Estates	3410 – 12th Aenue	Cedar Rapids	IA	52404	RCF
Goodwill Industries of Southeast Iowa	1410 First Avenue	Iowa City	IA	52240	Vocational
Hillcrest Family Services	2005 Asbury Road	Dubuque	IA	52001	RCF
Iowa County Sheriff		Marengo	IA	52301	Transportation
Johnson County Sheriff	PO Box 2540	Iowa City	IA	52244	Transportation
Mental Health Institute		Indpendence	IA	50644	Primary Treatment
Mideastern Iowa Comm. MHC	507 E College	Iowa City	IA	52240	Outpatient, Eval. Ed., Psychotherapy, Psych.
Nidey,Erhdal, Tindal and Fisher, PLC	1017 Court Avenue	Marengo	IA	52301	Legal Representation
Optimae Lifeservices	245 E Washington	Marengo	IA	52301	SCL
Prairie View Management	18549 Lane Road	Fayette	IA	50174	RCF
Reach For Your Potential		West Branch	IA	52358	CSLA, Supported Living, Counseling
Ric Gerard	PO Box 65	Amana	IA	52203	Bedfinder
Rural Employment Alternatives	394 4th Avenue	Conroy	IA	52220	Vocational
S.E. Iowa Case Management	119 – B South Jefferson	Sigourney	IA	52591	Enhanced Case Mngmnt
S.E. Iowa Case Mamagement	PO Box 366	Washington	IA	52353	Enhanced Case Mngmnt
Systems Unlimited	2533 S. Scott Blvd	Iowa City	IA	52240	Vocational

ACTUAL EXPENDITURES

See Appendix A

ACTUAL SCOPE OF SERVICES

SERVICES FUNDED BY IOWA COUNTY	MI	CMI	MR	DD	BI
4X03 INFORMATION AND REFERRAL	X	X	X	X	X
4X04 CONSULTATION	X	X	X	X	
4X05 PUBLIC EDUCATION SERVICES	X	X	X	X	
4X06 ACADEMIC SERVICES					
4X11 DIRECT ADMINISTRATIVE	X	X	X	X	
4X12 PURCHASED ADMINISTRATIVE					
4X21-374 CASE MANAGEMENT-MEDICAID MATCH					
4X21-375 CASE MANAGEMENT-100% COUNTY FUNDED					
4X21-399 OTHER					
4X22 SERVICES MANAGEMENT	X	X	X	X	
4X31 TRANSPORTATION (NON-SHERIFF)		X	X	X	
4X32-320 HOMEMAKER/HOME HEALTH AIDES					
4X32-321 CHORE SERVICES					
4X32-322 HOME MANAGEMENT SERVICES					
4X32-325 RESPITE					
4X32-326 GUARDIAN/CONSERVATOR					
4X32-327 REPRESENTATIVE PAYEE					
4X32-328 HOME/VEHICLE MODIFICATION			X		
4X32-329 SUPPORTED COMMUNITY LIVING		X		X	
4X32-399 OTHER		X		X	
4X33-345 ONGOING RENT SUBSIDY					
4X33-399 OTHER					
4X41-305 OUTPATIENT	X	X		X	
4X41-306 PRESCRIPTION MEDICATION		X		X	
4X41-307 IN-HOME NURSING			X		
4X41-399 OTHER					
4X42-305 OUTPATIENT	X	X		X	
4X42-309 PARTIAL HOSPITALIZATION		X			
4X42-399 OTHER		X	X	X	
4X43 EVALUATION		X		X	
4X44-363 DAY TREATMENT SERVICES		X			
4X44-396 COMMUNITY SUPPORT PROGRAMS		X			
4X44-397 PSYCHIATRIC REHABILITATION		X		X	
4X44-399 OTHER					
4X50-360 SHELTERED WORKSHOP SERVICES		X	X	X	

4X50-362 WORK ACTIVITY SERVICES					
4X50-364 JOB PLACEMENT SERVICES					
4X50-367 ADULT DAY CARE		X		X	
4X50-368 SUPPORTED EMPLOYMENT SERVICES		X		X	
4X50-369 ENCLAVE		X		X	
4X50-399 OTHER					
4X63-310 COMMUNITY SUPERVISED APARTMENT LIVING ARRANGEMENT (CSALA) 1-5 BEDS		X		X	
4X63-314 RESIDENTIAL CARE FACILITY (RCF LICENSE) 1-5 BEDS		X		X	
4X63-315 RESIDENTIAL CARE FACILITY FOR THE MENTALLY RETARDED (RCF/MR LICENSE) 1-5 BEDS					
4X63-316 RESIDENTIAL CARE FACILITY FOR THE MENTALLY ILL (RCF/PMI LICENSE) 1-5 BEDS		X			
4X63-317 NURSING FACILITY (ICF, SNF OR ICF/PMI LICENSE) 1-5 BEDS		X			
4X63-318 INTERMEDIATE CARE FACILITY FOR THE MENTALLY RETARDED (ICF/MR LICENSE) 1-5 BEDS					
4X63-329 SUPPORTED COMMUNITY LIVING					
4X63-399 OTHER 1-5 BEDS					
4X64-310 COMMUNITY SUPERVISED APARTMENT LIVING ARRANGEMENT (CSALA) 6-15 BEDS		X			
4X64-314 RESIDENTIAL CARE FACILITY (RCF LICENSE) 6-15 BEDS					
4X64-315 RESIDENTIAL CARE FACILITY FOR THE MENTALLY RETARDED (RCF/MR LICENSE) 6-15 BEDS					
4X64-316 RESIDENTIAL CARE FACILITY FOR THE MENTALLY ILL (RCF/PMI LICENSE) 6-15 BEDS		X			
4X64-317 NURSING FACILITY (ICF, SNF OR ICF/PMI LICENSE) 6-15 BEDS					
4X64-318 INTERMEDIATE CARE FACILITY FOR THE MENTALLY RETARDED (ICF/MR LICENSE) 6-15 BEDS					
4X64-399 OTHER 6-15 BEDS					
4X65-310 COMMUNITY SUPERVISED APARTMENT LIVING ARRANGEMENT (CSALA) 16+ BEDS					
4X65-314 RESIDENTIAL CARE FACILITY (RCF LICENSE) 16+ BEDS					
4X65-315 RESIDENTIAL CARE FACILITY FOR THE MENTALLY RETARDED (RCF/MR LICENSE) 16+ BEDS					
4X65-316 RESIDENTIAL CARE FACILITY FOR THE MENTALLY ILL (RCF/PMI LICENSE) 16+ BEDS					
4X65-317 NURSING FACILITY (ICF, SNF OR ICF/PMI LICENSE) 16+ BEDS					
4X65-318 INTERMEDIATE CARE FACILITY FOR THE MENTALLY RETARDED (ICF/MR LICENSE)					
4X65-399 OTHER 16+ BEDS					
4X71-319 INPATIENT/STATE MENTAL HEALTH INSTITUTES	X	X	X	X	
4X71-399 OTHER					
4X72-319 INPATIENT/STATE HOSPITAL SCHOOLS			X	X	
4X72-399 OTHER					
4X73-319 INPATIENT/COMMUNITY HOSPITAL					
4X73-399 OTHER (Commitment at Private or County Public Hospital)	X	X	X	X	X
4X74-300 DIAGNOSTIC EVALUATIONS RELATED TO COMMITMENT	X	X	X	X	X
4X74-353 SHERIFF TRANSPORTATION	X	X	X	X	X
4X74-393 LEGAL REPRESENTATION FOR COMMITMENT	X	X	X	X	X

4X74-395 MENTAL HEALTH ADVOCATES	X	X	X	X	X
4X74-399 OTHER	X	X	X	X	X

APPEALS

There were no appeals filed with the Iowa County CPC office for the period July 1st, 2012 through June 30th, 2013.

QUALITY ASSURANCE IMPLEMENTATION, FINDINGS AND IMPACT ON PLAN

- Iowa County had no appeals nor any formal complaints or grievances in FY2013.
- The only services requested by consumers which are not included in the Iowa County Plan were payee services and payment of medication. The Iowa County Attorney has indicated that it would be a conflict of interest for the CPC to be a consumer's payee or guardian.
- All providers who were due for accreditation were re-accredited. Iowa County remains host county to a non-traditional program serving Chronically Mentally Ill Adults. They provide SCL services.
- The CPC meets with every consumer 2 times a year during ICP meetings and additionally if needed to assess consumer satisfaction with the CPC process, provider services, and service supports. A recurring problem over the years has been that goals in the ICP are not really goals the consumer desires. The CPC will not agree to goals that are not consumer oriented and the team rewrites the goals during the ICP. As in years past the most common complaint of consumers is the inability for supported employment providers to find community jobs. The CPC has determined this is not because of a lack of effort on the part of providers, but an effect of a less stable economy than previous years. Merchants seem less willing to "carve out" jobs. Another concern of consumers was having work consistently rather than sporadically in Sheltered Workshops.
- Providers in Iowa County continue to have problems securing qualified reliable staff in residential programs. Increasing base pay hasn't solved this problem.
- Iowa County was able to fund all requests for services which are covered by the county plan.

WAITING LIST

A waiting list was not implemented by the Iowa County CPC office for the period July 1st, 2012, through June 30th, 2013.

Account	Code	MI	CMI	MR	DD	Admin	CM	CPS	BI	Total
11260	Direct Admin - Stationary/Forms/General Office Supplies					$130.85				$130.85
11414	Direct Admin - Telecommunications Services		$561.94			$837.88				$1,399.82
21374	Case Management - T19 Match/ Medicaid	$99.30	$719.70	$-369.12	$-38.31					$411.57
21375	Case Management - 100% County		$5,898.57	$1,067.33	$1,713.36					$8,679.26
22260	Services Management - Stationary/Forms/General Office Supplies		$85.10	$526.48						$611.58
22413	Services Management - Mileage & Other Travel Expenses		$2,473.34	$2,425.28						$4,898.62
22414	Services Management - Telecommunications Services		$554.53	$553.82						$1,108.35
22422	Services Management - Educational & Training Services			$650.00						$650.00
22444	Services Management - Office Equip. (Repair & Maintenance)		$22.97	$1,209.95						$1,232.92
22480	Services Management - Dues & Memberships			$5,534.00						$5,534.00
31354	Transportation - General			$10.73						$10.73
32325	Support Services - Respite			$351.12	$378.89					$730.01
32329	Support Services - Supported Community Living		$7,924.72	$108.78	$3,222.91					$11,256.41
32399	Support Services - Other			$1,409.04						$1,409.04
33399	Basic Needs - Other		$24.50							$24.50
41305	Physiological Treatment - Outpatient	$60.00								$60.00
41306	Physiological Treatment - Prescription Medicine/Vaccines		$2,813.63							$2,813.63
42305	Psychotherapeutic Treatment - Outpatient	$13,719.78	$46,787.34							$60,507.12
50360	Voc/Day - Sheltered Workshop Services			$20,691.44	$8,173.28					$28,864.72
50362	Voc/Day - Work Activity Services		$526.20	$6,453.92						$6,980.12
50368	Voc/Day - Supported Employment Services		$1,553.98	$147.15	$1,045.76					$2,746.89
50399	Voc/Day - Other Services			$199.50						$199.50
63329	Comm Based Settings (1-5 Bed) - Supported Community Living		$1,707.38	$6,888.36						$8,595.74
64314	Comm Based Settings (6+ Beds) - RCF		$166,125.14	$20,833.95						$186,959.09
73319	Other Priv./Public Hospitals - Inpatient per diem charges		$809.00							$809.00
74300	Commitment - Diagnostic Evaluations		$375.30							$375.30
74353	Commitment - Sheriff Transportation		$3,306.18							$3,306.18
74393	Commitment - Legal Representation		$2,286.00							$2,286.00
74399	Commitment - Other		$1,700.00							$1,700.00
75395	Mental Health Advocate - General		$1,875.49							$1,875.49
Total	County	$13,879.08	$248,131.01	$68,691.73	$14,495.89	$968.73				$346,166.44

Appendix A.